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PRODUCT  
**FACT SHEETS**

# everyday ECS BALANCE

CBD Softgels Powered by VESISORB®

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The most science-backed CBD product in the world!

- 1 Loaded with 25 mg CBD and 10 mg BCP from broad spectrum hemp extract.
- 2 Patented formulation that's been clinically proven to significantly improve bioavailability and absorption.
- 3 Seed to solution full traceability and compliance with the 2018 Farm Bill.

## SUN-GROWN HEMP



- ✓ 100% USA Grown
- ✓ 30-Year Seed Breeding History
- ✓ 5th Generation Family Farm
- ✓ Proprietary Supercritical CO2 Extraction

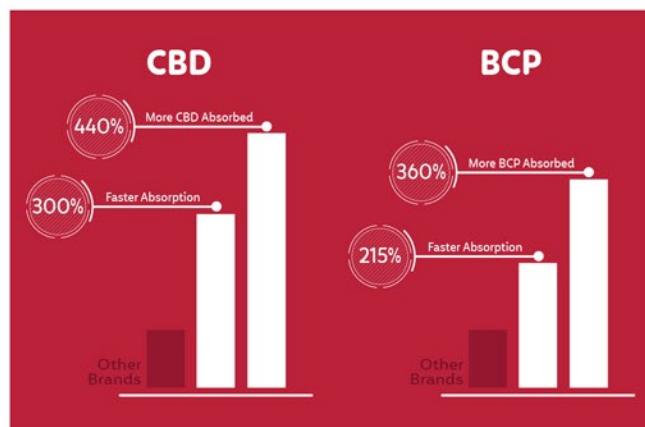
## UNMATCHED SCIENTIFIC EVIDENCE

- ✓ Peer-Reviewed Published Study
- ✓ Two-Year, Real-Time Stability Data
- ✓ 14-Day and 90-Day Toxicity Study
- ✓ Triple Lab Tested (ISO17025)

## Safety. Purity. **Performance.**

**Everyday ECS BALANCE is the world's most science-backed CBD product that showcases the safety, purity, and performance of natural, sun-grown industrial hemp in an elegant softgel capsule.**

It is well-known that hemp oil is poorly absorbed in the human body. To address this, Everyday ECS BALANCE utilizes a patented, ingredient delivery system, VESIsorb®, so health conscious consumers can receive the maximum benefits from our pure hemp extract. Our medical and scientific advisory counsel selected VESIsorb® due to its 30-year history of safe and effective use with natural ingredients in addition to the robust body of supporting safety data that is backed by peer-reviewed, published studies. In a recent published study\*, our formulation showed significant improvements in CBD and BCP absorption and bioavailability.



\* Knaub et al, A Novel Self-Emulsifying Drug Delivery System (SEDDS) based on VESIsorb® Formulation Technology Improving the Oral Bioavailability of Cannabidiol in Healthy Subjects. Molecules 2019, 24, 2967.

To place an order, contact us at 833-444-8663 or send us an email: [hello@healthinharmony.com](mailto:hello@healthinharmony.com)

# everyday RECOVERY

Natural 4-in-1 Formula

CBD + Curcumin + BCP + Vitamin D3 Softgels Powered by VESISORB®

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A scientific formulation designed by a team of medical professionals to deliver optimal support for healthy recovery and inflammatory response.

- 1 Cannabidiol (CBD) from broad spectrum hemp extract
- 2 Curcumin from turmeric root extract
- 3 Beta-caryophyllene (BCP)
- 4 Vitamin D3 (as cholecalciferol D3)

