

VARABOOST INGREDIENTS

FATIGUE FIGHTER

serving size; 2 capsules

	Amount Per Serving	%Daily Value
Green Tea Aqueous Extract (<i>Camellia sinensis</i>) (leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine)	600 mg	**

** Daily Value not established.

SO LONG MOOD SWINGS

serving size; 1 capsule

	Amount Per Serving	%Daily Value
Calcium (as dicalcium phosphate)	22 mg	2%
5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i>)(seed)	100 mg	**

** Daily Value not established.

BREAKUP W/ BREAKOUTS

serving size; 1 capsule

	Amount Per Serving	%Daily Value
Turmeric Extract (<i>Curcuma longa</i>)(rhizome)(95% curcuminoids)	250 mg	**
DIM (diindolylmethane)	150 mg	**
Black Pepper Extract (<i>Piper nigrum</i>)(fruit)(BioPerine®)	2.5 mg	**

** Daily Value not established.

TLC TENDER BREASTS

serving size; 1 capsule

	Amount Per Serving	%Daily Value
Vitamin E (as d-alpha tocopherol)	33.5 mg	223%
EVNoI SupraBio™ Bio-Enhanced Natural Full Spectrum Tocotrienol/Tocopherol Complex	164.5 mg	**
Total Mixed Tocotrienols	25 mg	**
d-Gamma Tocotrienol	11.5 mg	**
d-Alpha Tocotrienol	7.4 mg	**
d-Delta Tocotrienol	4.1 mg	**
d-Beta Tocotrienol	822.5 mcg	**
Total Mixed Tocopherols	125 mg	**
Typical Composition:		
d-Gamma Tocopherol	75 mg	**
d-Delta Tocopherol	30 mg	**
d-Alpha Tocopherol	17.5 mg	**
d-Beta Tocopherol	2.5 mg	**

**Daily Value not established.

BYE BYE BLOAT

serving size; 1 capsule

	Amount Per Serving	%Daily Value
Proprietary Blend	174 mg (15 Billion CFU [†])	**
<i>Lactobacillus acidophilus</i> La-14®		
<i>Bifidobacterium longum</i> BI-05™		
<i>Lactobacillus plantarum</i> Lp-115®		
HOWARU® Bifido	50 mg (15 Billion CFU [†])	**
(<i>Bifidobacterium lactis</i> HN019®)		

** Daily Value not established.

PAIN AID+

serving size; 1 capsule

	Amount Per Serving	%DV
Calories	5	
Total Fat	0.5 g	1%†
MaxSimil® Fish Oil Concentrate	600 mg	**
Total Omega-3 Fatty Acids	417 mg	**
EPA (eicosapentaenoic acid)	276 mg	**
DHA (docosahexaenoic acid)	120 mg	**
BCM-95® Turmeric Extract (<i>Curcuma longa</i>)(rhizome) (95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin)	125 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

CANCEL CRAVINGS

serving size; 1 capsule

	Amount Per Serving	%Daily Value
Vitamin C (ascorbic acid)	500 mg	556%
Vitamin B6 (as pyridoxine HCl)	37.5 mg	2206%
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	60 mcg	171%
DL-Phenylalanine	1 g	**
L-Tyrosine	750 mg	**
L-Glutamine	375 mg	**
5-HTP (5-hydroxytryptophan)(from <i>Griffonia simplicifolia</i>)(seed)	75 mg	**

** Daily Value not established.

ENERGY BOOST

serving size; 2 capsules

	Amount Per Serving	%Daily Value
Green Tea Aqueous Extract (<i>Camellia sinensis</i>) (leaf)(80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine)	600 mg	**

** Daily Value not established.