

The page features four decorative illustrations in the corners: top-left shows a branch with small flowers and buds; top-right shows a fern frond; bottom-left shows a large, detailed fern frond; and bottom-right shows a large iris flower with its leaves.

MARIE REYNOLDS LONDON

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MARIE REYNOLDS LONDON

Marie Reynolds is a celebrated Wellness expert in the UK who looks beyond the surface of the skin, analysing how the body acts and behaves. By supporting the lipid barrier, feeding your microbiome, and finding balance (homeostasis) your body will be nourished inside & out and you will ultimately empower your body to support its own recovery.

GOJI MALLOW CLEANSE

Goji Mallow Cleanse is a hydrating and nourishing facial wash resembling the light texture of marshmallow. Enriched with a natural super antioxidant blend of Goji berries, Acai berries and Oat Silk, it locks in moisture, provides essential nutrients, reduces inflammation and increases elasticity of the skin, all the while providing a gentle cleansing action to remove daily aggressions and make up

100ml - £31.99



MICROFIBRE MITT

The MRL facial microfibre cleansing mitts are non irritating and contain no chemicals. The surface area of a microfibre cloth has a dense pile that is made of many tiny threads, more than a normal wash cloth. The many micro-fibres enables the mitt to lift make-up from the skin surface. Smaller fibres can get into cracks too small for normal facial cloths, and can get under finer particles of make-up and daily grime with less irritation. It can be used alone with water to remove make up as a pre cleanse, before using the Goji Mallow Cleanse, or on its own as an alternative to facial wipes.

Single - £4.80
4 pack - £14.40



HYDR8 MISTING VEIL

Hydr8 Misting Veil is a refreshing and hydrating spritz to compliment any skincare routine. Hydration is key for optimum health and it is essential that ingredients in fine mists, such as the Hydr8 Misting Veil work in synergy with the skin.

With just three key ingredients: Oat Silk, Hyaluronic Acid and Aloe, this fine misting veil gives a protective layer, calms and soothes the skin.

100ml - £34.00



ELIXIR

Elixir - (Stage 1) contains a blend of Apricot & Marula Oil, which has four times as much Vitamin C as oranges, omega 9 fatty acids and Vitamin E. It protects against environmental damage as well as being extremely high in antioxidants. A beautiful blend of Frankincense, Rose & Neroli was chosen for its resonance and ability to nourish & repair the skin. It is easily absorbed into the skin, providing the perfect conditions for Stage 2. The combination of Elixir and Reson8 creates, what Marie has defined as an Epidermal Blanket over the skin, mimicking the skin's Natural Moisturising Factor (NMF) protecting, nourishing and rejuvenating skin's delicate balance. The products are designed to be used together in specific stages but can be adapted morning, evening or pre make-up routines. The perfect finishing product.

50ml - £49.99



RESON8

Reson8 (Stage 2) calms & stabilises an impaired lipid barrier as well as healing and penetrating hydration to the skin. A complex of ingredients including Arnica, Rosehip, Argan oil, Jojoba oil, Passion fruit oil, Evening Primrose oil, Green Tea extract, Melon extract, Gotu Kola extract, Aloe Vera and Marine Collage were chosen to engage perfectly with stage 1. The combination of Elixir and Reson8 creates, what Marie has defined as an Epidermal Blanket over the skin, mimicking the skin's Natural Moisturising Factor (NMF) protecting, nourishing and rejuvenating skin's delicate balance. The products are designed to be used together in specific stages but can be adapted morning, evening or pre make-up routines. The perfect finishing product.

50ml - £46.00



SKIN QUENCHER

MRL Skin Quencher allows the skins cells to be bathed in a luxurious blend of Squalene, Matrixyl 3000 and Hyaluronic Acid. This beautiful cocktail of hydrating and nourishing ingredients acts as a booster to existing products used in your skin care regimen. Once applied you will see and feel the brilliance in illuminating and hydrating the skin.

