

CONTINUING EDUCATION

Socratic Dialogue in the Treatment of PTSD: Putting it into Practice

September 16-17, 2024; 2 full days, from 10:00-5:45 PM Eastern Daylight Time (UTC-4.0)

Online via Zoom

Candice M. Monson, PhD is approved by the Canadian Psychological Association (CPA) to offer continuing education for Canadian psychologists. The program offers a total of 6.0 contact hours per day with full attendance required (12.0 contact hours in total). Partial CE credit is not offered. Candice Monson, PhD is responsible for the maintenance of this program.

NOTE: For U.S. clinicians and other licensed professionals, it is the responsibility of attendees to determine if continuing education credit offered by Candice M. Monson, PhD (approved by the Canadian Psychological Association) meets the regulations of their licensing/certification board.

Course Completion: To qualify to receive continuing education credit, attendees must participate in the CE activity in its entirety (attendance will be taken), and complete the CE materials.

Questions: If you have questions regarding continuing education, the program, faculty, comprehensive speaker bio, please email training@candicemonson.com

ACA/ADA: For accommodations on the basis of disability, please contact: training@candicemonson.com

Skill Level: Intermediate, Advanced.

Learning Objectives:

1. Understand the social-cognitive model of PTSD
2. Discuss how the social-cognitive model of PTSD informs treatment via CPT
3. Conceptualize unique patient cases from a social-cognitive model
4. Understand the core components of CPT and their association with treatment outcomes
5. Discuss the essential elements of successful application of Socratic Dialogue
6. Identify different types of Socratic questions and the intention behind their use
7. Articulate different types of maladaptive trauma-related cognitions that lead to different clinical problems
8. Discuss common problems that underly assimilated stuck points
9. Understand how Socratic questions can be used to specifically target the common problems associated with assimilated stuck points
10. Discuss common problems that underly over-accommodated stuck points
11. Understand how Socratic questions can be used to specifically target the common problems associated with over-accommodated stuck points
12. Apply the concepts above to unique and complex clinical presentations (e.g., addressing issues of intent and responsibility, comorbidities)

IMPORTANT NOTE: The CPA's approval of an individual, group, or organization as a CE Sponsor or Provider is restricted to the activities described in the approved application or annual report form. The CPA's approval does not extend to any other CE activity the Sponsor or Provider might offer. In granting its approval, the CPA assumes no legal or financial obligations to Sponsors, Providers, or to those individuals who might participate in a Sponsor or Provider's CE activities or programs. Further, responsibility for the content, provision, and delivery of any CE activity approved by the CPA remains that of the CE Sponsor or Provider. The CPA disclaims all legal liability associated with the content, provision, and delivery of the approved CE activity.