# **SNOO Quick Start Guide**

## What do I need to get started?

- SNOO bassinet + mobility cart (recommended)
- Covers for mesh + mattress (reusable and/or disposable)
- SNOO Sleep Sack + fitted mattress sheet

## How do I use the SNOO Sleep Sack swaddles?

- 1. Unzip the sack and spread open the inner bands. Lay the baby down on top of unzipped SNOO sack with the baby's shoulders 2-3" higher than the top of the sack.
- 2. Straighten arms and snuggly connect inner bands around baby. Bottom edge of the bands should come to the wrists. Note: Arms may be released by unsnapping arm slits at the top of the sack.
- 3. Velcro diaper flap to inner band. Pull the fabric at the top of sack up and over each shoulder. Then zip completely.

## How do I place the baby in SNOO?

- 1. Before use, place a white reusable cover and/or blue disposable cover to completely cover the bassinet mesh. If using the disposable covers, place the sealed mattress inside a blue mattress cover. Over the sealed and/or covered mattress, place a clean SNOO mattress sheet.
- 2. Lay the swaddled baby inside the SNOO on the back.
- 3. Slide the loop at the end of each swaddle wing over the safety clip on each side of the platform.

#### How do I turn SNOO on and off?

- Once plugged in, press the button on the front of SNOO. When the light stops blinking (after ~30 seconds), press the button again. The light will turn blue and SNOO will start.
- When the baby fusses, SNOO will wait a few seconds before responding. If the crying continues, the bed will move through 4 levels of increasing sound and motion until the baby calms. SNOO automatically times out after several. minutes of continuous crying.
- To increase the SNOO's motion and sound, push the activity button for several seconds. To stop SNOO, push the activity button once. To reduce the level of activity, simply wait and SNOO will gradually reduce its level – step by step – over the next 5-10 minutes.

#### How do I clean SNOO between infants?

**Cleaning instructions**: Use CaviWipes or a hydrogen peroxide-based disinfectant to clean the SNOO, mobility cart, reusable cover, and sealed mattress if visibly soiled. Disinfect SNOO and its accessories between patients and every 7 days, if in continuous use. The surfaces should remain visibly wet for 1 minute at room temperature.

**Soft goods laundering:** Launder SNOO Sleep Sack and fitted mattress sheet in accordance with the hospital's linen protocols. SNOO Sacks must be cleaned between patients or when visibly soiled.













Note: If the baby cries for longer than 1 min, you can assume she needs a feeding or other help. You do not need to wait for SNOO to stop itself.

Baseline

Level 1

Level 2

Level 3

Note: If the light keeps blinking, make sure the SNOO Sack loops are properly slipped onto the safety clips inside the bassinet

Action Stopped

Level 4

**Engage Safety Clips** 

Ready Mode

#### **Questions? Contact Us!**



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