50ml - £37.99



FACE NIGHT OIL

MRL FACE Pro Vitamin A Night Oil containing a beautiful combination of non-irritating bioactive agents Pro Vitamin A has a slow release action that is kinder on the skin making it less likelihood of an inflammatory response.

100ml - £37.99

ANOINT

A specific blend of base oils that are abundant in essential fatty acids, antioxidants and vitamins including Vitamins A, C & E to condition and support the skins integrity. This was created to aid skin healing for stretch marks and scars, as well as softening and smoothing the skin. When Anoint is mixed with MRL Restore it creates a probiotic exfoliation, leaving the skin revived, nourished and unbelievably soft.

10ml - £25.00



BUTTER BALM

A stunning blend of butters and oils that are non occlusive but easily absorbed into the skin to boost the function of the lipid barrier. The balm can also be used as a mask, a night treatment or as a healing balm. Amazing results are seen in areas of hard skin like the elbows and cracked heels..

100ml - £48.00



RESTORE

Marie Reynolds' amazingly successful skin food facial mask, Restore is suitable for all skin types, this powerhouse of a facial mask nourishes and protects the skin at epidermal levels, and works in harmony with her already successful product line that includes The Epidermal Blanket.

80g - £68.00



MRL MINI'S

The MRL Mini's are the perfect introduction to the MRL Range. This kit is also ideal for travel or for a gift for someone special.

£52



3-SET

MRL 3-SET is a dynamic adaptogenic Botanical Complex with EFSA approved health claims, a synergistic combination of herbs, roots and vitamins, formulated to combat stress physically, chemically or biologically while also supporting the immune system, energy levels, mental performance and a general sense of calm, focus and vitality. Adaptogens help symptoms related to the absorption of nutrients and utilisation of oxygen. A formula to be invaluable where symptoms indicate systemic weakness and depletion.

£28.00



COL-MOTION

COL-Motion is a well-known herbal colon cleanser and bowel support combination, originally based on a formula by master herbalist, Dr. John R. Christopher. We all know the importance of gut health but if there is a constant level of toxicity then there will be a risk of reabsorption of toxins.

Col-Motion contains a range of active herbal ingredients specifically selected to cleanse the intestinal tract, soften the stool, stimulate the liver, improve peristalsis and help tone the bowel wall, thereby supporting a move towards unassisted bowel movements

£25.80

CALMERIC

Each capsule combines organic turmeric powder PLUS high-potency turmeric extract (95% curcumin – the active ingredient) with ginger root extract (5% gingerols), cayenne extract (100au capsaicin), piperine (black pepper) extract, zinc citrate and vitamin B6. The piperine has been included to potentiate the absorption and effect of the other herbal actives – a well-known herbalists' combination.

Baring in mind that all dis-ease and imbalance in the body and skin is born from inflammation, Calmeric is a wonderful supplement to include for immune system support, supporting any exercise programme, older adults and anyone looking to support normal hormone activity, bone health, skin health plus all round well-being.

£23.99



COLL-FORCE

Collagen is an important complex protein in the body that provides structural integrity to key areas such as the skin, hair, nails, bones, joints, tendons, ligaments, cartilage, fascia, teeth, gums and blood vessels. In fact, collagen is responsible for making up 75% of our skin composition.

Coll-Force is more than just collagen! It contains a tailored combination of marine collagen, (2,000 dalton) as well as a clever vitamin, mineral, herbal and nutrient blend that is designed to work from within to help protect the body on a cellular level against ageing and oxidative stress. These synergistic ingredients also help to keep skin elastic, radiant and supple, and their actions are backed by science, with a number of EFSA (European Food Safety Authority) approved health claims.

Suitable for people on a pescatarian diet.

100ml - £25



CATALYST

Catalyst is a high-strength supplement which combines a broad spectrum range of plant-derived digestive enzymes with carminative, anti-spasmodic and gut-soothing herbs. Digestive enzymes are important because they enable us to break down proteins, carbohydrates and fats into their raw components in order to make the nutrients available for absorption and utilisation. Over time, poor digestion leads to nutrients malnutrition and the beginning of a range of ailments. Similarly, we produce fewer digestive enzymes as we age – our bodies' own reserves are finite.

