



october 2011

Comfort zone

project card

Espresso Memory Book

This java-inspired stitched book will bring comforting inspiration to all who enjoy the hot brew. Adorn the clever filter pockets with artwork, journaling, photos and memorabilia.

kit ingredients:

- (2) 5-1/2x8-1/2" Rust Covers
- (2) 5-1/2x8-1/2" Green Cover Panels
- (2) 5-1/2x8-1/2" Tan Cover Panels
- (5) 3-1/2x6" Green Pages
- (11) Coffee Filter Pages
- 24" Grosgrain Ribbon Closure
- 36" Ivory Waxed Linen Thread
- Bookbinding Needle

tools & supplies:

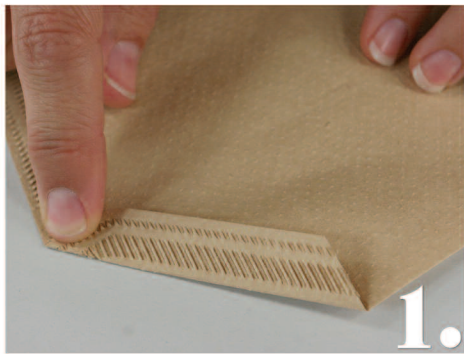
- CS® Bookbinding Glue & Foam Brush
or ATG Adhesive
- Pencil
- Ruler
- Craft Knife and Cutting Mat
- Paper Piercing Tool and Cork Board
- Stamps and Inks



Other Comfort Zone products can be found online at

clubscrap.com

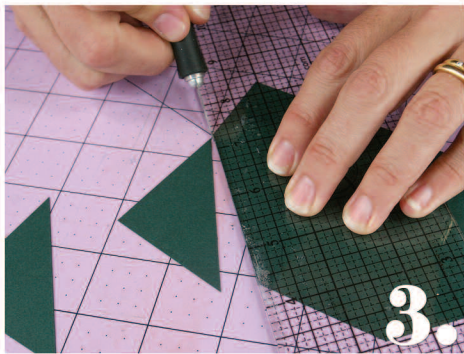
preparing the pages



1.

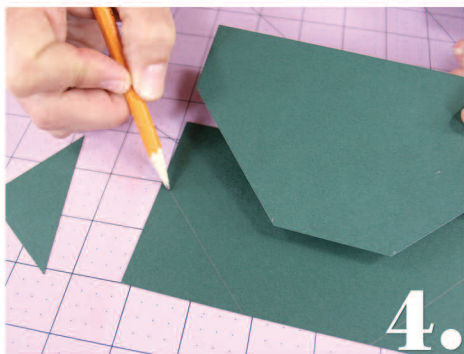
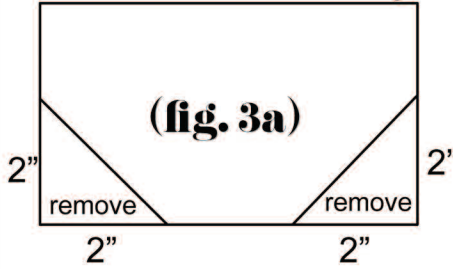


2.



3.

3 1/2 x 6 Green Inside Page



4.



5.



6.



7.



8.



9.



one: Fold each Coffee Filter Page along the 2-1/4" crimped edge to create a 1/2" flap.

two: Fold over the curved flaps of five Coffee Filter Pages to create a pocket page. There will be a flap on each side of the filter. Stamp artwork onto the pages, if desired.

three: Place one 3-1/2x6" Green Inside Page horizontally on your work surface. Measure and mark 2" from the left and right edges and 2" up from the bottom edge on each side. Make two 45° cuts to remove the bottom corners. (Fig. 3a)

four: Trace the angled lines onto the four remaining pages and cut to match.

five: Insert the angled pages into the five folded coffee filter page pockets.

six: Sort the filters starting with a non-flap page, alternating the pages with the curved flaps and ending with a non-flap page. Using a ruler, paper piercing tool and cork board, pierce stitching holes into the fold of one filter at 1/2, 1, 2, and 2-1/2".

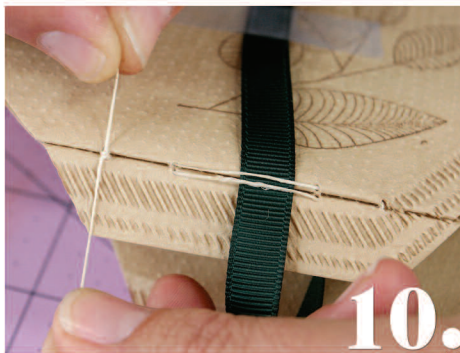
seven: Using the pierced filter as a template, nest onto the remaining pages and transfer the piercing holes.

eight: Fold the grosgrain ribbon in half to find the center. Temporarily tape the ribbon to the side of one coffee filter page, positioning the center of the ribbon at the center of the folded edge. This will be your "top" page.

nine: Thread the waxed linen onto the needle. Enter the top stitching hole on the top page from the outside to the inside, leaving a 3" tail. Stitch in and out of the remaining holes until you reach the bottom of the page, stitching over the ribbon to hold it in place. Gently remove any slack. Close the stitching flap and stack a second page beneath the first.



ten: Enter the nearest stitching hole of the new page, and stitch in and out until reaching the top. Tie the two thread tails together with a square knot.



