

The Canberra Times CANBERRA MARATHON


FESTIVAL 2024

PRESENTED
BY

tcs

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CONSULTANCY
SERVICES



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OUR CAPITAL. OUR COMMUNITY. YOUR POTENTIAL.

RACE DAY PARTICIPANT INSTRUCTIONS

07.04.2024

MARATHON • HALF MARATHON • 10K • 5.4K • 2K KIDS

JOHN DUNMORE LANG PLACE

The Canberra Times

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Alivio Tourist Park[®]
CANBERRA

charterpoint.

Grassrootz



THE CANBERRA
PHYSIO
CLINIC

THE WALKING
CLINIC
PODIATRIST

HIT 100

FIXX
NUTRITION

RUNNER'S
WORLD

premax
PERFORMANCE SKINCARE

Australian Government
National Capital Authority

ACT
Government

CANBERRA

NATIONAL TRIANGLE
CANBERRA - AUSTRALIA



»»» WELCOME

THE CANBERRA TIMES MARATHON FESTIVAL is back in 2024 bigger and better than ever, and we are thrilled that you'll be running with us on April 7.

Along with thousands of spectators, we'll be cheering you on through the streets of our amazing Capital City. Every cheer is a celebration of all the kilometres you clocked in training, including the ones that flew by, or were never ending...even the ones that hurt.

We'd like to express a warm thank you to our event partners for helping make this wonderful event possible. A special thanks to **Tata Consultancy Services (TCS)** for their support of the event, and Alivio Advantage for presenting the Alivio Advantage Half Marathon. We extend our thanks to partners **Chartperpoint**, Canberra Walking Clinic, Canberra Physio Clinic and **Hit 104.7**, and nutrition partners **FIXX Nutrition** and **Gu Energy**.

Your contribution goes a long way to make the event unforgettable for our entire running community. You deserve to make a big deal of this incredible challenge, so be sure to get down to our expo on Friday or Saturday to soak up the exciting atmosphere, check out the exhibitors and download our official app.

There's nothing we love more than seeing your pics, so join our socials channels and share. It's a great way to connect with your fellow runners and relive your favourite moments.

We wish you all the best for an incredible run on Sunday.

Team Sole Motive.



GET READY to track your run, or your runner, connect to country and measure your carbon footprint, while training with your virtual **Canberra Times Marathon presented by TCS** marathon buddy - all in one easy to use app!

The TCS App Highlights include:

- Leaderboard: Current race results, showing participant times, paces and places
- Live tracking to follow your family, friends and favourite runners
- See your official Marathon photos
- Enjoy selfie frames
- Connect to Country with our Indigenous landmarks tracker
- Event information and messaging
- Test yourself on the Sustainability Scorecard

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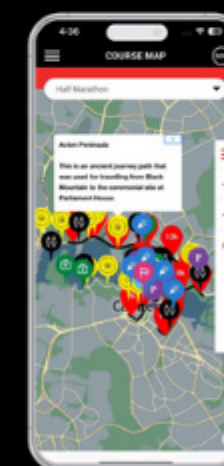


Download the official CTMF app!

Also available on App Store & Google Play Store.

Get it now

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**Wishing all participants
every success**

The Canberra Times is proud to partner with Sole Motive in presenting *The Canberra Times* Canberra Marathon Festival.

As thousands of Canberrans push themselves to the finish line from the 2K Kids Run all the way up to the Marathon, we celebrate the community spirit that makes this a much-loved event in our city's life every year.

We wish all our participants a strong run and fast finish.

The Canberra Times

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to the local journalism
you can rely on with
Canberra's trusted voice.



»»» **EVENT TIMETABLE**

DATE	EVENT DETAILS
Friday 5 April 2:00pm - 6:00pm	Race bib collection Event day registrations Expo open
Saturday 6 April 8:00am - 4:00pm	Race bib collection Event day registrations Expo open Food Village - Atticus Coffee (coffee)
Saturday 6 April 8:00am - 2:00pm 10:00am - 2:00pm	Personal refreshments (marathon only) *please drop off at the Information marquee within the expo Massage Therapists
Sunday 7 April From 5:00am	Event village opens Race bib collection Expo open
Sunday 7 April Race Day Timetable	6:15am MARATHON (Priority and Wave A) 6:20am MARATHON (Wave B) 6:30am 10K Aerobics Warm Up 7:00am 10K (Priority and Wave A) 7:10am 10K (Wave B) 7:00am Charterpoint 5.4K Aerobics Warm Up 7:50am Alivio Advantage Half Marathon Aerobics Warm Up 7:30am Charterpoint 5.4K (Priority and Wave A) 8:20am Alivio Advantage Half Marathon (Priority and Wave A) 8:25am Alivio Advantage Half Marathon (Wave B) 8:35am Alivio Advantage Half Marathon (Wave C) 8:30am 2K Kids Aerobics Warm Up 9:00am 2K Kids Dash
Sunday 7 April 8:00am - 11:00am	ENTERTAINMENT Watch yourself cross the finish line on the big screen Get your photo taken at the TCS Interactive Photobooth PRESENTATIONS 8:15am 10K 8:15am Charterpoint 5.4K 9:50am Marathon 10:00am Alivio Advantage Half Marathon
Sunday 7 April 5:00am - 2:00pm	Food Village Atticus Coffee and Gas Coffee Scott's Food Van OMG Decandant Donuts Wafflo
Sunday 7 April 2:00pm	Event village closes.