## POWERED BY VESISORB®

## QUALITY ASSURANCE

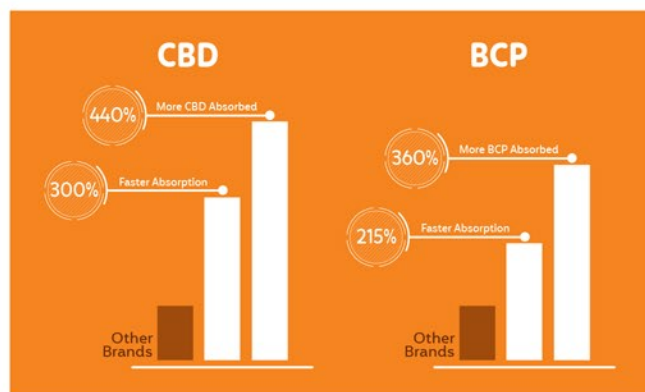


- ✓ Patented and Clinically Proven Delivery System
- ✓ Dramatically Increases Bioavailability & Absorption
- ✓ Long History of Safe and Effective Use
- ✓ Improves Shelf Life and Stability
- ✓ 100% USA Grown Hemp
- ✓ Proprietary Supercritical CO2 Extraction
- ✓ Human Studies For Safety & Performance
- ✓ Triple Lab Tested (ISO17025)

## Safety. Purity. Performance.

**Everyday RECOVERY is a doctor-formulated natural product combining four science-backed and synergistic ingredients (12 mg CBD, 40 mg curcumin, 6 mg BCP, 200 IU vitamin D3) for optimal recovery and healthy inflammatory response. This product utilizes the VESIsorb® delivery system for dramatically improving the efficacy of these key ingredients, ensuring that the maximum health and wellness benefits are received.**

It is well-known that many of the essential natural ingredients that support recovery and inflammatory response have low bioavailability and are poorly absorbed in the human body after consumption. To address this, Everyday RECOVERY utilizes a patented delivery system, VESIsorb®, so health-conscious consumers can receive the maximum benefits from this synergistic 4-in-1 formulation. Our medical and scientific advisory counsel selected VESIsorb® due to its 30-year history of safe and effective use with safety data that is backed by peer-reviewed, published studies. In a recent published study\*, CBD and BCP formulated with VESIsorb® demonstrated significant improvements in absorption and bioavailability.



\* Knaub et al, A Novel Self-Emulsifying Drug Delivery System (SEDDS) based on VESIsorb® Formulation Technology Improving the Oral Bioavailability of Cannabidiol in Healthy Subjects. Molecules 2019, 24, 2967.

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# everyday ANTI-AGING

Omega-3 plus Coenzyme Q10

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## Advanced Formula to Support Ultimate Longevity

- 1 Powerful bioactives that optimize mitochondria function and promote the reduction of free radicals to support optimal cardiovascular health.
- 2 Dramatically improved bioavailability compared to standard omega-3 and coenzyme Q10 formulations.
- 3 Addresses issues related to poor absorption, such as age, diet and gender, while significantly mitigating food dependency.

### POWERED BY VESISORB®

### QUALITY ASSURANCE

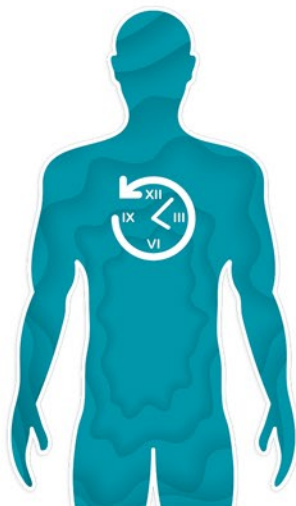


- ✓ Patented and Clinically Proven Delivery System
- ✓ Dramatically Increases Bioavailability
- ✓ Long History of Safe and Effective Use
- ✓ Improves Shelf Life and Stability

