



april 2012

# Come Sail Away

project card

## Ship's Log Book

by Kay Williamson of CS®

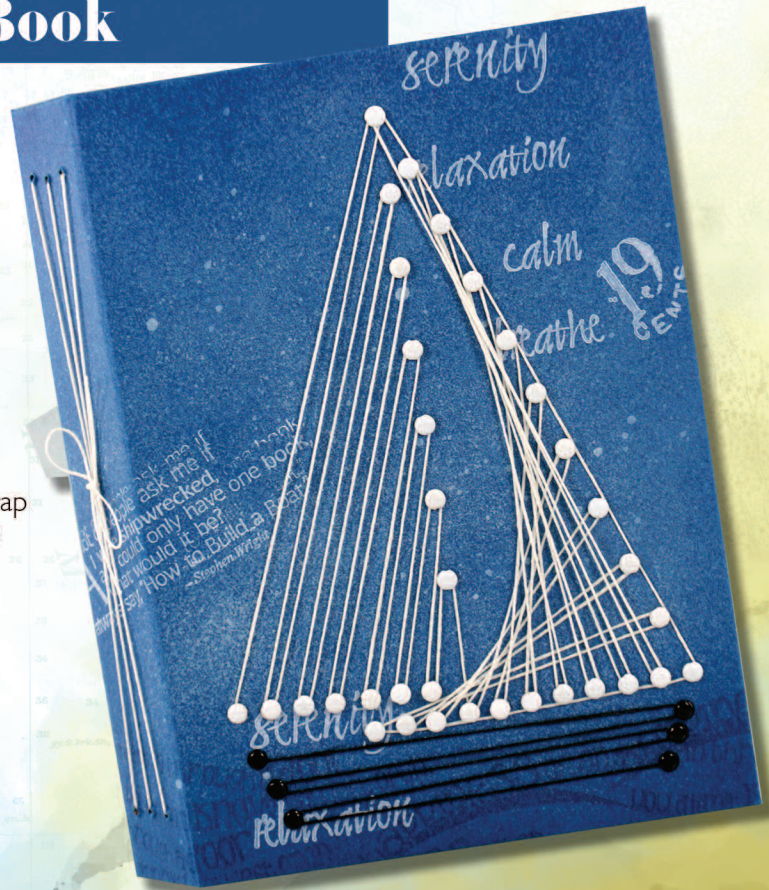
Ahoy, mates! Track endless nautical journeys with this stunning book project. The assembly and stitching are quite basic, and the string art ship comes together easily when you follow the simple diagrams. We've carefully planned the course and ordered up sunny skies for smooth sailing. Enjoy!

### kit ingredients:

- 12-1/2x8-1/2" Dark Blue Outside Cover Wrap
- 10-3/4x6-3/4" Dark Blue Inside Cover Wrap
- (3) 6-3/4x9-3/4" Dark Blue Inside Pages
- (6) 6-3/4x9-3/4" White Inside Pages
- (2) 5x7" Matte Board Covers
- 3/4x7" Matte Board Spine
- 7 Yards White Waxed Linen Thread
- 1-1/2 Yards Black Waxed Linen Thread
- White and Black Mini Brads
- Stringing Template

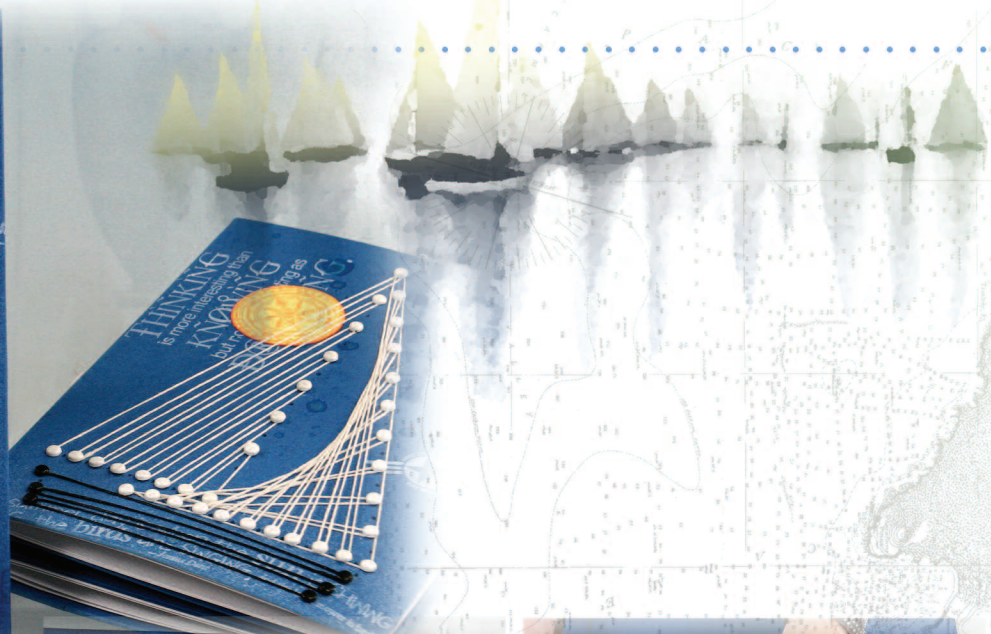
### tools & supplies:

- CS® Bookbinding Glue
- CS® Grid Ruler
- Foam Brush
- Paper Piercing Tool and Cork Board
- Bookbinding Needle
- Bone Folder
- Scissors
- Tape
- Stamps, Inks and Mists (Optional)
- Scor-it Tool (Optional)



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**one:** Decorate the 12-1/2x8-1/2" Dark Blue Outside Cover Wrap with stamped images, inks and mists, if desired.

**two:** Position the cover wrap horizontally on your work surface, plain side up. Measure and mark a guideline 3/4" from the bottom, left and right edges.

**three:** Glue the matte board covers and spine to the cover wrap, allowing a 1/8" gutter between each piece. Align the edges of the matte boards with the pencil guides.

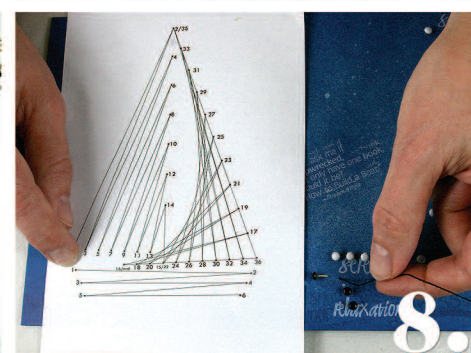
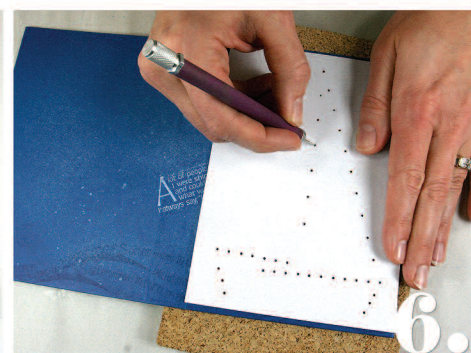
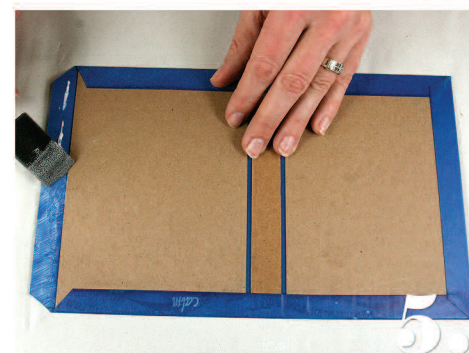
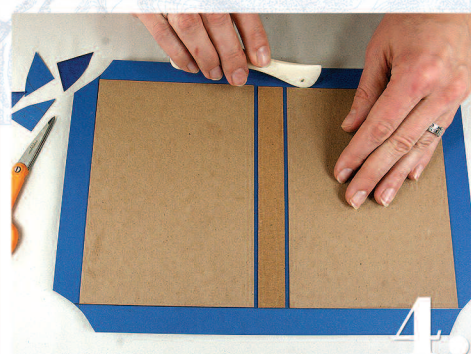
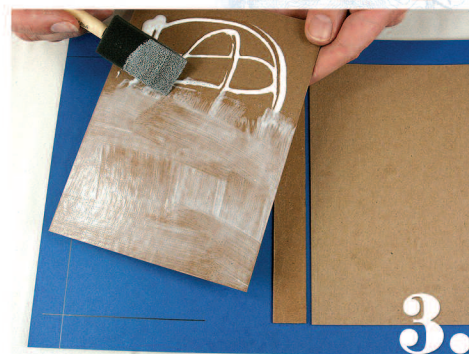
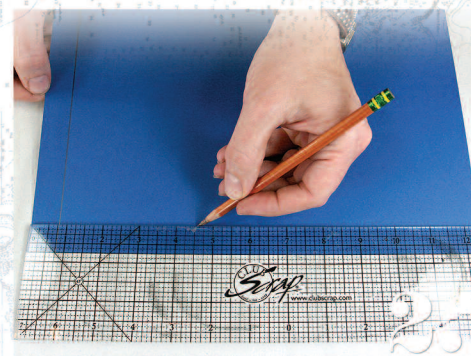
**four:** Trim the paper from each corner at a 45 degree angle, leaving 1/8" of paper extending beyond the tip of each matte board. Use a bone folder to wrap the paper flaps around the matte boards.