Digestive enzymes: Betain HCL, bromelaine, papain, amylase and lipase. Herbs and digestives: Alfafa, applecider vinegar, caraway seed, chamomile, fennel seed, ginger root, peppermint leaf and turmeric

£21.50



DEFEND

We are bombarded with external and internal pathogens that constantly place strain on the immune system. In today's current climate the need to boost immunity and fight infection is ever more in need. MRL Defend is a tailored combination of both immunity ingredients and highly potent herbal anti-virals and anti-bacterials based on protocols from TCM (Traditional Chinese Medicine).

It contains high dose vitamin C (512mg) from multiple sources, i.e. herbs, berries, plants and ascorbic acid PLUS 19 additional ingredients from herbs, berries, fruits, leaves, roots, mushroom, bulbs, vitamins and minerals, as well as probiotics to boost gut immunity. This supplement is an exciting immune boosting and anti viral formula to help give your body the support it needs against attack.

£28.50





ERADIC8

An all-in-one Candida yeast balance, digestion, colon health and detox support supplement. It contains 15 powerful ingredients, including active herbals, probiotics and other natural cleansing and protective agents, which have anti-bacterial, anti-fungal, anti-microbial and anti-inflammatory actions. This supplement helps to support the correct balance of gut micro-flora (bacteria and yeasts), integrity of the gastrointestinal tract and encourages the growth of friendly bacteria (probiotics), which of course reflects in the skin and reduces excessive inflammation and mucus. Ideal for use in conjunction with a low yeast and low sugar diet..

£20.99



FUNGI FUSION

The ingredients used in this food supplement have been certified organic by the Soil Association, meaning no toxic pesticides or fertilisers have been used resulting in a "clean" product. Being organic also helps the mushrooms to maintain their bio-availability and keeps them nutrient-dense, as some nutrients can be lost when non-organic ingredients are used.

£30.54

EVOLVE

Treat within and the skin will reflect. A powerful all-in-one organic alkalisng and detox formula, which combines the best of nutrient-dense foods from both the sea and Earth's soil. The incredible ingredients include: organic Seagreens® (Ascophyllum nodosum and Fucus vesiculosus), with a range of vegetables and herbs: artichoke, chlorella, green tea leaf, spirulina, ashwagandha (Withania somnifera) root and cayenne.

This amazing organic food supplement offers a unique blend of iodine-rich, food-approved seaweeds. Iodine contributes to: normal cognitive function, normal energy-yielding metabolism, normal functioning of the nervous system, the maintenance of normal skin, the normal production of thyroid hormones and normal thyroid function. As most iodine is from dairy and meat, this is ideal in vegan, vegetarian, allergy and intolerance diets.

£27.95



LIVER RESCUE

Liver Rescue is a healthy liver support formula, with a combination of herbal extracts and powders, plus vitamins – choline, biotin, artichoke, garlic, burdock root, parsley leaf, N-Acetyl L- Cysteine, beetroot, liquorice root, Alpha Lipoic Acid (ALA), fennel seed, turmeric, ginger root, cayenne and dandelion root.

It is designed to support the liver and other detoxification organs and systems of the body – particularly during periods of over-indulgence in food, alcohol or smoking. In particular, the ingredients in this comprehensive food supplement help to cleanse a congested liver and gallbladder and support cell repair and protection. It has been formulated to stimulate, flush, cleanse and protect these two important organs.

£23.50



FOCUS

Focus contains a special combination of vitamin and mineral ingredients that support focus, concentration, mental performance, memory recall and energy levels: zinc, vitamin B12 (cyanocobalamin), vitamin B3 (niacin), vitamin B5 (pantothenic acid) and folic acid (folate). Together, these nutrients support the ability to think more clearly and provide valuable additional nutritional energy to the brain and body. Synergistic herbal and other nutritive allies have also been added to the formula, to boost its efficacy and provide additional nutrients.

