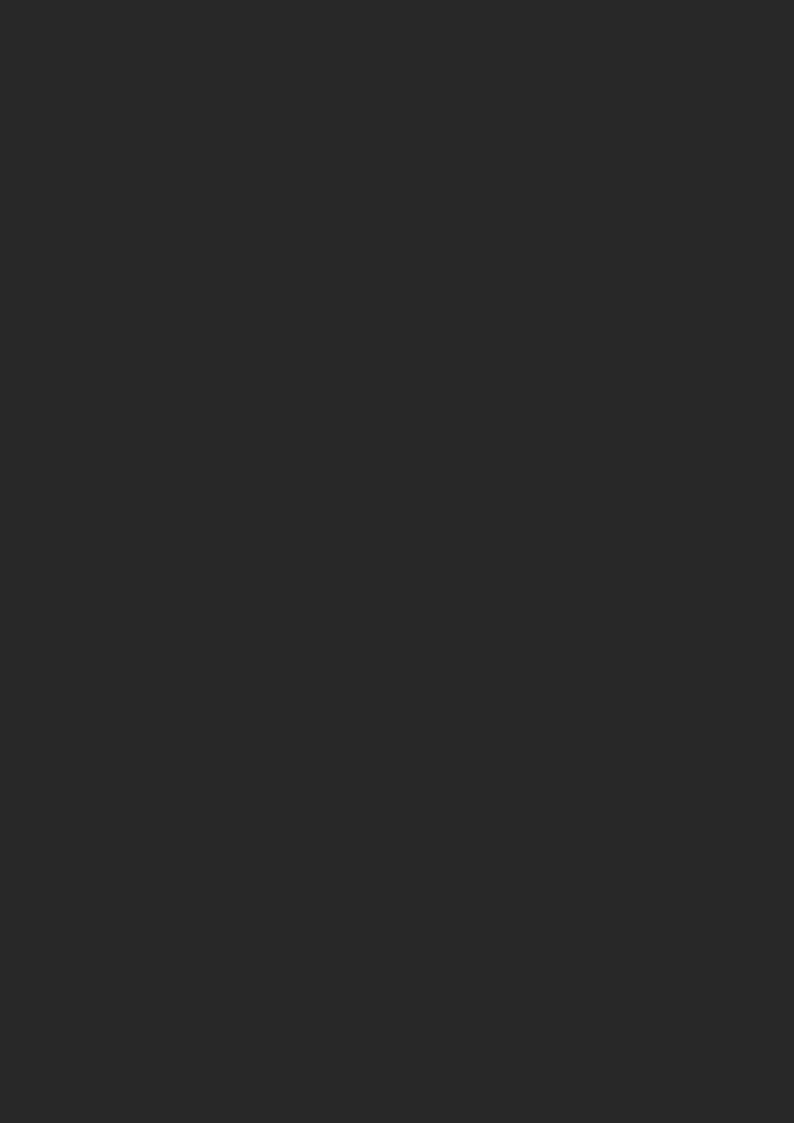
# YOUNIX®



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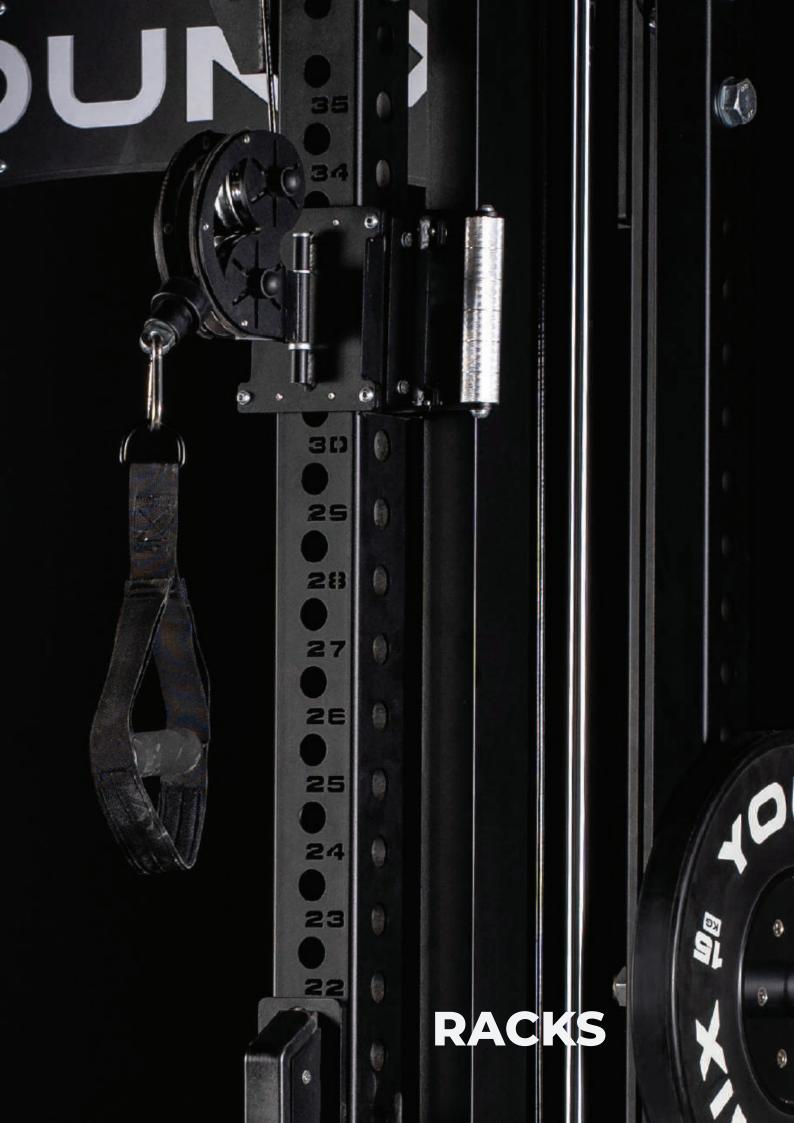




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# **BASIC RACK**

SKU: R0001



# **Basic Rack Specifications**

Material: steel

Finish: matt wrinkle black powder-coated

Tubing size: 80x80 mm
Tubing Thickness: 3 mm
Hole spacing: 55 mm

**Positioning of the numbers:** 35 laser-cut numbers for

each upright

Pull up bar diameter: 33,4 mm

Height: 240 cm Width: 124 cm Depth: 66 cm Foot-print: 132x74 cm

**Bar hook set:** sandwich hook set with polyethene insert **Hardware:** 24 mm, 8.8 certified bolts, nuts & washers

**Load capacity:** 1500 kg one each rack

**Frame warranty:** lifetime against bending or cracking of the

steel frame.

**General Warranty:** 5 Years against manufacturing defects.

The warranty does not cover normal wear and tear.

**Warning:** rack needs to be bolted to the floor.

ATTENTION: storage pins, barbell and bumper plates are

not included.

# **PRO RACK**

SKU: R0002





# **Basic Rack Specifications**

Material: steel

Finish: matt wrinkle black powder-coated

Tubing size: 80x80 mm **Tubing Thickness:** 3 mm Hole spacing: 55 mm

**Positioning of the numbers:** 35 laser-cut numbers for

each upright

Pull up bar diameter: 33,4 mm

Height: 240 cm **Width:** 124 cm **Depth:** 124 cm

Foot-print: 132x132 cm

Set includes: 1x Pro Rack, 1x Hookset,

Instructions

Modularity: this Rack can be mounted together with one or more racks or extended with infinitive extension. Ask for a custom quote.

**Bar hook set:** sandwich hook set with polyethene insert Hardware: 24mm, 8.8 certified bolts, nuts & washers

**Load capacity:** 1500 kg on each rack

Frame warranty: lifetime against bending or cracking of the steel frame

**General Warranty:** 5 Years against manufacturing defects. Normal wear and tears are not covered by the warranty. **Warnings:** rack needs to be bolted to the floor. The rack can

be used outdoor only if protected by a roof. Image above

includes optional accessories that are sold separately.

ATTENTION: safety straps, barbell and bumper plates are

not included.

# **PRO PLUS RACK**

SKU: R0003





# **Basic line specifications**

Material: Steel

Finish: matt wrinkle black powder-coated

Tubing size: 80x80 mm
Tubing Thickness: 3 mm
Hole spacing: 55 mm

Positioning of the numbers: 35 laser-cut

numbers for each upright

Pull up bar diameter: 33,4 mm

Height: 240 cm Width: 124 cm Depth: 182 cm

**Foot-print:** 132x190 cm

Set includes: 1x Pro Plus Rack, 1x Hookset,

Instructions

**Modularity:** this Rack can be mounted together with one or more racks or extended with infinitive extension. Ask for a custom quote.

**Bar hook set:** sandwich hook set with polyethene insert **Hardware:** 24mm, 8.8 certified bolts, nuts & washers

**Load capacity:** 1500 kg on each rack

**Frame warranty:** lifetime against bending or cracking of the steel frame

**General Warranty:** 5 Years against manufacturing defects. Normal wear and tears are not covered by the warranty.

**Warnings:** the rack must be bolted to the floor. The rack can

be used out-door only if protected by a roof.

**ATTENTION:** storage pins, safety straps, barbell and bumper

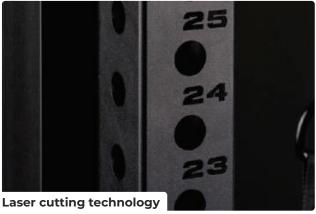
plates are not included.



Oversized is the keyword to describe our working method best. A bolt-together design comes from a strict selection of the steel for uprights and beams which are made of 80 x 80 x 3 mm thickness and 24mm bolts to meet the high demands of the best professional training facilities and gyms around the world.



Each welding is made by robots to ensure your safety and the carrying capacity of each single component of the rack. This technology increases accuracy and repeatability.



Each piece of the rack is cut by laser technology to achieve the best accuracy and precision. This allows you to mount the rack faster than any other manufacturer, read the reference numbers on the uprights to adjust your hooks, gives a feeling of smoothness on the iron surface to avoid scratching your hands.



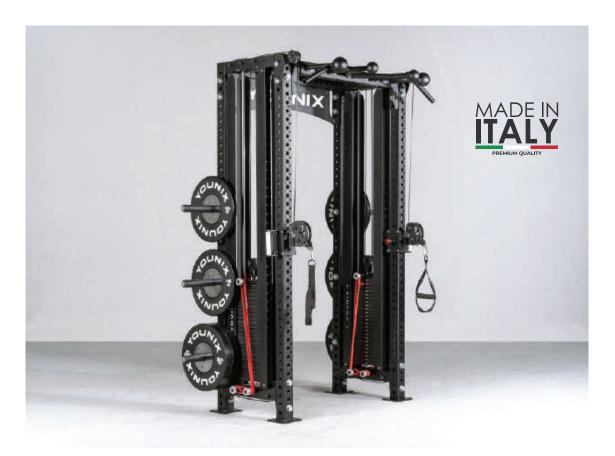
Our factories have qualified welders supported by a WPS certificate (Welding Procedure Specifications). Ready to bear the most severe and intense workouts with 1.500kg tested hooks.

# It doesn't budge, rock or move

We went with oversized tubing, painted at 200 degrees; we use robots to weld parts. Every single hole and number is laser-cut for perfect alignment and easy adjustment. We went the extra mile on quality and details, all so you can feel like a hero.

# PERFORMANCE CABLE RACK

SKU: R0091



## **Specifications**

Manufactured: Italy

Material: Italian Steel, machined aluminium

pulleys + polyethene sliding inserts

Finishing: antimicrobial matt wrinkle black

width: 124 cm Height: 241 cm Depth: 66 cm

**Tubing size:** 80 x 80 cm **Tubing Thickness:** 3 mm **Foot-print:** 132x74 cm

**Positioning of the numbers:** 35 laser-cut

numbers for each upright **Pull-up bar diameter:** 33 mm **Product weight:** 473 kg

Rack load capacity: 1500 kg

**Bar hook set:** sandwich hook set with polyethene insert **Set includes:** 1x rack, 2x cable system, multi-grip pull-up

bar, storage pins, 8.8 certified bolts 24mm, nuts & washers. Barbell, bumper plates, benches, bands and skid plates **are** 

**not** included and need to be purchased separately.

**Frame warranty:** Lifetime against bending or cracking of the steel frame.

**General warranty:** 3 years on the spring pin, plates, rods, bushings and bearings. Plastics and internal pads are consumable parts subject to wear and guaranteed for 2 years against manufacturing defects.

**Warning:** for the safety of the equipment and the athletes using it, the entire system must be bolted securely to the floor.

# PERFORMANCE ONE-SIDE CABLE RACK

SKU: R0095



## **Specifications**

Manufactured: Italy

Material: Italian Steel, machined aluminium

pulleys + polyethene sliding inserts

Finishing: antimicrobial matt wrinkle black

width: 124 cm Height: 241 cm Depth: 66 cm

**Tubing size:** 80 x 80 cm **Tubing Thickness:** 3 mm **Foot-print:** 132x74 cm

**Positioning of the numbers:** 35 laser-cut

numbers for each upright **Pull-up bar diameter:** 33 mm **Product weight:** 303 kg

Rack load capacity: 1500 kg

**Bar hook set:** sandwich hook set with polyethene insert **Set includes:** 1x rack, 1x cable system, multi-grip pull-up bar, storage pins, 8.8 certified bolts 24mm, nuts & washers.

Barbell, bumper plates, bands, benches and skid plates **are** 

**not** included and need to be purchased separately.

**Frame warranty:** Lifetime against bending or cracking of the steel frame.

**General warranty:** 3 years on the spring pin, plates, rods, bushings and bearings. Plastics and internal pads are consumable parts subject to wear and guaranteed for 2 years against manufacturing defects.

**Warning:** For the safety of the equipment and the athletes using it, the entire system must be bolted securely to the floor.



We integrated our pulley system into our rack to give you limitless training options. Safely perform squats, press variations, pull-ups, unlimited cable work with different attachments and more, all on one machine. Modular, simply shippable and all-inclusive training system can be customized and fit to almost any room or application.



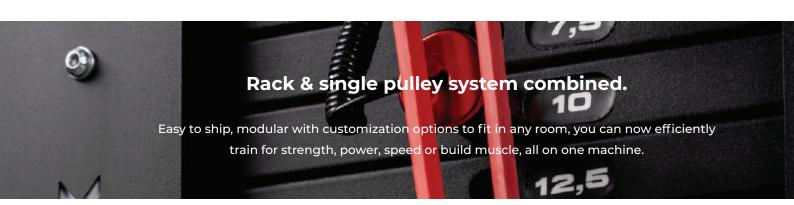
Our uprights four-face hole construction is the base of the Cable Rack's modularity construction that allows you to add extra components. Add more attachments, combine more Cable Racks in a row or build back-toback and get the look & feel of the best University or Sport Performance Gym.



The single handle pulley assembly features a 160-degree swivel and can be quickly set up high or low through the 35 holes depending on the workout, utilizing the knurled aluminium adjustment handle. With Polyurethane internal pad, you can easily move the swivel up and down without damaging the uprights.



The Cable Rack has a footprint of just 132 x 74 cm, and it's engineered for both a personal home gym or for the use of multiple athletes in a larger training facility. With a net pulling weight of 60kg per side, this machine can accommodate athletes of any height and size.





# PERFORMANCE ADJUSTABLE PULLEY

SKU: A0053



# **Specifications**

Manufactured: Italy

Material: Italian Steel, machined aluminium

pulleys + polyethene sliding inserts

Finishing: Antimicrobial Matt wrinkle black

powder-coated Width: 10 cm Height: 241 cm Depth: 66 cm

**Tubing size:** 80 x 80 cm **Tubing Thickness:** 3 mm Foot-print: 75x15 cm Product weight: 218 kg

Positioning of the numbers: 35 laser-cut

numbers for each upright

Set includes: 1x Adjustable pulley, 8.8 certified bolts 24mm,

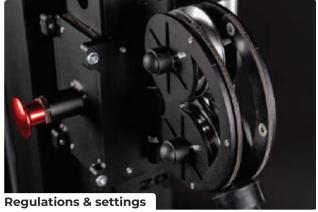
nuts & washers

Frame warranty: lifetime against bending or cracking of the

steel frame

General warranty: 3 years on the blocks, pulleys, plates, rods, bearings. The warranty does not cover normal wear and tear.

Warning: for the safety of the equipment and the athletes using it, the Cable Tower must be bolted securely to the floor.



The single handle pulley machine highlights a 160-degree swivel and easy and quick vertical adjustment through the 35 holes. With the knurled aluminium adjustment handle and Polyurethane internal pad, you can easily move the swivel up and down without damaging the uprights or your hands.



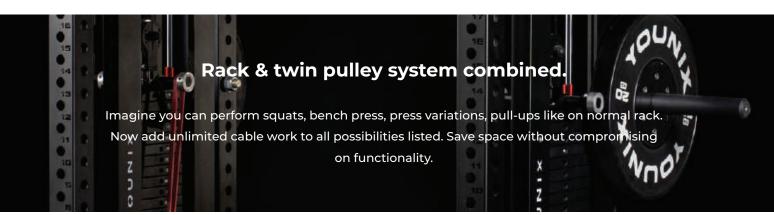
The 4 faces-holes construction of our uprights is the basis of our modularity construction of the Cable Rack that allows you to add extra components any time you like. You can bolt two Adjustable Pulleys together connected by a banner and a pull-up bar, and you got a Cable Rack!



The Adjustable Pulley has a footprint of just  $74 \times 15$  cm and is probably the thinner, but the heavier pulley on the market. It's engineered for both the home gym or for the use of multiple athletes in a larger training facility. With a net pulling weight of 60kg, this machine can accommodate athletes of any height and size.



The weight stack is equipped with a double hosting for adjustment of the elastic bands. The further you move the handle, the more tension the band creates - ascending resistance - allowing velocity to change and accelerate exactly how the body naturally works to increase power.



# LEVER RACK

SKU: R0092



## **Specifications**

Designed and manufactured: Italy

Frame material: Italian steel

Handels material: machined aluminium handles +

polyethene insert

**Finish:** antimicrobial matt wrinkle black powder-coated

**Tubing size:** fits on all our Rigs & Racks - 80 mm x 80

mm x 3mm tubing with 26 mm holes

**Set includes:** 1x Basic Rack, 2x Complete Lever Arm, 2x

Sandwich hook set with polyethene insert.

**Footprint:** 132x74 cm Rack height: 241 cm Rack width: 124 cm Rack depth: 66 cm Hole spacing: 55 cm

Positioning of the numbers on the Lever Arms: 10

laser-cut numbers for each lever arm

Hardware: 24 mm, 8.8 certified bolts, nuts & washers

Positioning of the numbers on the Racks uprights: 35

laser-cut numbers for each upright Length of the Lever Arms: 90 cm

**Lever Arms load Capacity:** 150 kg per lever arm

Rack load capacity: 1.500 kg

Product weight: 243kg

Frame Warranty: lifetime against bending or cracking of the

steel frame.

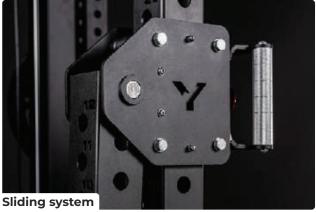
General Warranty: three years warranty on the blocks, pulley, plates, rods and bearings. The warranty does not

cover normal wear and tear.

Warning: for the safety of the equipment and the athletes using it, the rack where you mount the arms on must be

bolted securely to the floor.

**Attention:** Barbell and bumper plates are not included.



Our trolley design secures and safe locks arms to your rack with no limitations for load capacity or standard rack functionality. The trolley contains 4x Teflon rolls to slide on your upright with no risk of scratches. The eight precision Italian bearings will guarantee very smooth and fast adjustments. Two aluminium covered knurled handles let you comfortably grab the trolley and fix it through the quick spring pin on the back.



The aluminium handles offer three hand positions low, 45 degrees and high. Additionally, the handles innovative lever adjustability will allow you to bring the weight and the handles closer to the movable trolley or vice versa, increasing and decreasing the effort with the same plates loaded on the arms. Therefore 10 numbers are laser cut on the lever arms to find the ideal position for the handles.



