Follow the measurements below when cutting your filter to fit in your face mask.

Instructions:

- 1 Print pattern onto paper.
- 2 Pin the pattern onto filter fabric.
- 3 Cut pattern from filter fabric. You can cut more than one sheet of filter if desired. NOTE: This will make your mask feel stiffer.
- 4 Insert the filter through the pocket opening with the pointed part of the mask at the top and push the filter in.
- 5 Once the filter is in the mask, adjust until flat. NOTE: This patten is slightly narrower than the mask, and should have space on either end.

Cut pattern out along the red dotted line

