

## ACCESSORIES 2024

www.ultimate-performance.co.uk

¶ UP.UItimatePerformance ■ @TheOnlyWayIs\_UP @@uItimate\_performance\_uk





## Ultimate performance...

from novice to elite, every athlete wants to push themselves harder and further to achieve the best they can — that moment of 'flow' when everything comes together.

Here at Ultimate Performance® we understand the search for that moment and the efforts required to achieve it. We understand the sacrifices and we also understand the journey. It is that journey of every athlete, runner, walker or cyclist where our story begins. It is where our products are dreamed, designed, tested, evolved and then developed some more. Our aim is to provide innovative, technically proficient useful products driven by function and performance rather than corporate figures.

It is why the origins of UP® are rooted in you the athlete. It is why our product development is focused in and around the fells, trails, mountains and general outdoors of Great Britain. One of the key testing areas has been the Lake District, home of off road running. The Lakes symbolise our search for ultimate performance — quite spectacular locations with a diverse landscape of running trails and climbing crags carved amongst the many rolling peaks and alongside the beautiful waters. As hydration features so prominently in the UP® product range, we have taken inspiration for product names from the waterfalls ('forces') and lakes of the region, and beyond.



A brief word about sustainability: We have been working hard on improving our overall sustainability profile. This includes both the materials in our products and packaging: using more recycled, more ecological or just less materials, and shipping it as little as we can — as well as minimising the conversion process and energy inputs to arrive at finished product. While we recognise our whole industry is only at the beginning of the path, we want to continue this process in our brands' evolution throughout 2024 and beyond.

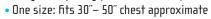
Ultimate Performance — the only way is UP®

### **SPRINT**

### RACE VEST 1.5L HYDRATION PACK

- 1.5 litre, large-opening (easy fill) hydration bladder, with hose and bite valve.
- 1 litre cargo storage capacity
- Single deep expandable mesh front stash pocket
- Three rear pockets: deep bladder storage pocket, accessory pocket with key clip, and extra essentials side pocket
- Ultra-light wicking air mesh back and straps for ultimate comfort
- Reflective detailing safer at night
- Single finger zippers quick and easy to use













### **FINN**

### RACE VEST 1.5L HYDRATION PACK

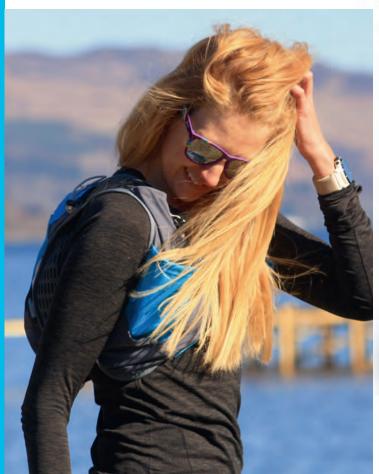
- 1.5 litre, large-opening (easy fill) hydration bladder, with hose and bite valve.
- 3.5 litre cargo storage capacity
- Five front pockets: two stretch-mesh deep front stash pockets, two secure front carry pockets (ideal for 500ml flasks), easy access zip pocket ideal for phone with key clip



### **LEADER**

### RACE VEST 2x500ML FLASK PACK

- Two 500ml flexi-straw flasks included (1 litre total capacity)
- 6 litre cargo storage capacity
- Five front pockets: two stretch-mesh deep front stash pockets, two secure front carry pockets (ideal for 500ml flasks), easy access zip pocket ideal for phone with key clip
- Pole storage loops
- Two rear pockets: one deep: bladder storage or accessory pocket, second double-sided quick access stash pocket
- Ultra-light wicking air mesh back and straps for ultimate comfort
- Double comfort stretch/easy slide adjust sternum straps
- Reflective detailing safer at night
- Single finger zippers quick and easy to use
- Weighs only 205g (without flasks)
- One size: fits 30" 50" chest approx.









### **ELAN** RACE VEST 2x500ML FLASK PACK **UP6398** • Two 500ml flexi-straw flasks included (1 litre total capacity) • 10 litre cargo storage capacity • Six front pockets: two stretch-mesh deep front stash pockets, two secure front carry pockets (ideal for 500ml flasks), easy access zip pocket ideal for phone with key clip and quick-access lower stash pocket (ideal for rubbish etc) Pole storage loops • Three rear pockets: one deep bladder storage or accessory pocket, second deep – divided by handy organiser pocket (huge L easy-access zip), and external expanding stash pocket • Ultra-light wicking air mesh back and straps for ultimate comfort • Double comfort stretch/easy slide adjust sternum straps Pole storage loops • Reflective detailing – safer at night • Single finger zippers – quick and easy to use • Weighs only 245g (without flasks) • One size: fits 30" – 50" chest approx.