- ✓ Triple Lab Tested (ISO17025)
- ✓ Non-GMO
- ✓ Gluten Free
- ✓ Dairy Free

## Combat Aging with **Superior Absorption.**

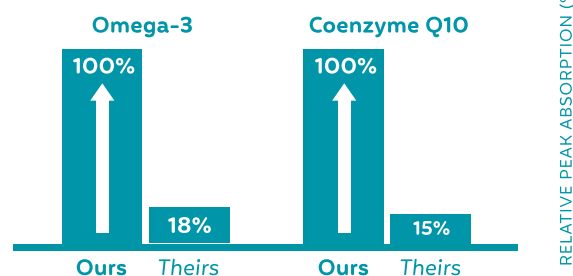
Everyday ANTI-AGING is a powerful blend of natural omega-3 fish oil and coenzyme Q10, two of the most science-backed essential ingredients that support cardiovascular health and ultimate longevity. This advanced formulation has been scientifically designed by a team of medical professionals and ensures the highest potency and purity to deliver superior health benefits. Everyday ANTI-AGING utilizes a clinically proven delivery system, VESISorb®, for dramatically improved absorption and bioavailability of these key nutrients.



## SUPERIOR RESULTS BACKED BY SCIENCE

- Omega-3 Fish Oil (1,000 mg)
  - EPA Essential Fatty Acids
  - DHA Essential Fatty Acids
- Coenzyme Q10 (200 mg)

### ABSORPTION COMPARISON STUDIES



Liu, Z.; Artmann, C. Relative Bioavailability Comparison of Different Coenzyme Q10 Formulations with a Novel Delivery System. *Alternative Therapies* 2009, 15;2 42-46.

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# HEART HEALTH

Ultimate Red Yeast Rice Formula

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## Cardiologist Formulated for Optimal Heart Support

- 1 The most advanced, safest, and purest red yeast rice formula in the global marketplace.
- 2 Powered by the award-winning Cholesstrinol™ blend of citrus polymethoxylated flavones (PMF) and palm tocotrienols.
- 3 Clinically proven to naturally reduce total cholesterol, LDL, and triglyceride levels.\*

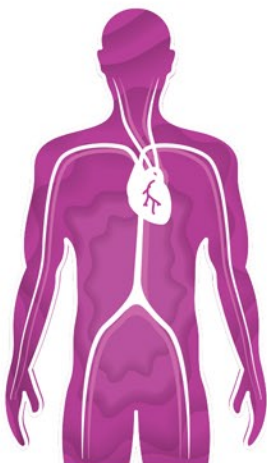
DOCTOR RECOMMENDED. CONSUMER TRUSTED.



Natural cardiovascular health formula backed by an unmatched body of scientific evidence that supports confirmed safety levels of citrin, as well as therapeutic levels of monacolin K.

## Nature's Solution to **Heart Health**.

**Everyday HEART HEALTH** is an advanced formula that combines the cardiovascular benefits of red yeast rice and coenzyme Q10 with award-winning and clinically proven Cholesstrinol™ to promote healthy serum cholesterol levels.



### TRIPLE ACTION BREAKTHROUGH

- Per Serving (2 Capsules)
- Red Yeast Rice (1200 mg)
  - Cholesstrinol® (150 mg)
    - Citrus PMF
    - Palm Tocotrienols
  - Coenzyme Q10 (50 mg)

CLINICALLY PROVEN RESULTS*		
-30%	-27%	-34%
Total Cholesterol	LDL	Triglycerides

\* Roza JM, et al. Effect of citrus flavonoids and tocotrienols on serum cholesterol levels in hypercholesterolemic subjects. *Altern Ther Health Med.* 2007;6:44-48.

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# everyday FULL FOCUS

8-in-1 **CogniPro®** Blend

Doctor Formulated for Optimal Cognitive Support

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## Doctor Formulated for Optimal Cognitive Support

- 1 Loaded with eight super antioxidants that support cognitive cell fluidity.
- 2 Produced in a cGMP NSF Sport Certified facility in the U.S to surpass all pharmaceutical grade standards for freshness and purity.
- 3 Powered by the clinically proven VESIsorb® delivery system for optimal bioavailability and absorption.

