

CPT for PTSD Consultation

Please direct inquiries to training@candicemonson.com

Consultation is a very important part of becoming a rostered CPT Provider. As clinicians begin to deliver CPT in their practice, it is inevitable that questions and situations will arise with which clinicians new to CPT will need assistance to navigate. Consultation provides clinicians with support from expert CPT Consultants to get clinical questions answered and receive support and feedback to help ensure that clinicians are confident and competent delivering CPT. There are two types of CPT consultation, including individual and group. Both types of consultation take place weekly by telephone or online platform, and each consultation session is led by a CPT Consultant. CPT consultants are licensed mental health clinicians who have trained as a CPT Trainer, and have extensive experience in the delivery of CPT. Treatment developers, Drs. Resick, Chard, and Monson, hold a roster of clinicians who have completed training and consultation requirements to become a **CPT Provider** or **CPT Quality Provider** (see <https://cptforptsd.com/cpt-provider-roster/>). Being listed on the roster will increase your visibility and credibility to clients and fellow clinicians who are seeking a CPT provider. The information below provides an overview of what is included with CPT Consultation and how it is typically structured.

Included with CPT Consultation

- Assignment of an approved CPT Consultant
- Initial coordination of consultant and clinician(s)
- Up to 60 minutes of live consultation each week
- Administration of consultation documentation
- Documentation processing and updates to clinician status as outlined on the Achieving Provider Status webpage (see <https://cptforptsd.com/achieving-provider-status/>)

Individual CPT Consultation Structure

- Size (number of clinicians): 1
- Number of Sessions Offered: 15
- Session duration: 30 minutes
- Attendance Policy: For CPT Provider status, clinicians must attend a minimum of 15 sessions
- Time between each session: approximately 7 days
- Delivery method: telephone or online via Zoom platform

Cost per clinician: CAD\$2400+applicable tax

Group CPT Consultation Structure

- Size (number of clinicians): 5 – 8
- Number of Sessions Offered: 20
- Session duration: 60 minutes
- Attendance Policy: For CPT Provider status, clinicians must attend a minimum of 15 group sessions
- Time between each session: approximately 7 days
- Delivery method: telephone or online via Zoom platform

Cost per clinician: CAD\$1400+applicable tax