You can use the lever arms for incline bench presses, squats, deadlifts, pulls, shrugs, snatches, bent-over rows, lunges and much more. It performs like a Plate Loaded Machine with a huge difference: you can vary your training angle just by setting the trolley over your rack's 35 positions. Bilateral and unilateral movements. Dynamic or isometric, standing or seated. Your training options are limitless.



The vertical press progressions should start with the Lever Arms, allowing for pressing at an angle similar to the incline press. The Lever Arms are attached to uprights on a rack or a rig and move on an arc. Simultaneously, the height can be easily adjusted for seated and standing vertical press variations using different grip positions. This attachment is especially versatile and helpful for teaching overhead positions and provides safety training in a ballistic manner.

# **BACK TO BACK RACK**

SKU: R0094



# **Specifications**

Manufactured: Italy

Material: Italian Steel, machined aluminium

pulleys + polyethene sliding inserts

Finishing: antimicrobial matt wrinkle black

powder-coated **Width:** 124 cm Height: 241 cm **Depth:** 124 cm

**Tubing size:** 80 x 80 cm **Tubing Thickness:** 3 mm Foot-print: 132x132 cm

**Positioning of the numbers:** 35 laser-cut

numbers for each upright Pull-up bar diameter: 33 mm Product weight: 687 kg

Rack load capacity: 1500 kg

**Bar hook set:** sandwich hook set with polyethene insert

**Set includes:** Performance Cable Rack and a Basic Rack module, multi-grip Pull Up Bar, 2x Lever Arms, 8.8 certified bolts 24mm, nuts & washers. Barbell, bumper plates, bands, benches and skid plates are not included and need to be purchased separately.

Frame warranty: Lifetime against bending or cracking of the steel frame.

General warranty: 3 years on the spring pin, plates, rods, bushings and bearings. Plastics and internal pads are consumable parts subject to wear and guaranteed for 2 years against manufacturing defects.

Warning: For the safety of the equipment and the athletes using it, the entire system must be bolted securely to the floor.



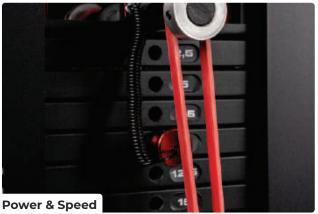
We have combined two racks back-to-back arranging a pulley side, and a lever side. This game-changer system help you perform incline bench presses, squats, deadlifts, rack pulls, shrugs, snatches, bent-over rows, lunges and thousands of cable exercises all on 1,5 sqm. A plate loaded machine + double pulley system for bilateral and unilateral movements. Perform dynamic, variable or isometric movements. Standing or seated.



The Back-to-back Rack is designed and manufactured in Italy. Made with the highest quality Italian components and hardware to ensure the most increased durability on the market. Each part is laser cut, powder-coated painted, checked, inspected and pre-mounted one by one before shipping out. Easy and fast to mount once it comes to your gym or home.



This configuration fully respects the Younix modular system. You can attach attachments like ground mine, half safety, wall ball target, more storage pins, and even extend this configuration to infinity. Connect more racks, more cables, more levers in a row to get a unique look & feel, and the optimal training configuration for your needs.



The weight stack is equipped with a double hosting for adjustment of the elastic bands. The further you move the handle, the more tension the band creates. This is called ascending resistance. This allows velocity to change and accelerate exactly the way the body naturally works to increase power. Using our adjustable pulley with elastic bands enable you to perform explosive exercises focused on optimizing strength and increasing power and speed.

If you need to use your space efficiently and add endless variation to your training, Back-To-Back Rack is your solution.

Easy to ship, modular with customization options to fit in any room, you can now efficiently train for strength, power, speed or build muscle, all on one machine.

# **DOUBLE PULLEY/ARMS RACK**

SKU: R0093



# **Specifications**

Manufactured: Italy

Material: Italian Steel, machined aluminium

pulleys + polyethene sliding inserts

**Finishing:** Antimicrobial Matt wrinkle black

powder-coated **Width:** 414 cm Height: 241 cm **Depth:** 124 cm

**Tubing size:** 80 x 80 cm **Tubing Thickness:** 3 mm

**Foot-print:** 414x76

Positioning of the numbers: 35 laser-cut

numbers for each upright Pull-up bar diameter: 33 mm Product weight: 746 kg

Rack load capacity: 1500 kg

**Bar hook set:** sandwich hook set with polyethene insert

Set includes: Performance Cable Rack, Basic Rack, Lever arms, 8.8 certified bolts 24 mm, nuts & washers. Barbell, bumper plates, bands, benches and skid plates are not included and need to be purchased separately.

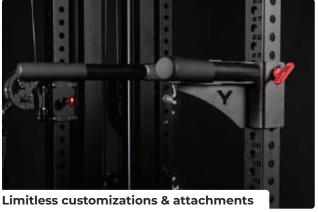
**Frame warranty:** lifetime against bending or cracking of the steel frame

General warranty: 3 years on the spring pin, plates, rods, bushings and bearings. Plastics and internal pads are consumable parts subject to wear and guaranteed for 2 years against manufacturing defects.

Warning: For the safety of the equipment and the athletes using it, the entire system must be bolted securely to the floor.



By positioning two racks in one line with the lever arms and pulley system, you will gain access to limitless training options withing 4mx1m layout. Perform incline bench presses, squats, deadlifts, rack pulls, shrugs, snatches, bent-over rows, lunges and thousands of cable exercises. A plate loaded machine + double pulley system for bilateral and unilateral movements. Perform dynamic, variable or isometric movements. Standing or seated. Your training options are limitless.



This configuration fully respects the Younix modular system. You can attach attachments like ground mine, half safety, wall ball target, more storage pins, and even extend this configuration to infinity. Connect more racks, more cables, more levers in a row to get a unique look & feel, and the optimal training configuration for your needs.



The Double Pulley/Arms Rack is designed and manufactured in Italy. Made with the highest quality Italian components and hardware to ensure the most increased durability on the market. Each part is laser cut, powder-coated painted, checked, inspected and premounted one by one before shipping out. Easy and fast to mount once it comes to your gym or home.



The weight stack is equipped with a double hosting for adjustment of the elastic bands. The further you move the handle, the more tension the band creates. This is called ascending resistance. This allows velocity to change and accelerate exactly the way the body naturally works to increase power. Using our adjustable pulley with elastic bands enable you to perform explosive exercises focused on optimizing strength and increasing power and speed.

# **SQUAT STAND PRO HIGH**

SKU: RA001





Material: steel

Finish: matt wrinkle black antimicrobial

powder coating

Tubing size: 80 x 80 mm Tubing thickness: 3 mm Hole spacing: 55 mm

**Positioning of the numbers:** 35 laser-cut

numbers for each upright Pull up bar diameter: 33 mm

Height: 225 cm **Width:** 124 cm **Depth:** 120 cm Weight: 91 kg

**Foot-print including storage pins:** 186 x 120 cm

**Bar hook set:** sandwich hook set with polyethene insert

Hardware: 24 mm, 8.8 certified bolts, nuts & washers

Load capacity: 1.500 kg

Frame warranty: lifetime against bending or cracking of the

steel frame.

**General Warranty:** 5 Years against manufacturing defects.

Normal wear and tear is not covered by the warranty.

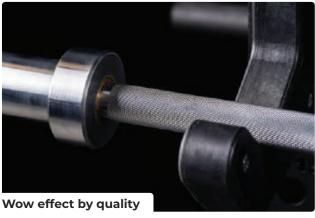
Warning: In order to make the squat stand stable you need

to place it on even floor.

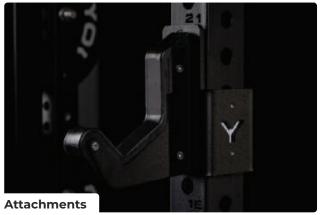
What is included: squat Stand frame, plate storages, professional sandwich hook set, pull up bar. Any other possible configuration shown in the photos was made for information purposes. All other accessories such as half safety, bars, bumpers, etc. .. can be purchased separately.



The Squat Stand PRO High is designed and manufactured in Italy. We follow every single process and detail of the production from the purchase of the raw material to packing in our factory in Italy. Each Squat Stand must pass the Quality Control Inspection before being shipped to you.



Combination of the oversized materials, antimicrobial painting, laser-cut marked holes and robot welds will create a "WOW" effect for anyone that will be stepping into your gym.



The 35 laser-cut holes pattern along the each side of each upright makes our Squat Stand compatible with different attachments (half safety bars, dips attachment, ground mine etc.) which makes this a unique and most versatile piece of equipment in your gym or at home.



Uprights and beams are made of 80mm x 80mm tubes and are 3 mm thick. All this give your Squat Stand a crazy look, unmatched stability and strength that will last forever.

# Perform the majority of the capabilities of a more expensive and bulkier rack.

If you don't have the room for a full rack or you don't want to bolt down your rack, or prefer a half rack, then squat stand is what we suggest for most people.

# **INDEPENDENT SQUAT STAND**

SKU: RA003







# **Specifications**

Material: steel

Finish: Matt wrinkle black powder-coated

**Upright Tubing size:** 80 x 80 mm Base Tubing Size: 80 x 40 mm Tubing thickness: 3 mm

Hole spacing: 55 mm

**Positioning of the numbers:** 25 laser-cut

numbers for each upright

Height: 188 cm

Width of a single Stand: 65 cm

Depth: 60 cm

**Foot-print of a single Stand:** 65 x 65 cm including

back wheels

Foot-print of both Stands: 181 cm

**Bar hook set:** sandwich hook set with polyethene

insert

Hardware: 16 mm, 8.8 certified bolts, nuts & washers

**Load capacity:** 500 kg on each rack

Frame warranty: lifetime against bending or cracking of the

steel frame.

**General Warranty:** 5 Years against manufacturing defects.

Normal wear and tear is not covered by the warranty.

Warning: In order to make the squat stand stable you need

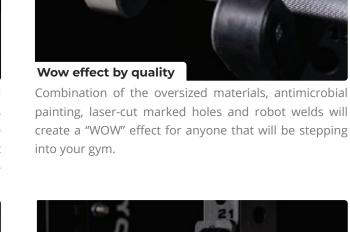
to place it on even floor.

What is included: a pair of Squat Stand, professional sandwich hook set, wheels. Any other possible configuration shown in the photos was made for information purposes. All other accessories such as, bars, bumpers, etc. .. can be purchased separately.

These accessories are NOT suitable for this stand: dip, half safety, pull up bar, wall ball target, ground mine.



The Independent Squat Stand is designed and manufactured in Italy. We follow every single process and detail of the production from the purchase of the raw material to packing in our factory in Italy. Each Squat Stand must pass the Quality Control Inspection before being shipped to you.

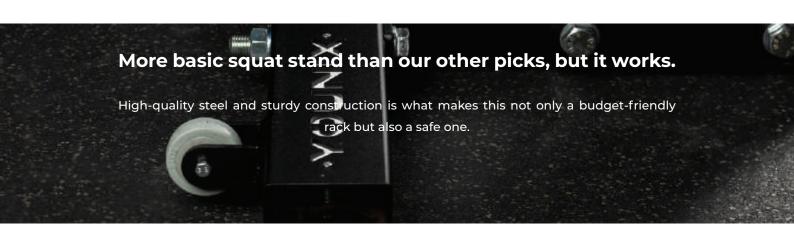


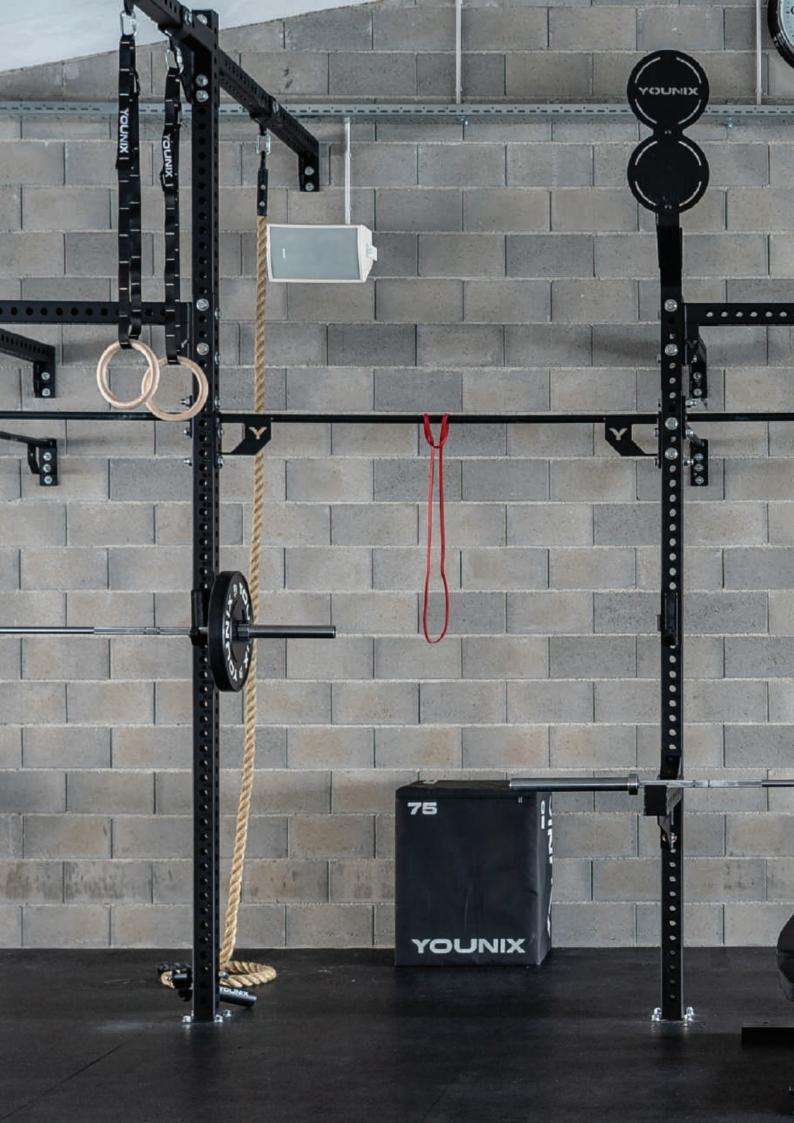


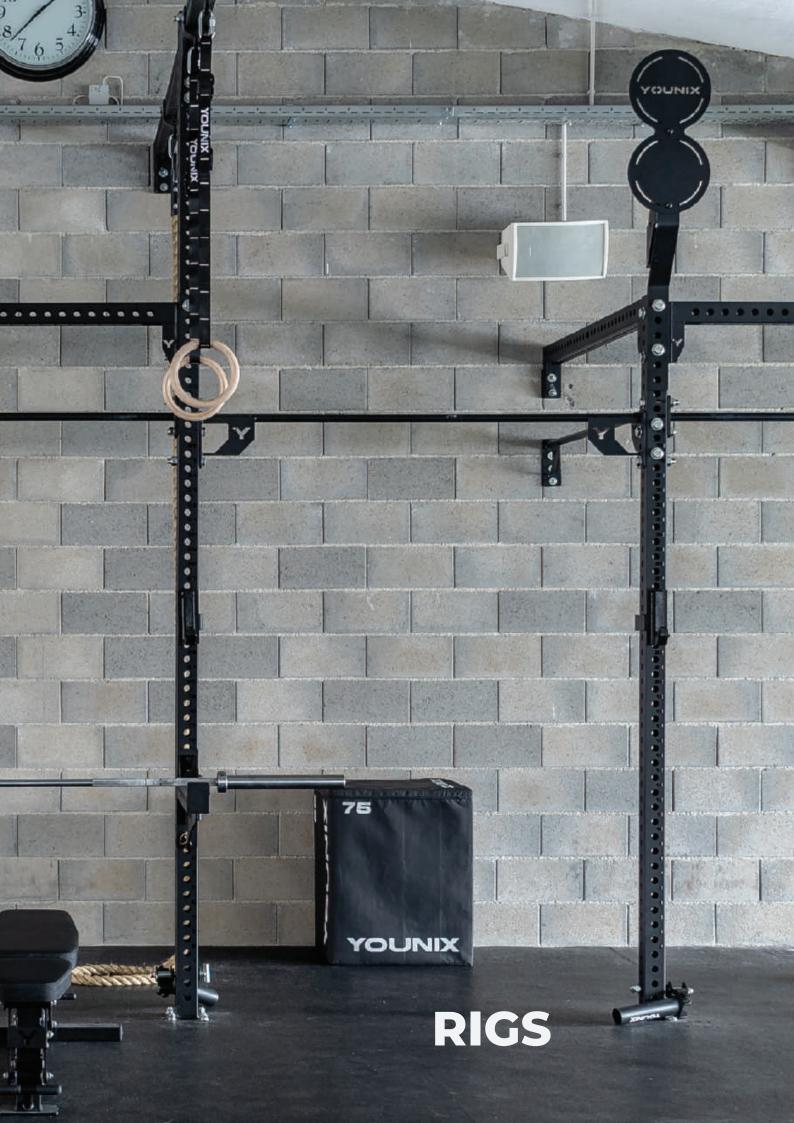
When we created this version, we were focusing on function, space-efficiency, and dependability. Independent model is a practical option for gyms on a budget, but it doesn't cut any corners in the process. It offers the same high standard of Italian production as all our iron products.



Uprights are made of  $80 \times 80$  mm tubing while the base is made of  $80 \times 40$  mm tubing, 3 mm thick. All this give your Squat Stand a crazy look, unmatched stability and strength that will last forever.







# **BASIC RIG**

SKU: R0026





**Designed:** Italy

Material: steel

Finishing: matt wrinkle black powder-coated

**Upright Size:** 80 mm x 80 mm **Upright Steel Thickness:** 3 mm **Upright Hole Spacing:** 55 mm

**Upright Numbers Positioning:** 35 laser-cut

keyhole pattern

Barbell Hook Set: sandwich hook set with

polyethene insert

**Load Capacity:** 1500 kg/Rack

Height: 240 cm

Pull Up Bar Diameter: 33,4 mm

Frame Warranty: lifetime against bending or cracking of the

steel frame

**General Warranty:** 5 years against manufacturing defects.

The warranty does not cover normal wear and tears.

Warnings: the rig must be bolted to the floor. The rig can be

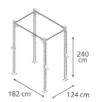
used out-door only if protected by a roof.



Combination of the oversized materials, matt wrinkle powder coated finish, laser-cut marked holes, and robot welds will create a "WOW" effect for anyone stepping into your gym. Uprights and beams are made of 80 x 80 mm and are 4 mm thick. We use the 24 mm bolts for even greater support and an enhanced look. All this gives our rig a crazy look, unmatched stability and strength that will last forever.

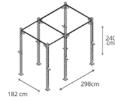


Our Rigs were designed and engineered in Italy with importance to detail, usage efficiency and customization in mind. Choose the optimal Rig for your gym with unlimited options and ready to be expanded when your business grows.



#### **BASIC 120**

2x Squat/Bench rack 4x Pull up points 4x Uprights 2x Pull up bar short 2x Pull up bar long 2x Hook set 24 mm, 8.8 bolts & nuts Instructions



# **BASIC 300**

2x Squat/Bench rack 7x Pull up points 6x Uprights 2x Pull up bar short 5x Pull up bar long 2x Hook set 24 mm, 8.8 bolts & nuts Instructions



## **BASIC 420**

10x Pull up points 8x Uprights 4x Pull up bar short 6x Pull up bar long 4x Hook set 24 mm, 8.8 bolts & nuts Instructions

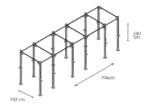
4x Squat/Bench rack



# **BASIC 600**

4x Squat/Bench rack 13x Pull up points 10x Uprights 4x Pull up bar short 9x Pull up bar long

4x Hook set 24 mm, 8.8 bolts & nuts Instructions



#### **BASIC 720**

6x Squat/Bench rack 16x Pull up points 12x Uprights 6x Pull up bar short 10x Pull up bar long 6x Hook set 24 mm, 8.8 bolts & nuts Instructions

timeless element fundamental to any performance gym. The Rig will only improve with age and use and so will your gym.

Whether you are looking to build strength, increase muscle size, increase work capacity o improve your mobility, the Rig gives you unlimited options to do different exercises and use different equipment like barbells, rings and bands.