### POWERED BY VESISORB®

### QUALITY ASSURANCE



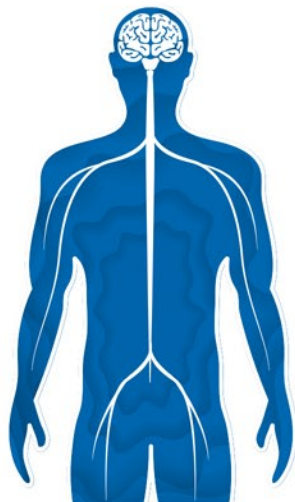
- ✓ Patented and Clinically Proven Delivery System
- ✓ Dramatically Increases Bioavailability
- ✓ Long History of Safe and Effective Use
- ✓ Improves Shelf Life and Stability

- ✓ Triple Lab Tested (ISO17025)
- ✓ Non-GMO
- ✓ Gluten Free
- ✓ Dairy Free



## Protect. Repair. **Renew.**

**Everyday FULL FOCUS is a doctor-formulated natural product combining eight science-backed and synergistic ingredients for optimal cognitive support. This natural 8-in-1 formulation is designed by a team of medical professionals to support optimal focus, memory retention, and improved concentration.**



### POWERFUL BIOACTIVES THAT SUPPORT OPTIMAL COGNITIVE FUNCTION

Omega-3 DHA (285 mg) •	• Coenzyme Q10 (25 mg)
Phosphatidylcholine (75 mg) •	• Gamma Tocopherols (25 mg)
Curcumin (37 mg) •	• Quercetin (25 mg)
Phosphatidylserine (25 mg) •	• Palm Tocotrienols (5 mg)

Per Serving (2 Softgels)

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# everyday METABOLIC HEALTH

Natural 5-in-1 Formula

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## Advanced Formula for Healthy Weight Management

- 1 The only natural solution to combine the powerful benefits of LeptiPURE™ and Cholesstrinol™ in one capsule.
- 2 Loaded with super antioxidants that support the healthy maintenance of metabolic markers, including blood glucose, cytokine, and free radical balance.
- 3 Extra strength Cholesstrinol™ adds heart health benefits, such as improvements in total cholesterol and triglyceride levels.

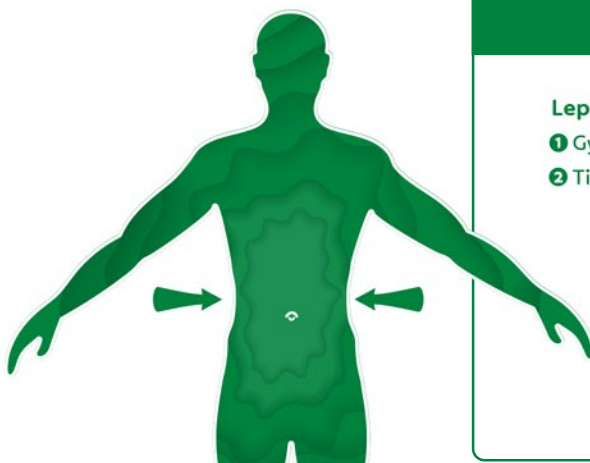
## ONE CONVENIENT DOSE TO MANAGE SIX METABOLIC SYNDROME FACTORS



- ✓ Target Belly Fat
- ✓ Healthy Blood Sugar
- ✓ Lower Total Cholesterol
- ✓ Lower Triglycerides
- ✓ Regulate Blood Pressure
- ✓ Control Inflammatory Response

## 5-in-1 Natural Formula

**Everyday METABOLIC HEALTH is a science-backed formula that supports the healthy maintenance of metabolic markers - including blood glucose and blood pressure modulations, as well as cytokine balance and healthy cholesterol levels.**



POWERED BY  LEPTIPURE™ +  CHOLESTRINOL™

LeptiPURE™ (1,000 mg)

- 1 Gymnema Sylvestre Extract
- 2 Tinospora Cordifolia Extract



Per Serving  
(2 Capsules)