### **FLEXI FLASK**

- 500ml flexi-straw flask
- soft bite valve
- Ultra-lightweight, flexible and compressable
- 100% durable TPU, BPA free
- Recyclable

### **TARN**

### 1.5L PERFORMANCE HYDRATION PACK **UP6381**

- 1.5 litre bladder included with large opening for easy filling and cleaning
  5oft feel, easy to use bite valve
  Wicking air-mesh back and shoulder straps for comfort and padding
  Headphone port and inner stash pocket fits any portable player
  Reflective detail safer at night
  Quick access pocket for essentials
  Bungee cords for external storage
  Single finger zippers quick and easy to use
  Available in charcoal/yellow and navy/aqua







## AIRAFORCE2 -

### UP6322

- Moulded holsters for simple bottle access
- Two 300ml drink or gel bottles
- Small essentials pocket
- Soft belt with bound edges
- Hi-visibility reflective trim
- Fits 26" to 42" waists (66 to 107cm)



## HIGHFORCE<sub>V2</sub> HYDRATION BELT

- Elasticated phone pocket
- Angled, insulated holster for easy access
- 650ml hydration bottle
- Elastic belt for comfortable fit









## KIELDER -

### HANDHELD BOTTLE CARRIER

### UP6360

- 600ml hydration bottle
- Zipped pocket for small essentials, with key clip
- Padded moisture-wicking handstrap
- Hi-visibility reflective trim
- Red, yellow, pink, orange or purple

### **STOCKGHYLL**FORCE **3**

### HYDRATION+NUTRITION WAISTPACK

- Large zipped mesh pocket with inner organiser, fits smart phones
- Angled, insulated holster for easy access
- 650ml hydration bottle, 150ml gel bottle
- Elastic belt for comfortable fit
- External shockcord secures unworn clothing
- Elasticated pocket on holster
- Airmesh wicking back
- Fits 26" to 42" waists
- ID card pocket contains pull-out card for your vital information



### **RIBBLE II**

### HIP BOTTLE+HOLSTER

### UP6351

• Large zipped mesh pocket with inner organiser, fits new generation smart phones





300cc recycled random UPB300RR

## RUNNER'S

### UPB300 / UPB580

Our **ECO** bottles are 100% bio polymers made from plants, which absorb carbon dioxide while growing and when converted to polymer, are carbon neutral. Using the latest technology reduces the energy consumption needed to process plastics. The factory uses solar energy to power production and for lighting. These bottles are fully recyclable and we highly recommend them.

Our **RECYCLED** bottles help prevent plastics reaching landfill or ending up in the eco system. The random nature of the colour and pattern is from the recycled input plastic, making each bottle totally unique.

Ultimate Performance are actively involved in helping reduce the amount of plastic produced and working towards ending single use plastic.



UPB300VP

### **HYGIENE SPORTS BOTTLE**

UPB300VO

#### **UPB1000**

- 1 litre capacity squeeze bottle, designed to eliminate mouth contact with the nozzle and thereby reducing the risk of cross contamination. Perfect for team use.
- No need to tip the bottle up to drink from it rest your chin on the bottle cap (in front of the nozzle) and squeeze.

## **BOTTLE CARRIER**

#### **UPB1008**

• Holds eight bottles, available in white or black







**PEAK II** 

20 LITRE
PERFORMANCE DAY PACK
UP6552

• Shaped wicking air-mesh back for

comfort and padding

• Headphone cable port – use your

phone/music player on the move

 Quick-access pocket for bars/gels and other essentials

• Trekking pole stowage loops and straps

• Secure internal key clip

• Bungee cords and side mesh pockets for additional storage



## **STUFF SACKS**

### **UP6570**

- The space-saving way to organise your gear
- Lightweight and compact waterproof storage
- PU coated rip-stop nylon with double stitched and taped seams: keeps contents clean, dry and dust-free, whatever the weather
- Roll top closures for compression and a watertight seal
- Pack away to almost nothing
- Pack of three sacks in these sizes:

1x **LARGE**: 8 litre capacity / 47cm x 27cm [19½" x 10½"] 1x **MEDIUM**: 4 litre capacity / 39cm x 25cm [15½" x 10"] 1x **SMALL**: 2 litre capacity / 32.5cm x 19.5cm [13" x 7½"]





