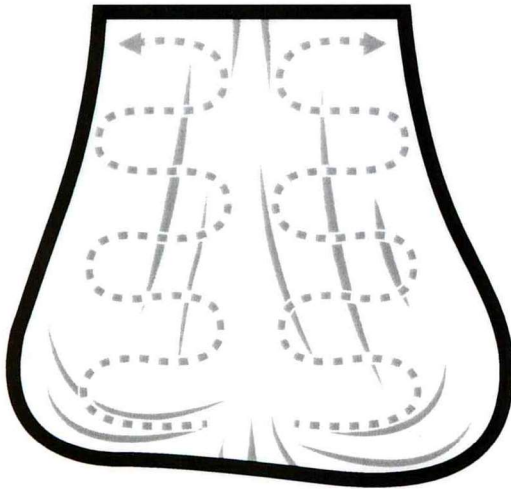


# Translucent TSE Model

(two lumps in one testicle)



## Directions for Testicular Self-Examination (TSE)

- Two lumps are embedded in the model to simulate tumors. Place your index and middle fingers underneath the testicles and your thumbs on top. Roll each testicle separately and gently between the thumbs and fingers, checking for lumps or irregularities. Start at the bottom of the testicle, and work toward the top, as illustrated.
- A light source held behind the model can help illuminate the lumps.
- Compare your results with the lump location key on the other side of this card.

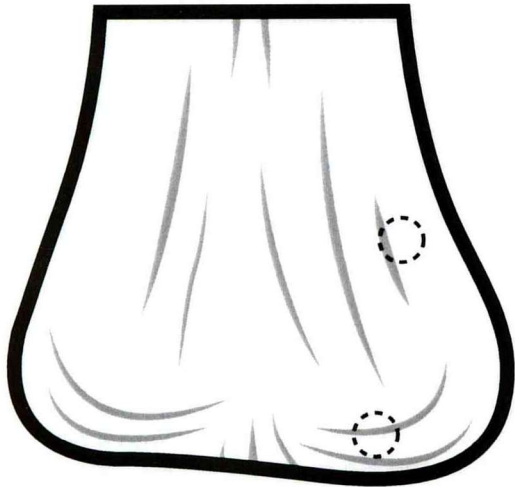
## Care Instructions

This model is made of BIOLIKE 2™ synthetic tissue and should be treated like human tissue. Before each use, lightly powder it with talcum powder to give it a smooth feel. When needed, clean the model with mild soap and warm water. Pat the model dry with a clean cloth and re-powder it. Do not allow the model to come into contact with ink or printed materials. Keep the model stored in its case when not in use. Avoid exposure to direct sunlight.

**CAUTION:** This model is for educational purposes only. Do not ingest.

# Translucent TSE Model

(two lumps in one testicle)



## Lump Location Key

It is not possible to determine the exact nature of any tumor strictly by touch. A small, hard, painless lump about the size of a pea is the most common symptom of testicular cancer. Any lump developing in the tissue—whether large, small, painful, or painless—should be promptly examined by your healthcare professional. Testicular cancer is most common among men ages 15–35, although it can affect men of any age. Regular testicular self-examination starting at puberty is recommended. TSE is not a substitute for clinical examination by your healthcare professional.