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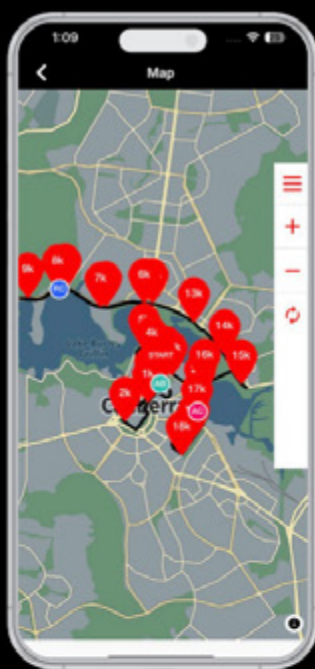
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Download the official CTMF app!

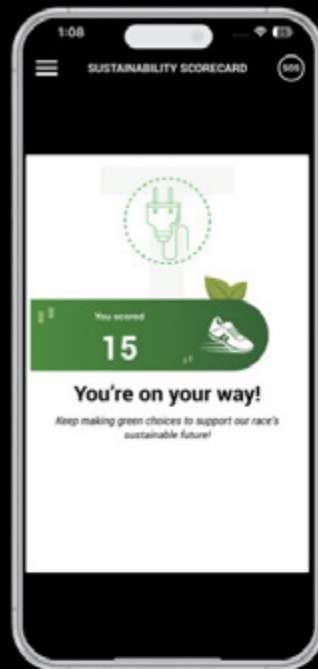
Track your run
or runner



Connect to
Country



Measure your
carbon footprint



»»» PRE EVENT INFO

RACE BIB COLLECTION

RACE BIB COLLECTION: FOR PRE-EVENT COLLECTION ONLY (POSTAGE PARTICIPANTS DO NOT NEED TO SHOW THEIR E-TICKET ON SITE) An e-ticket will be sent to you via email during race week and again on Friday 5th April. This will contain your entry details and QR code that you need to show when collecting your race bib (this can be printed out or on your phone). Make sure to take a screenshot of your e-ticket for quick access. Race packs can be collected at the Race Pack Collection marquee in the Event Village, and the first 500 to collect their pack will receive a free Fisiocrem Solugel (RPR \$18.95)!

Location: [John Dunmore Lang Place](#)

- Friday 5 April from 2:00pm - 6:00pm,
- Saturday 6 April from 8:00am - 4:00pm
- Sunday 7 April from 5:00am

CAN I ENTER ON THE DAY?

You can enter online up until 30 min before each race start [here](#).

CHANGE DISTANCE, NAME OR LOST BIB

HOW CAN I CHANGE MY DISTANCE?

If you need to change your distance you can do so [here](#).

Please log in and click the setting button within your **Canberra Times Marathon Festival** registration, then click 'My Registration'. On the next page, click 'Edit', update your details and then click 'Save'.

I AM YET TO RECEIVE MY BIB / HAVE LOST MY BIB - WHAT DO I DO?

Race bibs for the 2024 event have been sent to participants who opted for Race Bib postage.

If you have lost your Race Bib or it did not arrive due to an incorrect address, you will be required to purchase a replacement Race Bib at registration. The cost of a new Race Bib is \$10. (Please bring your e-ticket)

Please note: All participants must wear a race number.

Anyone without a race number will not be permitted to start the event. Please note replacement race numbers for lost race numbers or incorrect addresses will incur a \$10 bib replacement.

MARATHON T-SHIRT

Bring your race bib to the Registration Marquee once you have finished your 42.2km race. Collection will be available from 9:00am. Please remember the Finisher's Tshirt's are for Marathon (42.2km) finishers only.

PARKING

WHERE TO PARK?

There is limited parking within walking distance to the race start and finish area on event day. Please be courteous to local residents and do not park obstructing any driveways or property access. Be mindful of parking times as inspectors will be operating within the area. Please refer to the TCS powered **Canberra Times Marathon** app for parking locations, which are located within the course map of the app.

