COLIC HORSES

CAUSES, SIGNS, TREATMENT & PREVENTION

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CALL & VET

Colic is a combination of signs that alert us to **abdominal pain** in the horse. Many of the conditions that cause colic can become **life threatening** in a relatively short period of time.

SIGNS OF COLIC

Turning the head toward the flank

Elevated pulse rate

Pawing Lack of appetite

Kicking or biting at the abdomen

Absence of or reduced digestive sounds

Sweating

Rolling

Rapid respiration

Stretching out as if to urinate

Repeatedly **lying down** and getting up (or attempting to do so)

Depression

Keep your horse as

& COMFORTABLE as possible

- Let him lie down when he appears to be resting and is not trying to roll.
- ► Walk your horse very slowly when he tries to roll or behaves violently.



VETERINARY DIAGNOSIS & TREATMENT

Obtaining some **history** of the horse

Observation of behaviour, sweating, abdominal distension, rapid breathing, flared nostrils



Monitoring **vital signs**,
including temperature, pulse,
respiration, colour of the mucous
membranes and capillary refill

Rectal palpation for evidence of intestinal blockage, distension, or other abnormalities



Analgesics or sedatives to **relieve pain** and distress

Laxatives to help re-establish **normal** intestinal function

Passage of a **stomach tube** to determine presence of excess gas, fluids, and ingesta

Abdominal tap in order to evaluate protein level and cell type in the peritoneal fluid

Continued observation to determine response to treatment

Possible surgery referral

COLIC PREVENTION



Feed a minimum of **1%** of your horse's body weight as **roughage**



Divide daily concentrate rations into two or more **smaller feeds** to avoid overloading the digestive tract



Set up a regular **parasite control program** with the help of your vet



Allow the horse to **self-exercise** and **graze** as if he would in the wild



Provide fresh, **clean** water at all times.



Make dietary and other management **changes** gradually