

# Threading Activity

Threading is a great activity to help children develop fine motor skills that are essential for being able to draw, write, do up buttons, tie shoelaces, open lunch boxes and more. Threading also helps to develop eye-hand coordination and concentration skills. This activity is a great one for when you need a little bit of a break as it allows your child to explore independently (with supervision) and can be a great way to have some quiet time!

## What you'll need:

- A colander or egg carton
- Pipe cleaners or shoelaces
- Some scissors if you are using an egg carton



## How to do it:

- If using an egg carton, turn it upside down and use your scissors to cut some holes in the bottom of each egg spot OR simply grab your colander.
- Get your pipe cleaners or shoe lace and demonstrate to your child how to thread them through the holes.
- Allow your child to take over and experiment with threading. Talk to them about which colours they're using and what happens throughout the threading process.

**Tip-** you could also use household items like penne pasta or straws to facilitate a threading activity with your child-

**The possibilities are endless!**

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