Public Parking is available at the following locations:

Friday 5th and Saturday 6th of April

(Race Bib Collection)

- P1 – Treasury Building car park – access via Langton Crescent
- P2 – Questacon Car park – Access via Queen Elizabeth Drive

Sunday 7th of April

- P1 – Russel Office carpark – Access off Kings Ave, (This is 2KM or roughly a 20min walk to the event village).
- P2 – Blackall Street Car Park (1.5km or roughly 15min walk to event village)
- P3 – Langton Crescent Car Park - off Langton Crescent (MINIMAL SPOTS- under 100 spaces)
- P4 – Treasury Building car park – access via Langton Crescent (Marathon runners only) (MINIMAL SPOTS- under 100 spaces)

Please note: the Southbound lane on Kings Avenue will be closed for participants.

SHUTTLE BUS

For those who have registered for our shuttle bus service, please see below for details on your trip.

Pickup at Girrawhween St, Braddon (between Nouthbourne and Mort Sts). Drop off at Commonwealth Avenue (Across from Albert Hall):

4:45am, 5:45am, 6:45am

Return shuttle buses from Commonwealth Avenue (adjacent to Albert Hall) to Girrawhween St Braddon (between Nouthbourne and Mort Sts): 9:00am, 10:30am and 12:15pm

Please note: that the drop off point at Commonwealth Avenue is a 700m walk from the event village and start line locations. There will be signage and volunteers to direct you once you get off the bus.

PRE-RUN REMINDER

- Prepare for all weather conditions
- Bring warm dry clothes
- Bring a towel or blanket

Alivio Tourist Park

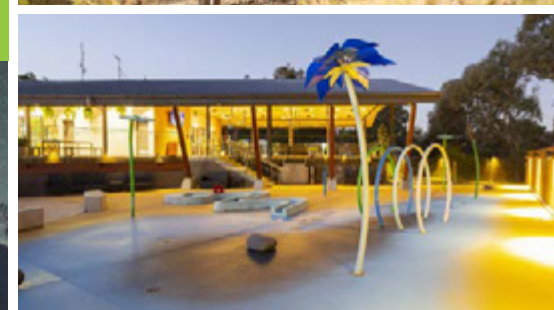
CANBERRA

Preferred Accommodation Partner and Naming Distance Partner for the Alivio *Advantage* Half Marathon



BOOK NOW

Join Alivio Advantage and book direct to get a 15% discount.
Use code **solemotive24** when you book.



»»» PRE EVENT INFO

ROAD CLOSURE

WHERE ARE THE ROAD CLOSURES?

Find all information about the road closures on our website [here](#).

Or via the links below:

[General Information on Temporary Road Closures](#)

[Road Closures for Telopea Residents](#)

[Road Closures for Yarralumla Residents](#)

PERSONAL REFRESHMENT DROP OFF

WHO CAN RECEIVE PERSONAL REFRESHMENTS?

Marathon participants only.

HOW TO ORGANISE PERSONAL REFRESHMENT DROP OFF

If you require personal refreshments throughout your race, please drop items off at the Information marquee part of the expo on Saturday 6 April between 8am - 2pm. Please ensure your products are clearly labeled with your race bib number and the desired location, see below.

MARATHON - LOCATION OF PERSONAL REFRESHMENT ARE AS FOLLOWS:

- Bowen Drive Eastbound (6.5km)
- Bowen Drive Westbound (9km)
- Acton Park (26km and 33km)
- Bowen Drive Eastbound (38km)
- Bowen Drive Westbound (40km)

BAG DROP

HOW AND WHERE CAN I STORE MY BELONGINGS?

Clothing storage is available in the Event Village - look for the 'Bag Drop' marquee (see site map).

Your race number features a tear-off strip for you to attach to your backpack or clothing bag. Do not leave any valuables in your bag as we cannot accept responsibility for valuables lost or stolen.

OFFICIAL APP

Track your run and more with the official Canberra Marathon App brought to you by our official partner Tata Consultancy Services! Whether you're eyeing a place on the leaderboard, hoping to track your new PB, or capture and share epic moments from the race, our TCS app can do it all!

Special feature: Athlete Tracking.

You can track race times of your friends, family and favourite runners all within the app!

Connect to Country: the app includes information on 14 Indigenous landmarks throughout the course, developed in partnership with The Indigenous Marathon Foundation.

The app is available for download now!

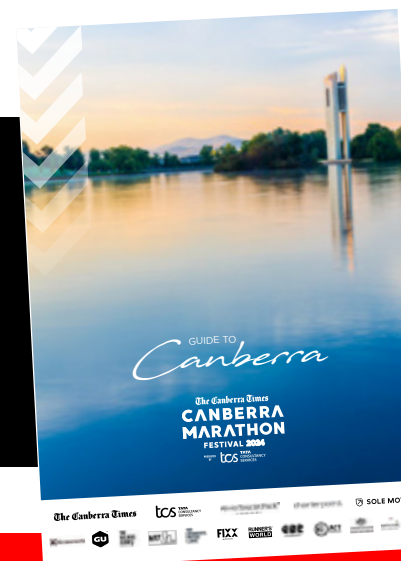
Check [our website](#) or find it on the Appstore and GooglePlay below.