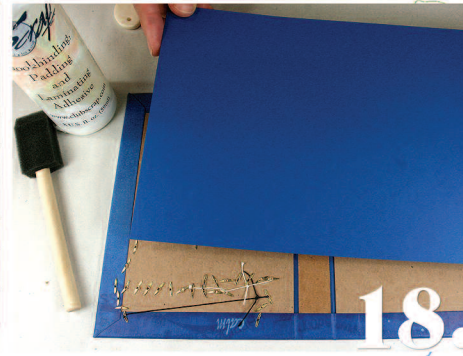
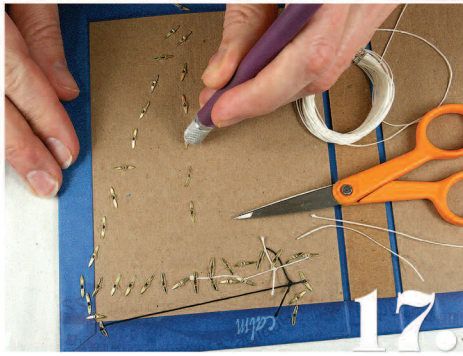
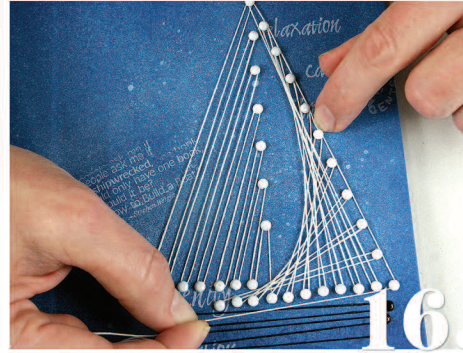
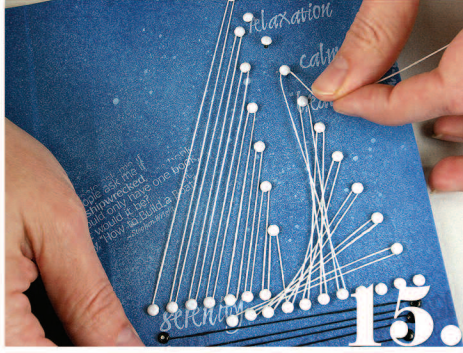
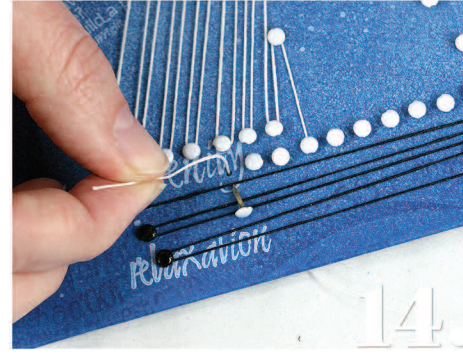
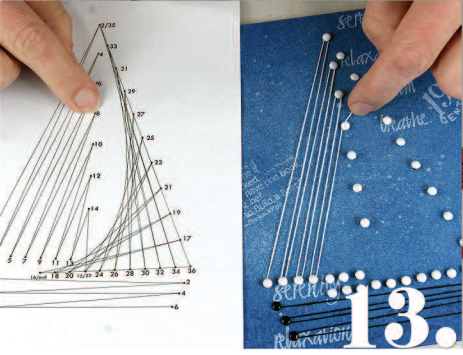
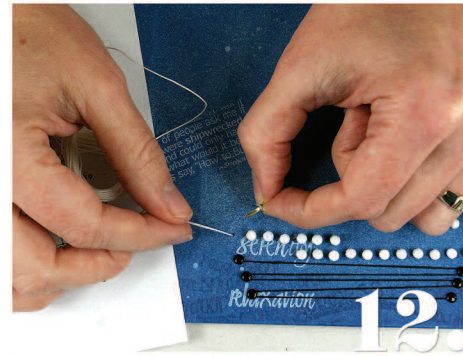
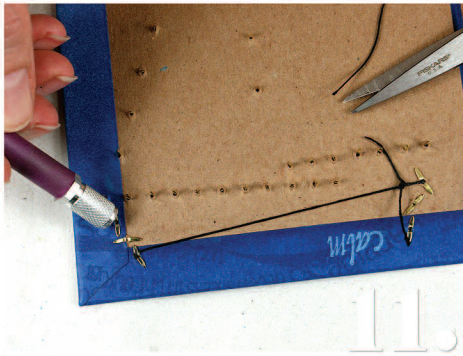
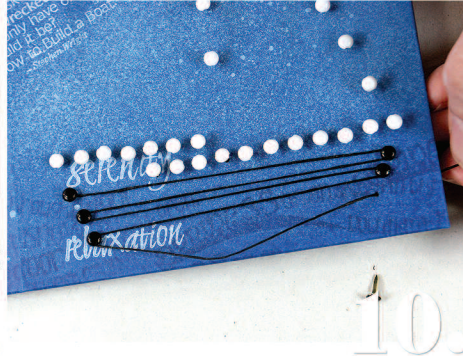
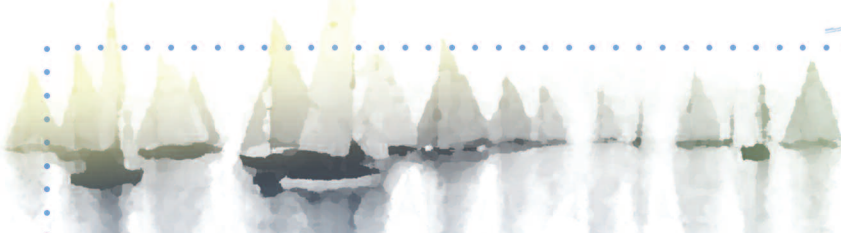
**five:** Glue the long flaps into place. Tuck in the excess paper at each corner and glue the short flaps.

