# 

# WELLNESS FOR FIRST RESPONDERS

with in Harmony Vibrational Technology



70% report high stress and burnout symptoms



60% experience chronic pain or muscle strain from duty



50% report reduced focus and mental clarity after long shifts



55% struggle with sleep disruption due to shift work



40% want greater access to wellness and recovery tools



80% feel calmer and more focused after restorative therapies

# inHarmony Relaxation Furniture

**INHARMONY SOUND** LOUNGE 3



**INHARMONY SOUND** 

LOUNGE 1



**INHARMONY MASSAGE TABLE** 



INHARMONY **MEDITATION** CUSHION



**INHARMONY ZERO** 

**GRAVITY CHAIR** 

MUSIC MEDITATIONS



**INHARMONY RED LIGHT THERAPY** 



### FIRST RESPONDER BENEFITS



#### **RESET STRESS BETWEEN CALLS**

Give first responders a quick way to decompress and recharge during downtime.



#### **ALLEVIATE PHYSICAL FATIGUE**

Use sound and vibration to reduce muscle tension after strenuous action.



#### SHARPEN MENTAL CLARITY

Help maintain focus and decision-making even under pressure.



#### **BOOST RESILIENCE LONG TERM**

Support ongoing wellness to reduce burnout, improve morale, and strengthen team retention.



## **SCHEDULE A CALL** WITH CRAIG GOLDBERG

**Ready to Recharge Your First Responders?** 