Cholesstrinol™ HP (300 mg)

- 3 High Potency Citrus PMF
- 4 Palm Tocotrienols
- 5 Cinnamon Extract (200 mg)

## SUPERIOR RESULTS BACKED BY SCIENCE

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HEALTH BENEFITS

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CLINICAL STUDIES

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# everyday IMMUNITY

High Absorption Vitamin D3

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## Advanced Formula to Support Immunity

- 1 Loaded with 4,000 IU of high absorption Vitamin D3 (cholecalciferol), ensuring consumers meet the daily recommendations by the CDC and other regulatory bodies.
- 2 Build immunity and help fight off infection by regulating the activity of immune cells to elicit antiviral responses.
- 3 Additional benefits may include healthy bone composition, maintenance of breast and prostate tissue, and improved calcium and phosphorous absorption.

### POWERED BY VESISORB®



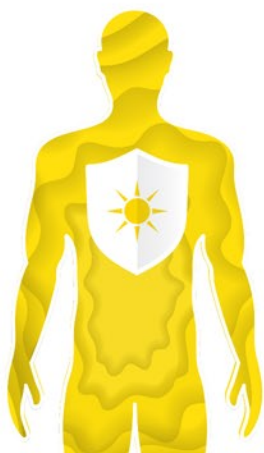
- ✓ Patented and Clinically Proven Delivery System
- ✓ Dramatically Increases Bioavailability & Absorption
- ✓ Long History of Safe and Effective Use
- ✓ Improves Shelf Life and Stability

### QUALITY ASSURANCE

- ✓ Triple Lab Tested (ISO17025)
- ✓ GMP Certified
- ✓ Non-GMO
- ✓ Dairy Free

## High Absorption **Vitamin D3.**

**Everyday IMMUNITY is a science-backed formulation of Vitamin D3 (cholecalciferol) that is a highly potent solution to help combat Vitamin D deficiency. More than ever, consumers are seeking highly bioavailable Vitamin D3 products that they can depend on to strengthen immunity and protect against colds, flu, and viruses.**



### WHY IS VITAMIN D3 PREFERRED OVER D2?



**Vitamin D3 has become one of the most recognized ingredients in the medical community for maintaining a healthy immune system.**

Vitamin D3 (cholecalciferol) is a more potent and effective form of Vitamin D when compared to Vitamin D2. Vitamins D2 (ergocalciferol) and D3 (cholecalciferol) are naturally occurring precursors that are converted in the liver and kidneys to the biologically active form of Vitamin D. Studies have shown that Vitamin D3 is more effective than Vitamin D2 in raising and maintaining levels of biologically active Vitamin D.

To place an order, contact us at 833-444-8663 or send us an email: [hello@healthinharmony.com](mailto:hello@healthinharmony.com)



# everynight<sup>®</sup> SOUND SLEEP

Natural 3-in-1 Formula

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## Fast-Acting Formula for Relaxation and Sleep

- 1 Loaded with 20 mg CBD and 10 mg BCP (from broad spectrum hemp), plus 6 mg melatonin.
- 2 Clinically proven to dramatically improve the absorption and bioavailability of both CBD and BCP for optimal therapeutic benefits.
- 3 A 100% drug-free formula that has been scientifically designed by a team of medical professionals to safely and effectively support restful sleep.

### POWERED BY VESISORB<sup>®</sup>

### QUALITY ASSURANCE



- ✓ Patented and Clinically Proven Delivery System
- ✓ Dramatically Increases Bioavailability
- ✓ Long History of Safe and Effective Use
- ✓ Improves Shelf Life and Stability

