



SEASONED BEEF EMPANADAS

Our Seasoned Beef for Tacos is simmered in a hearty tomato puree and seasoned with a traditional blend of spices to create that authentic taco flavor. Convenient and ready in minutes, its great on its own or incorporated into another dish such as spaghetti, tacos, empanadas, enchiladas, and more.

INGREDIENTS

15oz Del Real Foods® Seasoned Beef for Tacos

24 Frozen Empanada Disks

1 Cup Boiled Diced Potato

1/2 Cup Frozen Peas

2 TBSP Chopped Green Onion

2 TBSP Chopped Fresh Parsley

2 Eggs



Prep Time





Z4Servings

PREPARATION

- 1. Pre-heat oven to 400°F.
- 2. Heat 15 oz Del Real Foods® Seasoned Beef for Tacos according to package instructions.
- 3. Add diced boiled potato, frozen peas, green onion, and parsley to a pan with Del Real Foods® Seasoned Beef for Tacos. Bring to a simmer.
- 4. Place about 1 TBSP of meat filling in the center of each frozen empanada disk. Fold in half and crimp the edges with a fork.
- 5. Place finished empanadas on a parchment paper lined sheet pan. Beat the eggs and brush each empanada top with the egg wash.
- 6. Bake for 15-20 minutes or until golden brown. Serve and enjoy!