

The Supra-pubic Training Model is supplied with:

- Lower torso attached to a vacuum formed base
- Plastic container with lid and fittings
- Pressure bulb with tubing and connectors
- Catheter Size 16
- Carrying case

PLEASE TREAT THE SUPRA-PUBIC TRAINING MODEL WITH THE SAME CARE THAT YOU WOULD A PATIENT

INSTRUCTION MANUAL FOR THE ADAM,ROUILLY SUPRA-PUBIC TRAINING MODEL

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Supra-pubic Training Model

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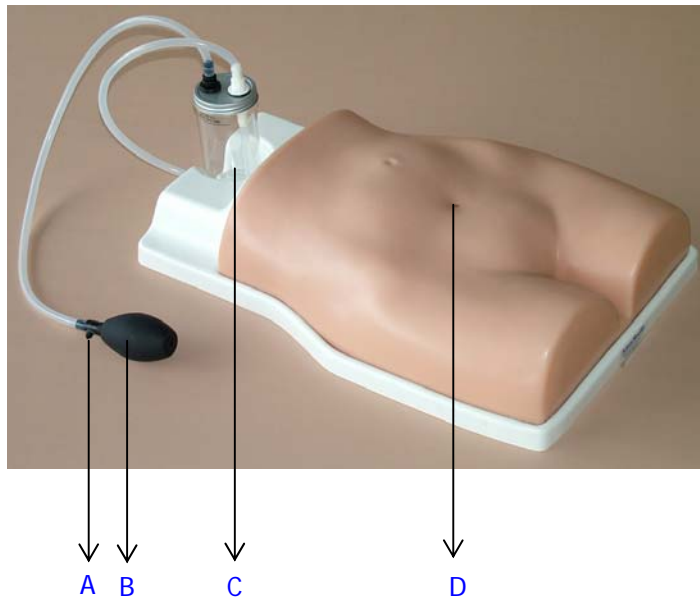


Adam,Rouilly

General description of the Supra-pubic Training Model

Supra-pubic catheterisation is becoming an increasingly common alternative to urethral indwelling catheters, and can be undertaken by practitioners and nurses in many healthcare settings. Training away from the patient is essential to ensure that practitioners feel confident and competent to carry out the procedure.

- The Supra-pubic Training Model allows the practitioner to feel the normal pressures exerted by the abdominal wall on catheterisation
- It allows the practitioner to understand the average length of catheter to be inserted in order to drain the bladder
- When the bladder is successfully reached, water will flow through the catheter.



Key	
A	Pressure release valve
B	Bulb
C	Container
D	Supra-pubic opening

INSTRUCTIONS FOR USE

- Unscrew cap of container (C) and fill with water up to the black line
- Replace cap and stand the container on the base (as illustrated)
- Squeeze bulb (B) twice—the bladder is now charged with water
- Introduce the catheter into the Supra-pubic opening (D)
- Water should now flow through the catheter. (It may be necessary to squeeze the bulb a couple of times more to remove any air in the system)
- Do not cover the pressure relief valve (A) when pumping the bulb as this may damage the valve
- To refill the bladder continue pumping the bulb
- Refill container as required

PRECAUTIONS AFTER USE

- Clean the model by flushing through with a weak solution of Milton using the catheterisation procedure above
- Remove catheter from the bladder to prevent damage to the valve
- Empty bladder by removing container lid, tilting torso and draining water through tube
- Empty container and dry
- Ensure that the torso is completely dry
- It is recommended that the Supra-pubic training model is stored in its carrying case
- **Do not leave fluid system pressurized when not in use**

INK FROM PENS, MARKERS OR PRINTED MATTER MUST NOT BE ALLOWED TO COME INTO CONTACT WITH ANY PART OF THE SUPRA-PUBIC TRAINING MODEL, AS IT CANNOT BE REMOVED