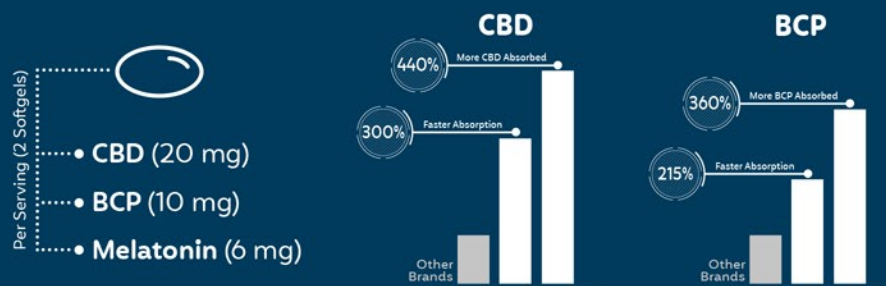
- ✓ Triple Lab Tested (ISO17025)
- ✓ Non-GMO
- ✓ Gluten Free
- ✓ Dairy Free

## Fall Asleep **Faster**. Stay Asleep **Longer**.

Everynight **SOUND SLEEP** is an advanced 3-in-1 formula packed with key ingredients that naturally support restful sleep. This clinically proven formulation delivers a balanced serving of cannabidiol (CBD), beta-caryophyllene (BCP), and melatonin, and promotes optimal sleep to wake up feeling relaxed and rested. Everynight **SOUND SLEEP** utilizes a clinically proven delivery system, **VESISORB<sup>®</sup>**, for dramatically improved absorption and bioavailability of these key nutrients.



## ADVANCED INGREDIENTS FOR SUPERIOR RESULTS



Knaub, K., et al. A Novel Self-Emulsifying Drug Delivery System (SEDDS) Based on VESISORB<sup>®</sup> Formulation Technology Improving the Oral Bioavailability of Cannabidiol in Healthy Subjects. *Molecules* 2019, 24, 2967.  
Möding, Y., et al. Enhanced Oral Bioavailability of  $\beta$ -Caryophyllene in Healthy Subjects Using the VESISORB<sup>®</sup> Formulation Technology, A Novel Self-Emulsifying Drug Delivery System (SEDDS). *Molecules* 2022, 27, 2860.

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# everyday ALPHA BOOST

Naturally Increase **Free Testosterone Levels**

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## Superior Formula to Promote Peak Performance

- 1 Packed with the purest, most biologically active *Eurycoma longifolia* extract that naturally releases bound testosterone within the body.
- 2 Clinically proven to support healthy hormone levels and deliver statistically significant improvements in the testosterone:cortisol ratio.
- 3 Clinically proven to promote favorable anabolic balance during intense and prolonged exercise.

POWERED BY



QUALITY ASSURANCE



- ✓ Regulates Body Fat
- ✓ Builds & Tones Muscles
- ✓ Supports Healthy Energy & Libido
- ✓ Improves Endurance for Peak Performance

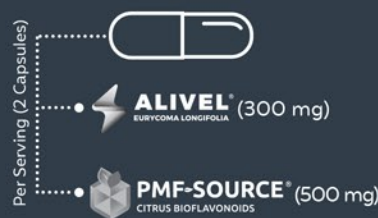
- ✓ Triple Lab Tested (ISO17025)
- ✓ Non-GMO
- ✓ Made in the USA
- ✓ Vegan

## Nature's Solution To **Free Testosterone**.

*Everyday ALPHA BOOST is an advanced *Eurycoma longifolia* formula that naturally increases free testosterone levels while reducing cortisol to promote peak performance. This clinically proven formulation delivers powerful benefits for optimizing both stamina and endurance and has been shown to promote favorable anabolic balance during intense and prolonged exercise. Additionally, Everyday ALPHA BOOST contains a potent blend of citrus polymethoxylated flavones (PMF) with unique metabolic properties that help regulate body fat and support overall cardiovascular health.*



## PEAK PERFORMANCE



Clinically proven to support healthy hormone levels by naturally increasing free testosterone while reducing cortisol.

To place an order, contact us at 833-444-8663 or send us an email: [hello@healthinharmony.com](mailto:hello@healthinharmony.com)

everyday

# WELLNESS DROPS

CBD Tinctures Powered by VESISORB®

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The most science-backed CBD tincture in the world!