**six:** Trim the printed template in half and place the hole piercing guide onto the front cover. Protect your work surface with a cork board, and use a paper piercing tool to pierce each hole as indicated on the template.

**seven:** Insert a brad into each hole, using black brads for the bottom three holes at left and right, and white brads for all remaining holes. Do not insert the brad all the way to the surface of the cover.

**eight:** Consult the stringing diagram and remove the brad at hole #1. Thread black waxed linen through the hole from back to front, leaving a 3" tail. Re-insert the brad.





**nine:** Following the stringing diagram, string the waxed linen across to brad #2, back to #3, etc., wrapping around the base of the brad each time. Push the wrapped brads all the way in after they have been wrapped.

**ten:** When reaching the sixth and final hole, remove the brad, bring the thread though the hole to the back, and replace the brad. Tie thread tails into a knot to secure.

**eleven:** Use the metal tip of a paper piercing tool to separate and flatten the prongs of each black brad.

**twelve:** Remove the white brad at hole #1 and thread white waxed linen through the cover from back to front leaving a 3" tail at the back; replace the brad and push it all the way in.

**thirteen:** Wrap the string around the brads in the order indicated on the diagram.

**fourteen:** When reaching brad #15, remove the brad, bring the thread through the hole to the back, and exit to the front at hole #16.

**fifteen:** Finish stringing in the same manner, pushing the brads all the way in once the brad is wrapped with thread.

**sixteen:** After looping around brad #36, bring the thread down across the right side of the sail. Slide the thread under the brads, round the corner and bring the thread across to the "end" brad.

**seventeen:** Remove the brad at "16/end", bring thread through the hole to the back and replace the brad. Secure the thread tails and set all brads.

**eighteen:** Glue the 10-3/4x6-3/4" Dark Blue Inside Wrap to the cover.



**nineteen:** Pierce three stitching holes 3/4" from the top and bottom edges of the spine. Pierce the first hole at center, and holes 1/4" to the left and right of center.