SKU: R0008



# **Specifications**

**Designed:** Italy

Material: steel

Finishing: matt wrinkle black powder-coated

**Upright Size:** 80 mm x 80 mm **Upright Steel Thickness:** 3 mm **Upright Hole Spacing:** 55 mm

**Upright Numbers Positioning:** 35 laser-cut

keyhole pattern insert

Height: 240 cm

**Barbell Hook Set:** sandwich hook set with polyethene

Load Capacity: 1500kg/Rack Pull Up Bar Diameter: 33,4 mm

Frame Warranty: lifetime against bending or cracking of the

steel frame

**General Warranty:** 5 years against manufacturing defects.

The warranty does not cover normal wear and tears.

Warnings: the rig must be bolted to the floor. The rig can be

used out-door only if protected by a roof.



Combination of the oversized materials, matt wrinkle powder coated finish, laser-cut marked holes and robot welds will create a "WOW" effect to each person that will step into your gym. Uprights and beams are made of 80 mm x 80 mm and 4 mm thick. Additionally to the massive upright we use the 24 mm bolts for even greater support and monster look.



Forty laser-cut keyholes pattern along the side of each upright makes our rigs compatible with different attachments (wall ball targets, dips attachment, ground mine etc.) which makes this a unique and most versatile piece of equipment in your gym.









P	RO	120	
_	_		

2x Squat/Bench rack 4x Pull up points 4x Uprights 2x Pull up bar short 2x Pull up bar long 2x Square long beam 2x Square medium beam 2x Hook set 2x Heavy duty wrenches 24 mm, 8.8 bolts & nuts Instructions



**PRO 300** 

Instructions

2x Squat/Bench rack 7x Pull up points 6x Uprights 2x Pull up bar short 5x Pull up bar long 3x Square long beam 2x Square medium beam 2x Hook set 2x Heavy duty wrenches 24 mm, 8.8 bolts & nuts

# **PRO 420** 4x Squat/Bench rack 10x Pull up points

8x Uprights 4x Pull up bar short 6x Pull up bar long 4x Square long beam 4x Square medium beam 4x Hook set 2x Heavy duty wrenches 24 mm, 8.8 bolts & nuts Instructions

# **PRO 600**

4x Squat/Bench rack 13x Pull up points 10x Uprights 4x Pull up bar short 9x Pull up bar long 5x Square long beam 4x Square medium beam 4x Hook set 2x Heavy duty wrenches 24 mm, 8.8 bolts & nuts Instructions

## **PRO 720**

6x Squat/Bench rack 16x Pull up points 12x Uprights 6x Pull up bar short 10x Pull up bar long 6x Square long beam 6x Square medium beam 6x Hook set 2x Heavy duty wrenches 24 mm, 8.8 bolts & nuts Instructions

# With PRO line rigs you will dominate the marketplace in every aspect.

Perform your squats, presses, pull-ups, dip's, climbs and more all on one unique piece of equipment. When your business will grow you will be able to easily expand and customize the rig.

SKU: R0082



# **CUSTOM WALL MOUNTED RIGS**

SKU: R0085





We upgraded the Custom line with additional accessories that allow you to go higher, wider and longer. There are no limits to what we can build for you.



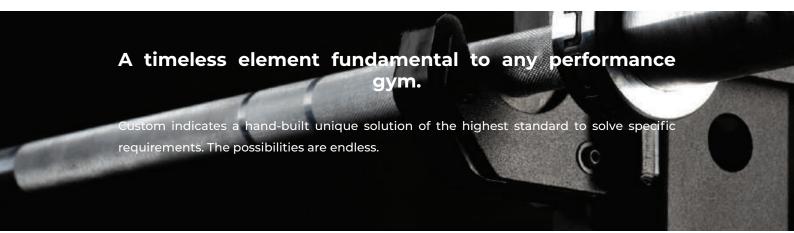
Add Lever Arms, Dip Horns, Half Safety Bars, Wall Targets, Storage Pins or Ground Mine attachment and transform your rig into the most versatile piece of equipment in your gym.



Take advantage of our customization support when it comes to the final touches on your rig. Tell us what you have in mind and we will create a 3D render so you will see how your perfect rig will look like.



Bring the Younix rig system's versatility to your commercial facility space, strength & conditioning gym, sports club or military base.



# WALL MOUNTED BASIC RIG

SKU: R0035



# **Specifications**

**Designed:** Italy

Material: steel

Finishing: matt wrinkle black powder-coated

**Upright Size:** 80 mm x 80 mm **Upright Steel Thickness:** 3 mm **Upright Hole Spacing:** 55 mm

**Upright Numbers Positioning:** 35 Laser-cut

keyhole pattern insert

Height: 240 cm

**Barbell Hook Set:** sandwich hook set with polyethene

Load Capacity: 1500kg/Rack Pull Up Bar Diameter: 33,4 mm

Frame Warranty: lifetime against bending or cracking of the

steel frame

**General Warranty:** 5 years against manufacturing defects.

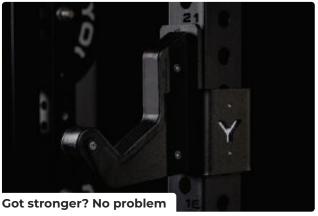
The warranty does not cover normal wear and tears.

Warnings: the rig must be bolted to the floor. The rig can be

used out-door only if protected by a roof.



A combination of the oversized materials, matt wrinkle powder coated finish, laser-cut marked holes and robot welds will create a "WOW" effect for anyone stepping into your gym. Uprights and beams are made of 80mm x 80mm and are 4mm thick. Additionally to the massive upright we use the 24mm bolts for even greater support and an enhanced look. All this gives our rig a crazy look, unmatched stability and strength that will last forever.



The right Rig needs to be strong enough to support the weight your clients and athletes will be lifting 5 or 10 years from now. Our rigs meet the TUV Reinland standards: the general safety requirements and test methods for stationary training equipment. Racking a bar with 1.500kg on each of our rack modules or hanging 375kg on each pull up bar is really not an issue. Improve and get stronger and let Younix take care of your safety.



# BASIC WM 120

1x Squat/Bench rack
3x Pull up points

2x Uprights

1x Pull up bar short

2x Pull up bar long

1x Hook set

24 mm, 8.8 bolts & nuts

Instructions



#### **BASIC WM 300**

1x Squat/Bench rack 5x Pull up points

3x Uprights

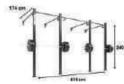
1x Pull up bar short

4x Pull up bar long

1x Hook set

24 mm, 8.8 bolts & nuts

Instructions



#### **BASIC WM 420**

2x Squat/Bench rack

7x Pull up points

4x Uprights

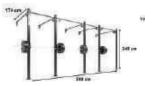
2x Pull up bar short

5x Pull up bar long

2x Hook set

24 mm, 8.8 bolts & nuts

Instructions



#### **BASIC WM 600**

2x Squat/Bench rack

9x Pull up points

5x Uprights

2x Pull up bar short

7x Pull up bar long

2x Hook set

24 mm, 8.8 bolts & nuts

Instructions

## BASIC WM 720

3x Squat/Bench rack

11x Pull up points

6x Uprights

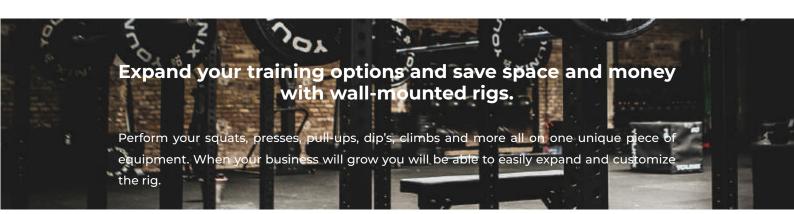
3x Pull up bar short

8x Pull up bar long

3x Hook set

24 mm, 8.8 bolts & nuts

Instructions



# WALL MOUNTED PRO RIG

SKU: R0017



# **Specifications**

**Designed:** Italy

Material: steel

Finishing: matt wrinkle black powder-coated

**Upright Size:** 80 mm x 80 mm **Upright Steel Thickness:** 3 mm **Upright Hole Spacing:** 55 mm

**Upright Numbers Positioning:** 35 Laser-cut

keyhole pattern insert

Height: 240 cm

**Barbell Hook Set:** sandwich hook set with polyethene

Load Capacity: 1500kg/Rack Pull Up Bar Diameter: 33,4 mm

Frame Warranty: lifetime against bending or cracking of the

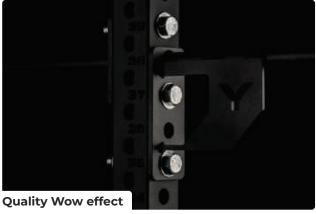
steel frame

**General Warranty:** 5 years against manufacturing defects.

The warranty does not cover normal wear and tears.

Warnings: the rig must be bolted to the floor. The rig can be

used out-door only if protected by a roof.



A combination of the oversized materials, matt wrinkle powder coated finish, laser-cut marked holes and robot welds will create a "WOW" effect for anyone stepping into your gym. Uprights and beams are made of 80mm x 80mm and are 4mm thick. Additionally to the massive upright we use the 24mm bolts for even greater support and an enhanced look. All this gives our rig a crazy look, unmatched stability and strength that will last forever.



The right Rig needs to be strong enough to support the weight your clients and athletes will be lifting 5 or 10 years from now. Our rigs meet the TUV Reinland standards: the general safety requirements and test methods for stationary training equipment. Racking a bar with 1.500kg on each of our rack modules or hanging 375kg on each pull up bar is really not an issue. Improve and get stronger and let Younix take care of your safety.



#### **PRO WM 120**

1x Squat/Bench rack 3x Pull up points

2x Uprights

1x Pull up bar short

2x Pull up bar long

2x Square long beam

1xSquare medium beam 1x Square medium beam

1x Hook set

2x Heavy duty wrenches

24 mm, 8.8 bolts & nuts

Instructions



#### **PRO WM 300**

1x Squat/Bench rack 5x Pull up points

3x Uprights

1x Pull up bar short

4x Pull up bar long

3x Square long beam

1x Hook set

2x Heavy duty wrenches

24 mm, 8.8 bolts & nuts Instructions

## **PRO WM 420**

2x Squat/Bench rack

7x Pull up points

4x Uprights

2x Pull up bar short

5x Pull up bar long

4x Square long beam

2x Square medium beam

2x Hook set

2x Heavy duty wrenches

24 mm, 8.8 bolts & nuts Instructions

## **PRO WM 600**

2x Squat/Bench rack

9x Pull up points

5x Uprights

2x Pull up bar short

7x Pull up bar long

5x Square long beam

2x Square medium beam

2x Hook set

2x Heavy duty wrenches

24 mm, 8.8 bolts & nuts

Instructions

## **PRO WM 720**

3x Squat/Bench rack

11x Pull up points

6x Uprights

3x Pull up bar short

8x Pull up bar long

6x Square long beam

3x Square medium beam

3x Hook set

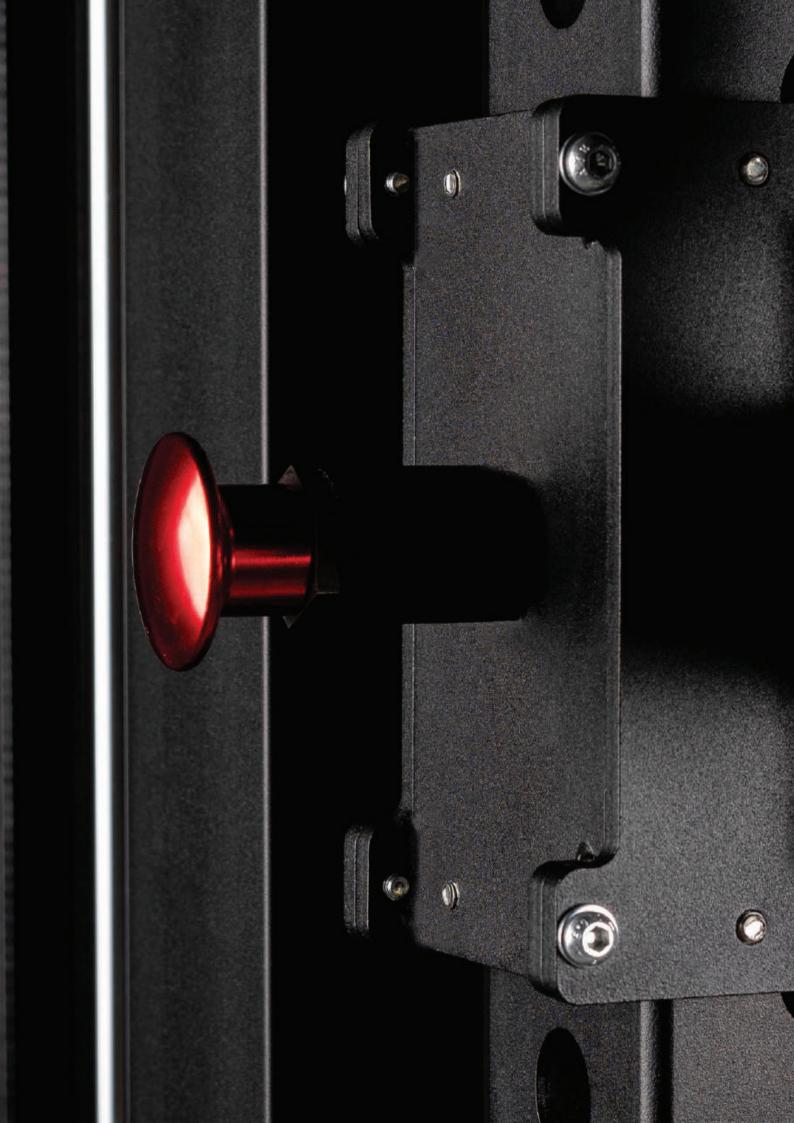
2x Heavy duty wrenches

24 mm, 8.8 bolts & nuts

Instructions

# With the PRO line you will dominate the marketplace in every aspect.

Perform your squats, presses, pull-ups, dips, climbs and more. Optimize your space and investment. When your business will grow you will be able to expand easily.





### PERFORMANCE LEVER ARMS

SKU: A0056



### **Specifications**

**Designed and manufactured:** Italy

Frame material: Italian steel

Handels material: machined aluminium

handles + polyethene insert

Finish: antimicrobial matt wrinkle

black powder-coated

Tubing size: fits on all our Rigs & Racks -

80 mm x 80 mm x 3 mm tubing with 26 mm holes.

**Set includes:** 2x Complete Lever Arm

Hole spacing: 55 cm

Length: 88 cm

**Positioning of the numbers:** 10 laser-cut numbers for each

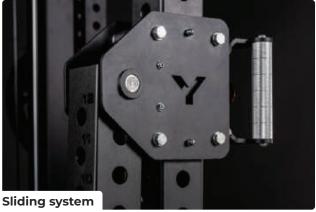
lever arm

**Load Capacity:** 150 kg per lever arm

Frame Warranty: lifetime against bending or cracking of the steel frame.

General Warranty: three years warranty on the blocks, pulley, plates, rods and bearings. The warranty does not cover normal wear and tear.

Warning: For the safety of the equipment and the athletes using it, the rack where you mount the arms on must be bolted securely to the floor.



Our trolley design secures and safe locks arms to your rack with no limitations for load capacity or standard rack functionality. The trolley contains 4x Teflon rolls to slide on your upright with no risk of scratches. The eight precision Italian bearings will guarantee very smooth and fast adjustments. Two aluminium covered knurled handles let you comfortably grab the trolley and fix it through the quick spring pin on the back.



The aluminium handles offer three hand positions low, 45 degrees and high. Additionally, the handles innovative lever adjustability will allow you to bring the weight and the handles closer to the movable trolley or vice versa, increasing and decreasing the effort with the same plates loaded on the arms. Therefore 10 numbers are laser cut on the lever arms to find the ideal position for the handles.



You can use the lever arms for incline bench presses, squats, deadlifts, rack pulls, shrugs, snatches, bent-over rows, lunges and much more. It performs like a Plate Loaded Machine with a huge difference: you can vary your training angle just by setting the trolley over your rack's 35 positions. Bilateral and unilateral movements. Dynamic or isometric, standing or seated. Your training options are limitless.



The Younix Performance Lever Arms are made with the highest quality Italian made components and hardware to ensure the most increased durability on the market. Each part is laser cut, and powder coated painted, checked, inspected and pre-mounted one by one before shipping out. Easy and fast to mount them on your rack or rig.

# HALF SAFETY BARS

SKU: A0030





### **Specifications**

**Designed:** Italy Material: steel

**Inner material:** polyethylene on the main surface that will prevent scratches when you drop the barbell. Polyethylene in the bracket to prevent wear and tear on the upright.

Finish: matt wrinkle black powder coated Tubing size: fits on all our Rigs & Racks or to 80 x 80 mm tubing with 26 mm holes.

Tubing thickness: 3 mm Plate thickness: 10 mm

Height: 37 cm

Landing Space: 62 cm

**Width:** 9,5 cm **Length:** 73,5 cm

**Set includes:** 2x Half Safety Bars, 2x Selection Pin

Load Capacity: 1000 kg

Frame Warranty: lifetime against bending or cracking of the

steel frame

Inner material warranty: 2 Years against manufacturing defects. Normal wear and tears are not covered by the warranty. The Polyethylene material is subject to wear due to the repeated rubbing of the barbell and it may require complete replacement when it does not perform its damage prevention function.



Each Half Safety Bar is made out of the same steel as we use for our rigs and rack. We wanted to maintain the same quality of construction and same powder coating finishing. Easy to install, no bolts are required, just a rotational move and a safety pin.through the quick spring pin on the back.



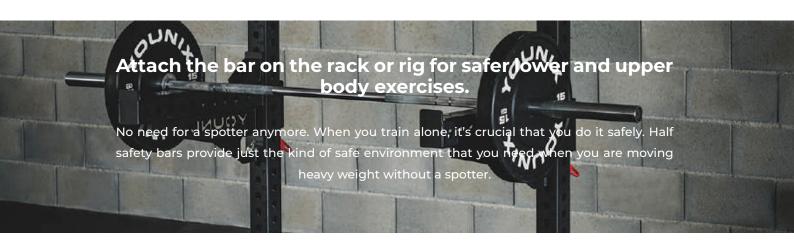
Sold in pairs, half safety bars are tested up to 1.000 kg. These arms will save you from any no-lift and will catch the bar before falling on the ground or, even worse, on you. You can also use them to start your deadlift, clean or snatch from the knees.



The plastic insert at the top will prevent rust on the arms and will make sure you don't ruin the knurling and chrome on your bar. And the plastic in the brackets will keep the upright of the rig or rack unscratched.for the handles.



The Safety Bars are a renovated upgrade from the traditional half spotter bar. They are easily attached to squat stands, racks or rigs for safer lower/upper body movements inside or outside of the rack at any height.



# **MULTIGRIP PULL UP BAR**

SKU: A0067



### **Specifications**

**Designed:** Italy

Material: Steel

Finishing: Matt wrinkle black powder coated

Plate thickness: 10 mm

Barbell hole: 51 mm, ready to host any kind of

olympic barbell

Hardware: 24 mm 8.8 Certified Bolts, Nuts & Washers

Available heights: Can be mounted on any of Younix

uprights at any height

**Inner and outer diameter:** 50 mm Inner diameter / 65

mm outer diameter

Length: 25 cm

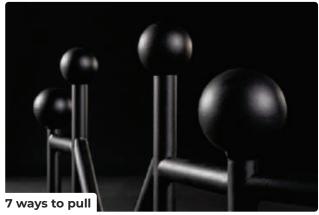
**Standard modularity:** Younix Rigs & Racks or on 80 x 80

mm tubing with 26 mm hole

**Set includes:** 1x Ground Mine, Hardware

Lifetime Warranty: lifetime against bending or cracking

of the steel frame



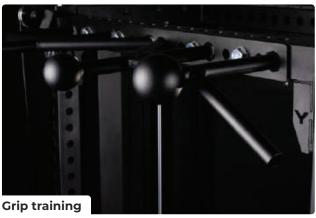
Train wide and narrow grips, as well as pronated, supinated, and neutral grip styles. Four different size spheres dramatically increase your grip strength. Don't need to change/mount any handle. The multi-grip bar is there to stay, what to grab it's up to you.