## **EASE**

### **RUNNER'S EXPANDABLE WAISTBAG**

- Reflective for your safetyWater resistant
- Expandable
- Key clip and inner card pocket
  No-bounce snug fit 26" to 42" waist (66 to 107cm)
  Phone port for headphone cables





UP6541U blue

### **EASE LED**

## RUNNER'S EXPANDABLE WAISTBAG WITH LED LIGHT

- High visibility LED light with constant and flash modes
- No throwing away batteries! recharge via inbuilt mini USB socket (cable supplied)
- Visible up to half a mile
- Reflective for extra safety
- Water resistant
- Expandable
- No-bounce snug fit 26" to 42" waist [66 to 107cm]
- Available in blue, red or yellow

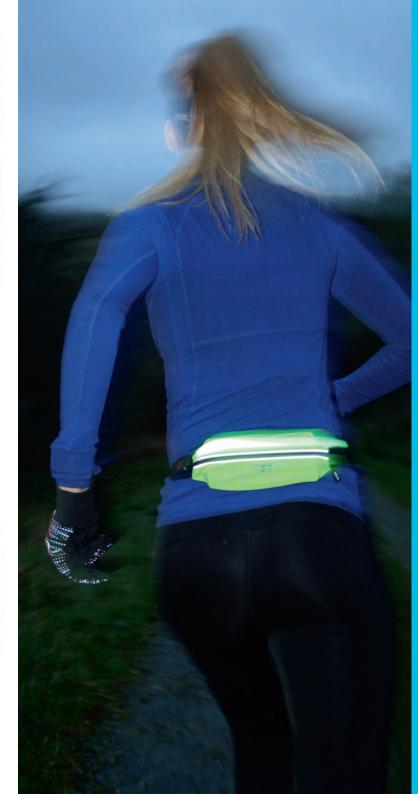




UP6541R red



UP6541Y yellow



### **FITBELT**

### **UP6538**

From elite runner to gym workout or just travelling, the Ultimate Performance **FITBELT** is the best way to keep your essentials secure about your person.

- Secure zipped front pocket for phone etc
- Openings to side pockets for quick stowage and access
- Lockable zip-fastening for easy wear
- Key clip inside
- Flat seams and stretch fabric for total comfort
- High-wicking, quick dry













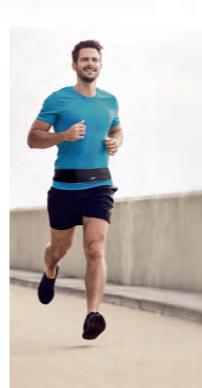
UP6538P pink



UP6538F floral



**UP6539 FITBELT REFLECTIVE** Reflective print fabric for extra night-time visibility.



UP6538B black





## **CLEARWELL**

### **ULTIMATE SPORTS WAISTPACK**

#### UP6535

- Multiple function keep all your essentials with you during all kinds of indoor or outdoor sports.
- Phone compartment designed for most standard and +sized phones up to and including iPhone 15
- Touch window enables use while inside the carrier, with outlet port for headphone cables
- High visibility reflective detail for night-time safety
- Fully adjustable belt fits most waist sizes
- Water-resistant and ultra lightweight



## **TITAN TOUCH**

### RUNNER'S PACK + PHONE CARRIER

#### **UP6511**

- Phone compartment designed for most standard and +sized phones up to and including iPhone 13
- Touch window enables use inside the carrier
- Phone port for headphone cables
- Secure zipped pocket
- Neoprene for total comfort
- Reflective detail for nighttime safety, including reflective thread stitched into fully adjustable belt
- Red or blue detailing

## TITAN TRUNNER'S PACK

- Classic two pocket design
- Neoprene for total comfort
- Fully adjustable belt
- Reflective detail for nighttime safety
- Phone port for headphone cables
- use your phone/MP3 player on the move
- Red, pink, orange, purple, yellow or blue detail





### **RIDGEWAY**

### PHONE HOLDER **SPORTS ARMBAND**

- Designed to fit most standard and + sized phones up to and including iPhone 15
- Touch window enables use while inside the carrier
- High visibility reflective trim for night-time safety
- Secure end lock tab keeps band in place
- Outlet port for headphone cables

- Small key pocket and hidden credit card holder
  Water-resistant and ultra lightweight
  Available in blue, black, red, pink and flourescent





