



# Using TePe EasyPick™

TePe EasyPick™ is a great on-the-go option. It is an easy and efficient way to clean between your teeth. Many times, food gets trapped around implants, braces, and large gaps between the teeth. TePe EasyPick™ is the perfect solution, and it also helps stimulate the gums and reduce inflammation. It is important to use and care for your TePe EasyPick™ properly—please read below for instructions and helpful tips.



## 4 Simple Steps to Using Your TePe EasyPick™:

1. There are 3 sizes, XS/S (orange), M/L (blue), and XL (purple). Choose a size that easily moves between your teeth.
2. Insert the EasyPick™ between your teeth in a horizontal motion. Move back and forth.
3. You can use the same TePe EasyPick™ throughout your mouth, and if you find a large amount of debris, you may need to rinse between teeth.
4. TePe EasyPick™ is intended for single use; dispose after use.

Scan the QR code to watch a video about TePe EasyPick™



## Tips for using your TePe EasyPick™

- If you are feeling any signs of pain, move down to a smaller size.
- It is one shape, being both flexible and durable enough to reach all areas of your mouth.
- Use as a complement to other ways of cleaning between your teeth.
- Helps reduce inflammation and removes food particles.
- Use the travel case as a convenient way to store the TePe EasyPick™ for on-the-go use.