Same holes spacing to mount on a square beam of whatever Rigs and Racks we have in store. 4x24mm giants bolts to anchor the multi-grip bar on the beam. Easy to face-mount it on any of our rack.



Great for large training facilities like College or University gyms or suitable to have it on your domestic Rack or Personal Training Studio solution.



Almost no pull-up bar on the market takes into consideration the grip strength training. The 2 different size spheres of our multi-grip bar will dramatically increase your grip strength.

# Seven ways to do pulls with the help of ergonomic design.

Perform vertical pull movements with narrow, wide or neutral hand position, also challenging your grip strength.

### **DIP HORNS**

SKU: A0029



### **Specifications**

Manufactured: Italy

Material: Steel

**Inner material:** Polyethylene in the bracket to prevent wear and tear on the upright. Finish: Matt wrinkle black powder-coated Tubing size: Fits on all our Rigs & Racks or to

80 x 80 mm tubing with 26 mm holes.

**Set includes:** 1x Dip Horns, 1x Selection Pin

Height: 25cm

Width: 70cm Length: 68,5cm

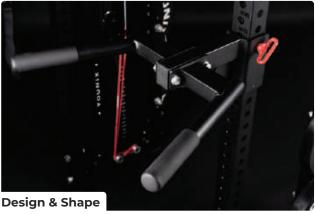
Load Capacity: 750kg

Frame Warranty: Lifetime against bending or cracking of

the steel frame.

Inner material warranty: 2 Years against manufacturing defects. Normal wear and tears are not covered by the

warranty.



Each Dip horn is made of the same steel that we use for our rigs and racks to maintain same quality construction and powder coating finishing. 50x70 tubing with welded joints and a lock-in anchoring system will maintain max stability throughout a workout.



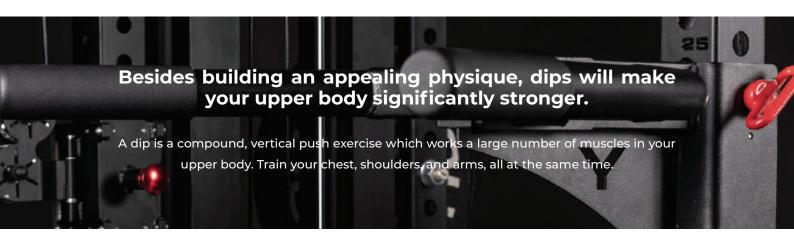
Dip Horns can be easily adjusted to match the height requirements of any given athlete or workout. This piece of equipment will perfectly match on each upright of our arsenal, both racks and rigs.



The plastic insert in the brackets will protect the upright from scratch. Easy and fast set up. We have added rubber pipes on the handle to avoid slipping and get an extra grip.



Since you can continually add weight to this movement, you're able to overload your muscles continually. And if you are progressively overloading your muscles with more weight and eating a sound diet, you are guaranteed to build strength and muscle mass.



# **DOUBLE TARGET**

SKU: A0021



### **Specifications**

**Designed:** Italy

Material: steel

Finish: matt wrinkle black powder coated

**Tubing size:** fits on all our Rigs and Racks uprights or on any 80x80 mm tubing with 26 mm hole and a pitch

of 55 mm.

Plate thickness: 10 mm

Height: 105 cm

Width: 30cm

Height: Can be mounted on all our uprights or infinite extension starting from the lowest hole up to the highest

Depth: 14 cm

**Set includes:** 1x anchor bracket, 1x double plate, hardware Frame Warranty: Lifetime against bending or cracking of

the steel frame



Each Double Target is made of the same steel of our rigs and rack to maintain same quality construction and powder coating finishing. Each plate is 30 cm of diameter and is mounted on a reinforced arm.



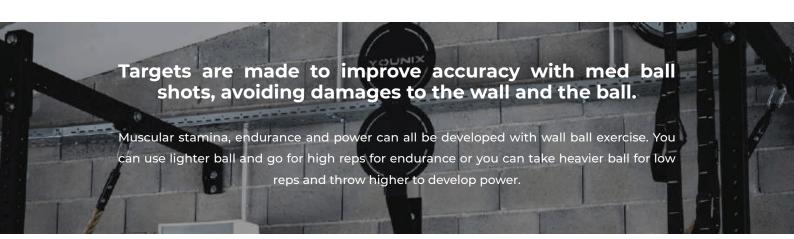
Improve your accuracy by hitting the centres of the targets. Add resistance to your training with wall ball shots and many other exercises.



You can simply adjust the height by mounting the targets higher or lower on the upright. You can mount it on any upright of our arsenal, both racks and rigs or even on the wall.



Double targets can be easily attached to any upright of our arsenal. Add them to squat stands, racks, rigs or mount them directly on the wall.



# **GROUND MINE**

SKU: A0039



# **Specifications**

Material: steel

Finishing: matt wrinkle black powder coated

Plate thickness: 10 mm

Barbell hole: 51 mm, ready to host any

kind of olympic barbell

Hardware: 24 mm 8.8 Certified Bolts,

Nuts & Washers

Available heights: Can be mounted on a

ny of Younix uprights at any height

Inner and outer diameter: 50mm Inner diameter / 65mm

outer diameter

Length: 25cm

**Standard modularity:** Younix Rigs & Racks or on 80 x 80

mm tubing with 26 mm hole

Set includes: 1x Ground Mine, Hardware

Lifetime Warranty: lifetime against bending or cracking of

the steel frame



Ground Mine is designed in a way that it creates movement patterns that straddles the line between free weights and machines. It is made by a sensational pivoting 10mm thick sleeve that will hold the bar in place and can be easily attached to our Rigs and Racks.



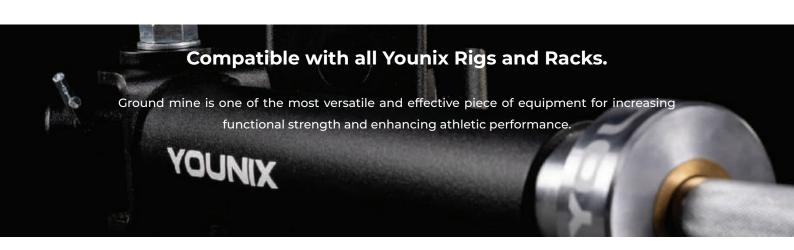
You can use Ground Mine for progression or regression for movements covering all three planes of motions. Or you can use it as a stand alone full body workout.



When performed with control and with the right load the Ground Mine exercises are a safe and effective way to build foundational strength.



This setup allows a barbell to be swinging through the air at an arc that allows pressing at an angle that is not completely vertical. For those who lack the shoulder flexion ROM, and can't go fully overhead, using the Ground Mine attachment is a great adjustment.



SKU: A0026



### **Specifications**

Material: steel

Finish: matt wrinkle black powder coated

Tubing size: 80x80 mm Tubing thickness: 3 mm

Height: 34,5 cm Width: 8 cm Length: 102 cm

Set includes: 1x Cliff & hardware

Hardware: 24 mm 8.8 certified bolts, nuts & washers

**Standard modularity:** this items fits on all our Rigs & Racks and on a 80 x 80 mm tubing with a 26 mm hole and a pitch of 55 mm.

Available heights: can be mounted on any of our uprights or infinite extensions starting from the lowest hole up to the highest one.

Suggestion add ons: better to use brackets for mounting the climbing ropes and/or rings.

**Frame Warranty:** lifetime against bending or cracking of the steel frame. Normal wear and tears are not covered by the warranty.

#### **Features & Benefits**



Each cliff is made of the same steel of our rigs and rack to maintain same quality construction and powder coating finishing. 80x80x4 mm tubing is the best you can find on the market. Easy to install by just 2 oversized 24 mm bolts already included in the package.



This overhang beam was designed to increase additional muscle-up/rings workout stations without loosing pull up bar spots. This piece of equipment will perfectly match on each upright of our arsenal, both racks and rigs.

# **BRACKET**

SKU: A0028





### **Specifications**

Material: Steel

**Finishing:** Matt wrinkle black powder coated **Tubing size:** Fits on a our Rigs & Racks beams or on a 80 x 80 mm tubing with 26 mm hole.

Plate thichness: 10 mm

Maximum load supported: 350 kg

Width: 9 cm

Hardware: 8.8 Certified bolts, nuts & washers included and

mounted.

Height: 15,5 cm Length: 7,5 cm

**Set includes:** 1x bracket, 1x carabiner, 1x bolt, washers and nut. **Frame Warranty:** Lifetime against bending or cracking of the

steel frame.

#### **Features & Benefits**



Two 10 mm fold laser cut sheets bolted and secured together on a square beam. Painted in our special matt black powder finishing.



This is a multi purpose piece of equipment. The brackets are mounted on an horizontal square beams. It comes with a carabiner included where to hang climbing ropes eyelet or rings straps.

### ADJUSTABLE KIDS PULL UP BAR

SKU: A0015



### **Specifications**

Bar type: Pull Up Bar

Bar use: Technique bar for young athletes

Bar length: Diameter:

Set includes: 1x Kids bar

**Warranty:** five years warranty against evidence of changes in position, loosening, bending, or cracking of components. Normal wear and tear is not covered by the warranty. Warnings: never store the bar loaded. Make sure the bar

is stored on non-abrasive material such as plastic, rubber

or nylon.

### **Features & Benefits**



Designed in Italy, the Kids pull up bar is easy to slide up and down to adjust the height of the bar on all our rigs and racks. By using the simple push-pin system, you can quickly re-position the bar from knee-high up to the top of any upright at about 2.5 meters.



Be creative and show to kids how the monkeys are hanging and moving on the trees. Ideal for the vertical pull progressions for young athletes and kids or even for older populations varying needs can all be available at your gym with this simple attachment.

### **INFINITE EXTENSION**

SKU: A0006





### **Specifications**

Material: steel

Finish: matt wrinkle black powder coated

Tubing size: 80 x 80 mm Tubing thickness: 3 mm Hole spacing: 50 mm

**Set includes:** 1x Infinitive extension & hardware

**Standard modularity:** This item can be slipped into any upright of our Rigs and Rack to increase its height to 3,72 meters.

**Double modularity:** Infinitive extensions can also be inserted into one another and reach the height of 4,79 meters.

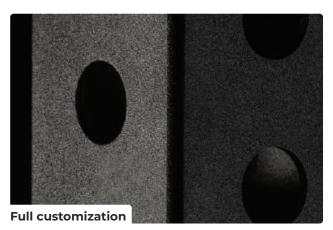
**Lifetime Warranty:** Lifetime against bending or cracking of the

steel frame.

#### **Features & Benefits**



If you want to get more spots for rings or a spot for a climbing rope on your Rig, you slip the infinitive extension into any of our uprights, and you will arrive at 3.72 meters.



We extended our Rigs & Racks with additional accessories like infinitive extension so you can fully customize them. You can go higher, wider and longer. There are no limits to what we can build for you.





### **OLYMPIC BAR 20 KG**

SKU: B0001-1



### **Specifications**

Bar type: men's bar

Bar use: weightlifting, olympic lifting,

powerlifting, multi-purpose

Bar weight: 20 kg Bar length: 220 cm

Loadable sleeve length: 41,6 cm

Diameter: 28 mm

Knurl: multi

Tensille strength: 216,000 PSI Shaft coating: hard crome

Sleeve coating: hard crome

Sleve design: snap ring

Lifetime warranty: lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

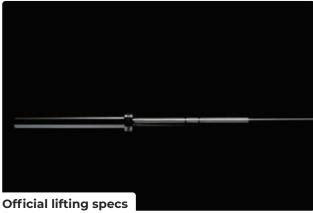
Warnings: never store the bar loaded. Make sure that the bar is stored on non-abrasive material such as plastic, rubber or nylon. To avoid the rust clean the chalk out of the knurling on a daily basis.



The right elasticity of the 216,000 PSI steel helps you lift much more weight during the heavy lifts. The robotic construction along with a double c-clips closure will make sure the sleeves stay on the bar forever.



Eight Needle Precision German Bearings will give you a quieter, smoother spin and a more reliable turnover at maximum loads. Avoid wrist stress and increase the possibility to catch the bar during the Olympic lifts.



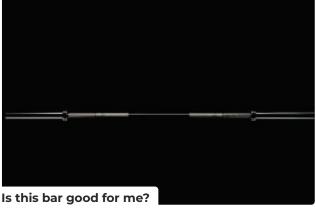
The bar has Dual Knurl Mark to respect IWF and IPF specifications. We removed the central knurl to avoid scraping your chest during high reps.



The special diamond knurling process will gives you a safe and positive grip for maximum control. The 1,2 mm pattern won't shred up your hands.



No other finishing on the planet can beat the Hard Chrome. It features the best protection against rust, sweat and chalk.



This Men's bar weights 20kg and is 220 cm long. It is 28 mm in diameter, much more suitable for male hands. It is the best choice for beginner, intermediate and advanced lifters.

### **OLYMPIC BAR 15 KG**

SKU: B0002-1



### **Specifications**

Bar type: women's bar

Bar use: weightlifting, olympic lifting,

powerlifting, multi-purpose

Bar weight: 15 kg Bar length: 200 cm

Loadable sleeve length: 33 cm

Diameter: 25mm

Bushings/Bearings: bearings

Set includes: 1x 15 kg olympic bar

Knurl: multi

Tensille strength: 216,000 PSI Shaft coating: hard crome

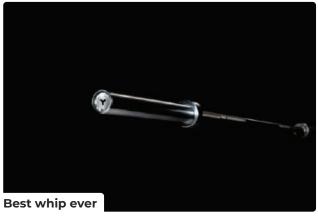
Sleeve coating: hard crome

Sleve design: snap ring

Lifetime Warranty: lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

Warnings: never store the bar loaded. Make sure that the bar is stored on non-abrasive material such as plastic, rubber or nylon. To avoid the rust clean the chalk out of the knurling

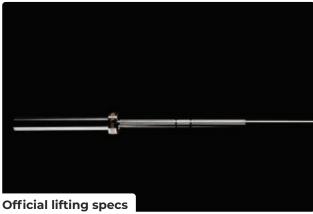
on a daily basis.



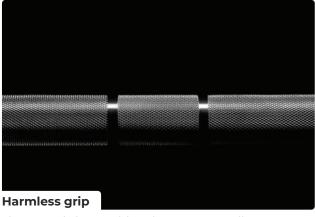
The right elasticity of the 216,000 PSI steel helps you lift much more weight during the heavy lifts. The robotic construction along with a double c-clips closure will make sure the sleeves stay on the bar forever.



Eight Needle Precision German Bearings will give you a quieter, smoother spin and a more reliable turnover at maximum loads. Avoid wrist stress and increase the possibility to catch the bar during the Olympic lifts.



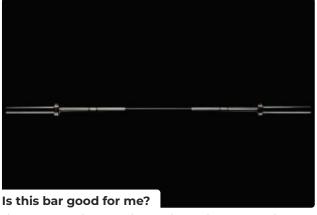
The bar has Dual Knurl Mark to respect IWF and IPF specifications. We removed the central knurl to avoid scraping your chest during high reps.



The special diamond knurling process will gives you a safe and positive grip for maximum control. The 1,2 mm pattern won't shred up your hands.



No other finishing on the planet can beat the Hard Chrome. It features the best protection against rust, sweat and chalk.



This women's bar weights 15 kg and is 200 cm long. It is 25 mm in diameter, much more suitable for female hands. It is the best choice for beginner, intermediate and advanced lifters.

# **PERFORMANCE BAR 20 KG**

SKU: BA001



### **Specifications**

Bar type: women's bar

Bar use: weightlifting, olympic lifting,

powerlifting, multipurpose

Bar weight: 20 kg Bar length: 220 cm

Loadable Sleeve Length: 33 cm

Diameter: 28 mm

**Bushings/Bearings:** bearings and bushings

**Set includes:** 1x 20 kg Olympic bar

Knurl: multi

Shaft coating: hard chrome

Sleeve coating: hard chrome

Sleeve design: snap ring Tensile strength: 190,00 PSI

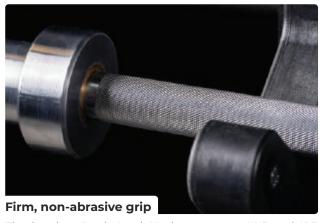
3-years Warranty: covers changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated

use and is not covered by the warranty.

Warnings: never store the bar loaded. Make sure that the bar is stored on non-abrasive material such as plastic, rubber or nylon. To avoid the rust, clean the chalk out of the knurling daily.



If you are looking for cost-efficient men's bar that precisely deliver the look and feel of a competition Olympic bar, this bar is ideal for you.



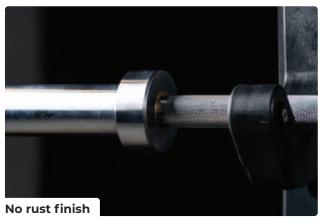
The bar has Dual Knurl Mark to respect IWF and IPF specifications. We removed the central knurl to avoid scraping your chest during high reps and refined the knurling to have a great grip on all weightlifting activities.



The right mix of Needle Precision Bearings and Bushings will give you a quieter, smoother spin and a more reliable turnover at maximum loads. Avoid wrist stress and increase the possibility to catch the bar during the Olympic lifts.



190,000 PSI steel is the ideal to help you lift much more weight during different training programs. Elastic enough to perform all your ballistic Olympic lifts while stiff enough to feel the bar during dynamic movements like powerlifting or conventional lifting.



No other finishing on the planet can beat the Hard Chrome. Whatever people say, it features the best protection against rust, sweat and chalk.



This men's bar weighs 20 kg and is 220 cm long. It is 28 mm in diameter, and it's much more suitable for male hands. It is the best choice for beginner and intermediate lifters and will last forever in your conventional lifting gym.

# **PERFORMANCE BAR 15 KG**

SKU: BA002



### **Specifications**

Bar type: women's bar

Bar use: weightlifting, olympic lifting,

powerlifting, multipurpose

Bar weight: 15 kg Bar length: 200 cm

Loadable Sleeve Length: 33 cm

Diameter: 25 mm

**Bushings/Bearings:** bearings and bushings

**Set includes:** 1x 15 kg Olympic bar

Knurl: multi

Shaft coating: hard chrome

Sleeve coating: hard chrome

Sleeve design: snap ring Tensile strength: 190,00 PSI

3-years Warranty: covers changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated

use and is not covered by the warranty.

Warnings: never store the bar loaded. Make sure that the bar is stored on non-abrasive material such as plastic, rubber or nylon. To avoid the rust, clean the chalk out of the knurling

daily.



If you are looking for cost-efficient women's bar that precisely deliver the look and feel of a competition Olympic bar, this bar is ideal for you.



The bar has Dual Knurl Mark to respect IWF and IPF specifications. We removed the central knurl to avoid scraping your chest during high reps and refined the knurling to have a great grip on all weightlifting activities.



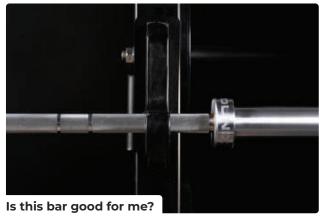
The right mix of Needle Precision Bearings and Bushings will give you a quieter, smoother spin and a more reliable turnover at maximum loads. Avoid wrist stress and increase the possibility to catch the bar during the Olympic lifts.



190,000 PSI steel is the ideal to help you lift much more weight during different training programs. Elastic enough to perform all your ballistic Olympic lifts while stiff enough to feel the bar during dynamic movements like powerlifting or conventional lifting.



No other finishing on the planet can beat the Hard Chrome. Whatever people say, it features the best protection against rust, sweat and chalk.



This women's bar weighs 15kg and is 200 cm long. It is 25 mm in diameter, much more suitable for female hands. It is the best choice for beginner and intermediate lifters and will last forever in your conventional lifting gym.