### **STILE**

## REFLECTIVE RUN VEST / PHONE CARRIER WITH LED REAR LIGHTS

- Offers total ease of movement and night-time safety
- LED rear lights with constant and flash modes, visible up to half a mile (one press for constant mode, two for flash)
- CR2032 battery (supplied) gives 144 hours of use in flash mode, 72 hours in constant mode
- High visibility reflective detailing
- Phone compartment fits most standard and +sized phones
- Flip-down touch window use phone screen on the move
- Fully adjustable waist and shoulder straps fit most sizes
- Water-resistant and ultra lightweight
- Available in fluorescent yellow and black











### UP3210

- High visibility LED lights front and back with constant and flash modes, visible up to half a mile
- Uses four CR2032 batteries (supplied)
- 500 candlepower reflective panels for additional visibility
- Comfortable cutaway styling allows full freedom of movement
- Adjustable one size fits most







## RACE VEST

### UP3200

- Ultra high visibility 500 candlepower reflectivity
- Comfortable cutaway styling allows full freedom of movement
- Adjustable one size fits most



## HIGH VISIBILITY LED VEST

- High visibility LED lights front and back with constant and flash modes
- Visible up to half a mile.
   Uses two CR2032 batteries (supplied)
- Soft, lightweight breathable mesh
- Adjustable clips and elasticated strips for custom fit – one size fits most
- Reflective strip for additional visibility



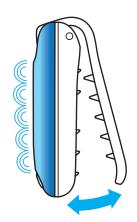
### **EDDYSTONE**

### CLIP-ON LED LIGHT

### **UP6740**

- Night-time safety for runners, walkers & cyclists
- Clips firmly onto clothing, belts, backpacks, dog collars etc
- Constant or flashing ultra-bright LED lights visible at up to ½ mile
- Wide angle of visibility
- Two CR2032 batteries (supplied) give 144 hours of use in flash mode, 72 hours in constant mode
- Weatherproof, avoid immersion













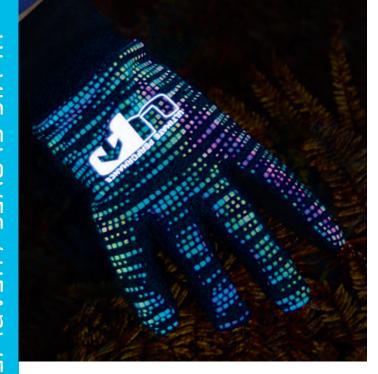
## HEAD TORCH

- Constant or flashing ultra-bright LED lights.
- Lamp adjusts through 90° to focus on the path ahead, for a distance of up to 57m in high beam mode.
- Three AAA batteries (supplied) give 8 hours of use in high beam (87 lumen) mode, 20 hours in dip mode.
- One press for high beam, two for power saving dip mode, three for map reading red light, four for red flashing SOS.
- Weatherproof. Avoid immersion.





- lltra bigb vicibili
- Ultra high visibility be seen at distances of up to ¼ mile
- Perfect for kids and adults simply stick firmly to backpacks, bikes, trekking poles etc



## GLOVES

#### **HP146**

- A combination of warmth, outstanding breathability and extra high visibility for night-time safety outdoors.
- Easy care fabric offers excellent heat insulation, breathability, abrasion resistance and no pilling.
- High moisture diffusion and drying ability keeps you dry and comfortable.
- Helps regulate body temperature and blocks odours, with anti bacterial fibres.
- Reflective print fabric for extra visibility at night
- Touch pad index fingers, so you can use your phone/player while on the move.
- Non-slip silicon grip pattern on palms and fingers
- Reinforced pull-on tab for easy fitting and removal
- Soft-wipe thumb back panels

Size: measure round widest part of the palm, excluding thumb.

XS	6	152-178mm	[6"-7"]	
S	7	178-203mm	[7"-8"]	
М	8	203-229mm	[8"-9"]	
L	9	229-254mm	(9"-10")	
XL	10	254-279mm	(10"-11")	







## REFLECTIVE RUNNER'S EAR WARMER

### **UP156F**

- Reflective print fabric for extra visibility at night
- Specifically shaped to cover only the ears total freedom of movement
- Resists abrasion and pilling
- Wicking inner surface for fast drying, body moisture evaporation and breathability
- Sizes: **S/M** 54-58mm [6¾"-7¼"] **L/XL** 58-63mm[7¼"-7½"]

## RUNNER'S HAT



#### **UP176F**

- Stay visible, dry & comfortable at all times
- Reflective print fabric for extra visibility at night
- High moisture diffusion: quickly absorbs and disperses sweat, fast drying
- Keeps your body temperature in balance
- Sizes: **S/M** 54-58mm [6¾"-7¼"] **L/XL** 58-63mm[7¼"-7½"]



## GLOVES

#### UP146

 A combination of warmth and outstanding breathability.

