

CHOCOLATE PEANUT BUTTER PROTEIN BITES

Yield: 9 balls

Total time: 1 hour

Protein: 9g

Carbohydrates: 13g

Fats: 9g

INGREDIENTS

- 1/2 cup rolled oats (gluten-free)
- 1/2 cup chocolate protein powder
- 1/2 cup natural peanut butter
- 2 tbsp unsweetened vanilla almond milk
- 1 1/2 tbsp maple syrup
- 3 tbsp dark chocolate chips

DIRECTIONS

1. In a medium bowl, mix all of the ingredients together. The mixture should be sticky and not dry. If it seems dry add more almond milk, a 1/2 tbsp at a time.
2. Roll into 9 balls. Refrigerate for 1 hour before enjoying. Store in the fridge or freezer.

