



## PERFORMA 3®

**A UNIQUE BLEND OF OMEGA 3 RICH OILS  
HIGH IN EPA, DHA AND ALA'S**

The presence of EPA, DHA and ALA's omega 3 fatty acids may support:

- Circulation, blood supply and oxygen delivery
- Energy production
- Hormone formation



# PERFORMA 3<sup>®</sup>

A UNIQUE BLEND OF OMEGA 3  
RICH OILS HIGH IN EPA, DHA AND ALA'S



In many equine diets the omega-3:omega-6 ratio is out of balance, affecting the wellbeing and performance of the horse. Omega-3 oils are a group of unsaturated fatty acids that cannot be produced by the horse. To benefit from these oils they need to be supplemented in the diet.

For the omega-3 oil to be utilized effectively and efficiently it should contain the valuable longer chain fatty acids, Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA). These omega-3 fatty acids are only found in fish oil. Performa 3<sup>®</sup> contains fish oil, allowing the horse to derive the full benefits of the oil immediately. Plant sources of omega-3 oils contain Linolenic acid that needs to be converted to EPA and DHA before it can be utilized by the horse. Hygain Performa 3<sup>®</sup> is a rich, natural source of omega-3, -6 & -9 fatty acids. By combining omega-3 rich vegetable and fish oils with added garlic, Performa 3<sup>®</sup> contains high levels of usable EPA, DHA and ALA's.

## Ingredients.

Flaxseed Oil, Canola Oil,  
Fish Oil and Garlic.

## Proudly Australian Made

p. (03) 5943 2255  
e. [info@hygaingroup.com](mailto:info@hygaingroup.com)

## Directions for use.

**Dosage, as a guide:** Commence feeding at 25mL (0.68 oz) to 30mL (1oz) per day and increase gradually over 10-14 days to recommended levels. Performa 3<sup>®</sup> can be used in conjunction with other oils. Mix thoroughly into daily feeds.

Ponies: 50mL (1.7oz) to 100mL (3.39oz).

Mature Horses: 100mL (3.39oz) to 200mL (6.76oz).

Racing & Performance Horses: 50mL (1.7 oz)  
to 150mL (5.07oz).

Breeding Stallions: 100mL (3.39 oz)  
to 200mL (6.76oz).

Exclusive to



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