 Easy care fabric offers excellent heat insulation, breathability, abrasion resistance and no pilling.

 High moisture diffusion and drying ability keeps you dry and comfortable.

 Helps to regulate body temperature and blocks odours, with anti bacterial fibres.

 Touch pad index fingers, so you can use your touchscreen phone/player while on the move.

• Non-slip silicon grip pattern on palms and fingers

· Reinforced pull-on tab for easy fitting and removal

• Soft-wipe thumb back panels

• Sizes XS, S, M, L, XL – see table on previous page.



### **UP156**

- Specifically shaped to cover only the ears
- Resists abrasion & pilling
- Total freedom of movement
- Wicking inner surface for fast drying, body moisture evaporation & breathability
- Sizes: **S/M** 54-58mm (6¾"-7¼") **L/XL** 58-63mm(7¼"-7%")



#### UP1/6

- Stay dry & comfortable at all times
- High moisture diffusion: quickly absorbs and disperses sweat for fast drying
- Keeps your body temperature in balance
- Sizes: **S/M** 54-58mm [6¾"-7¼"] **L/XL** 58-63mm(7¼"-7½")

## **HEADBAND**

#### **UP6714**

- Moisture absorbing yarns for superior comfort
- 85% cotton, 15% elastane
- One size fits most
- Black or white



### **WRISTBANDS**

- Moisture absorbing yarns for superior comfort
- 85% cotton, 15% elastane
- One size fits most
- Black or white





# TRACK SPIKE RATCHET TOOL

**UP201** 

- Remove your spikes and cleats easily
- Large ergonomic handle offers great grip
- · Handy 'flick switch' allows tightening or removal

# TRACK SPIKE **KEY**

TRACK SPIKE T-KEY

UP20

• Chrome Vanadium 'T' Spanner for efficient and reliable removal of all spikes.



## TRACK SPIKES

Heat-tested for maximum durability
Designed for use on all surfaces: asphalt, synthetic and natural
Recommended for all events including sprints, jumps, javelin & cross country

UP255 5mm	<b>UP205</b> 5mm	<b>UP206</b> 6mm	<b>UP209</b> 9mm	<b>UP212</b> 12mm	<b>UP215</b> 15mm
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## FINGER TAPE

UP4090 ½" (13mm) UP4091 1½" (38mm)

• 100% cotton, latex free, hypoallergenic





### BAMBOO

## **CLIMBING BRUSH**

### UP4050

- Cleans chalk, grease and rubber from climbing holds for a better grip
- Ideal for indoor or outdoor use
- Rigid long-lasting bamboo handle
- Natural durable boar hair bristles for effective cleaning
- Made of natural materials, fully recyclable



### **CHUNKY**

# CRUSHED CHALK

- Made from 100% pure highest quality natural magnesium carbonate
- No unhealthy drying agents or additives
- Provides excellent grip for all types of sports such as climbing, also gymnastics, weightlifting, athletics, tennis, cross fit and pole dancing
- 300g pack



## CLIMBERS' CHALK BAG

### UP4071

- Adjustable waist belt (28"- 44")
- Fleece lined to trap the chalk
- Secure draw-cord sealing for travel
- Accessory loop

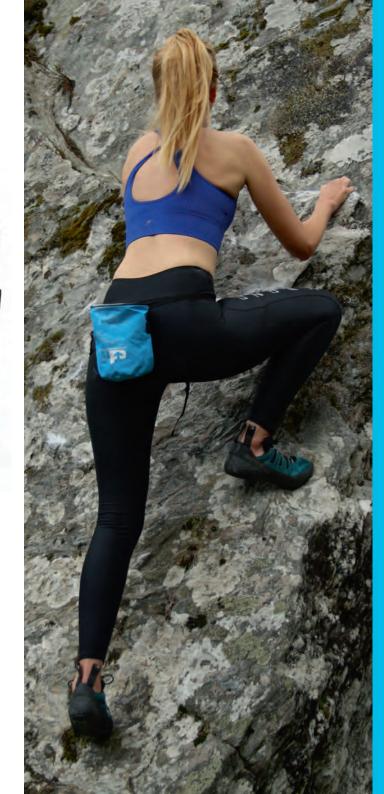




- Wide mouth bouldering bucket
   makes chalking-up as easy as it gets
- Fleece lined to trap the chalk
- Velcro seal / roll-over top and fastening strap keeps chalk inside during travel – strap doubles as carrying handle
- External zip pocket for essentials
- Brush holder (UP4050 climbing brush available separately)















### Get relief from muscular pain, reduce muscle trigger points and improve circulation.

The UP Ultimate Massage Therapy Roller delivers deep-penetrating, pain-relieving myofascial massage: the specially designed contours target difficult to reach places, while you use your body weight to choose how much pressure to apply.

