



Helix Company

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Helix Lateral Trainer – Shipping Weights and Dimensions

* Weight and height includes single pallet

H1000

Actual Package

Gross Weight: 157 Lbs. / 71.3 Kgs.

Carton Dims:

39" L x 18" W x 27" H

99cm L x 45.72cm W x 71.12cm H

	Pallet 1 pc		Pallet 2 pcs		Pallet 4 pcs		Pallet 6 pcs	
	Metric	Standard	Metric	Standard	Metric	Standard	Metric	Standard
Length	102 cm	40 in	102 cm	40 in	102 cm	40 in	102 cm	40 in
Width	61 cm	24 in	61 cm	24 in	102 cm	40 in	102 cm	40 in
Height	84 cm	33 in	152 cm	60 in	152 cm	60 in	221 cm	87 in
	Class 100		Class 92.5		Class 92.5		Class 85	
Weight*	80 kgs.	177 lbs.	152 kgs.	334 lbs.	298 kgs.	655 lbs.	440 kgs.	969 lbs.

HLT2500

Actual Package

Gross Weight: 172 Lbs. / 78.18 Kgs.

Carton Dims:

39" L x 18" W x 28" H

99cm L x 45.72cm W x 71.12cm H

Length	102 cm	40 in	102 cm	40 in	102 cm	40 in	102 cm	40 in
Width	61 cm	24 in	61 cm	24 in	102 cm	40 in	102 cm	40 in
Height	84 cm	33 in	152 cm	60 in	152 cm	60 in	221 cm	87 in
	Class 92.5		Class 92.5		Class 85		Class 85	
Weight*	87 kgs.	192 lbs.	165 kgs.	364 lbs.	325 kgs.	715 lbs.	481 kgs.	1059 lbs.

HLT3500

Actual Package

Gross Weight: 222 Lbs. / 101 Kgs.

Carton Dimensions:

39" L x 18" W x 29" H

99cm L x 45.72cm W x 76.2cm H

Length	102 cm	40 in	102 cm	40 in	102 cm	40 in	102 cm	40 in
Width	61 cm	24 in	61 cm	24 in	102 cm	40 in	102 cm	40 in
Height	89 cm	35 in	163 cm	64 in	163 cm	64 in	236 cm	93 in
	Class 85		Class 85		Class 70		Class 70	
Weight*	110 kgs.	242 lbs.	211 kgs.	464 lbs.	416 kgs.	915 lbs.	618 kgs.	1359 lbs.