

Rehab Solutions

Product Catalogue

➔ Our Health & Wellbeing Mission:

OneUp Rehab Solutions is a New Zealand national distributor of world leading Rehabilitation and Performance products and equipment.

Proudly servicing the Hospital and Physiotherapy sector.

As well as Professional Sporting, Sports Medicine and High-Performance Institutes.

OneUp Rehab Solutions Limited (OURS) was established in 2020 and is a proudly, privately owned and operated New Zealand company, located in Auckland.

Conscious of the fact that New Zealand is often under prioritised on the global supply chain, OURS works closely with various international suppliers to investigate and source the latest global rehabilitation products/technologies and cost-effectively supplies them to New Zealanders.

Our aim is to help customers optimise their mental and physical wellbeing by delivering leading innovation to improve patient outcomes.

➔ Our core focus areas

- **Innovative Product Selection & Development**
- **On-going product training and education, in order to upskill customers and enable optimum use of products within correct applications**
- **Offering cost-effective long term health solutions**
- **Highly qualified and knowledgeable team, readily available to chat through your particular needs**

With years of experience and a strong network throughout the medical and sporting industries, OURS strives to always meet client needs.

We do so by providing unique, cost-effective and innovative products, backed with a dedicated and professional service.

Our mission is to enable New Zealander's to achieve better patient outcomes and provide them with the tools to live functional, meaningful, pain free lives.



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» OneUp:

Rehab Solutions



01 Sports & Rehab



Injury Prevention:



Stretching

Stretching keeps the muscles flexible, strong, and healthy, and we need that flexibility to maintain a range of motion in the joints.



Training

The systematic use of exercises to promote bodily fitness and strength.



Rest

To refresh oneself, by replacing physical exertion with an activity that promotes relaxation such as sleeping or meditation.



Recovery

Recovery is a process of change through which individuals can improve their health and wellbeing, and strive to reach their full potential.

➔ Blackroll®

BLACKROLL® has a wide range of products, exercises and tips, designed to help you live a pain-free, healthy and productive life.

Best of all, you can help yourself: For muscle relaxation in between and after sports. For a better posture. More effective warm-up and training. And even for a better nights sleep.

BLACKROLL® is motivated in encouraging you to take your health, well-being and performance into your own hands every day and to bring it into a harmonious balance. Because we believe that the balance between regeneration and activation is the fuel for a healthy life full of energy and sustainable performance.



Blackroll

Products

	<p>BLACKROLL® Standard Roller</p> <p>The BLACKROLL®STANDARD takes just a little effort with simple exercises to provide noticeable increases in muscle performance and elasticity. Consistent exercise with the BLACKROLL® foam roller will enable its effects to last longer. Functional exercises can also be wide-ranging and powerful with the BLACKROLL®STANDARD. Find a variety of exercises for the BLACKROLL®STANDARD on the OneUp Rehab Solutions® website, as well as in the BLACKROLL®APP – so you can get started right away. Many physiotherapists recommend</p> <p>the use of the STANDARD roller to help with injury prevention and rehabilitation.</p> <ul style="list-style-type: none"> • The BLACKROLL® classic massage roller. • Proven massage effect. • Ideal for beginners. <p>CODE: BRSTA – BK / BWBC SIZE: 30 x 15CM (Medium) COLOUR:</p> 
	<p>BLACKROLL® Medium Foam Roller</p> <p>With the BLACKROLL® MED, you can palpably increase your muscular elasticity and performance with little effort and simple exercises. With 20% lower hardness, the BLACKROLL® MED foam roller allows a softer self-myofascial treatment – just the thing for gentle use in therapy, for example, for people with lower body weight or simply when you want a less intensive massage.</p> <p>Please note: The BLACKROLL® MED is recommended for body weight only up to 75 kg.</p> <ul style="list-style-type: none"> • 20% softer than the BLACKROLL® STANDARD. • Perfect for beginners and people with high pain sensitivity. • Ideal for therapeutic applications. <p>CODE: BRMEDGNC / BRMEDPKC SIZE: 30 x 15CM (Soft) COLOUR:</p> 
	<p>BLACKROLL® Groove Foam Roller</p> <p>Providing a stronger massage effect, the BLACKROLL® GROOVE PRO has the high density level of the BLACKROLL® PRO. During fast rolling, the grooves on the surface cause a slight vibration effect, supporting blood circulation of the tissues during activation before exercise and stimulating the receptors in the connective tissues and muscles. The BLACKROLL® GROOVE PRO is designed for performance.</p> <p>Please note: The GROOVE PRO is very hard, therefore recommended to professionals only.</p> <ul style="list-style-type: none"> • Structured surface for new stimuli. • GROOVE PRO 50% harder than the BLACKROLL® STANDARD. • For intensive applications. <p>CODE: BRGRPACO SIZE: 30 x 15CM (Medium) / 30 x 15CM (Hard) COLOUR:</p> 
	<p>BLACKROLL® Slim Foam Roller</p> <p>The BLACKROLL® SLIM packs all the advantages of the BLACKROLL® STANDARD into a convenient format. The length remains the same at 30 centimetres but the circumference has been reduced. This makes the BLACKROLL® SLIM perfect for travelling. The smaller contact surface allows for a more intense massage with the effects of a sports massage.</p> <p>The exercises with the BLACKROLL® SLIM support the specific regeneration of the muscles and can improve one's performance.</p> <ul style="list-style-type: none"> • Perfect travel companion with a slim circumference – only 30 cm in length. • More intense self-massage due to the smaller contact surface. • Greater stability. <p>CODE: BRSLBKC SIZE: 30 x 10CM (Soft) COLOUR:</p> 

