

DETERMINE YOUR RING SIZE

- Print this guide with the page scaling set to 100%.
- Place an already owned ring over the circles to the right.
- Line up the **inside** of the ring to the circle closest in size. This is the inside diameter.
- If you find that the ring is in between sizes, chose the larger size.

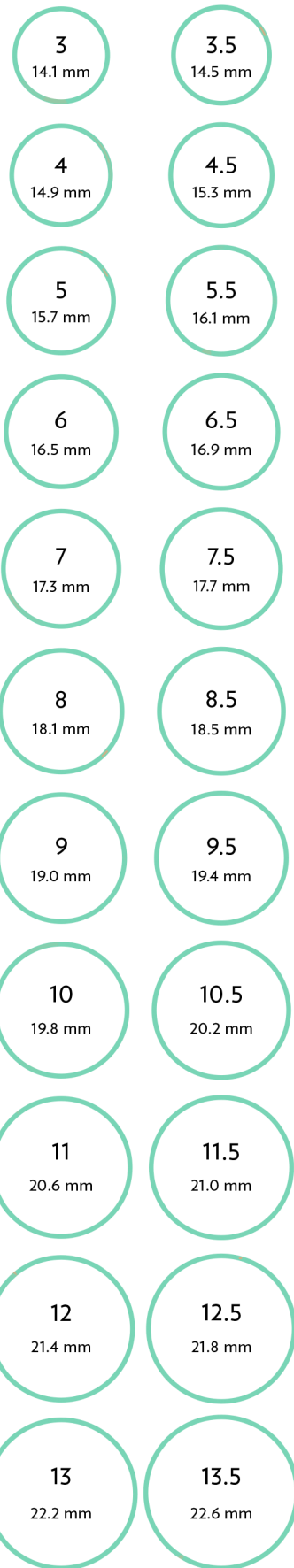
MEASURE USING A RING SIZER

Order a ring sizer at: www.sparkleandjade.com

- For best results, measure your finger in the evening so that you will measure after a typical day of activities.
- Once you find the right size, try again 3-4 times and adjust a quarter to a half size up and down just to be certain.
- You will know you have the right size when the sizer feels snug enough and won't fall off when you give your hand a good shake.
- Be sure it is not too tight and that you can easily slide the sizer back over your knuckle.

HANDY TIPS

- Wider width bands tend to feel tighter so you may want to consider going up a half to a whole size.
- For a better result, purchase an at home ring sizer or visit your local jeweler.



If the height of a credit card (54mm) fits inside this outline, your print scale is correct