£28.00



OCEAN EFA

Ocean EFA Antarctic Krill Oil is of the highest grade and is sustainably-sourced from fisheries in the Antarctic through Aker BioMarine, who work with World Wildlife Foundation Norway. Unlike fish oil, krill oil does not cause a fishy aftertaste, a common side effect of fish oil. Krill oil is also more easily absorbed by the body and contains higher amounts of astaxanthin than fish oil. This 500mg supplement contains omega 3 fatty acids (DHA and EPA) and phospholipids – "good" fats that are required for a healthy body and mind.

Ocean EFA also contains the powerful antioxidant, astaxanthin. Antioxidants protect our cells from damage by harmful free radicals – unstable substances that are thought to contribute to certain chronic diseases. Unlike many other antioxidants, astaxanthin crosses the blood-brain barrier, where it can protect the eye, brain and central nervous system from free radical damage.

£26.99



PROBIO+

MRL Probio++ is a practitioner strength probiotic that contain 20 billion friendly bacteria per capsule. It has been specially formulated for to benefit digestive and intestinal disorders, such as dysbiosis, Candida, bloating etc. With its broad spectrum, 8 probiotic strains (encapsulated for acid resistance) at high concentration, this supplement aims to tackle most digestive and intestinal system disorders with ease – more than just another probiotic!

A great source of friendly bacteria without the added sugar, dairy, fats and calories of yoghurt.

Best results are achieved when ProMax+ is combined with Eradic8, Col-Motion and Catalyst

£29.99



YVE

Vitamin B6 contributes to the regulation of hormonal activity, as well as normal cysteine synthesis, normal energy-yielding metabolism, normal functioning of the nervous system, normal homocysteine metabolism, normal protein and glycogen metabolism, normal psychological function, normal red blood cell formation, normal function of the immune system and the reduction of tiredness and fatigue.

Zinc contributes to normal fertility and reproduction, as well as the maintenance of normal bones, hair, nails, skin, vision, immune system and normal cognitive function.

£20.99

REPAIR+

A pure amino acid powder, required by the body for a range of repair and maintenance functions, such as wound healing, muscle and bone growth, digestive health and gut wall integrity. It is also widely used by people with various forms of digestive and intestinal problems, an overtaxed or exhausted immune system, as well as by athletes following gruelling training routines – it breaks down uric acid from proteins. Glutamine is a non-essential amino acid and is the most abundant free amino acid in muscle cells.

L-Glutamine amino acid powder, is sourced from fermented glucose and is a great supplement to aid the repair of all cells and tissues in the body, including muscle tissue, internal organs, tendons, fascia, skin, hair and nails. Repair + is the perfect accompaniment to support the body for optimum health, for recuperation and for sports performance.

£21.49



ZEDZ NIGHT TIME BLEND

MRL Zedz is a dynamic blend of wonderfully selected herbs, amino acids, vitamins and minerals that calm and soothe the mind, aiming to bring about rest and relaxation for the body to recharge. It aims to quieten a busy head, lower heart rate and reduce anxiety. It works as an anxiolytic (an anxiety reliever) and as a sedative, to increase relaxation and calm, and help bring about sleep.

£25.00



VEGAN C

Vegan C is a unique whole food (food based) source of vitamin C, derived from some of nature's richest sources of this essential vitamins and antioxidants. As well as providing vitamin C, it is packed with a host of other natural vitamins, minerals, antioxidants, bioflavonoids, pectins, essential oils, lycopene, carotenoids, plant sterols, catechins, polyphenolics and other phyto-nutrients. Gentle and non-acidic – no ascorbic acid! Synthesised vitamin C (which is normally in the form of ascorbic acid and mineral ascorbates) may look like Vitamin C in chemical structure, but it is missing all of the natural and essential co-factors found in food state health food products.

£21.50



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