

Clothing Construction 101: Basic T-Shirt

Thursday & Friday, August 6 & 7

5:30 p.m. – 8:30 p.m.

Instructor: Allison Rehor

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You really can make it better yourself and learn to sew clothes that fit your unique body shape! This class will take you through reading a clothing pattern, taking measurements, adjusting the pattern for your personal measurements, and sewing a basic t-shirt.

Supply List

Pattern: Do It Better Yourself Club's "Anything but Basic Tee"
<https://doitbetteryourself.club/product/free-womens-shirt-pattern/>

This pattern is only available through an internet download at the website above. The pattern is free; however, each student needs to create an account at DIBY Club and download their own version of the pattern. Please respect the pattern designer and do not share the pattern.

Recommended reference: DIBY Club "Beginner's Guide to Sewing Knit Apparel"
<https://doitbetteryourself.club/ebooks/>

Fabric Requirements: Read page 7 of the pattern before purchasing fabric.

- The amount of fabric you will need is dependent on whether you will be making a Misses or Plus size shirt.
- The amount of fabric is also dependent upon your preferred sleeve length.
- Buy a knit with the correct amount of stretch (see page 7).
- Purchase an inexpensive knit for your first shirt.
- Wash and dry your fabric before class.

Class 1: Taking measurements, finding your size(s) and adjusting your pattern

You do not need your sewing machine for this portion of the class.

Class supplies:

- Access to pattern instructions. Instructions may be printed or you may bring a tablet or laptop (a phone is not ideal). *Do not print the pattern pieces, only the instructions.*
- Measuring tape
- Pencil
- Scissors (for paper)
- Scotch tape
- 24" straight ruler
- Dritz curve ruler (optional)

To Best Serve Our Customers: Sign-up two weeks in advance of class. This will allow us proper time and headcount for ordering specialty items necessary for class.

Class Cancellation Policy: With at least 48 hours notice, **full** class credit will be applied to your store account.

With less than 48 hours notice, **half** class fee will be credited to your store account. *No Shows forfeit total class fee.*

Guest Teachers and Special Events: Two week cancellation required for 100% store credit. No credit given for cancellations with less than one week notice. Early-bird sign-ups are non-refundable.

Class 2: Cutting a clothing pattern and knit sewing basics

Wash and dry your fabric before the class.

Class supplies:

- Access to pattern instructions (either paper or digital)
- Sewing machine
- Fabric and thread
- Jersey/ballpoint needles
- Scissors or rotary cutter (for fabric)
- Straight pins or pattern weights
- 24"x36" cutting mat (optional), if you do not have a mat of this size you can use the store cutting tables.



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