# **SKILL BAR 10 KG**

SKU: B0030



### **Specifications**

Bar type: juniors

Bar use: for beginners of weightlifting, olympic lifting, powerlifting, multipurpose

Bar weight: 10 kg Bar length: 168 cm

Loadable sleeve length: 17 cm

Diameter: 25 mm

**Bushings/bearings:** bearings Set includes: 1x 10kg skill bar

Knurl: multi

Tensille strength: 160,000 PSI Shaft coating: hard crome

Sleeve coating: hard crome

Sleve design: snap ring

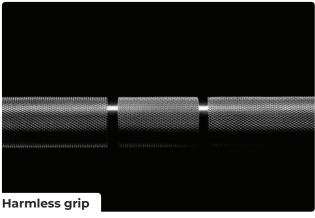
Lifetime Warranty: lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

Warnings: never store the bar loaded. Make sure that the bar is stored on non-abrasive material such as plastic, rubber or nylon. To avoid the rust clean the chalk out of the knurling

on a daily basis.



Designed in Italy, the 10KG Skill Bar is our beginner's technique barbell manufactured with the same quality and precision as all our standard competition bars.



The special diamond knurling process will gives you a safe and positive grip for maximum control. The 1,2 mm pattern won't shred up your hands.



Two Needle Precision German Bearings will give you a quieter, smoother spin and a more reliable turnover to develop and learn good technique and avoiding wrist stress.



No other finishing on the planet can beat the hard chrome. It features the best protection against rust, sweat and chalk.

# Safely learn the correct movement technique performed with proper posture.

It is manufactured with the equivalent quality and accuracy as all our standard competition bars.

SKU: B0013



### **Specifications**

Bar type: Kid's bar

Bar use: technique bar for young athletes

**Bar weight:** 2,5 kg **Bar length:** 130 cm

Knurl: multi

Center knurl: no
Knurl marks: dual

Shaft coating: black anodize
Sleeve coating: red anodize
Loadable sleeve length: 10cm

**Busing/bearings:** bearings **Tensile strength:** 43.000 PSI

**Set includes:** 1x Kid's bar **Maximum bar load:** 20 kg

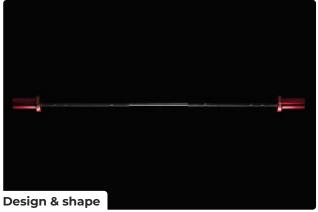
**Warranty:** Five years warranty against evidence of changes in position, loosening, bending, or cracking of components.

Normal wear and tears are not covered by the warranty.

**Warnings:** Never store the bar loaded. Make sure the bar is

stored on non-abrasive material such as plastic, rubber or

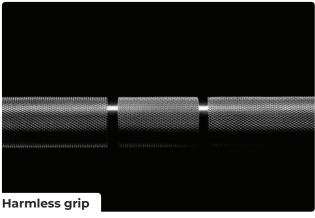
nylon.



A full aluminium bar of 2,5kg has an overall length of 130cm with 50mm loadable sleeves fully compatible with bumper plates. A shaft of 22mm diameter with 105mm loadable sleeve can be loaded up to 20kg.



Two Needle Precision German Bearings will give you a quieter, smoother spin and a more reliable turnover to develop a good technique. Avoid wrist stress and increase the possibility to catch the bar during the Olympic lifts.



Like the big boss bars, this light bar comes with a soft dual mark knurling to guide the young athlete taking confidence with weightlifting exercises without the heavy weight of a classical bar.



Both shaft and sleeves are made of aluminium. Black anodize shaft with red anodize sleeves improves the resistance to chemical agents like sweat, blood and chalk.



# **ONE SIDE OPEN TRAP BAR 2.0**

SKU: AB045



### **Specifications**

Material: Steel

Finishing: Antimicrobial Matt Wrinkle Black

Powder Coated Bar width: 66 cm

Bar Overall length: 195 cm Floor to Center of Handle: 23 cm Distance between Handles: 63cm

Bar weight: 20 kg

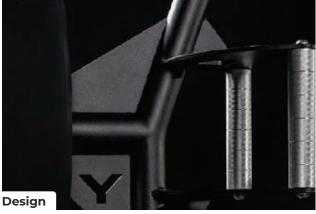
Loadable sleeve length: 40 cm Handles Diameter: 32 mm Sleeves Diameter: 49.9 mm

Lifetime Warranty: Lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

Warnings: Never store the bar loaded. Make sure that the bar is stored on non-abrasive material such as plastic, rubber or nylon.

Maintenance: To avoid the rust, clean the chalk out of the knurling immediately after use. Clean the surfaces on frames and tubes from dust and dirt daily.

**Additional information:** The trap bar is for indoor use only.



A strong open-side frame construction made of matt black powder coated steel with two neutral grip handles giving the options of pulling from different heights. Both sets of knurled, parallel handles measure 30mm in diameter and are spaced 63,5 cm on center.



Because you can step "inside" the bar (central load), the horizontal axis shortens and significantly reduces the amount of force on the spine. The neutral - heigh or low - grip, leads to a more upright torso position, allowing your hips to sit lower. It also allows the knees to move more forward without scraping your shins at the bottom of the deadlift. With this optimal position for deadlifting, you will reduce the back injury risk and boost your results.



It will maximize the number of movements you can do with the trap bar, accouching a broad range of lifting and training possibilities. Safely perform deadlifts, trap shrugs, lunge variations, single-leg squats, box step-ups, loaded carries, Zercher squats, Zercher deadlifts and many more "outside the box" movements.



Not only are the movements performed with the trap bar more safer than compared to the straight bar, but they are also more effective for developing maximum power. Since power is a measure of an object's force times its velocity, this means that the movements performed with trap bar will allow you to lift more weight, over a greater distance much faster.

# Functional strength training for everyone.

An open-ended design on one side allows the lifter to enter and exit the bar with more ease and allows greater range of motion and a wider variety of exercises.





### **Specifications**

Plate Type: multi-purpose

Diameter: 450 mm

Collar opening: 50,4 mm

**Insert:** stainless steel

Weight tolerance: +/- 0,3% of claimed weight

**Bounce:** minimal

**Letter and number painting:** hot printing machine

**Set included:** 1x bumper

**5 kg bumper warranty:** the 5 kg variant plates are under

warranty for 1 year

**10-25 kg bumper warranty:** the 10-25 kg variants are under warranty for 3 years. Minimal wear of the rubber, which does

not affect performance, may occur with repeated use and is

not covered by warranty.

### Weights









10 kg

15 kg

20 kg

25 kg

SKU: BA004 SKU: BA005 SKU: BA006 SKU: BA007



The Italian design gives the Premium Bumper Plates a special feel and high-end look. But we didn't stop there. The bumpers meet IWF standards, all measuring 450mm in diameter.



Our Premium Bumpers have very low bounce, comparable with competition bumpers. They score an average of 88 on the Shore a Durometer scale giving them a dead blow on par with alot of the pricier comp plates in the industry.



High-density virgin rubber used for production dramatically increases the life of this bumper. It easily passed our rigid 30.000 drops test. Additionally we have inserted an innovative central device to reinforce the weakest part of the bumpers.



The perfect rubber compound worked by precision technology machines give our bumpers that final highend look. The big white letters are embossed and hotprinted without using toxic paints.

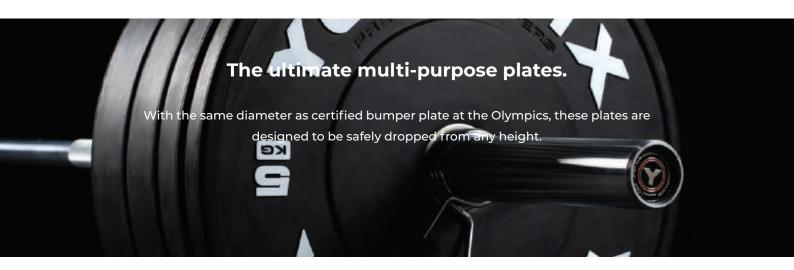






Plate Type: multi-purpose

Diameter: 450 mm

Collar opening: 50,4 mm

**Insert:** stainless steel

Weight tolerance: +/- 0.225 g of claimed weight

**Bumpers width:** 20 kg (12 cm), 15 kg (9 cm), 10 kg

(6.2 cm), 5 kg (3.5 cm)

Colour: all black

**Bounce:** normal

Set included: 1x bumper

**5 kg bumper warranty:** 1 year

**10-25 kg bumper warranty:** 3 years. Minimal wear of the rubber, which does not affect performance, may occur with

repeated use and is not covered by warranty.

#### Weights



0

10 kg







15 kg

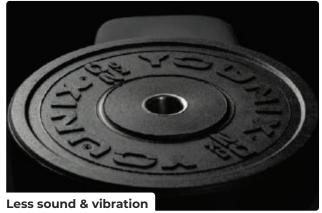
20 kg

25 kg

SKU: BC003 SKU: BC004 SKU: BC005 SKU: BC006 SKU: BC007



The Italian design gives the Heavy Duty Bumpers a special feel. For manufacture, we use a unique, recycled crumb rubber. Each bumper is 450 mm in diameter with a 50 mm insert opening; just like nearly all other Olympic bumpers. The insert itself is stainless steel, which is both durable and resistant to oxidation.



Noise and vibration caused by dropping the weights is significant to many gym owners and home gym lifters. These bumpers, manufactured with that vital feature in mind, make a lot less noise. If you don't want to bother your neighbours when you're training or you don't like the noise, these bumpers are for you.



They are made of indestructible recycled and vulcanized rubber to absorb shock much better than any other bumpers on the market. They offer excellent protection of the surface, avoiding damage to the floor because they have a more significant rebound. The high shock absorption also extends the life of the barbell itself. The heavy-duty bumpers were designed to last for a long time and endure the everyday abuse.



These bumpers are your best option for outdoor lifting. The resiliency, along with the softness of the material makes them very forgiving on uneven and abrasive surfaces. They can absorb the impact of drops on macadam or asphalt because they compress more swiftly than the premium bumpers.

# Unique most developed heavy-duty bumpers.

Designed in Italy and manufactured in EU, these bumpers by no coincidence rank among the very best—confirmed by coaches, gym owners, and athletes.





Plate type: Micro-loading, personal records

Plate diameter 1.25 kg: 175 mm Plate thickness1.25 kg: 18 mm

Plate diameter 2.5 kg: 210 mm

Plate thickness 2.5 kg: 19 mm

**Collar opening:** 50,4 mm

Weight tolerance: +/- 10 grams

Bounce: no bounce

**Cover:** rubber matt coating for stability and durability

Set includes: 1x disc

**General Warranty:** 5 years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the

warranty.

#### Weights

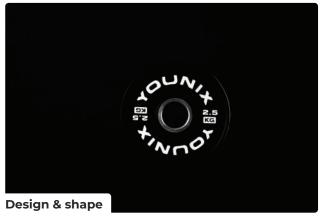




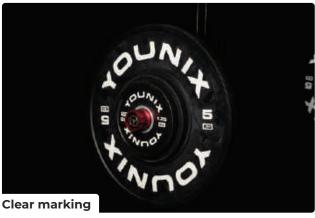
1,25 kg

2,5 kg

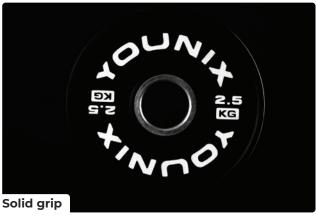
SKU: **BA008** SKU: **BA009** 



Fully rubberised in black colour, with a 50.4mm diameter collar opening, these plates are compatible with any standard Olympic barbell.



Small increments of weight will help you find a new personal record.



Both plates with weight increments of 1.25kg and 2.5kg have a solid grip on the bar allowing minimal noise or movement during any lift with the barbell.



When you are pushing the limits in lifting, small increments loading with fractional plates will safely help you find a new personal record.

SKU: B0010





## **Specifications**

**Material:** aluminium **Weight:** 360 g per pair

Width: 38 mm

Inner diameter: to be used on 50 mm Olympic

bar sleeves

Set includes: 2x Collars

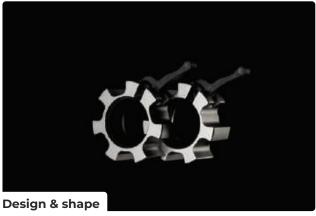
**Inner material:** rubber to grip and protect

the sleeve of the bar **Closure:** locking clamp

**Color:** titanium

**Warranty:** two years against manufacturing defects. Normal wear and tears are not covered by the warranty.

#### Features & Benefits



Made of aluminium alloy and compatible with any standard Olympic barbell. The design is made to have a great look and the aluminium is a good option to not add more weight on the bar besides the desired weight.



Easy adjustments or removal are guaranteed by a simple lever and lock/unlock mechanism. Stable to hold through repeated, high-impact drops.

## **SPRING COLLARS**

SKU: B0011





## **Specifications**

Material: spring steel

Width: 210 mm

**Inner diameter:** from 48,8 mm to 51,7 mm

Coating: hard chrome

**Colour:** shining silver with black rubber handles

Set includes: 2x Collars

Warranty: five years against manufacturing defects. Normal

wear and tears are not covered by the warranty.

#### **Features & Benefits**



Younix Spring Collars are made of hard chrome spring steel and are compatible with any standard Olympic barbell. They are designed to give a simple and effective look, no frills.



The steel spring guarantees a secure hold that will last for long time. A secure hold is guaranteed by the steel spring that do not deform even after long time.





Construction: One single piece of cast iron

Handle diameter: 33 mm

Distance between handles: 123 mm

Flat base diameter: 140 mm

Beli width: 208 mm Height: 282 mm

**Set included:** 1x kettlebell

Weight tolerance: +/- 1%

**Comfort:** four flat areas on each bell for comfort and stability

Handle finish: black matt powder coat finish that has a

great fell and holds chalk well

**Lifetime Warranty:** lifetime against cracking. Wear and tear, which do not affect performance, may occur with

repeated use and are not covered by warranty.

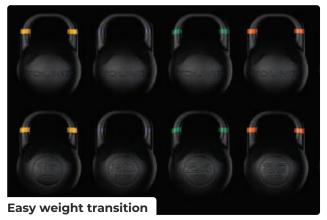
#### Weights



SKU: C0002 SKU: C0003 SKU: C0004 SKU: C0005 SKU: C0006 SKU: C0007 SKU: C0008



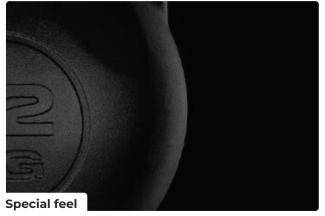
The kettlebell is designed in a way where the center of gravity is displaced 15cm to 20cm beyond your grip. This best replicates the forces that you'll encounter in sport and daily activities.



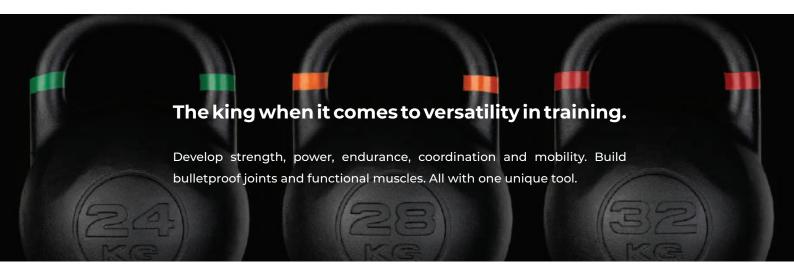
Ranging from 8kg to 32kg in weight, every increment in the kettlebell retains the same base diameter, height, and handle width, allowing for easier transitions as you move up in weight.



The 33 mm smooth handle is perfect for men and women. Black matt powder coat finish on the handle will add a great feel and it will hold the chalk well allowing your clients to perform high reps without damaging their hands.



Smooth powder coat finish and four specially contoured flats - reducing friction and discomfort during training will make sure your clients will fall in love with kettlebell training.







Material: stainless steel 316

Handle diameter: 32 mm knurled aluminium Length, width & height: varies by weight

Weight tolerance: +/- 1%

Body colour: original stainless steel

Outer metal plate: fully customizable with your name, logo, colors

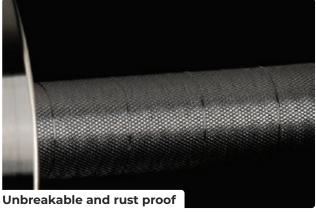
**Lifetime Warranty:** lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

## Weights

3 kg	4 kg	5 kg	6 kg	7 kg	8 kg	9 kg	10 kg	11 kg	12 kg	13 kg	14 kg	15 kg	16 kg
SKU: <b>C0070</b>	SKU: <b>C0071</b>	SKU: <b>C0072</b>	SKU: <b>C0073</b>	SKU: <b>C0074</b>	SKU: <b>C0075</b>	SKU: <b>C0076</b>	SKU: <b>C0077</b>	SKU: <b>C0078</b>	SKU: <b>C0079</b>	SKU: <b>C0080</b>	SKU: <b>C0081</b>	SKU: <b>C0082</b>	SKU: <b>C0083</b>
17 kg	18 kg	19 kg	20 kg	21 kg	22 kg	23 kg	24 kg	25 kg	26 kg	27 kg	28 kg	29 kg	30 kg
SKU: <b>C0084</b>	SKU: <b>C0085</b>	SKU: <b>C0086</b>	SKU: <b>C0087</b>	SKU: <b>C0088</b>	SKU: <b>C0089</b>	SKU: <b>C0090</b>	SKU: <b>C0091</b>	SKU: <b>C0092</b>	SKU: <b>C0093</b>	SKU: <b>C0094</b>	SKU: <b>C0095</b>	SKU: <b>C0096</b>	SKU: <b>C0097</b>
31 kg	32 kg	33 kg	34 kg	35 kg	36 kg	37 kg	38 kg	39 kg	40 kg	41 kg	42 kg	43 kg	44 kg
SKU: <b>C0098</b>	SKU: <b>C0099</b>	SKU: <b>C0100</b>	SKU: <b>C0101</b>	SKU: <b>C0102</b>	SKU: <b>C0103</b>	SKU: <b>C0104</b>	SKU: <b>C0105</b>	SKU: <b>C0106</b>	SKU: <b>C0107</b>	SKU: <b>C0108</b>	SKU: <b>C0109</b>	SKU: <b>C0110</b>	SKU: <b>C0111</b>
45 kg	46 kg	47 kg	48 kg	49 kg	50 kg	51 kg	52 kg	53 kg	54 kg	55 kg	56 kg	57 kg	58 kg
SKU: <b>C0112</b>	SKU: <b>C0113</b>	SKU: <b>C0114</b>	SKU: <b>C0115</b>	SKU: <b>C0116</b>	SKU: <b>C0117</b>	SKU: <b>C0118</b>	SKU: <b>C0119</b>	SKU: <b>C0120</b>	SKU: <b>C0121</b>	SKU: <b>C0122</b>	SKU: <b>C0123</b>	SKU: <b>C0124</b>	SKU: <b>C0125</b>
59 kg	60 kg												



Whoever walks through your gym or studio must be amazed about what you have reserved for them. How much value you are putting into their hands to let them train well, to feel different and most of all to feel incredibly unique.



We have chosen the 316 Stainless Steel with the 3% of molybdenum to increases corrosion resistance, make the dumbbells look perfect and preserve them from the rust for hundreds of years. Even if you leave it at the sea. The highest tensile and yeld strength of the Stainless 316 along with the production method make them simply unbreakable.



The Premium Dumbbells it's your weapon to be perceived as unique and leave your competitors speechless. It's all about the perception your customer has got of your gym. If you want to really impress your customers, then you have to give them more than what they usually get from others.



Each of the Premium Dumbbell is 100% made in Italy. Besides the unmatchable italian craftmanship, we are able to customize the external plates and the inner laser engraving with your name and logo on it. Be Different and a notch above the others.





Construction: One single piece of cast iron. Head

does not come off the handle.

**Overall cover:** One single piece of heavy-duty

virgin rubber

Handle diameter: 25mm up to 5kg and 35 mm for

weights up to 30kg

**Handle cover:** Heavy-duty knurling rubberized handle

Length, width & height: Varies by weight

Weight tolerance: +/- 1%

Colour: Full black

**Set includes:** 1x dumbbell

**Warranty:** 3 years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not

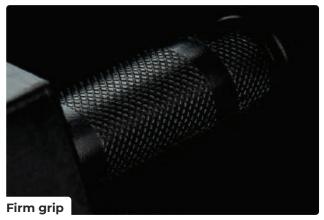
covered by the warranty.

