

Feed the Box

(toddlers to older children)

This activity is great because it can be made as simple or as complex as you like for your little one's age. For younger children, you can cut simple holes for them to pop balls through, and for older children you could use different shapes or colours and see if your child can match them up. This activity helps to build gross and fine motor skills in younger children and could help older children to develop shape and colour recognition.

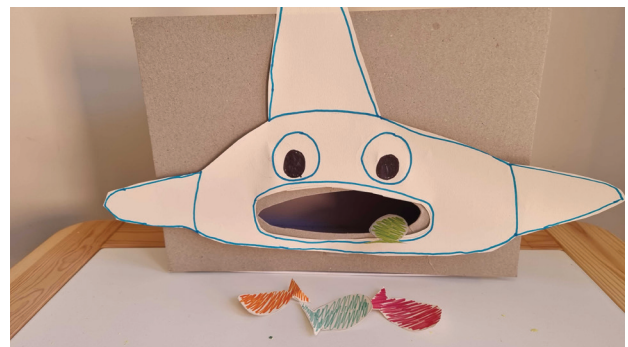
You can even extend this activity into practise packing up after your child has finished playing by encouraging them to put all the pieces into the box when they are done playing.

What you'll need:

- A cardboard box (a shoebox would work well for this as your little one can practise taking the lid off to get the balls or blocks out and putting it back on again)
- Scissors or a Stanley knife to cut the holes
- Balls, blocks of different shapes or colours, even cut up pieces of sponge would work

How to do it:

- Cut holes or shapes in your cardboard box.
- Optional step: colour around the holes with paint or pencils if you want one of the activities to be matching up colours
- Gather up balls, blocks or whatever you are using to put through the holes and let your child have a ball!



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