STAY AND VISIT GUIDE

Here's our nifty guide on Canberra's must-dos to ensure you make the most of your time in Australia's iconic Capital City.

DOWNLOAD



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»»» EVENT VILLAGE + EXPO

CLUB MARQUEES

There is limited space within the event village to set up club marquees. Please contact info@solemotive.com if you wish to organise one.

RECOVERY ZONE

MASSAGE

Enjoy a well earned recovery massage at the event village. Massages are available on

Saturday 6 April between 10am - 2pm and on event day

Sunday 7 April from 7am - 2pm.

The cost of massage will be \$20 for the first 10 minutes and then \$40 for 20 minutes.

ICE BATHS

Take the plunge to treat your sore muscles. Ice baths are free in our event village.

VENDORS

ACCESS TO FOOD AND DRINK

The following vendors will be on site for participants to enjoy a pre or post race meal, available at the following days and times:

Saturday 8:00am onwards and open **Atticus Coffee**

Sunday 5:00 am - 2:00pm

Atticus Coffee (coffee)

Gas Coffee

Wafflo

OMG Decadant Donuts

Scott's Food Truck (Food and Coffee)

EVENT VILLAGE AND EXPO MAP

EVENT VILLAGE LOCATION AND DETAILS

Join us across the 3 days of the expo where you'll be able to purchase the official **Canberra Times Marathon Festival** merchandise, get great offers from all our exhibitors (see below), pick up your race bib and connect with the Canberra running community. For more information, visit the [expo page](#) on our website.

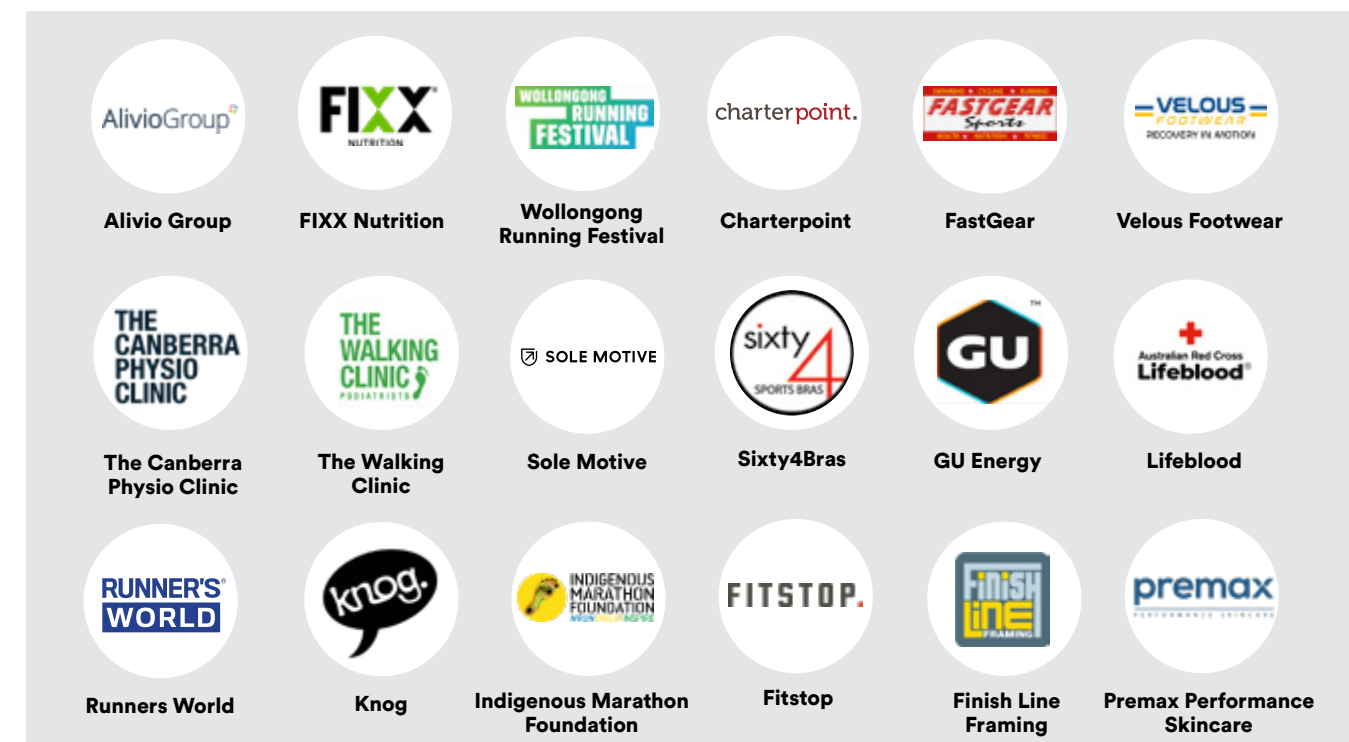


WIN A PRIZE PACK FROM OUR EXHIBITORS

Take the opportunity to win an awesome prize pack from our exhibitors by collecting your race bib or visiting the expo on Friday 5 April or Saturday 6 April.