## Weights

1 kg	2,5 kg	3 kg	5 kg	<b>7,5 kg</b>	10 kg	12,5 kg
SKU: <b>C0049</b>	SKU: <b>C0050</b>	SKU: <b>C0062</b>	SKU: <b>C0051</b>	SKU: <b>C0052</b>	SKU: <b>C0053</b>	SKU: <b>C0054</b>
15 kg	17,5 kg	20 kg	22,5 kg	25 kg	27,5 kg	30 kg
SKIII: COOSS	SKII: COOSE	SKII: COOST	SKII: COOS8	SKII: COO59	SKII: COOSO	SKII: COOSI



The Italian design gives the dumbbell a beautiful look and special feel. But we didn't stop there. We upgraded the design with unmatched durability. We constructed this dumbbell from one single piece of cast iron that will hold the head on the handle forever.



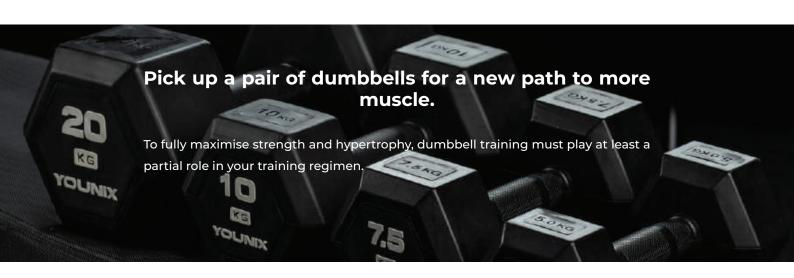
A special heavy-duty knurling rubberized, ergonomically designed handle maximizes the traction that you get and fits perfectly in your hands. Dropping these dumbbells due to sweaty hands is nearly impossible.



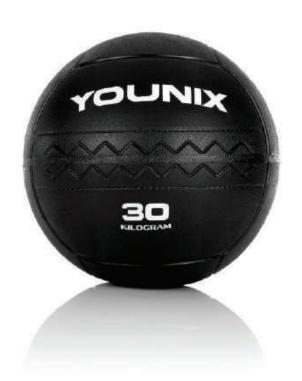
The dumbbell is fully covered in heavy-duty virgin rubber. This will minimize floor damage when dropping them. Even after plenty of use you won't see much scuffing or cracking from these dumbbells.



The dumbbells come in wide variety of weight levels ranging from 2,5kg up to 30kg with 2,5kg increments. This makes them perfect for clients of all fitness levels and provides unlimited exercise options.



# **EVERLASTING HEAVY MED BALL**





## **Specifications**

**Designed:** Italy

Construction: made of an innovative

compound of virgin rubber

Diameter: 35 cm for all weights

**Weight:** 20 - 30 Kg

Logo: hot printing machine

Colour: black

**Set included:** 1x Med ball

Warranty: 3 years

## Weights





20 kg

30 kg

SKU: **D0033** SKU: **D0034** 



These Heavy Med Balls are manufactured of one piece of heavy-duty virgin rubber, making them undestroyable while also protecting your floor. Regardless of their weight, all Med Balls have the same diameter of 35 cm.



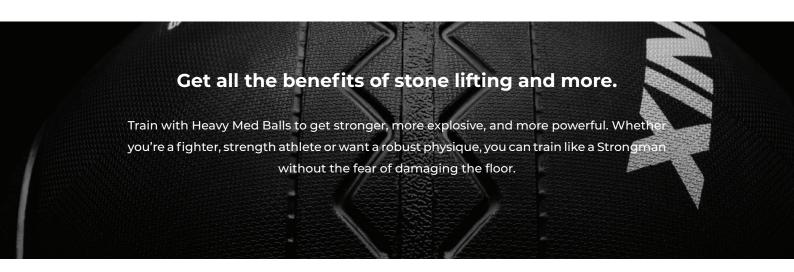
The textured grippy rubber surface lets you grip, catch or throw the Heavy Med Ball in any weather conditions on to any surface without the fear of damaging it. You can also lift it and place it safely on any platform at waist-level or higher.



Many athletes require a solid, constantly improving level of strength. Heavy Med Balls, as with all strongmanstyle implements, will help you develop; hip extension, explosive starting strength, as well as developing enormous crushing (isometric) strength.



Today not only the Strongman athletes use Atlas Stone lift, but a wide range of athletes has also adopted it—from MMA fighters, wrestlers, weightlifters and powerlifters to football players—it has developed into a unique, full-body training tool.







**Designed:** Italy

Material: PVC 1000D

Diameter: 35 cm for all weights **Weight:** 10 - 14 - 20 - 25 lbs

Colour: Black

Logo: Hot printing machine

**Set includes:** 1x Med Ball

**Lifetime Warranty:** 3-year warranty against manufacturing defects. Wear and tear of the surface, which does not affect performance, may occur with repeated use and are not

covered by warranty.

## Weights







14 lbs

20 lbs

SKU: DA001 SKU: DA002 SKU: DA003 SKU: DA004



Designed and tested in Italy, the Performance Med Balls have reinforced, double-stitched nylon threading developed to manage daily abuse in the gym in a wide variety of purposes.



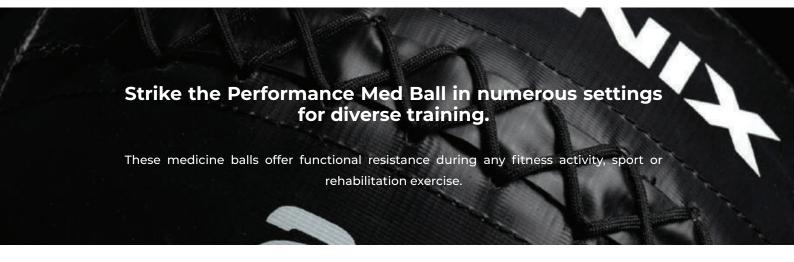
The interior filling is sturdy enough to help the ball keep its shape over repeated use, but forgiving enough to stop or catch the ball at high velocity safely.



We have joined the benefits of slam balls and medicine balls in one unique piece of equipment – the Younix Performance Med Ball. Save money and space in your gym and get one med ball that can cover all aspects of performance training.



Our Performance Med Ball comes in a range of weights – 10lbs, 14lbs, 20lbs and 25lbs - all featuring the same 35 cm diameter and scuff-resistant vinyl shell for a consistent feel as you progress to best match your performance level and training program.



## **PERFORMANCE ADJUSTABLE BENCH 2.0**

SKU: AB035



#### **Specifications**

Material: steel

Finishing: Younix Paint Armour, matt wrinkle black

powder-coated antimicrobial painting

Pad material: High-density internal foam and cut-

resistant F1 antimicrobial leather **Back pad size:** 95 x 30-22 x 6 cm Seat pad size: 32 x 26 x 6 cm

Steel thickness: 6 mm Foot-print: 128x59 cm **Back pad adjustments:** - 15°, 0°, 15°, 30°, 45°, 60°, 75°, 90°

Seat pad adjustments: 0°, 15°, 30°

Set includes: 1x Adjustable bench, 2x pads, 2x wheels,

hardware, instructions

**Hardware:** 24 mm, 8.8 certified bolts, nuts & washers, wheels

Frame warranty: lifetime against bending or cracking of the

steel frame

**General warranty:** 5-years against manufacturing defects.

Normal wear and tear is not covered by the warranty.



A closed-cell underlying pad, used in the nautical field, offers great stability to your body without risking that water, moisture, and dust enter the cell structure easily. A secondary upper softer sponge layer gives you a soft touch feeling that does not pressure the more protruding bones during the exercise.



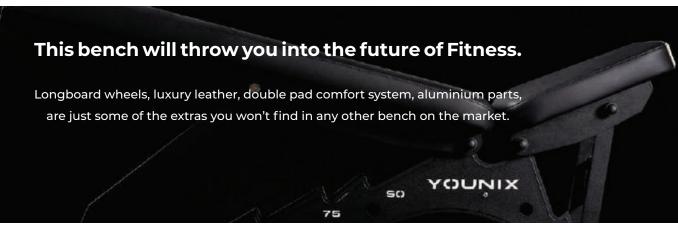
Each piece of the bench is cut by laser technology to achieve the best possible accuracy and precision. This allows you to mount the bench easier and faster and gives you a feeling of smoothness on the iron surface. Each welding is made by robots to ensure your safety and carrying capacity of up to 390kg.



The bench has 24 adjustment options. The back of the bench has eight different inclinations; -10° /0° /15° /30° /45°/60°/75°/ 90°. The seat has three options: 0° /15° /30°.



We have found the right formula for the surface of each single part of the bench that creates an extraordinary grip feeling. The 80 micron thickness guarantees a high resistance to scratches while the automation of the painting process guarantees the same uniformity of paint. Anti-slip leather from the motorcycle industry closes the circle.



## **PERFORMANCE UTILITY BENCH**

SKU: AB034



#### **Specifications**

Material: steel

Finishing: matt wrinkle black powder coated and

black leather

Pad material: high density internal foam and cut-

resistant leather

Back pad size: 120 x 30x 7 cm

Tubing size: 4 mm Thickness: 2 mm **Weight:** 17,5 kg

Foot-print: 120x61 cm

**Set includes:** 1x Flat bench, 1x pads, hardware, instructions

Hardware: 24 mm, 8.8 certified bolts, nuts & washers, wheels

Frame warranty: lifetime against bending or cracking of the

steel frame

**General warranty:** 5-years against manufacturing defects.

Normal wear and tear is not covered by the warranty.



A closed-cell underlying pad, used in the nautical field, offers a great stability to your body without risking that water, moisture, and dust readily enter the cell structure. A secondary upper softer sponge layer gives you a soft touch feeling that does not pressure the more protruding bones during the exercise.



Each piece of the bench is cut by laser technology to achieve the best accuracy and precision. The 75x50 mm frame is what you exactly need to keep the bench light and stable. Each welding is made by robots to ensure your safety and provides a carrying capacity of up to 400kg.



Along with the double padding's stabilising effect, we have widened the rear base up to 60cm to offer an even greater stability. The new single-column foot give further strength and more room for setting your feet during bench press.



We have applied our revolutionary Younix Paint Armour, the first antimicrobial painting based on silver ion technology, to reduce the growth of harmful bacteria and virus by up to 99,9% providing permanent protection for the lifetime of your products. The bench has an Antimicrobial Polymer Coating for Leather, providing a high spectrum protection for the entire product.

# **Quality Younix construction.**

The extra-wide rear base with wheels and the new single-column foot gives extra stability and more room for setting your feet during horizontal push movement variations.

## **SANDBAG PRO**

SKU: D0029



## **Specifications**

Material: black nylon 1000D

Filler material: black nylon 1000D

Filler closure: heavy-duty Velcro

**Stitching process:** double-stitched steams

Length: 60 cm

Diameter: 23 cm

Maximum loading: 45 kg

Handles material: black rubber

Closure: heavy-duty zipper and reinforced Velcro flap closure

**Set includes: 1**x sandbag, 3x leak-proof sand fillers

Warranty: two years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

Warnings: sandbag and the fillers are shipped empty. Don't

fill the sandbag directly, use fillers.



We carefully chose the special material – Black Nylon 1000D – that doesn't absorb sweat or dirt and it won't rip the skin off your hands. We reinforced this extremely durable material with double stitched seams and a heavy-duty zipper to make sure it will withstand the toughest workouts.



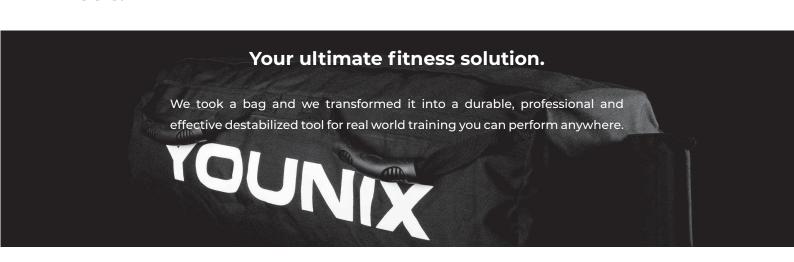
Unlike typical performance equipment, the sandbag weight moves differently every time you pick it up. The shifting nature of the weight inside (gravel or sand) makes the workout more challenging by additionally engaging your stabilizers.



We added 7 handles that are strategically positioned to best fit the natural biomechanics of human movement. Two are specially designed to develop grip strength. This allows you to train more effective while preventing injuries and discomfort that will guarantee your clients a comfortable and safe workout.



You can fill the sandbag heavy and go for low reps to build strength. You can remove one filler and go with lighter weight, more reps and higher intensity to improve conditioning. You can use it to develop core strength and improve your joints' deeper stabilizers—all with one tool.







## **WOODEN RINGS**

SKU: D0028







# **Specifications**

Material: natural birch wood

**Rings diameter:** 28 mm (International Gymnastics Federation standard)

Straps material: heavy duty nylon

**Straps model:** competition model with carabiners at both ends **Straps length:** 240 cm from the hanging point down to the base **Set includes:** 2x wooden rings, 2x competition straps, 4x carabiner

**Warranty:** 2 years against manufacturing defects. Normal wear and tear is not covered by the warranty.

Warnings: Wooden rings should never be stored outdoors or used in rain.



We have used a birch wood to build our rings so they last forever. A 28 mm diameter wood ring is the same used in the International Gymnastic Federation. Each set of rings come with 38 mm heavy duty nylon strap with a high climbing grade aluminium carabiner, to withstand up to 2.500 kg each.



Each set of wooden rings comes with the heavy duty nylon straps that don't have any kind of buckle, just a high grade climbing carabiner enabling a quick set up and easy adjustments. You can regulate your rings up to 2,4 meters hanging from the ceiling.



The FIG specs recommend a 28 mm diameter for the ring. This makes it easier to grip or false gripe during training. The birch wood gives rings a natural and light feel that you can't get from plastic or steel rings. You can use them with or without chalk.



These rings are a full suspension training system that can be used in any strength and conditioning facility, home gym or even outdoors. You can hang them on the ceiling, brackets, cross members of Rigs or a tree outdoor. Just find a stable tree branch and get the work done.

Hardly anything can compare to the great workout you'll get from this easy-to-carry and simple piece of old school equipment.

Hang the rings at the ceiling, brackets, cross members of Rigs or on a tree outside. Just find a stable tree branch and get the work done.

# **PERFORMANCE SUSPENSION STRAPS**

SKU: D0040







## **Specifications**

Material: heavy-duty nylon

Colour: black

**Set includes:** 1x Suspension trainer, 1x suspension anchor, 6x carabiner, carry bag.

**Warranty:** 2 years against manufacturing defects. The warranty does not cover normal wear and tears.

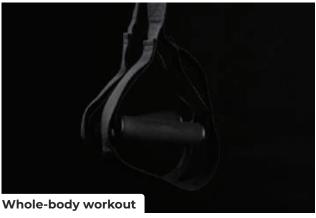
**Warnings:** suspension straps should never be stored outdoors or used in the rain.



The design is compact, portable and efficient to use. The straps are extremely durable, made of nylon, and handles have a comfortable and good grip. These can be used pretty much anywhere to find a strong anchor point.



Few people think about using the suspension straps as a cable attachment. It puts an entirely different turn on exercises like reverse flies, Y-raises, face-pulls and even some great bicep and triceps exercises.



You can pretty much train your whole body with our versatile suspension straps. You can even put movements together for some challenging complexes and circuits.



Attach the suspension straps to our sled and get access to dragging and pushing movements. The fact that you're holding on to two irregular handles forces the upper body and core muscles to work harder than they would with the stable, upright pole handles of the sled or prowler.

# Anyone can benefit from the challenge of suspension training.

The straps are neat and gives you easy anchoring and adjusting options. Attach the suspension straps to our adjustable pulley machine, our sled, to further expand your training options.

## **PARALETTES 3 IN 1**

SKU: A0038



## **Specifications**

Material: steel

Finishing: matt wrinkle black powder coated

Plate thickness: 6 mm

Length: 38 cm

Height options: 22c m/27 cm/31 cm

Foot print: 38x36 cm

**Lifetime warranty:** lifetime against bending or cracking of the steel frame. Normal wear and tear is not covered by

the warranty.

#### **Features & Benefits**



The frame construction is designed to create the right solidity during the movement. The 6mm plate thickness and a footprint of 38x36cm ensure almost zero wobbling. All three pipes are 38mm in diameter, which guarantees a solid grip for perfect gymnastics movements.



Our athletes and trainers came to the conclusion that 22-27-31 cm are the perfect heights to scale the intensity of several movements such as push ups, L-sit, planche and handstand variations as well as for more advanced calisthenics exercises.

## **FOAM ROLLER**

SKU: D0030





## **Specifications**

Material: EVA Foam with internal PVC

Colour: black
Length: 33 cm
Diameter: 13 cm

**Weight:** 1,35 kg

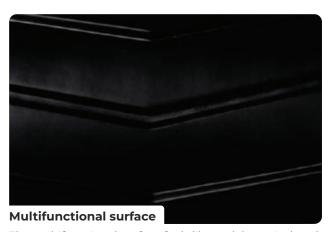
Warranty: one year against manufacturing defects. Normal

wear and tears are not covered by the warranty.

#### **Features & Benefits**



Younix Foam Roller has a rigid hollow core with 13cm diameter and measuring 33cm in length. It is build from high quality materials to withstand constant use without breakdown.



The multifunctional surface feels like real therapist hand. When rolling your backs or legs you will feel like you are having a real massage.

## **TACTICAL WEIGHTED VEST**

SKU: D0023





## **Specifications**

Material: Nylon 500D Vest weight: 2,5 lbs

Plate weight: 8,75 lbs each (17,5 lbs total)

Total weight: 20 lbs

Colour: black

Water resistant: yes

Adjustments: adjustable weight and tensional bands, fit any size.

**Custom patches:** ready to attach any logo with back velcro.

**Set includes:** 1x Tactical vest, 2x iron plates

**Warranty:** two years against manufacturing defects. Normal wear and tear is not covered by the warranty.



We have used a birch wood to build our rings so they last forever. A 28 mm diameter wood ring is the same used in the International Gymnastic Federation. Each set of rings come with 38 mm heavy duty nylon strap with a high climbing grade aluminium carabiner, to withstand up to 2.500 kg each.



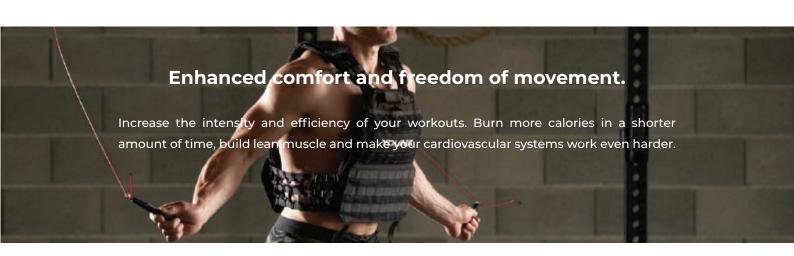
With enhanced comfort and freedom of movement, the vest can accommodate steel plates in the front and back to reach the 20 LBS (9 kg). The back yoke shoulder pads reduce friction and distribute weight uniformly.



Adjustable waist and tensional bands helps you to fit the vest around your torso with the maximum stability. Standard waist bands will accommodate an XS circumference with the elastic relaxed, and up to XL when the elastic is adjusted for maximum extension through the velcro system.



Using a weighted vest during your workouts will place your muscles under higher stress, enhancing the amount of strength you develop.



SKU: D0005





## **Specifications**

**Dimensions:** 50 cm x 60 cm x 75 cm

Weight: 26 kg

**Inner material:** single peace of dense foam

Outer material: light waterproof, heavy duty PVC 1000D

Colour: black

Logo and numbers print: hot printing machine

**Set includes:** 1x Foam Box

**Warranty:** 3 years against manufacturing defects. Normal wear and tear is not covered by the warranty.

Warnings: Foam box should not be used on any smooth surface like wood or uneven surface.



Made of ultra dense foam core with softer foam on all six sides, the box weights 26kg and it's stable enough to bear repeated jumps with or without shoes. The extra durable PVC cover will withstand the jumps of any athlete.



