



osmia

TOX SCREEN

your pocket guide
to personal care labels



www.osmiaorganics.com

KEY



 REASON TO AVOID

 WHAT TO LOOK
FOR ON LABELS

SYNTHETIC FRAGRANCE

-  ALLERGENIC, PHTHALATES, PETROLEUM-DERIVED
-  PARFUM, FRAGRANCE



PARABENS

-  ENDOCRINE DISRUPTION
-  ETHYLPARABEN, METHYLPARABEN, PROPYLPARABEN, OR OTHER WORDS THAT END IN "PARABEN"



SULFATES

-  SKIN IRRITATION
-  SODIUM LAURYL OR LAURETH SULFATE



PETROCHEMICALS

-  INHIBITS SKIN FUNCTION
-  PETROLEUM JELLY, BENZENE, MINERAL OIL, PARAFFIN WAX, PHENOXYETHANOL



PHTHALATES

-  ENDOCRINE AND THYROID DISRUPTION
-  PARFUM, FRAGRANCE, PLASTICS (RECYCLING CODES 1, 2, OR 5 ARE BETTER THAN 3 OR 7), DBP, DEHP, AND DEP

SYNTHETIC COLOR

-  ALLERGENIC, POSSIBLE BEHAVIORAL ISSUES
-  ANYTHING WITH FD&C OR D&C (E.G., FDE&C BLUE NO. 1)

ETHOXYLATED INGREDIENTS

-  1,4-DIOXANE CONTAMINATION
-  EMULSIFYING WAX, PHENOXYETHANOL, POLYSORBATES, WORDS THAT END IN "ETH" OR START WITH "PEG"