From the Garden, Land & Sea

1. PAN-SEARED FILLET OF MEDITERRANEAN SEA BASS Crispy pan-fried fillet of sea bass served with courgette, aubergine, olives, crushed baby potato, lemon vinaigrette, sun dried tomato & herb salsa. (4,6,12) GF	€16.50
2. TRADITIONAL FISH & CHIPS Battered cod, salad, minted pea puree, homemade tartar sauce, homemade fries (1,3,6,7,12)	€14.95
3. STEAK SANDWICH Chargrilled Irish rib eye of beef served on multigrain ciabatta bread with sautéed onions, tomato, mayo, spicy tomato relish & homemade fries (1,3,6,9,10,12)	€14.95
4.RED EARTH'S HEREFORD BEEF BURGER 8OZ Hereford beef burger served on a soft brioche bun with tomato, lettuce & onion rings, topped with our homemade melting cheese sauce. Served with homemade fries (1,3,6,7,9,10,11)	€14.95
5. CRISPY CHIPOTLE CHICKEN BURGER A crispy fried double breast of chicken served on a soft brioche bun with tomato, avocado, sliced cheese sauce. Served with homemade fries. (1,3,6,7,9,12)	€14.95
6. BALLOTINE OF CHICKEN Ballotine of chicken supreme served on a bed of Italian pasta, cooked in a creamy sauce of pesto, spinach & peppers. (1,3,7,8,12)	€14.95
7. MOVING MOUNTAIN VEGAN BURGER Vegan burger served on a soft vegan brioche bun with roasted red peppers, lettuce, homemade pickle, vegan mayonnaise & served with roasted sweet potato wedges (1,6,9,12) (Vegan)	€14.95
8. GREEN RISOTTO (VEGAN) Arborio rice, summer green peas, baby spinach, fine beans, garlic & parsley, topped with ground cashew nuts (8,9,12) (Vegan)	€12.95
9. WARM ASIAN DUCK SALAD Shredded crispy aromatic duck served with fresh seasonal leaves, onions, chili, garlic, toasted flatbread, topped with a mango & pineapple salsa. (1,4,6,9,10,11,12)	€14.95
10. CHICKEN CAESAR SALAD Char-grilled chicken fillet, crunchy romaine lettuce, crispy speck, aged parmesan, fresh sun dried tomatoes, topped with homemade Caesar dressing & pine nuts. (1,3,4,7,8,12)	€12.95
11. ITALIAN BURRATA SALAD A fresh Italian mozzarella ball with a rich & creamy centre, baby spinach, heirloom tomatoes, pickled red onion, topped with chimichurri salsa dressing. (7,12) (Vegetarian)	€12.95
12. WARM THAI BEEF SALAD Sliced chargrilled marinated beef, served with fresh seasonal leaves, onions, chili, garlic, topped with Red Earth's Thai dressing. (2,4,9,8,11,12)	€14.95
Allergens 1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard,	

11. Sesame Seeds, 12. Sulphites, 13. Lupin, 14. Molluscs

ASIAN STREET FOOD

1. SAIGON BEEF STIR FRY Sliced sirloin beef with chilli, garlic, broccoli florets &	& soy sauce served with basmati rice (1,6,12,14)	€13.95
2. MASSAMAN CHICKEN CURRY A mild nutty Thai curry with chicken, potato, red onio	on, toasted peanut & coconut milk (4,5,6,8,14)	€12.95
3. RED EARTH'S SEAFOOD RAMEN Thai broth bowl with noodles, prawns, squid, crab sticlemongrass & lime leaves (1,2,6,9,12,14)	cks, mixed veg,	€12.95
4. SZECHUAN CHICKEN Stir fried chicken, mixed veg, sugar snap peas, toasted served with basmati rice (1,6,11,12)	d sesame seeds, sesame oil,	€13.95
5. BLACK PEPPER BEEF STIR FRY Stir-fried beef in black pepper sauce with peas, onion served with basmati rice (1,7,12)	, mixed peppers & carrots,	€13.95
6. SINGAPORE NOODLES Vermicelli noodles, chicken, baby shrimp, mixed vegs bamboo shoots & a Singapore blend of spices & soy s		€13.95
7. PHAD THAI Fried rice noodles with chicken, egg, vegetables & so	y sauce, topped with roasted peanuts. (3,5,6,12,	€13.95 14)
8. STIR FRY CHICKEN CASHEW Stir fried chicken, celery, carrot, green beans, onions a served with basmati rice. (6,8,9,12,14)	& rich oyster, soy & tomato sauce,	€12.95
9. THAI GREEN/RED CURRY A rich, mild curry with bamboo shoots, aubergine, mi	xed vegetables. Thai basil & coconut milk serv	red with
basmati rice (2,6,14) Choose from the following:	Vegetarian	€11.95
	Chicken	€12.95
	Beef Prawns	€13.95 €13.95
	riawiis	€13.93

Allergens

^{1.} Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard,

^{11.} Sesame Seeds, 12. Sulphites, 13. Lupin, 14. Molluscs

SANDWICHES

TEMPURA TIGER PRAWNS €8.50 Tempura tiger prawns, chilli, garlic, lemon, on toasted chunky sourdough bread, rocket leaves, lemon & herb dressing. (1,2,3,9,12) ROAST BEEF SANDWICH €8.50 Slow-roasted strip loin of Irish beef, Ballymaloe relish, tomato, lettuce, spiced mayo & a side of horseradish sauce on seeded multigrain bread (1,3,9,10,11) TEX MEX FLAT BREAD €8.50 Shredded chicken, Pico de Gallo salsa, jalapenos, red onions & refried beans, served on a toasted flatbread topped with our homemade melting cheese sauce & fresh pineapple (1,7,9,10,12) **CORONATION CHICKEN** €8.50 Golden raisins, curry mayo, coriander scallions & mango chutney on artisan sourdough bread. (1,3,6,12) BAGEL BLT €7.95 A multi-seed bagel filled with crispy bacon, lettuce, tomato, mayonnaise & a lemon & honey slaw. (1,3,11,12)

€8.50

Allergens

FALAFEL & HUMMUS WRAP

with fresh mint & yogurt sauce (V) (1,6,8,11,12) (Vegetarian)

Homemade falafel, Harissa hummus, pickled onions, lettuce, cucumber & tomato

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KIDS MENU

SOUP OF THE DAY	€3.15
Mash Gravy & Steamed Veg	€3.15
FISH & CHIPS	€6.80
CHICKEN GOUJONS & CHIPS	€6.30
Kids Spaghetti Bolognese	€6.80
Kids Pasta Carbonara	€6.80
MONSTER MASH (Sausages, Mash, Gravy)	€6.30
Sausage & Chips	€6.30
CHICKEN NOODLE & VEG SOUP	€6.80
KIDS MARGHERITA PIZZA & CHIPS	€6.80