The prize pack includes:

- 2 Entries into the 2025 The Canberra Times Marathon Festival (value \$420)
- Family Entry to 2024 The Canberra Times Fun Run
- \$100 Retail Voucher to Sole Motive
- 6 Issue Subscription to Runner's World (\$59)
- Medal Frame from Finish Line Frames - (value \$50)
- Free entry into any distance at the 2024 Wollongong Running Festival (Value up to \$95)



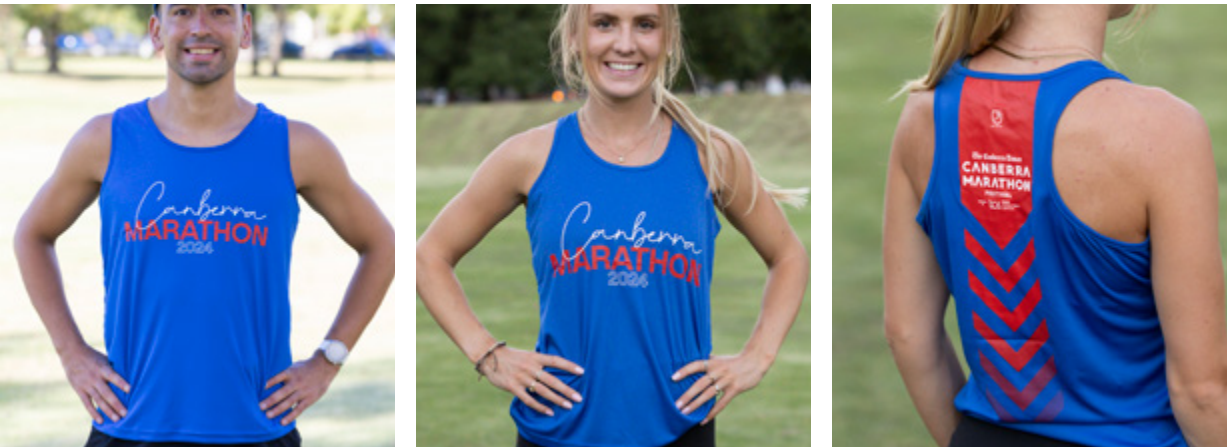
»»» EVENT VILLAGE + EXPO

GET YOUR OFFICIAL CTMF MERCHANDISE

Head to the **Sole Motive Race Ready Store** marquee at the event village to purchase the official **CTMF** merchandise. You can purchase merch online before 11:59pm Sunday 31 March via your registration [here](#) and it will be available to collect from the Race Ready Store marquee over the event weekend. (Important note: All merchandise purchased prior to March 22 has been mailed out.) Limited Stock Available.



CTMF UNISEX CAPS



CTMF MALE & FEMALE SINGLET



CTMF MALE & FEMALE T-SHIRT



CTMF MALE & FEMALE LONG SLEEVED T-SHIRT



CTMF MALE & FEMALE HOODIE



SOLE MOTIVE
Race Ready Store

TRADING HOURS
FRIDAY 5 APRIL:
2:00pm-6:00pm
SATURDAY 6 APRIL:
8:00am-4:00pm
SUNDAY 7 APRIL:
From 5:00am

Your ultimate destination for all your running needs at The Canberra Times Marathon Festival – whether it's helping you to look and feel your best, run in style and comfort or for speciality gear that won't let you down.

SHOP YOUR RACE READY ESSENTIAL ITEMS:

- Official Event Merchandise
- Gels, gloves, run belts, sunglasses
- Footwear 15-40% OFF
- Running apparel 20% OFF
- 2XU Compression \$50
- Lightfeet 3 for \$70
- Steigen Socks 3 for \$60



»»» PARTICIPATION INFO

WAVE START MAP



Fuel for success
WITH ALL- NATURAL, AUSSIE MADE
ELECTROLYTE DRINK + ENERGY!

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NUTRITION

ON-COURSE HYDRATION
fixxxnutrition.com

FUELX
ENDURANCE FUEL
TROPICAL FRUITS FLAVOUR

180 CALORIES PER SCOOP • GUT FRIENDLY • MILD TASTE
NO SUGAR LIMITS - NO ROOM FOR EXCUSES
900g (30oz)

AUSTRALIAN MADE
NATURAL PRODUCT
VEGAN FRIENDLY
GLUTEN FREE
PRESERVATIVE FREE

DISTANCE	TIME	WAVE
Marathon	6:15am	Priority and Wave A
Marathon	6:20am	Wave B
10k	7:00am	Priority and Wave A
10k	7:10am	Wave B
5.4k	7:30am	Priority and Wave A
Half Marathon	8:20am	Priority and Wave A
Half Marathon	8:25am	Wave B
Half Marathon	8:35am	Wave C
2K Kids	9:00am	All

