

### Example of a Hazard and First Aid Assessment Register

**Location**

**Date of Assessment**

<b>Hazard</b>	<b>Injury or Illness</b>	<b>Significance</b>	<b>Eliminate, Isolate or Minimise</b>	<b>Controls</b>	<b>First Aid Requirements</b>
Manual handling	Sprains, strains, fractures	Can range from lesser harm to significant harm	<b>Minimise</b>	<b>Lifting equipment, team lifts, training on safe manual handling</b>	Ice packs, bandages, splints
Falls	Fractures, bruises, cuts, dislocations, concussion	Likely to cause significant harm	<b>Isolate, Minimise</b>	<b>Scaffolding, use harnesses, forklift cages, handrails, suitable footwear, slip/trip/fall hazard ID</b>	Ice packs, bandages, wound dressings, CPR, splints
Electricity	Shock, burns, loss of consciousness, cardiac arrest	Likely to cause significant harm	<b>Minimise</b>	<b>Inspect and tag electrical leads, work to be conducted by registered electricians</b>	Ice packs, bandages, wound dressings, CPR
Plant/machinery	Cuts, bruises, dislocations, dermatitis, fractures, amputation, eye damage	Likely to cause significant harm	<b>Isolate, Minimise</b>	<b>Machine guarding, training in safe operating and maintenance procedures, personal protective clothing</b>	Ice packs, bandages, wound dressings, eye pads, tweezers, forceps
Hazardous substances	Dizziness, vomiting, respiratory problems, burns to skin or eyes	Likely to cause significant harm	<b>Eliminate, Isolate, Minimise</b>	<b>Substitute with less hazardous substances, isolate processes, training in safe work processes, personal protective clothing</b>	Emergency shower, eye wash facilities, safety data sheets, eye pads, wound dressings, gloves, aprons, oxygen
Temperature, UV radiation	Sunburn, frostbite, heat stress, heat stroke, hypothermia	Can range from lesser harm to significant harm	<b>Minimise</b>	<b>Reduce employee exposure to temperature extremes where practicable, sunscreen, appropriate clothing, provide shade</b>	Water or electrolyte rehydration fluids, thermal blankets, ice packs
Occupational violence	Nausea, shock, collapse, physical injuries	Likely to cause significant harm	<b>Minimise</b>	<b>CCTV, staff training, security</b>	Water, blankets, CPR, wound dressings, bandages, etc