10.



11.

eleven: Close the stitching flap and stack a third page onto the bottom of the set. Stitch down to the bottom of page three and perform a kettle stitch. Bring the needle beneath the stitch that connects pages one and two. Pull the thread until it forms a small loop. Drop the needle through the loop and pull tight.

twelve: Close the page flap, stack another page onto the set, repeat the stitching process, and perform a kettle stitch when reaching the top. Repeat process until all pages have been stitched together. Complete with a double kettle stitch.

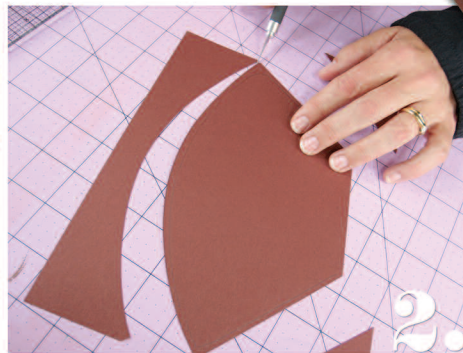


12.

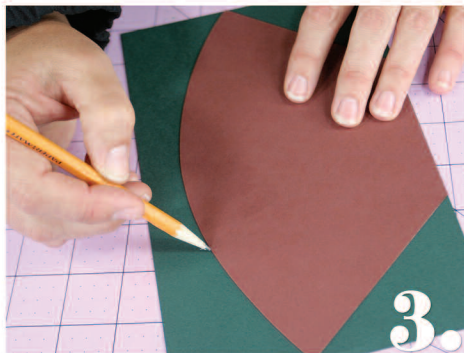
creating the covers



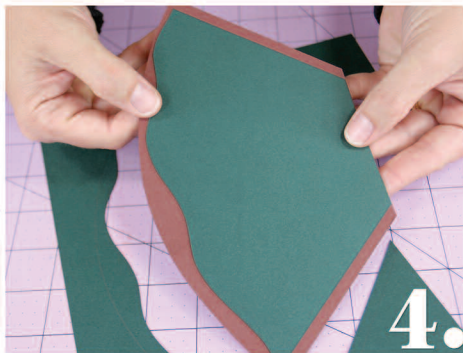
1.



2.



3.



4.



one: Trace the shape of the coffee filter pages onto one 5-1/2x8-1/2" Rust Cover. (Align the stitched edge of the pages flush with the edge of the cover paper.)

two: Cut along the angled edges with a ruler and craft knife, cutting 1/8" larger than the traced line. Freehand cut the curved edge with a craft knife, increasing the size by approximately 1/8". Trace the hand cut Rust cover onto the second 5-1/2x8-1/2" Rust paper and cut to match.

three: Trace the shape of the Rust cover onto the 5-1/2x8-1/2" Green Cover Panels.

four: Using a ruler and craft knife, cut the long straight edges of the shape, cutting 1/4" smaller than the Rust covers. Freehand cut a wavy line along the curved edge, cutting slightly smaller than the traced line. Repeat for the second Green Cover Panel.

(continued on next page.)

creating the covers (continued)



5.



6.



7.



five: Decorate the 5-1/2x8-1/2" Tan Cover Panels with stamped images of your choice. Tear the panel to fit within the Green Cover Panel.

six: Glue the Rust, Green and Tan panels together, placing the traced sides of the panels face down.

seven: Brush glue or apply adhesive onto the outside of the first coffee filter page and attach the front cover, tucking in the ribbon and waxed linen thread tails. Repeat for the back cover.

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CSJR

Art Nouveau

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The voices in my head may not be REAL, but they have some *good* ideas!
 I used to be indecisive. NOW I'm not sure.

Cat connoisseurs of comfort
 -James Hervey

I always felt that the great thing privilege, relief and comfort of FRIENDSHIP was that one had to explain nothing.

Life is made up, not of great sacrifices or duties, but of little things, in which smiles and kindness, and small obligations given habitually, are what preserve the heart and secure comfort.
 -Humphrey Day

happy peaceful joy quiet
 cozy snugly contented feel we I love you remember
 this were was here is are special beautiful January
 February March April May June July August
 September October November December 2009 2010
 2011 2012 2013 1 2 3 4 5
 6 7 8 9 0 00 Monday Tuesday Wednesday
 Thursday Friday Saturday Sunday Today

Words of comfort, skillfully administered, are the oldest therapy known to man during this difficult time, and always.
 Our hearts are with you and yours.
Age is a number. Mine is UNLISTED.
 Have yourself a **spectacular BIRTHDAY!**
 you are a *comfort* to me, and I *miss* you, dearly.
 Greeting

Borders & Backgrounds

Font Art

Remember this always
 Beautiful moments
 This is a very special day
 Happiness is here with you
 Worth more than 1,000 words.

Greetings