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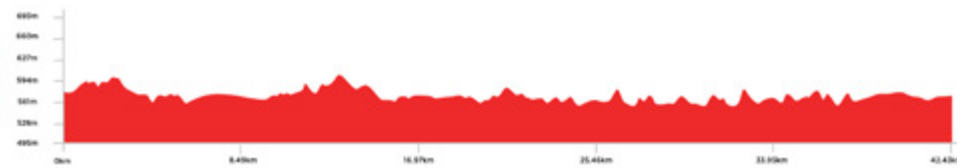
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>>> PARTICIPATION INFO

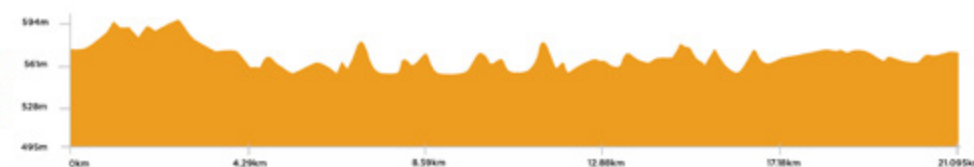
COURSE, MAPS AND ELEVATION PROFILE

Each distance will take a scenic course passing Parliament, the Commonwealth Avenue Bridge, along Parkes Way and the Kings Ave Bridge, seeing some of Canberra's famous landmarks.



MARATHON COURSE MAP

- 42K COURSE
- 5K-10K
- START
- FINISH
- TOILETS
- DRINK STATIONS
- FIRST AID
- K MARKERS



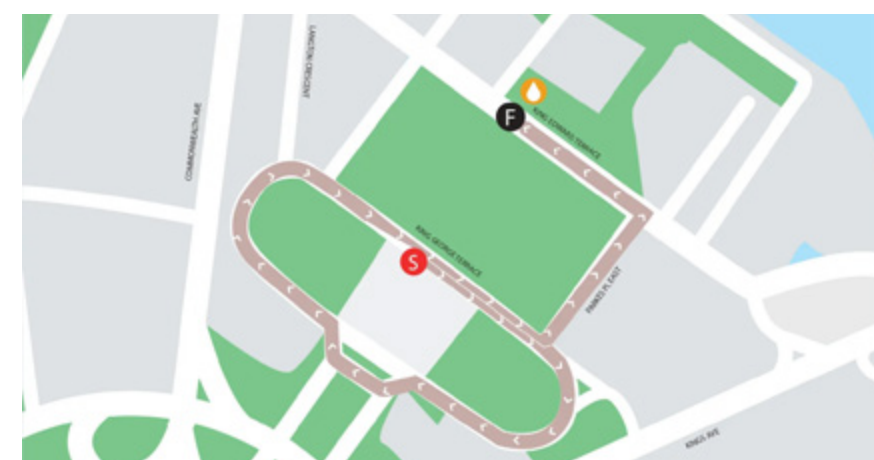
ALIVIO ADVANTAGE HALF MARATHON COURSE MAP

- 21.1K COURSE
- START
- FINISH
- DRINK STATIONS
- FIRST AID
- TOILETS



»»» PARTICIPATION INFO

COURSE, MAPS AND ELEVATION PROFILE





THE WALKING CLINIC
PODIATRISTS

The Canberra Times
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SUFFERING FROM FOOT, KNEE OR LEG PAIN?

*The Walking Clinic is here
to get you back on track.*

BOOK AN APPOINTMENT TODAY!

walkingclinicpodiatrist.com.au

THE CANBERRA
PHYSIO CLINIC

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STRUGGLING WITH YOUR TRAINING OR AN INJURY?

*See the Canberra Physio Clinic
to get back to your best.*

BOOK AN APPOINTMENT TODAY!

canberraphysioclinic.com.au



GUenergy.com.au

FUEL YOUR TRAINING FUEL YOUR RACE



»»» On Course Hydration, Toilet & First Aid Stations

Marathon	Drink Station	Personal Refreshment Pickup	Toilet	First Aid: Post or Roaming
3.5k	Water	No	Yes	Roaming
6.5k	Water	Yes	Yes	Yes
9k	Water/Fixx	Yes	Yes	Yes
12k	Water /Gels	No	No	No
15.5k	Water/Fixx	No	Yes	Yes
19k	Water/Fixx	No	Yes	Yes
22.5k	Water /Gels	No	Yes	No
26k	Water/Fixx	Yes	Yes	Yes
30.5k	Water /Gels	No	Yes	No
33k	Water/Fixx	Yes	Yes	Yes
36k	Water	No	No	No
38k	Water	Yes	Yes	Yes
40k	Water/Fixx	Yes	Yes	Yes

Half Marathon	Drink Station	Toilet	First Aid: Post or Roaming
3.5k	Water	Yes	Roaming
6k	Water/Fixx	Yes	Yes
9k	Water /Gels	Yes	Roaming
12k	Water/Fixx	Yes	Yes
15k	Water	No	Roaming
17k	Water	Yes	Yes
19.5k	Water/Fixx	Yes	Yes

