NEW TO READERS? TEST YOUR EYES IN AN INSTANT.

Print out this page in A4 size.

Hold the eye test at approximately 40 cm (15") and read the text without glasses.

To find the prescription you need, pick the line you can barely read.



Note that different strengths may be required for different purposes and distances. For example, the distance to the computer screen may be greater than if you are reading a book, and you may therefore need reading glasses with lower strength for use with the computer.