- 1 Loaded with 300 mg of CBD from broad spectrum hemp extract, offered in 3 delicious flavors.
- 2 Patented VESISORB® delivery system that's been clinically proven to significantly improve bioavailability and absorption.
- 3 Effective for both oral use or in your favorite beverage.

## SUN-GROWN HEMP



- ✓ 100% USA Grown
- ✓ 30-Year Seed Breeding History
- ✓ 5th Generation Family Farm
- ✓ Proprietary Supercritical CO2 Extraction

## UNMATCHED SCIENTIFIC EVIDENCE

- ✓ Peer-Reviewed Published Study
- ✓ Two-Year, Real-Time Stability Data
- ✓ 14-Day and 90-Day Toxicity Study
- ✓ Triple Lab Tested (ISO17025)

## Safety. Purity. **Performance.**

**Everyday WELLNESS DROPS are the world's most science-backed CBD tinctures. Our CBD is derived from broad spectrum hemp oil extract that has been proven safe and effective via multiple clinical studies.**

It is well-known that hemp oil is poorly absorbed in the human body. To address this, Everyday WELLNESS DROPS utilize a patented, ingredient delivery system, VESISORB®, so health conscious consumers can receive the maximum benefits from our pure hemp extract. Our medical and scientific advisory counsel selected VESISORB® due to its 30-year history of safe and effective use with natural ingredients that is backed by peer-reviewed, published studies. In a recent published study\*, our formulation showed significant improvements in CBD absorption and bioavailability.



\* Knaub et al, A Novel Self-Emulsifying Drug Delivery System (SEDDS) based on VESISORB® Formulation Technology Improving the Oral Bioavailability of Cannabidiol in Healthy Subjects. Molecules 2019, 24, 2967.

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# Spritzig™

by health in harmony

## SPARKLING WELLNESS WATER

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harmony



### The most science-backed CBD beverage in the world!

- 1 Loaded with 10 mg CBD from broad spectrum hemp extract (THC Free).
- 2 Clinically proven formulation to optimize CBD performance and safety.
- 3 Great tasting natural flavors.  
Grapefruit | Lime | Tangerine

#### UNMATCHED PERFORMANCE DATA



- ✓ Rapid Onset: 300% Faster Acting\*
- ✓ Superior Efficacy: 400% Higher Bioavailability\*
- ✓ Two-Year Stability Data

#### QUALITY ASSURANCE

- ✓ 100% USA Grown Hemp 🇺🇸
- ✓ Swiss Precision Formulation 🇨🇭
- ✓ Triple Lab Tested (ISO17025)

## Safety. Purity. **Performance.**

**Spritzig™** was designed by a team of world renowned natural product formulators who wanted to deliver the powerful benefits of CBD in a great tasting sparkling wellness water. Unfortunately, CBD is notoriously poorly absorbed in the body, which leaves most of these powerful bioactives wasted after consumption. To overcome this, we utilize our natural delivery system, **VESIorb®**, which improves the efficacy of CBD more than 400% compared to competitive offerings.

#### U.S. Sun Grown Hemp

Grown in the richest soil in the U.S., every batch of hemp undergoes the strictest testing to ensure product purity.

#### Zero Tolerance

Zero Calories  
Zero Grams Sugar  
Zero Sweeteners



#### All Natural Fruit Flavors

Only the finest all natural flavors derived from the fruit flavor that you see on the label.

Grapefruit | Lime | Tangerine

#### Behind The Name

**Spritzig** /'sprit.sig/ German  
adjective • meaning: lively;  
sparkling with bubbles

\* Knaub et al, A Novel Self-Emulsifying Drug Delivery System (SEDDS) based on VESIorb® Formulation Technology Improving the Oral Bioavailability of Cannabidiol in Healthy Subjects. Molecules 2019, 24, 2967.

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