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Guide to Male External Catheters

The word “catheter” may seem intimidating, and can bring up thoughts of discomfort and invasiveness. However, intermittent catheters are not the only option out there when it comes to catheters. For gentlemen managing urinary incontinence, male external catheters may be a great solution that you maybe hadn’t thought of.

What are Male External Catheters?

Male external catheters, also known as condom catheters, are a device used to manage urinary incontinence. Much like a condom, these catheters are worn over the penis. The urine is then drained from the male external catheter to a collection bag that is secured to the leg. If a male external catheter is being used overnight, most collection bags can be connected to a bedside overnight collection bag.

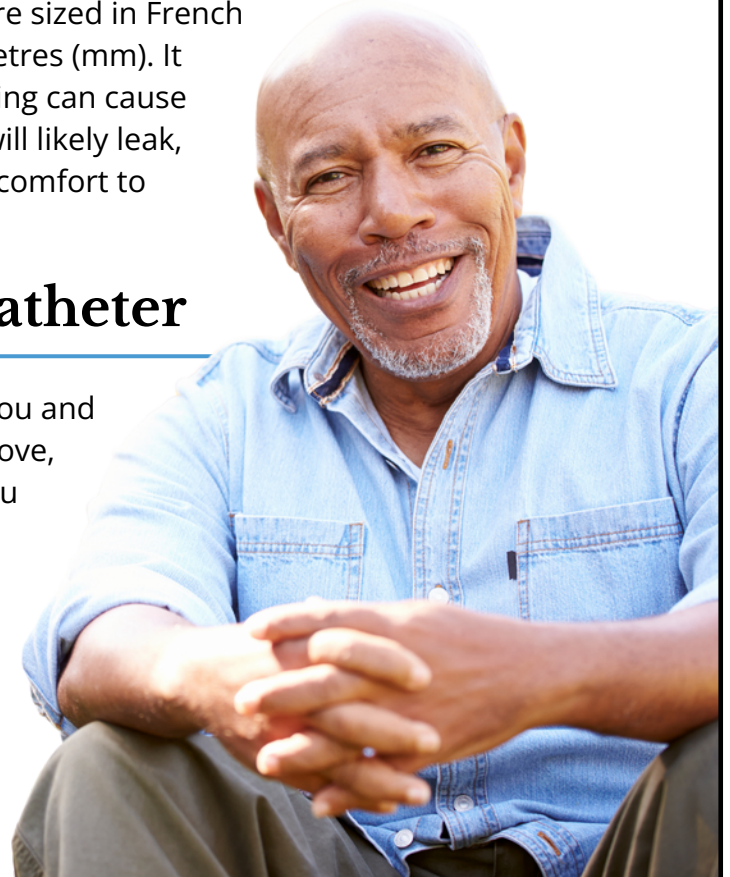
Sizing Information

Like most incontinence products, male external catheters are available in a variety of sizes. Unlike intermittent catheters that are sized in French scale (FR), male external catheters are sized in millimetres (mm). It is important to select the correct size, as incorrect sizing can cause problems. A male external catheter that is too large will likely leak, and one that is too small may cause irritation and discomfort to the wearer.

Selecting a Male External Catheter

Selecting a male external catheter that will work for you and be comfortable to wear is essential. As mentioned above, choosing the right sized catheter is important, and you should discuss sizing with your healthcare provider if you're unsure what size you need.

If you are sensitive to Latex or have a Latex allergy, ensure that you select a product that is made from a Latex-free material. Many male external catheters come with an adhesive to assist in securing the



catheter to the penis. If your skin is often sensitive to adhesives or you would prefer not to have an adhesive, it would be best to look at other male external catheter options.

To use this type of catheter, you will require a collection bag with drainage tubing. For overnight use, you'll need a bedside bag. At Healthwick, collection bags and male external catheters are sold separately, unless otherwise specified in the product description. Extension tubing can also be purchased separately.



Are Male External Catheters Right for You?

If you're looking for a more discreet option for managing urinary incontinence, male external catheters are the way to go. Not only are they less invasive than intermittent catheters (nothing is being inserted into the penis), they are a convenient and easy-to-use option.

Your healthcare professional can assist you in determining if a male external catheter is a good option for you. You can also reach out to our customer care team, they would be pleased to answer any questions you may have.



We're Here to Help

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