

MANGO CHUTNEY

INGREDIENTS:

2 CUPS MANGO, DICED 1/3 CUP RED ONION. DICED 1/2 CUP TOMATO, SEEDED AND DICED 1/2 CUP RED BELL PEPPER, DICED 1 MEDIUM AVOCADO, DICED JUICE OF 2 LIMES 2 TSP FRESH MINT, CHOPPED 4 TBL BOERNE BRAND HOT SAUCE OR TO TASTE SALT, AS NEEDED

METHOD:

COMBINE DICED MANGO, ONION, BELL PEPPER, TOMATO, MINT, LIME JUICE AND BOERNE BRAND HOT SAUCE IN A NON-REACTIVE BOWL AND MIX WELL. ALLOW TO SIT FOR 10 MINUTES. GENTLY FOLD IN THE DICED AVOCADO. ADJUST SEASONING WITH SALT IF DESIRED.

RECOMMENDATIONS:

USE THIS CHUTNEY WITH GRILLED SALMON, SHRIMP, OR CHICKEN

