

# The 2020 Gift Guide

## Mizuno Wave Revolt

Perfect for the player or coach seeking a comfortable, stylish option whether traveling, in the gym, or on a run. Mizuno's new Wave Revolt uses a breathable AIRmesh Upper to provide a light feel, mixed with an ultra soft and cushioned Mizuno Energy Foam midsole layer that provides maximum comfort.



Cost: \$90 • info: [mizunousa.com](http://mizunousa.com)

## Pain relief cream

Stiff Mother Trucker Pain Relief Cream, when applied as directed, helps to stimulate the body's natural functions to reduce pain and inflammation with a signature blend of all-natural ingredients. The 100% natural formula is paraben-free, gluten-free, sulfate-free, and artificial dye-free. All the junk you don't need on your body.



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# Healthy & fit

MAGAZINE

Frank Moore  
This MLB coach stays fit during the pandemic.

*Just roll with it*  
Put a foam roller on your holiday list

How to prevent ECC

The annual gift guide is here!

Get a good night's sleep

Shift your attitude!



## Babington Soap Hand Sanitizer

Experience just how different a sanitizer can be when it is designed to be a 99.9% plant-based moisturizer first, and hand sanitizer that kills 99.9% of harmful bacteria, second. Our six natural ingredients hydrate your hands, leaving them tender and soft, while the antibacterial alcohol-based hand sanitizer goes to work. The moisturizer forms a healing barrier that counteracts the harsh effects of alcohol.

Cost: \$20 • info: [babingtonsoap.com](http://babingtonsoap.com)