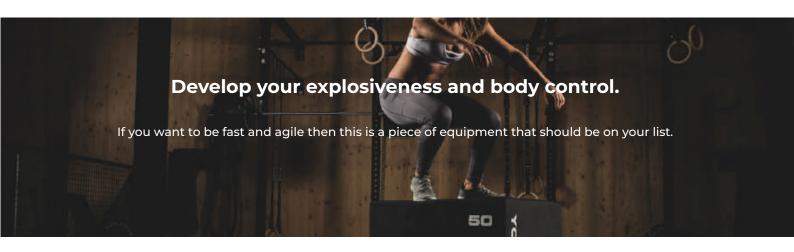
By overturning it, the box can be easily positioned at three different heights: 50cm, 60cm and 75 cm. The numbers printed on each sides show you the height you are jumping at.



The foam material prevents the risk of injuries in case of misstep. You can now safely perform plyometric exercises on a box in your facility without the fear of an open shin.



Foam box can be used for box jumps, dips, step-ups, hip thrust variations, and many other movements. Truly, it is a whole gym in itself, and it takes up very little space.







Material: natural latex rubber

**Length:** 104 cm **Width:** varies **Thickness:** 5 mm

Colour: red, black, purple, green & blue

Set includes: 1x band

Warranty: 2 years against manufacturing defects. Normal wear and tear, which does not affect performance, may

occur with repeated use and is not covered by the warranty.

**Warnings:** bands can snap if you over stretch them. Never stretch the bend for more then twice its length.

#### **Sizes**





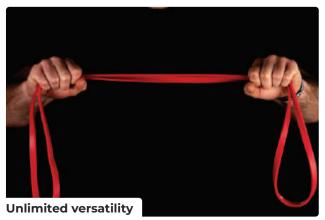
When you use resistance bands in movements, the further you move the more tension the band creates. This is called ascending resistance. This allows velocity to change and accelerate exactly the way the body naturally works to increase power. This neurologically teaches the body to accelerate force and is applicable to everyday life and sport.



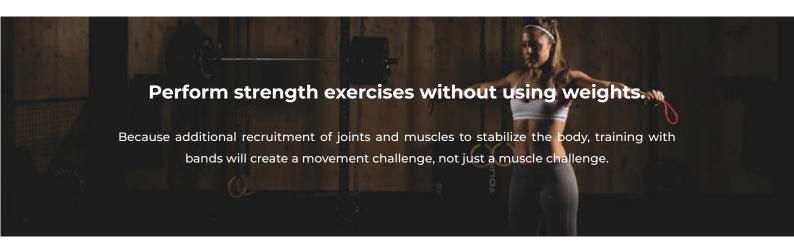
The foam material prevents the risk of injuries in case of misstep. You can now safely perform plyometric exercises on a box in your facility without the fear of an open shin.



You can choose from 5 colour coded bands made out of natural latex rubber. Each band is 104 cm long and 5 mm thick but varying in width and resistance. Lighter bands are used for pre-habitation, rehabilitation, mobility, speed, agility and easy weight training. Stronger bands are used for mobility, assistance, banded squats, deadlifts and bench press. Our highest resistance bands are used for maximum resistance for advanced athletes.



By overturning it, the box can be easily positioned at three different heights: 50cm, 60cm and 75 cm. The numbers printed on each sides show you the height you are jumping at.





Material: Natural latex rubber

Length: 61 cm Width: 5 cm Thickness: 5 mm

Colour: Yellow, red and black

**Set includes:** 1x Mini band

**Warranty:** Two years against manufacturing defects. Normal wear and tear, which does not affect performance,

may occur with repeated use and is not covered by the warranty.

#### **Sizes**



SKU: **D0013** SKU: **D0014** SKU: **D0015** 



The main purpose of mini bands is to add resistance to your basic bodyweight exercises. This will create additional activation of muscles you are targeting so you will be able to build foundational strength and joint stabilization. Iife and sport.



Bands can be easily secured around ankles, calves, knees or thighs. You can instantly make your bodyweight exercises more challenging and effective.



This versatile tool can be used to increase basic strength and stability in lower and upper body without having to use weights. Mini bands will help you strengthen your core, shoulders and hips. Always start with a mini band with the lowest resistance and build up gradually.



Bands are lightweight and can fit in any bag. They can be used anywhere – in the gym, on the field, at home, in the clinic or when travelling.



## **CLIMBING ROPE**

SKU: D0006



## **Specifications**

**Eyelet:** black powder coated black iron, to use with carabiner

Material: manila Diameter: 38 mm Length: 4,5 m Colour: light brown

Rope residues: yes, because of the natural fiber for optimal grip

**Set includes:** 1x climbing rope

Warranty: two years against manufacturing defects. Normal wear and tear is not covered by the warranty.



Each rope is made of natural and sustainable manila material, well twisted with the right tension to avoid that the rope loses its shape or is too rigid to favor a good grip.



A black powder coated steel eyelet is placed one one end of the rope so you can easily secure it on each kind of brackets.



The solid grip is guaranteed by the manila material we use, which is the best material for this kind of climbing on the market.



Rope climbing also strengthens the upper back musculature and lats. The key distinction between climbs and pull-ups or chin-ups is the amount of stabilization required on a rope.

## Build massive arms while maintaining healthy joints.

You can use rope climbs as the first compound exercise on your pull/back day or as a standalone workout for your upper back and core workout.

SKU: D0027-1



#### **Specifications**

Material: Thermoformed Polyurethane

Density: heigh
Length: 37,5 cm
Width: 30,5 cm
Max height: 6,3 cm

Colour: black

**Resistance:** chalk, sweat, oil, abrasion, grease and tears **Warranty:** Two years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

#### Features & benefits



Made of the highly resistant material Thermoformed Polyurethane, the one piece Mat Pro is resistant to sweat, chalk, grease and tears. If you are using this piece of equipment at your gym and you quickly destroy it, you may be surprised how firm this one is.



When placed under your lower back, the Mat secures the spine and will help you maintain balance throughout a full range of motion during abdominal exercises. You can also put the Mat under the knee or elbow. This will allow your clients to do half-kneeling exercises and plank variations without pain.



## 2-IN-1 HURDLES SET OF 5

SKU: D0022





## **Specifications**

Material: PVC

**Diameter:** 19 mm

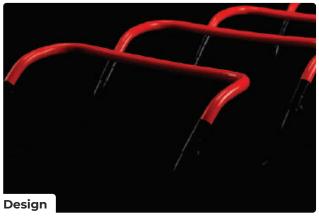
Height: 20 cm and 30 cm

Width: 45 cm Length: 4,5 m

Colour: black base and orange top

**Set includes:** 5x hurdle

**Warranty:** 5 years against manufacturing defects. Normal wear and tears are not covered by the warranty.



Each hurdle is made of heavy duty PVC material and has low-profile design that can be adjusted to two different heights - 20cm and 30cm – and measures 45cm in width. This agility hurdles with orange top are designed to let you enjoy unlimited agility, speed and plyometric drills. They come in pack of five.



Agility hurdles drills can be performed inside in a small space or they can be spread out on the field. When coached correctly, agility drills on hurdles can build speed, power, create better body awareness and improves ones ability to decelerate, land properly and change direction.



Athletes of all levels and general population can all benefit from using agility drills with hurdles. You can create a fun and competitive challenges, which are motivating and can be a great speed and agility introduction into any workout or a stand-alone session. Simple to use, carry and store.



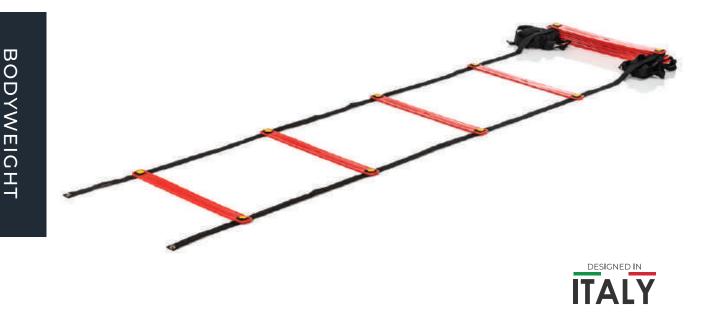
Master proper technique before moving up in hurdle height. Get used to "not a real hurdle", before you step in front a real hurdles that freak out most of the people the first time they try to jump over high hurdles. Younix hurdles have the look of an actual hurdle, but you can safely introduce them very early in hurdle training.

# Develop proper landing mechanics and foot work with this portable and light accessory for agility training

Constant movement during drills will not only make you breath hard, but it will develop your landing mechanics, reaction time and decrease chance of injury.

## **AGILITY LADDER**

SKU: D0032



## **Specifications**

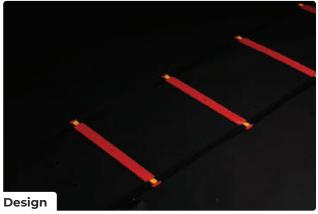
Material: Heavy duty nylon straps connected by PVC rungs

Length: 4,5 m

**Distance between rungs:** 50 cm **Colour:** black base and red top **Set includes:** 1x agility ladder, 1x bag

Warranty: 3 years against manufacturing defects. Normal wear and tear, which does not affect performance,

may occur with repeated use and is not covered by the warranty.



Younix Agility Ladder is a flat style tool with yellow rungs and black side straps. It has 11 rungs that are 50cm apart and is 4,5 meters long. The rungs are extremely durable and won't overlap when in use. It comes in a bag so you can store it and take it with you wherever you go. They come in pack of five.



Agility ladder drills can be performed inside in a small space or they can be performed out on the field. Ladder movements include skipping trough rungs, sideways shuffles, one and two legged jumps and other movements performed up and down the ladder. This drills can strengthen your joints, ligaments and tendons while developing balance, coordination, focus and aerobic fitness.



Athletes of all levels and sizes and general population can all benefit from using agility drills on ladder. You can create a fun and competitive challenges, which are motivating and can be a great speed and agility introduction into any workout or a stand-alone session.



Agility and fitness go hand-in-hand. If you want to turn your body into an athletic machine, you need to focus on both. Your cardio can be out-of-this-world, but it's hard to turn that into higher performance in a sports setting without amazing agility.



rails will you will get ensure optimal stability and efficiency.

## **AGILITY CONES**

SKU: D0019





## **Specifications**

Material: PVC

Diameter: 5 cm

Height: 20 cm

Colour: various colours

**Warranty:** 5 years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

#### **Features & Benefits**



Agility cones are made of extremely durable PVC that will not break when stepped on. Different visible colours will make sure that they are easy to see weather you are using them in the gym or on the field.



Athletes of all levels and general population can all benefit from using agility drills with cones. You can create a fun and competitive challenges, which are motivating and can be a great speed and agility introduction into any workout or a stand-alone session.

## **STABILITY BALL PRO**

SKU: D0016





## **Specifications**

Material: vynil

Diameter: 65 cm

Thickness: 6 mm

Colour: Black

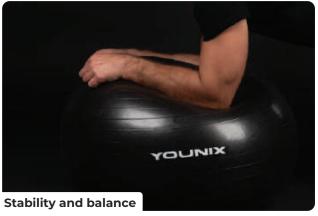
Set includes: 1x Stability Ball PRO

**Warranty:** two years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

#### **Features & Benefits**



The muscles in your torso provide the foundational strength that supports your entire body. Adding the Stability Ball Pro to your core work will help you build a strong foundation for optimal performance and health.



An unstable surface increases activation of core muscles and allows for greater activation per exercise when compared to a stable surface.

## **WORKOUT MAT**

SKU: D0017



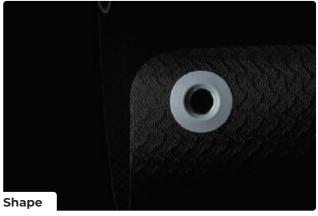
## **Specifications**

Material: PVC foam

Density: high Length: 183 cm Width: 61cm Thickness: 6 mm Colour: black

**Set includes:** 1x mat

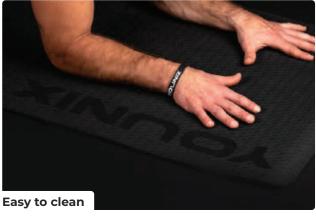
**Warranty**: two years against manufacturing defects. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.



The right dimensions - 183 cm long & 61 cm wide – will ensure comfort for your clients of all shapes and sizes.



With a double-sided non-slippery surface, our workout mat comes with an excellent slip resistant advantage to prevent injuries and will guarantee your clients a safe and comfortable workout.



The PVC foam material used for this mat makes it moisture resistant. It is easy to clean with water or specialized cleaning agents.



Your gym's wall can be a storage space for workout mats, by installing mat storage on your wall so that each mat is hanged right on your wall. If your gym lacks space, this solution fits perfectly.

Made of high-performance foam padding and a stabilizing non-slip vinyl surface.

You can use it for weight training, sit-ups, yoga, or anything in-between.





CONDITIONING

## **BATTLE ROPE**

SKU: D0007





## **Specifications**

Inner material: polyethylene rope

Outer material: nylon 1000D

Handles material: anodyzed aluminium with knurling

Length: 15 m

**Set includes:** 1x battle rope

Warranty: 2 years against manufacturing defects. Normal wear and tear, which does not affect performance,

may occur with repeated use and is not covered by the warranty.



Our Battle Rope was designed and carefully engineered in Italy to match the needs of performance training of all levels. They are made out of polyethylene, are 15 meters long and 38mm in diameter witch is perfect to take your conditioning to another level.



This versatile tool can be used to increase basic strength and stability in lower and upper body without having to use weights. Mini bands will help you strengthen your core, shoulders and hips. Always start with a mini band with the lowest resistance and build up gradually.



Younix Battle Ropes are engineered for high intensity training that can be performed in your gym our outside on any surface. They come fully covered in strong and durable material - nylon 1000D - to resist the degradation.



Ropes are significant because they produce a dual-force dynamic effect that uses gravity and the force created by rope waves to expand and improve all human systems' physiological responses.



SKU: D0025





## **Specifications**

Material: high grade aluminium

Mechanism: micro swivel bearings

Handle Length: 13 cm
Handle diameter: 16 mm
Handle knurling: yes

**Cable length:** 3 meters **Cable thickness:** 2.5 mm

Cable cover: PVC Spin: Smooth Speed: Fast

**Set includes:** 1x rope, 1x cable

Warranty: two years against manufacturing defects. Normal wear and tears are not covered by the warranty.

**Warnings:** use the rope on rubber and nonabrasive surface. Never use on concrete, asphalt, gravel, stones.



The skill rope has 13,5 cm aluminium handles with swivel bearings connected by a three meters stainless steel PVC covered wire of 2,3 mm thickness. All this creates a fastest and smoothest speed.



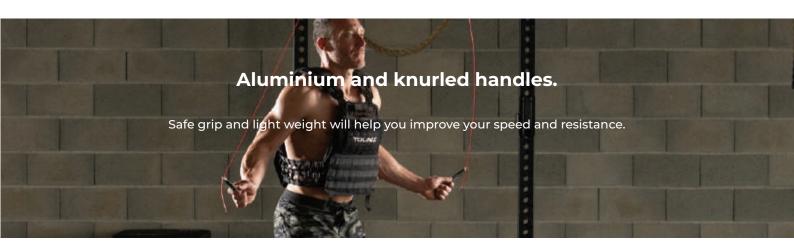
The small handles are sandblasted and then machined with a special soft knurling to ensure a solid grip during high reps workouts.



Both ends of the PVC covered wire are closed by an adjustable screw to adapt the length of the rope to your height and jumping style.



If the muscle tissue becomes too tight, it could increase the risk of lower-leg injuries, including Achilles tendon strain or plantar fasciitis. Using the jumping rope regularly strengthens the calf muscles and improves the surrounding tendons and fascia's elasticity.



## **ACTION ROPE**

SKU: D0026



## **Specifications**

Material: PVC

**Mechanism:** bushings **Handle length:** 11 cm

**Handle diameter:** Tapered handles from 15mm to 10mm

Cable length: 3 m

Cable thickness: 2,5 mm

Cable cover: PVC

Spin: fluidSpeed: regular

**Set includes:** 1x rope, 1x cable

Warranty: 2 years against manufacturing defects. Normal wear and tear, which does not affect performance,

may occur with repeated use and is not covered by the warranty.



This is a non-bearing speed rope. A 12 cm plastic handle with no texture on it and a steel cable covered in PVC ensure a smooth and fast spin. Singles, double-unders or triples, this rope covers it all.



An adjustable screw at one end of the PVC wire allows you to adapt the length of the rope to any height or jumping style.



Thanks to it's budget price and solid construction, this rope is optimal for your gym for multi-purpose training. It can handle the most punishing athletic use.



Because jumping rope involves learning new motor patterns, which improves the nervous system communication between your brain, wrists and lower leg muscles, this, in turn, helps to improve your overall cognitive function, which is an important benefit as we age.

## Adjustable and versatile jump rope for beginners and advanced athletes.

Weather your goal is conditioning, fat loss or peak performance this rope will get the job done.

## **TRACK SLED**

SKU: A0037



## **Specifications**

Material: steel

Finishing: matt wrinkle black powder coated Hardware: 8.8 certified bolts, nuts & washers

Plate thickness: 6 mm

**Set includes:** 1x Track sled, 2x uprights, hardware

Height: 95 cm

Foot print: 92x63 cm

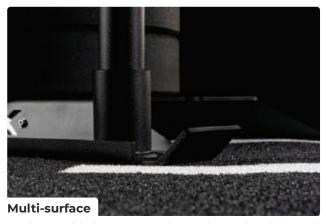
Loadable pool height: 43 cm Loadable pool capacity: 200 kg

Lifetime Warranty: lifetime against bending or cracking of the steel frame. Normal wear and tear is not

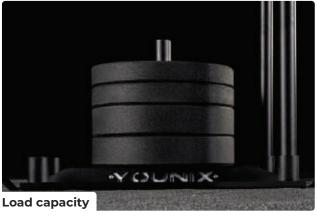
covered by the warranty.



Less welds and less bolts make this piece of equipment extremely solid. Made by a sole 6 mm fold-flat sheet it has got four welds for the sockets where you place the uprights. With a wide foot print of 92 x 63 cm and a strong frame it's impossible to overturn the sled during the heaviest workouts.



We have added protective plastic skis under the metal plate to greatly reduce the risk of floor damage for those training in an indoor gym space.



You can go ridiculously heavy. You can easily load up to 200kg on the central upright. The two uprights for the set up can be placed in the four sockets to let you push it backwards without turning the loaded sled.



Because there is no eccentric stress you won't crush your nervous system, which allows you to do high volume training frequently. Use it on your de-load or recovery days. There are so many ways you can use it. You can't go wrong with this one.

One of the most widespread resistance training, particularly if you are interested in fat loss or athletic performance.

Burn fat with anaerobic interval training with the Track Sled. Improve starting and maximum running speed or increase lateral speed. By attaching our suspension handles, you can perform pulls and press variations to increase upper body pulling and pushing strength—all with one tool.

## PROGRAMMABLE TIMER

SKU: D0024



## **Specifications**

Length: 64cm

Width: 5cm

Height: 19cm

**Led digits:** 6x led digits - 10cm height

Remote control: Included, batteries included

Power pack: Input: AC100-230V / Output: 12V

Stopwatch: Yes

Set includes: 1x timer, 1x remote control, 1x AC 100-230V adapter

Warranty: Two years against manufacturing defects. Normal wear and

DESIGNED IN

tears are not covered by the warranty.

#### **Features & Benefits**



We made this wall mounted timer visible from meters of distance for big location but for home gym and small facilities, as well. 64 x 19 cm with a total of 6 high visible digits: two green for number of rounds and four red to display time. Easy to program thanks to high reception remote control.



There are several pre-set timer modes, just a click to have: Tabata – FGB – Count Up – Count Down – Stopwatch . For all of these program you can activate the ten seconds count down and the buzzer.