Attack sore trigger points, aches and pains all over your body with pinpoint accuracy.

Use before workouts to release muscle toxins and enable you to train harder. Accelerate recovery post-workout: soothe aching muscles, roll out niggles and speed up injury rehab. Improve core strength, enhance stability, encourage better posture and restore muscle flexibility. Works on quads, hamstrings, ITB, calves, hips, lower/upper back, neck, deltoids and shoulders.



### UP3032

### PERFORMANCE

### **GYM BALL** WITH PUMP

### Get your whole body in shape with the burst-resistant Performance Gym Ball from UP.

Tightens abdominals. Strengthens arms and back. Tones legs. Stretches upper and lower body. Maximises workout. Cushions your body. Targets all the major muscle groups, including glutes, obliques, abs and quads. The Performance Gym Ball supports and cushions your body, and maximises your workout to help you achieve a firmer, fitter and more defined lower body and torso. Balancing on the ball provides resistance for progressive results.





UP3155

## ULTIMATE BLISTER PLASTERS

### Quick relief and faster healing of blisters.

UP Ultimate Blister Plasters give quick relief of pain, cushion against rubbing, promote faster healing and stay in place for longer. They are individually wrapped, so easier to carry when you're on the move.

**UP3151** Pack of 5 in mixed sizes:

3 medium (44mm x 69mm) / 2 small (20mm x 60mm)

UP3152 Pack of 6 small (20mm x 60mm)

**UP3155** Pack of 5 medium (44mm x 69mm)



## SKIN SHIELD

A blister-preventing roll-on barrier between the skin and shoes, equipment, pads, etc. Waterproof, non-staining, non-toxic, grease-free and contains no animal products. Apply directly to the skin on any areas that will be exposed to rubbing, prior to activity. When running, apply to heel and ball of foot.

45ml roll-on.









## TOE PROTECTORS

Surround and cushion the toe, alleviating the pain caused by corns and blisters.

Help prevent blisters from friction between toes, also help to reduce rubbing caused by footwear. Less risk of toenail loss. Made from a high-grade soft silicon which will stretch to fit any size toe.









- Now with a high visibility reflective fleck
- You will never need to tie another shoelace...
- UP Ultimate Laces combine an incredibly tough elastic bungee cord with a spring-loaded lock; giving a firm, secure and comfortable fit to your shoes.
- Perfect for all styles of running shoe, trainer or casual lace-up.
- Available in a wide range of colours.





SPORT LACES

**UPS45** 45 inch **UPS54** 54 inch

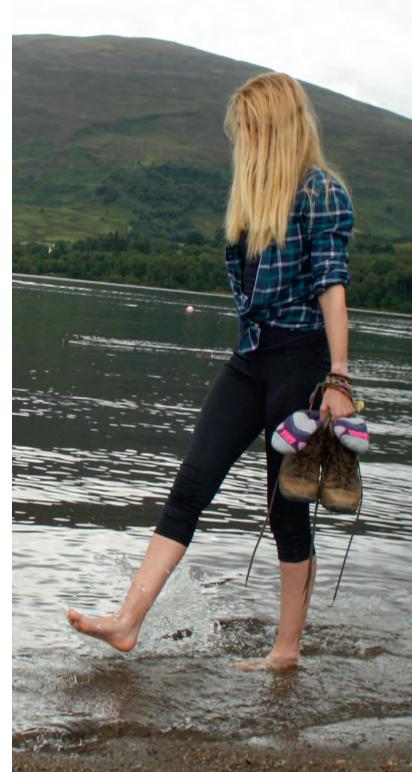


WALKING LACES

UPW36 36 inch UPW45 45 inch UPW54 54 inch

**UPW60** 60 inch **UPW72** 72 inch\*

[\*black/stone, black & brown only]





ULTIMATE PERFORMANCE®



All the product photography featured in this catalogue, together with lifestyle images, logos and diagrams, can be found in Dropbox — ask your sales manager for details. Point of sale materials are also available.

Hopefully, we will be seeing you all at trade shows in 2024.





















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