

Cereal Sensory Bin

Cereal sensory bins are a fantastic indoor/outdoor activity which can be adapted to suit your toddlers interests. The tactile nature of a sensory bin fosters a toddler's creativity, curiosity and critical thinking. Using tools to develop fine motor skills, your child will be practicing practical life skills such as scooping, filling and dumping, in a focused and engaged way. Having them help with clean-up when they're done playing teaches responsibility and teamwork. A cereal sensory bin is a quick and easy activity that takes no time at all to set up and will keep your little one entertained long enough for you to sneak a nice hot coffee. Please bear in mind that your child will likely eat the cereal while playing so supervision is recommended.

What you'll need:

- A plastic tray with a depth of 15cms or more
- Cereal such as Cheerios or Rice Bubbles
- Tools - Scoops, spoons, cup and tongs work great!



How to do it:

- Take your plastic tray and pour in as much or as little cereal as you're willing to clean up off the floor. Add a few tools and away you go!

Theme ideas for your cereal sensory bin!

- **On the farm-** Set up some animals and tractors/diggers
- **Cars and trucks-** Driving through the cereal makes great crunching sounds
- **Dinosaur Stomp-** Get those dinos stomping through the cereal, crushing the pieces down to a fine powder
- **Hammer time-** Give that destructo-babe a toy hammer and let them go wild!

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