



Using TePe Gentle Care™

TePe Gentle Care™ is a super soft toothbrush recommended after oral surgery, for sore or very fragile oral tissue, sensitive root surfaces, extremely dry mouth, and for those undergoing chemo or radiation therapy. It is important to use and care for your TePe Gentle Care™ properly—please read below for instructions and helpful tips.



5 Simple Steps to Using Your TePe Special Care™ :

1. Place the bristles towards the gums at a 45° angle, so that the bristles sweep along the gumline where the gums meet the tooth.
2. Move in small back and forth motions, cleaning the inside, outside, and the biting surfaces of all teeth.
3. Clean the inside surfaces of the front teeth by titling the brush vertically using small up and down strokes.
4. After use, rinse with water and air dry in an upright position.
5. Replace brush once bristles start to fray or become worn.

Scan the QR code to watch a video about TePe Gentle Care™



Tips for using your TePe Gentle Care™

- ④ When deciding to use this toothbrush, it is best to consult your dental professional.
- ④ It is best to complete this in a systematic approach to ensure you don't miss any areas.
- ④ Angle the neck in hot water to adjust to your liking.
- ④ TePe Gentle Care™ is slightly firmer than TePe Special Care™.

