



ADVERTISEMENT

AT HOME *checklist*

When you're spending more time at home, it's the perfect opportunity to spruce up your interiors, make home improvements or enjoy your garden. Here is a selection of great ideas to live a happy, healthier and fulfilling life

Winter garden therapy

DURING LOCKDOWN, our gardens have become more of a sanctuary than ever before. However, because of what lies beneath...

The combination of black slates, white fungi and green algae, accentuated by the winter's rain, can turn your patios and pathways into a death trap. It's a hidden danger to adults, children and grandchildren.

When your pathways and patios have become no-go areas, try Patio Black Spot Remover from The Patio Black Spot Removal Company Ltd, and instantly be able to access all zones.

Simply spray on to the affected areas, and be amazed as the product does all the work, gently lifting those layers of organic growth, without damaging the surface.

It is delivered in two days - and works in two hours. There is no odourous pressure washing with maximum clearing performance - creating instant results. Plus, it's nothing short of spectacular!

The Patio Black Spot Removal System lovingly



returns, but permanently prevents. Treat your patio to some love for Valentine's Day and prepare to be amazed.



Order yours now from the website at patioblackspotremoval.com or contact the team on 01252 751812.

The wonder sanitiser to protect and nourish dry skin

IF YOUR HANDS EVER GET DRY or irritated from using sanitisers you will know they are generally pretty bad for your skin.

Babington Soap Co's Hand Sanitiser is designed to be a cosmetic and part of a daily skincare routine while providing protection against bad bacteria at the same time. No more dry or irritated skin from using sanitisers.

The sanitiser is vegan-friendly and has just six natural ingredients including its unique plant-based moisturiser.

Unlike the other moisturisers used in sanitisers, Babington's mushroom-based moisturiser mimics the body's moisturisation for combat the harshness of the alcohol, by forming an impermeable barrier to prevent water loss from the skin cells.



Stay safe sustainable that don't

IT'S THE MOST-USED but often made of ethically produced for you, women's that's just to not to but are conscious. They focus on our and ethical practice locally to support! offers a diverse to win, multiple layers and biodegradability.



See the full range

All Home Checklist is an iPad app. Contact the publisher

There is dirt in us all that should be celebrated...



GLOBALLY RECEIVED as an excellent manuscript of poetry, *Dirt* by Michael Lewis is a collection of work that bridges darkness, light, romance and violence.

It weaves latter feelings from the conscience and subconscious together into a masterpiece a decade in the making. Blending fire, illusion and a love of language, it is, simply put, a distillation of Lewis's emotion.

Published by Michael Terence Publishing, get your copy from Amazon or getbook.at/DIRTBOOK



Get the back support you need

IS BACK PAIN DRIVING YOU MAD? Have you tried helping ease back pain through furniture? Or perhaps your ergonomic postures might not like to mention?

Even portable supports for your car to a comfortable computer chair or a magical mattress. Back In Action has been working for 30 years to develop products to restore the youthfulness of your back.

Their products aren't just made for comfort, but to help keep your spine supported and healthy. From The Actionism, an elegant chair that can reduce sitting fatigue, improve posture and reduce lower back pain) to the life-changing Back In Action Mobilator, developed for people who have been dealing with chronic back pain.



Back In Action are experts in providing comfortable, supportive products that will help ease back pain when other treatments have failed.



For six or more months. Talking about the product, thrilled customer S. Hayward explained: "It completely changed my life. I had major back surgery 17 years ago and was bed bound for two years. After trying the Mobilator seven years ago I write up straight for the first time in years."

Visit backinaction.co.uk to explore tried and tested favourites.

Mens top-drawer comfort

The wonder sanitiser to protect and nourish dry skin

IF YOUR HANDS EVER GET DRY or irritated from using sanitisers you will know they are generally pretty bad for your skin.

Babington Soap Co's Hand Sanitiser is designed to be a cosmetic and part of a daily skincare routine while providing protection against bad bacteria at the same time. No more dry or irritated skin from using sanitisers.

The sanitiser is vegan-friendly and has just six natural ingredients including its unique plant-based moisturiser.

Unlike the other moisturisers used in all other sanitisers, Babington Soap Co's mushroom-based moisturiser mimics the body's own natural moisturisation functions, to combat the harshness of the alcohol, by forming an impermeable barrier to prevent water loss from the skin cells.



Through this process, the skin cells continue to operate exactly how nature intended; most importantly, it leaves your hands feeling soft, hydrated and silky smooth.

Available in 55ml and 250ml bottles. Get 25% off by using **SOFTHANDS** when checking out at babingtonsoap.co.uk