(10)









**STORAGE** 

## LOW OFFSET LASER STACKER



## **Specifications**

Designed and manufactured: Italy

Material: steel

Finishing: antimicrobial matt wrinkle black powder-coated

Length of the Low Stacker: 202 cm
Depth of the Low Stacker: 41 cm
Height of the Low Stacker: 81cm
Tubing size: 80 mm x 80 mm
Sheet Thickness: 6 mm

**Shelf load capacity:** 1250 kg

**Hardware:** 24 mm certified bolts, nuts & washers

**Frame Warranty:** lifetime warranty against bending or cracking of the steel frame.

The warranty does not cover normal wear and tear.

**Warnings:** We suggest to get anchor plates to mount the storage on the ground or the wall for maximum safety.

## MID LASER STACKER



## **Specifications**

Designed and manufactured: Italy

Material: steel

Finishing: antimicrobial matt wrinkle black powder-coated

**Length of the Mid Stacker:** 202 cm **Depth of the Mid Stacker:** 41cm **Height of the Mid Stacker:** 125 cm

Sheet Thickness: 6 mm Shelf load capacity: 1250 kg

**Tubing size:** 80 mm x 80 mm

Hardware: 24 mm certified bolts, nuts & washers

**Frame Warranty:** Lifetime warranty against bending or cracking of the steel frame.

The warranty does not cover normal wear and tear.

**Warnings:** We suggest to get anchor plates to mount the storage on the ground or the wall for maximum safety.

## **HIGH LASER STACKER**



#### **Specifications**

**Designed:** Italy **Material:** steel

Finishing: matt wrinkle back powder coated

Length: 202 cm Depth: 41cm Height: 125 cm

**Tubing size:** 80 mm x 80 mm **Sheet Thickness:** 6 mm **Shelf load capacity:** 1250 kg

**Hardware:** 24 mm certified bolts, nuts & washers

**Frame Warranty:** lifetime warranty against bending or cracking of the steel frame. The warranty does not cover normal wear and tear.

**Warnings:** we suggest to get anchor plates to mount the storage on the ground or the wall for maximum safety.



Our laser stacker system is designed, engineered and manufactured in Italy with importance to detail, the efficiency of use and customization in mind. It is made of 6 mm laser-cut, powder-coated steel sheet. Additionally, we use the 24mm bolts for even greater support, and monster look to achieve the unmatchable Younix style.



Storage stackers can be combined and customized for any training space. First step: choose the height and number of shelves. Second step: select the shelf styles. Third step: extend your storage with add-ons modules. Yes, it's that easy.



These all-purpose units are available in 2-tier and 3-tie designs. All shelves can bear 1.250 kg each as stated in our TUV Rheinland Certification. You will have enough space to store all your equipment in one place. We suggest to get anchor plates to mount the storage on the ground or the wall for maximum safety.



No tools around the gym anymore. Customers need to have a place where to store the equipment after use. You or your trainers don't have to waste time on this.

All our stackers are modular and available with two different shelf types; all-in flat shelf and tube shelf.

Get your gear off the ground. Create a dedicated space for each piece of equipment. Your gym will never look the same again!





**Designed:** Italy Material: steel

Finishing: matt wrinkle back powder coated

**Length of the Low Stacker:** 216 cm **Depth of the Low Stacker:** 41cm Height of the Low Stacker: 75 cm **Tubing size:** 80 mm x 80 mm Tubing thickness: 3 mm

Shelf load capacity: 1250 kg

**Hardware:** 24 mm certified bolts, nuts & washers

**Frame Warranty:** Lifetime warranty against bending or cracking of the steel frame.

Normal wear and tear is not covered by the warranty.

**Warnings:** We suggest to get anchor plates to mount the storage on the ground or on the wall for maximum safety.





**Designed:** Italy **Material:** steel

Finishing: matt wrinkle back powder coated

Length of the Mid Stacker: 216 cm

Depth of the Mid Stacker: 41cm

Height of the Mid Stacker: 115 cm

Tubing size: 80 mm x 80 mm Tubing thickness: 3 mm Shelf load capacity: 1250 kg

Hardware: 24 mm certified bolts, nuts & washers

**Frame Warranty:** lifetime warranty against bending or cracking of the steel frame.

Normal wear and tear is not covered by the warranty.

**Warnings:** we suggest to get anchor plates to mount the storage on the ground or on the wall for maximum safety.





**Designed:** Italy **Material:** steel

Finishing: matt wrinkle back powder coated

**Length of the High Stacker:** 216 cm **Depth of the High Stacker:** 41 cm **Height of the High Stacker:** 190 cm

Tubing size: 80 mm x 80 mm Tubing thickness: 3 mm Shelf load capacity: 1250 kg

**Hardware:** 24 mm certified bolts, nuts & washers

Frame Warranty: lifetime warranty against bending or cracking of the steel frame. Normal wear and tear is

not covered by the warranty.

**Warnings:** we suggest to get anchor plates to mount the storage on the ground or on the wall for maximum safety.



Our laser stacker system is designed, engineered and manufactured in Italy with importance to detail, the efficiency of use and customization in mind. It is made of 6 mm laser-cut, powder-coated steel sheet. Additionally, we use the 24mm bolts for even greater support, and monster look to achieve the unmatchable Younix style.



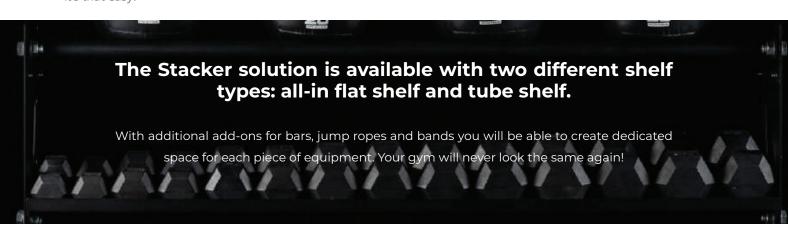
Stackers can be combined and customized for any training space. First step: choose the height and number of shelves. Second step: select the shelves styles. Third step: extend your storage with add-ons modules. Yes, it's that easy.



These all-purpose units are available in 2-tier, 3-tier, 4-tier or 5-tier designs. All shelves can bear 1.250 kg each as stated in our TUV Reinhland Certification. You will have enough space to store all your equipment in one place. We suggest to get anchor plates to mount the storage on the ground or on the wall for maximum safety.



No tools around the gym anymore. Customers need to have a place where to store the equipment after use. You or your trainers don't have to waste time on this.



### **6 BAR HOLDER**

SKU: A0041



### **Specifications**

Material: steel

Finishing: matt wrinkle black powder-coated

Protective plates: black polyethene

Hardware: 8.8 certified bolts, nuts & washers to

mount it to the wall

Set includes: 2x waves & hardware

Plate thickness: 8mm

Height: 88cm Width: 5,5cm Length: 13,5cm

Frame Warranty: Lifetime against bending or cracking of the

steel frame. Normal wear and tear is not covered.

#### **Features & Benefits**



A simple and useful storage made of 6 mm bend and laser-cut steel covered by black powder coated finish like all the rest of our steel product. It includes a nylon insert to prevent damages to the knurling of the bars. This gives the perfect final look to complete your outfit.



The horizontal 6-bar holder can only be mounted to the wall. It comes with a complete set of fittings for concrete so you can easily mount it to the walls. You can store up to 6 bars regardless of their style. From men's, women's to kids' bars, they all fit well. You can even use it for bands and vests.

### **MULTIUSE HANGER**

SKU: A0023



# **Specifications**

Material: steel

Finish: matt Wrinkle Black Powder Coated

Plate thickness: 4 mm

Height: 8 cm

Hardware: 8.8 Certified bolts, nuts & washers to

anchor it to the wall

Depth: 20 cm

Number of jump ropes: around 60 Number of bands: around 60 Set includes: 1x Hanger & hardwar

Lifetime warranty: Lifetime against bending or cracking of

the steel frame. Normal wear and tear is not covered.

#### **Features & Benefits**



A simple and useful mini-storage made of 4 mm bend and laser cut steel covered by black powder coated like all the rest of our steel product. This gives the perfect final look to complete your outfit.



The Multiuse hanger can be mounted horizontally on all the square beams of our Rigs, Racks and Storage. It comes with both Hardware for concrete to hang it to the wall or with 24 mm oversized bolt to screw it to the square beams.

## **HARMLESS BAR HOLDER**

SKU: A0040



### **Specifications**

Material: steel

Finishing: matt wrinkle black powder coated

Plate thickness: 5 mm

Length: 42 cm Width: 42 cm Height: 22 cm

**Plastic tubing:** full piece of Polyethylene Pipes to prevent damage to the Olympic bars.

**Tube holes:** 51 mm ready to host any kind of Olympic bar.

Set includes: 1x bar holder Load Capacity: 500 kg/Rack Pull Up Bar Diameter: 32 mm

Lifetime Warranty: lifetime against bending or cracking of the steel frame. Normal wear and tear is not covered by

the warranty.

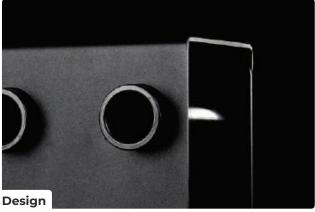
#### **Features & Benefits**



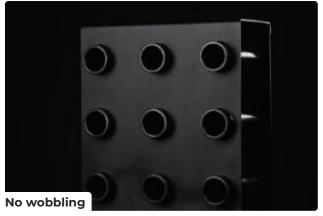
With normal bar holder you'll get your bars damaged in less than a year time. Younix invented the nylon insert tubing instead of classical iron tubing to keep your bars long lasting.



Number of loadable bars: x 9 Men, Women or Kids Barbells. Also all speciality barbells like trap bar, multigrip bar or safety squat bar fit in perfectly.



This box is made of one single metal plate bent over itself to gain much more resistance and solidity. This processing method avoids unpleasant swaying during the positioning of the bars. Covered by black powder coated like all the rest of our steel product.



This box is significantly heavy to give a stable feeling when you take or place the bars. Have no fear; the bars will not fall.

## **VERTICAL 2 BAR HANGER**

SKU: A0024



### **Specifications**

Manufactured: Italy

Material: steel

Finish: Antimicrobial Matt Wrinkle Black Powder Coated

Colour: black

**Set includes:** 1x vertical bar hanger, bolts and wrenches.

**Lifetime Warranty:** lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.

### **VERTICAL 6 BAR HANGER**

SKU: A0025



### **Specifications**

Manufactured: Italy

Material: steel

Finish: Antimicrobial Matt Wrinkle Black Powder Coated

Colour: black

**Set includes:** 1x vertical bar hanger, bolts and wrenches.

**Lifetime Warranty:** lifetime against evidence of changes in position, loosening, bending or cracking of components. Normal wear and tear, which does not affect performance, may occur with repeated use and is not covered by the warranty.









### **Specifications**

Thickness: 20 mm and 30 mm

**Width and length:** 20 mm x 1000 mm x 1000 mm and 30 mm x 500 mm x 1000 mm

**Tolerances:** length and width ± 1.5%, thickness ± 2mm

Colour: Blue, Green, Terracotta Red, Light Grey and Dark Grey

Surface material: high-density rubber roll flooring in SBR and EPDM

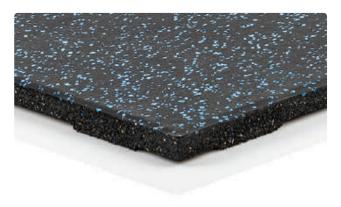
**Bulk density top layer:** approx. 1.400 kg/m3 **Bulk density sub layer:** approx. 1.000 kg/m3

**Shock absorption:** 61%, EN14808

**Vertical deformation:** 5.0 mm, EN14809 **Warranty:** tiles are under warranty for 2 years

Fire certification: standard Efl

#### **Features & Benefits**



#### Design

Our laser stacker system is designed, engineered and manufactured in Italy with importance to detail, the efficiency of use and customization in mind. It is made of 6 mm laser-cut, powder-coated steel sheet. Additionally, we use the 24mm bolts for even greater support, and monster look to achieve the unmatchable Younix style.



The tiles are available in 20mm and 30mm thickness. The dimension of 20mm thick tiles are 1000mm x 1000mm and 500mmx1000m of 30mm thick tiles. We have six different standard colour options you can choose from; pure black, blue, green, dark grey, light grey and terracotta red. Other custom colour options

are available by request.



The tiles can be installed easily using the connector system, which comes with the tiles; there is no need to glue them. The pattern on the bottom provides holes for the connector system. All you need is a rubber hammer to close the joints on the connecting parts. The connectors will create almost invisible joints.



#### **Material**

The tiles are composed of two parts. The base is made of recycled rubber and EPDM, and the surface is cut from high-density rubber and EPDM. The tiles are produced in a single process that vulcanizes the top layer on the bottom in one step.

## **Options**





### **Specifications**

Thickness: 20 mm and 30 mm

Width and length: 20 mm x 1000 mm x 1000 mm and 30 mm x 500 mm x 1000 mm  $\,$ 

**Tolerances:** length and width ± 1.5%, thickness ± 2mm

Colour: Blue, Green, Terracotta Red, Light Grey and Dark Grey

Surface material: high-density rubber roll flooring in SBR and EPDM

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Fire certification: standard Efl

#### Features & Benefits



#### Design

Our laser stacker system is designed, engineered and manufactured in Italy with importance to detail, the efficiency of use and customization in mind. It is made of 6 mm laser-cut, powder-coated steel sheet. Additionally, we use the 24mm bolts for even greater support, and monster look to achieve the unmatchable Younix style.



The tiles can be installed easily using the connector system, which comes with the tiles; there is no need to glue them. The pattern on the bottom provides holes for the connector system. All you need is a rubber hammer to close the joints on the connecting parts. The connectors will create almost invisible joints. Edges can be covered with a stainless steel or aluminium profile.



The tiles are available in 20mm and 30mm thickness. The dimension of 20mm thick tiles are 1000mm x 1000mm and 500mmx1000m of 30mm thick tiles. We three different standard colour options you can choose from; light gray, dark gray, gray. Other custom colour options are available by request.



#### **Material**

The tiles are composed of two parts. The base is made of recycled rubber and EPDM, and the surface is cut from high-density rubber and EPDM. The tiles are produced in a single process that vulcanizes the top layer on the bottom in one step.

### **Options**







## **MAN T-SHIRT SS - 01**



- fabric: 100% cotton 160 gsm.
- round neck
- model with slits on bottom sides
- logos in serigraphic print
- jacquard ribbon inside collar
- printed label inside neck
- jacquard label on front left bottom
- features paper hangtag
- jacquard label on front left bottom
- features paper hangtag
- standard polybag with anti-suffocating holes and warning instruction printed
- available sizes:

S (SKU: G0002), M (SKU: G0003), L (SKU: G0004), XL (SKU: G0005),

# **WOMAN T-SHIRT SS - 01**



- fabric: 100% cotton 160 gsm.
- round neck
- model with slits on bottom sides
- logos in serigraphic print
- jacquard ribbon inside collar
- printed label inside neck
- jacquard label on front left bottom
- features paper hangtag
- jacquard label on front left bottom
- features paper hangtag
- standard polybag with anti-suffocating holes and warning instruction printed
- available sizes:

XS (SKU: G0010), S (SKU: G0011), M (SKU: G0012), L (SKU: G0013)

## **WOMAN TANK TOP - 01**



- fabric: 84% polyester/16% elastane
- scoop-neck design
- sweat-wicking technology to help keep you dry and comfortable during your workout
- shoulder straps in elastic ribbon with logo jacquard
- logos anti-sublimatic printed.
- printed label inside neck
- features paper hangtag
- standard polybag with anti-suffocating holes and warning instruction printed.
- available sizes:

XS (SKU: G0014), S (SKU: G0015), M (SKU: G0016), L (SKU: G0017)

# **MAN SHORTS - 01**



- fabric: 100% polyester, 2-Way stretch fabric
- 3.5" side slit for freedom of movement
- jacquard label on front left bottom
- inside belt printed logo
- features paper hangtag
- standard polybag with anti-suffocating holes and warning instruction printed
- available sizes:S (SKU: G0018), M (SKU: G0019),

L (SKU: G0020), XL (SKU: G0021),



- fabric 92% polyester, 8% elastan
- contrasting color waistband
- black insert in micro mesh polyester
- logos in transfer print anti-sublimating
- printed label inside waistband
- features paper hangtag
- standard polybag with anti-suffocating holes and warning instruction printed
- available sizes:

XS (SKU: G0022), S (SKU: G0023), M (SKU: G0024), L (SKU: G0025)

## **GYM BAG**

SKU: G0027



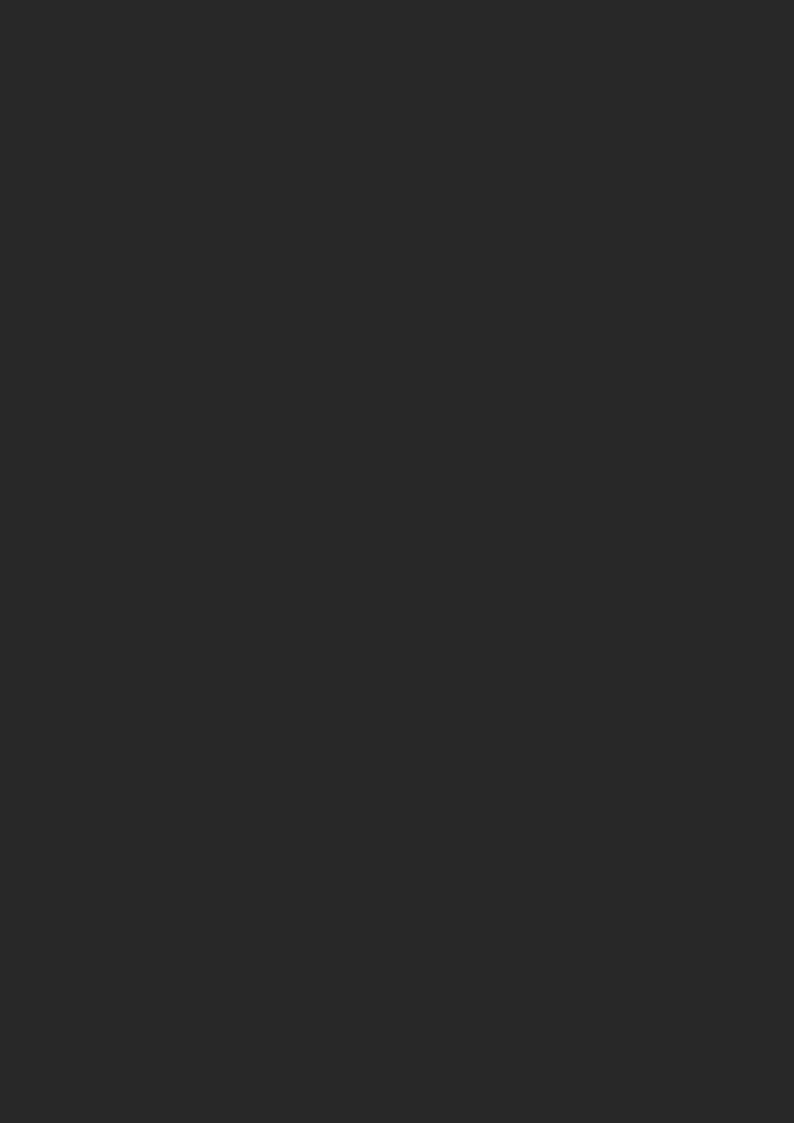
- fabric: pvc 600d waterproof, polyester net
- size: 65 Liters
- younix zippers
- heavy duty nylon straps
- additional straps to resize the bag to fit into the airplane parcel shelf
- soft handles made of net & internal foam
- shoulder straps with single logo to turn it into backpack
- additional shoulder bag strap with logo
- zip closure big front pocket with logo underneath the net
- two zip closure mini pockets on the front
- zip closure lateral big pocket on the left
- zip closure top pocket for computer
- lateral big deep pocket on the right to host shoes, boxing gloves, wet slippers
- features paper hangtag

# **MICROFIBRE TOWEL**

SKU: G0034



- Microfiber material (85% Polyester, 15% Polyamide)
- Nylon portable bag
- Colour: black
- How to wash: wash inside out with similar colours. The water temperature should not exceed 40°C or 105°F. Please do not iron or tumble dry.
- Package includes: 1 bag + 1 towel





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