10K	Drink Station	Toilet	First Aid: Post or Roaming
3k	Water	Yes	Roaming
6.5k	Water/Fixx	Yes	Yes
9k	Water /Gels	Yes	Yes

5.4K	Drink Station	Toilet	First Aid: Post or Roaming
3.5k	Water	Yes	Roaming

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»»» PARTICIPATION INFO

CUT OFF TIME INFORMATION

CUT OFF TIME MARATHON

- 6:30am: All entrants must have crossed the Start Line
- 10:30am: Clear turnaround at Flynn Drive Traffic lights (23.5km)
- 11:30am: Reached Half Marathon turnaround on Parkes Way. Runners approaching after cutoff time must turn around on Parkes. They may continue running back, but no official time recorded (28.5km)
- 1pm: Clear Kings Ave Bridge onto Bowen Drive (37.5km)
- 2:00pm: All participants must have crossed the Finish Line (42.2km)

CUT OFF TIME ALIVIO ADVANTAGE HALF MARATHON

- 8:50am: All participants must have crossed the Start Line
- 1pm: Clear Kings Ave Bridge onto Bowen Drive (16.5km)
- 2:00pm: All participants must have crossed the Finish Line (21.1km)

CUT OFF TIME 10K

- 7:15am: All participants must have crossed the Start Line
- 2:00pm: All participants must have crossed the Finish Line (10km)

CUT OFF TIME CHARTERPOINT 5.4K

- 7:40am: All participants must have crossed the Start Line
- 2:00pm: All participants must have crossed the Finish Line (5.4km)

CUT OFF TIME 2K KIDS DASH

- NA

START LINE CUT OFF TIMES

Participants will not be allowed to start after the start line cut off time. Please allow enough time to park and get to the start line.

AID STATIONS

Aid stations will be positioned every 3-4km (approx) on course and will provide hydration needs for participants (water and at some stations, FIXX Electrolytes). GU Gels are available at drink stations 3, 5 and 7 for half marathon and marathon participants.

There will be First Aid positioned at the Finish Line of the event, along with roving crews out on the course should you require assistance. Refer to each distance page for more information: [Marathon](#), [Half Marathon](#), [10K](#), [5.4K](#), [2K Kids](#). If you require assistance out on course please speak with the nearest course marshal (every major junction). If possible, please make your way to the nearest aid station. In case of emergency, please contact 000.

START LINE CLOTHES

All clothes left at the start line will be donated to charity, these cannot be collected at a later date.





»»» PARTICIPATION INFO

WITHDRAWING DURING EVENT

WITHDRAWING MID-EVENT

Should you decide that you would like to withdraw from the run, if possible we ask that you make your way to an aid station (located every 3km on course) and inform marshals. They will gather the required information from you and will contact first aid, if required. If for any reason you withdraw and head home without speaking with a member of staff, we ask that you SMS the following number to inform Entries Marquee of your withdrawal from the event. Please provide your race number, name and that you're okay to: **0460 445 644**.

If at all possible we ask that you arrange your own transport back to the finish line. If this isn't possible, our team will be there to assist. Please ask a marshal or aid station member to contact their sector leader.

SHARE YOUR PHOTOS COMPETITION

Take part in the race day vibe by taking a snap pre or post race. To go in the draw to win one of 3 x \$50 Sole Motive retail voucher, make sure to upload your photo to Instagram and hashtag **#CTMF2024** and **#CanberraMarathon** and tag **@canberrarunners** and **@solemotive**. Entries close 11:59pm on Wednesday 10 April.

FUNDRAISING

HOW CAN I RAISE FUNDS?

Sole Motive is passionate about supporting runners to fundraise. We believe we can give extra meaning to our training by supporting the causes we love. Giving is more than just money, it's the time, effort and voice you give that makes the difference. So join us, rally behind your favourite charity and make your run count in 2024.

1. Sign up [here](#)
2. Choose your charity
3. Create your page here
4. Make it count



ALL THE MOTIVATION YOU NEED

RUNNER'S
WORLD

ONLY
\$59

6
ISSUE
SUB



Scan to purchase your special sub offer with these FREE Gifts

fisiocrem

BROOKS



BROOKS Run-in Running Socks
fisiocrem Solugel 60g

Offer ends 07/04/24

COME SEE US AT THE EXPO

»»» POST RUN INFO

PRIZES AND TROPHIES

WILL I RECEIVE MY MEDAL / TROPHY / PRIZE AT THE PRESENTATIONS?

Presentations of the top three male and female place getters for the Marathon, Half Marathon, 10K & 5.4K will take place from the main stage.

***Note: You must be in a priority wave to be eligible for top place getters.**

Presentation Times

10K	- 8:15am
Charterpoint 5.4K	- 8:15am
Marathon	- 9:50am
Alivio Advantage Half Marathon	- 10:00am

»» MARATHON

- All marathon (42.2K) participants will receive an official **2024 Canberra Times Marathon Festival Medal** and a **Marathoner Finisher Tee**.

