

TRADING POST

· COFFEE ROASTERS ·

PLEASE ORDER AT THE COUNTER

Food served until 15:30 weekdays & 16:00 weekends.

We are a cashless coffee house.

BREAKFAST

FULL BREAKFAST - £13.95

Free-range poached or scrambled egg, smoked back bacon, Cumberland sausage ring, roasted vine tomatoes, garlic flat mushroom, baked beans, toasted sourdough & herb oil

VEGGIE BREAKFAST - £13.95 (V)

Free-range poached or scrambled egg, smashed avocado, garlic flat mushroom, sautéed spinach, roasted vine tomatoes, baked beans, toasted sourdough & herb oil

PLANT BASED BREAKFAST - £13.95 (PB)

Falafel, beetroot houmous, smashed avocado, garlic flat mushroom, roasted vine tomatoes, sautéed spinach, pumpkin seeds, baked beans, toasted sourdough & herb oil

PANCAKES & WAFFLES

HAZELNUT & RASPBERRIES - £11.95 (V)

Triple stacked American style buttermilk pancakes, layered with, Nutella sauce, berry compote & raspberries

BACON & MAPLE - £11.95

Triple stacked American style buttermilk pancakes, layered with smoked back bacon, topped with maple syrup, crumbled pecans & blueberries. Add scrambled egg +3.00

YOGHURT & BERRIES - £11.95 (V)

Triple stacked American style butter milk pancakes, layered with Greek yoghurt berry compote & blueberries

TIRAMISU - £11.95 (V)

Deluxe Belgian waffle, caramelised banana, mascarpone, raspberries & syrup infused with Trading Post organic coffee

PEACH & RASPBERRY CRUMBLE - £11.95 (PB)

Deluxe Belgian waffle, coconut yoghurt, peach compote, raspberries, toasted oat & pecan crumble with maple syrup

FREE-RANGE EGGS

WILD MUSHROOMS ON SOURDOUGH - £11.50 (PB)

Oyster, flat cap & chestnut mushrooms, shallots, thyme & kale on toasted sourdough & herb oil Add Poached Egg +3.00

TURKISH EGGS - £12.95 (V)

Greek yoghurt, wilted spinach, green herbs, roasted chickpeas, chilli beurre noisette, poached eggs & mamooch pitta

HASH BOWL - £13.95

Roasted Brindisa Chorizo or Halloumi with sautéed new potato, red onion, spinach, poached egg & hollandaise

POACHED OR SCRAMBLED - £9.25 (V)

Free-range poached or scrambled eggs served on two slices of toasted sourdough topped with roasted vine tomatoes Add Smoked salmon / Chorizo & smashed avocado / Halloumi & smashed avocado + £4.95

ROYALE - £12.50

Smoked salmon, wilted spinach, hollandaise sauce & two free-range poached eggs on a fluffy English muffin

BENEDICT - £12.50

Ham, wilted spinach, hollandaise sauce & two free-range poached eggs on a fluffy English muffin

FLORENTINE - £11.50 (V)

Wilted spinach, hollandaise sauce & two free-range poached eggs on a fluffy English muffin

BACON & AVOCADO BENEDICT - £12.95

Smoked back bacon, smashed avocado, wilted spinach, hollandaise sauce & two free-range poached eggs on a fluffy English muffin

AVOCADO & EGG SMASH - £11.95 (V)

Smashed avocado, mint, lime, red chilli, feta & a poached egg on toasted sourdough

FOR OUR YOUNG DINERS

Under 12's only

BUTTERMILK PANCAKES - £6.95 (V)

Served with maple syrup & blueberries

BEANS ON TOAST - £6.95 (V)

Baked beans on toasted sourdough

SCRAMBLED EGGS ON TOAST - £6.95 (V)

Free-range eggs on toasted sourdough

YOGHURT & BERRIES - £5.95

Yoghurt bowl topped with mixed berry compote (PB Option Available)

SMOKED BACK BACON SANDWICH - £6.95

Double stacked sourdough with smoked back bacon

HAM & CHEESE TOASTIE - £5.95

Double stacked sourdough with ham & cheese

SAUSAGE SANDWICH - £6.95

Double stacked sourdough with a Cumberland ring sausage

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BRUNCH

CLASSIC RAREBIT - £10.95 (V)

Marmite and cheddar sauce on toasted sourdough with roasted vine tomatoes & herb oil
Add smoked back bacon +3.50

CLASSIC CROQUE MONSIEUR - £12.95

Triple stacked grilled brioche loaded with ham, cheese & mustard mayo topped with cheese sauce & cheddar

PLANT-BASED CHILLI BOWL - £12.95 (PB & GIF)

Homemade four bean and soy mince chilli, dairy-free raita, smashed avocado, chilli, coriander & lime

SMOKED BACK BACON SANDWICH - £9.95

Triple stacked sourdough with smoked back bacon

CUMBERLAND SAUSAGE SANDWICH - £9.95

Double stacked sourdough with two Cumberland sausage rings

PLANT-BASED RAREBIT - £10.95 (PB)

Dairy free cheese & Marmite sauce on toasted sourdough with roasted vine tomatoes & herb oil

LIGHT BITES

BANANA BREAD - £5.25 (PB & GIF)

Homemade toasted banana bread to our classic recipe with espresso infused peanut butter.
Add Nutella + £0.75

SEASONAL SOUP - £7.95

Choice of sourdough or gluten-free bread
Choose from butter (V) or plant based spread (PB)

GLUTEN FREE PORRIDGE - £7.25 (PB & GIF)

Porridge made with coconut milk & gluten-free oats with berry compote and mixed seeds
Add Nutella + 0.75

YOGHURT & GRANOLA BOWL - £7.25 (GIF)

In house toasted oat & pecan granola, maple syrup - with a choice of Greek Yoghurt (V) or Coconut Yoghurt (PB)

TOAST - £4.00

Toasted sourdough or gluten-free bread (GIF)
Butter (V) or plant based spread (PB)

With a choice of:

Jam (PB), Marmalade (PB), Marmite (PB), Peanut butter (PB)

SALADS

CAESAR SALAD - £11.95

Crunchy romaine lettuce with a rich creamy Caesar dressing, garlic croutons, capers, boiled egg & parmesan
Add chicken +£4.50 / Add Smoked back bacon +£3.50

PERI-PERI ROASTED SWEET

POTATO SALAD - £11.95 (PB)

Sweet potato, falafel, charred corn, red onion, pepper, celery, cherry tomato & coriander with a lime & peri-peri aioli

ADD-ONS

Smoked salmon - £4.50	Halloumi - £4.50	Poached / scrambled egg - £3.00
Smoked back bacon - £3.50	Falafel - £3.00	Sautéed spinach - £3.00
Cumberland ring - £4.50	Chorizo - £4.50	Toasted sourdough - £2.25
Roasted vine tomatoes - £3.00	Baked beans - £3.00	Smashed avocado - £3.00
Garlic flat mushroom - £3.00	Grilled chicken breast - £4.50	

EXCLUSIVE HIRE

You can book any of our coffee houses for private events, birthdays, corporate events, weddings & more.
Contact us today to discuss your event: bookings@tradingpostcoffee.co.uk

ALLERGY, DIETARY AND OTHER INFORMATION:

All our allergen information is available in our Allergen Guide. Our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies, intolerances or need help accessing our allergen information, please let us know before ordering.

(V) = Vegetarian Ingredients. (PB) = Plant Based. (GIF) = Gluten Intolerant Friendly.

All items are subject to availability. All substitutions are charged at full price.



SCAN TO SEE OUR
ALLERGEN GUIDE