## J’admire

## I. THE PAPER TEST



## Instructions:

1. Print and cut out ring sizer above.
2. Make a slot in the ring sizer by cutting along dotted line.

3. Place ring sizer comfortably around fingers, numbers facing out.
4. Secure the ring sizer snuggly around your finger.
5. Your approximate ring size should be the number that appears where it says "Ring size".

## II. THE STRING TEST



Step 1: Cut a slip of paper and wrap around your finger


Step 2: Mark the point where the end of the paper meets.


Step 3: Use ruler to measure the Inside Circumference. Refer to the table below.

| US ring size | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Diameter of ring (mm) | 14.10 | 14.90 | 15.70 | 16.50 | 17.30 | 18.10 | 18.90 |
| Finger circumference (mm) | 44.0 | 46.5 | 49.0 | 51.5 | 54.0 | 56.6 | 59.1 |

## RING CHART:




## RING CHART INSTRUCTIONS:

If the finger is not available for measuring, use a ring from the individual's current jewelry collection. Place the ring on a circle within the "ring chart". The correct circle size should fit right against the inside of the ring.