**twenty:** Score and fold each 6-3/4x9-3/4" Inside Page in half at 4-7/8".

**twenty-one:** Pierce stitching holes 5/8" from the top and bottom edge of one inside page. Nest the pierced page into several more pages and transfer the pierced holes. Repeat until all pages are pierced.

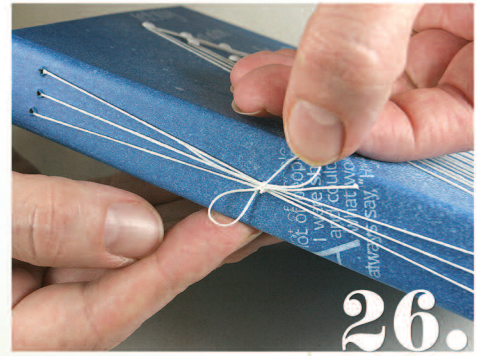
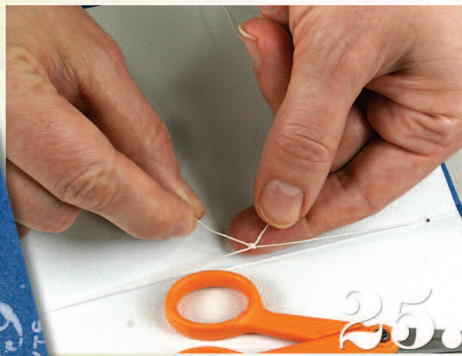
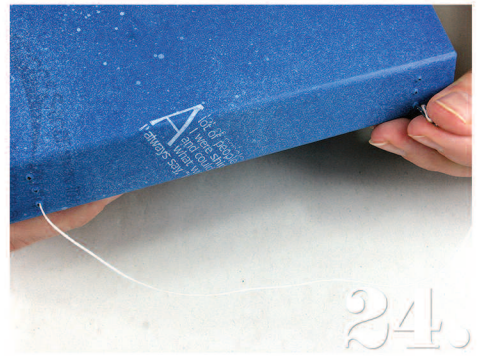
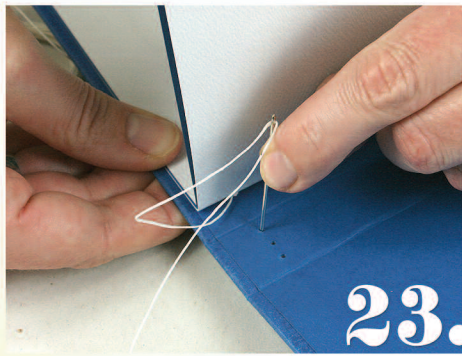
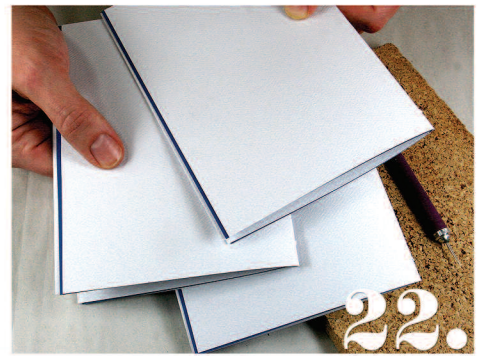
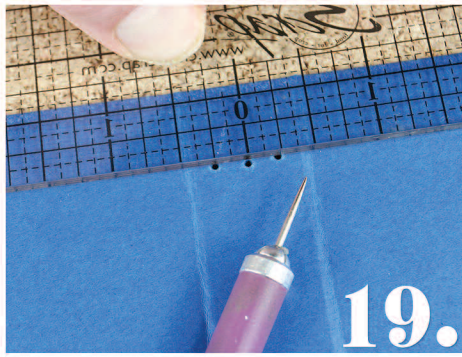
**twenty-two:** Sort the pages into stacks of three nested signatures of three pages each.

**twenty-three:** Thread a needle with waxed linen. Enter a stitching hole in one signature from the inside of the fold to the outside and through a stitching hole at the top of the book spine.

**twenty-four:** Re-enter the spine at the corresponding hole at the bottom and re-enter the signature.

**twenty-five:** Tie thread tails together in a double knot and trim. Repeat with the remaining signatures and stitching holes.

**twenty-six:** If desired, tie a bow around the three long threads on the outside of the book spine with waxed linen. Add your own personal creative touches to the inside of the book.



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