1. Submerge your chia planter in water and soak for 30 minutes.

2. In a separate bowl or cup, mix 2 teaspoons of chia seeds with ¼ cup water. Stir thoroughly and let the mixture sit for 10 minutes. The mixture should form a thick gel-like paste which will help the seeds adhere to your chia planter.

**Helpful Hints:** If the seeds are sliding off your chia planter when you apply them, add a small amount of seeds (about half a teaspoon) to the mixture, stir and let it sit for at least another 10 minutes. If you find that you did not add enough water (or too many seeds), add a bit more water, stir and check the mixture in 10 minutes.

3. Empty the water from your planter and place it on the drip tray provided.

4. Spread a thin, even layer of seeds on the grooved surface of your planter, using a small spreader, a spoon or your fingers. Don’t let the seeds clump in any one area. Depending on the surface of your planter, you may not use all of the seed mixture. Leave the planter in the drip tray for 2 days.

**NOTE:** Don’t worry if the chia seeds are looking dry, they will start to sprout once you add water.

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**Day 3**

5. After letting the seeds adhere to your planter for 2 days, fill your chia planter with water. Keep your planter filled with fresh water and empty the drip tray daily.

**TIP:** Place a plastic bag (add plastic) loosely over the chia planter for a few days until the seeds sprout and mist your planter daily to moisten the seeds.

6. Enjoy your chia pet for 2 to 4 weeks. When the growth appears leggy or overgrown, it is time to remove the old growth. Chia planters should be washed and can be replanted indefinitely.