

## ALLERGEN MATRIX

Date Updated: 08.02.2023

This table contains the food and drink items we sell that contain allergens; a tick in the box indicates the allergen(s) present. Our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help with our allergen information, please let us know before ordering. We've indicated where gluten free, vegetarian and vegan options are available, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

Menu Item	Dish Contains																										
	Celery	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Sesame Seeds	Soya	Sulphur Dioxide/Sulphites	Peanuts	Tree Nuts	Almond Nuts	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Cereals with Gluten	Barley	Oats	Rye	Wheat	
<b>Pastries</b>																											
All Butter Croissant			✓			✓																	✓				
Pain Au Chocolat			✓			✓				✓													✓				
Vegan Pain Au Chocolat										✓													✓				
Pain Au Raisin			✓			✓																	✓				
Fruit Danish			✓			✓																	✓				
Almond Croissant			✓			✓								✓									✓				
Nutella Croissant			✓			✓											✓						✓				
Ham and Cheese Croissant			✓			✓																	✓				
Tomato and Cheese Croissant			✓			✓																	✓				
<b>Tray Bakes</b>																											
Almond Bakewell Slices (No Gluten Containing Ingredients)			✓							✓				✓													
Vegan Maple Granola Bars																				✓			✓				
Vegan Chocolate Fruit & Nut Bars										✓												✓	✓				
Chocolate and Caramel Brownies (No Gluten Containing Ingredients)			✓			✓				✓																	
Sticky Toffee Slices			✓			✓																	✓				
Lemon Polenta Slices (No Gluten Containing Ingrediets)			✓											✓													
Vegan Flapjacks																							✓				

Date Updated: 12/12/23

Development Chef Ryan Cross

Menu Item	Dish Contains																										
	Celery	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Sesame Seeds	Soya	Sulphur Dioxide/Sulphites	Peanuts	Tree Nuts	Almond Nuts	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Cereals with Gluten	Barley	Oats	Rye	Wheat	
Vegan Marmalade & Pistachio Flapjacks																				✓		✓					
Vegan Millionaire Shortbread										✓												✓					
Vegan Chocolate Muffins										✓												✓					
Lemon Meringue Pie			✓			✓					✓											✓					
<b>Savoury</b>																											
Ham & Cheese Toastie						✓																✓	✓			✓	
Cheese Toastie						✓																✓	✓			✓	
Marmite and Cheddar Sausage Roll	✓		✓			✓		✓														✓	✓				
Butternut Squash, Falafel and Goats Cheese Veggie Roll			✓			✓																✓	✓				
Korean Bulgogi Mushroom									✓	✓												✓					
Smoked Salmon Focicca				✓		✓																✓					
Roasted Chicken Focicca						✓																✓					
New York Deli						✓		✓		✓												✓					