

CONTINUING EDUCATION

CPT for PTSD Foundational Training (October 21-22, 2024)

2 days, from 10:00 AM to 5:45 PM Eastern Savings Time (UTC-5.0)

Online via Zoom

Candice M. Monson, PhD is approved by the Canadian Psychological Association (CPA) to offer continuing education for psychologists. The program offers a total of 12.0 contact hours (6 per day) with full attendance. Partial CE credit is not offered. Candice Monson, PhD is responsible for the maintenance of this program.

NOTE: For U.S. clinicians and other licensed professionals, it is the responsibility of attendees to determine if continuing education credit offered by Candice M. Monson, PhD (approved by the Canadian Psychological Association) meets the regulations of their licensing/certification board.

Course Completion: To qualify to receive continuing education credit, attendees must participate in the CE activity in its entirety (attendance will be taken). CE verification will be emailed to attendees following the workshop.

Questions: If you have questions regarding continuing education, the program, faculty, comprehensive speaker bio, please email training@candicemonson.com

ACA/ADA: For accommodations on the basis of disability, please contact: training@candicemonson.com

Skill Level: Beginning, Intermediate, Advanced.

CPT Learning Objectives:

1. Learn how PTSD symptoms interact to maintain the disorder
2. Learn the theory underlying CPT to inform individual case conceptualization
3. Learn about evidence base that supports the use of CPT in treating PTSD and its common comorbidities
4. Learn about recommended assessment strategies to determine clients who are appropriate for CPT
5. Learn the session-by-session CPT protocol
6. Discuss common challenges to implementing CPT (e.g., client adherence, managing comorbidities) and strategies for over-coming complex cases
7. State the rationale for CPT for the treatment of PTSD
8. Apply knowledge and skills obtained to clinical work with individuals
9. Conceptualize the cognitive and behavioral mechanisms in CPT that target PTSD symptoms and maladaptive beliefs
10. Discuss the application of CPT to various therapy settings (i.e., individual, group, residential)
11. Learn about the use of Socratic questioning as it pertains to CPT
12. Identify and understand the difference between assimilation and accommodation in the development of maladaptive PTSD related cognitions

IMPORTANT NOTE: The CPA's approval of an individual, group, or organization as a CE Sponsor or Provider is restricted to the activities described in the approved application or annual report form. The CPA's approval does not extend to any other CE activity the Sponsor or Provider might offer. In granting its approval, the CPA assumes no legal or financial obligations to Sponsors, Providers, or to those individuals who might participate in a Sponsor or Provider's CE activities or programs. Further, responsibility for the content, provision, and delivery of any CE activity approved by the CPA remains that of the CE Sponsor or Provider. The CPA disclaims all legal liability associated with the content, provision, and delivery of the approved CE activity.