- Trophies and monetary prizes** will be awarded to overall 1st, 2nd, 3rd male and female places getters. Please see below.

Monetary Prizes - Marathon

- 1st Male & 1st Female – \$1,000
- 2nd Male & 2nd Female – \$400
- 3rd Male & 3rd Female – \$150

- Age group medals will be awarded to each age category and will be posted 4 weeks after the event.

»» ALIVIO ADVANTAGE HALF MARATHON

- All participants will receive an official **2024 Canberra Times Marathon Festival Medal**.

- Trophies and monetary prizes** will be awarded to overall 1st, 2nd, 3rd male and female places getters. Please see below.

Monetary Prizes - Half Marathon

- 1st Male & 1st Female – \$400
- 2nd Male & 2nd Female – \$150
- 3rd Male & 3rd Female – \$100

- Age group medals will be awarded to each age category and will be posted 4 weeks after the event.

»» 10K

- All participants will receive an official **2024 Canberra Times Marathon Medal**.
- Trophies and monetary prizes** will be awarded to overall 1st, 2nd, 3rd male and female places getters. Please see below.

Monetary Prizes - 10K

- 1st Male & 1st Female – \$250
- 2nd Male & 2nd Female – \$100
- 3rd Male & 3rd Female – \$75

- Age group medals will be awarded to each age category and will be posted 4 weeks after the event.

»» CHARTERPOINT 5.4K

- All participants will receive an official **2024 Canberra Times Marathon Festival Medal**.

- Trophies and prizes will be awarded to overall 1st, 2nd, 3rd male and female places getters*.
- Age group medals will be awarded to each age category and will be posted 4 weeks after the event.
- A prize pack will be awarded to overall 1st, 2nd, 3rd male and female places getters.

»» 2K KIDS

- All participants will receive an official **2024 Canberra Times Marathon Festival Medal**.

- A prize pack will be awarded to overall 1st, 2nd, 3rd male and female places getters.



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The Canberra Times
**CANBERRA
MARATHON**
FESTIVAL 2024
PRESENTED BY tcs TATA CONSULTANCY SERVICES



»»» POST RUN INFO

RESULTS

Results will be available on the TCS Powered The Canberra Times Marathon App. Download it now for all the other features to help your run leading into the event.

Results will be available on the website Monday 8 April.

iTab

If you wish to have your official time on your event medal opt in for anitab. Jump back into your registration [here](#). These will be posted to you up to 3 weeks post event.

EVENT PHOTO INFORMATION

SMILE FOR THE CAMERAS!

Event photographers from RaceAtlas will be situated throughout the course capturing your race day achievement. Look for their cameras in the most scenic spots and be sure to show your race number and smile. These will be available post event to purchase [here](#).



**PLUS, get 20% OFF
your RaceAtlas photos
if you purchase
on race day using
code MARA20.
Offer ends 11:59pm April 7**





»»» PARTNERS

The Canberra Times

For almost 100 years, The Canberra Times has been serving the national city as the source Canberrans trust when it comes to the news that matters.



Tata Consultancy Services is an IT services, consulting and business solutions organisation that has been partnering with many of the world's largest businesses for the past 50 years.

Alivio Tourist Park[☆] C A N B E R R A

Alivio Tourist Park offers great facilities and accommodation located just 5 minutes from the CBD, surrounded by beautiful green hills with clean air and blue skies for days.

charterpoint.

Charterpoint is a dynamic business consulting firm providing solutions to Commonwealth and State Governments, business and the community sector from our base in Canberra. They have a strong focus on not-for-profit organisations and they assist some of the largest charities in Canberra.



Our podiatrists will be onsite to offer advice, strapping, footwear assessment and strength assessment to keep everyone running and performing at their best!



Our physiotherapists will be onsite to offer assessment, injury checks, offering advice and strapping to keep people running and making this event your very best!



Runner's World offers fresh perspectives on all things running, including nutrition hacks, workouts to compliment your routine, and essential race day tips.



Fixx Nutrition offer a range of all-natural, gut friendly, functional nutrition solutions, all are made in our own Burleigh Heads based manufacturing facility in Queensland, Australia.



At GU we exist to help you fulfil your ultimate potential with smart training and the perfect mix of nutrients. delivered at the right time.



Wilko & Courts over the past 8 years have claimed Canberra as home. If you want to know what's going on and have a good time, then tune into 1047 Canberra's HIT on weekdays from 6.

SOLEMOTIVE.COM

Sole Motive is a leading running destination providing a wide range of quality products including shoes, apparel, accessories and more.



The Canberra Times

FUN RUN



3 NOVEMBER 2024

21.1K • 10K • 5K • 2K KIDS - ROND TERRACE

canberrafunrun.com.au

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