	<p>BLACKROLL® Mini Foam Roller</p> <p>The lightweight recovery tool in mini format is perfect for self-massage to release tension (feet and arms) on the road or at the office. Especially in everyday use, the BLACKROLL® MINI is nice to use. Especially people who work on screens can benefit from the occasional short massage of the lower arms, soles of the feet, or the neck to prevent or correct tension and strain.</p> <ul style="list-style-type: none"> • Small foam roller – easy to transport. • For the targeted massage of feet, legs, arms, and other parts of the body. • Use on a table, floor, or against a wall. <ul style="list-style-type: none"> • Connects large BLACKROLL® foam rollers. • Roll your feet while sitting in the office, keeps them warm and healthy. • Ideal tool for treatment of shin splints and plantar fasciitis. <p>CODE: BRMBK / BRBMGN / BRBMPK SIZE: 15 x 6CM (Soft) COLOUR:</p> 
	<p>BLACKROLL® Ball Small & Large</p> <p>The BLACKROLL® BALL is the perfect complement for the BLACKROLL® foam roller. It's just what you need for point-by-point self-massage of different areas of the body. The two sizes are perfect when used together. You can massage points with the 8 cm ball and larger areas with the 12 cm ball, so individual muscles or entire areas of the body can be targeted with the perfect intensity.</p> <ul style="list-style-type: none"> • The BLACKROLL® BALL helps with point-by-point self-massage of all parts of the body. • Use on a table, floor, or against a wall. • Ideal for addressing individual back muscles and areas. • Less intensive than the BLACKROLL® OB. <p>CODE: 8cm Trigger Ball BRBBK08C / BRBBG08C / BRBBP08C SIZE: 8CM COLOUR:</p> 
	<p>BLACKROLL® Recovery Pillow</p> <p>BLACKROLL® Recovery Pillow memory foam pillow with neck support. For at home and on the go – Roll it up and take the comfort of your own pillow where ever you go for optimum recovery every night.</p> <p>Features</p> <ul style="list-style-type: none"> • Promotes healthy sleep and sleep routines • Ergonomic neck bow and head moulding • Two sides for four sleeping positions • Practicable, comfortable, light weight and hygienic • Made in Germany – according to OEKO-TEX® STANDARD 100 • German Design Award Winner 2020 • Includes pillow case • Replacement pillow case available
	<p>BLACKROLL® Stretch Band</p> <p>Improve your mobility with 'muscle length training'. Get to know the stretch band (100 cm), made from allergen material.</p> <p>Features</p> <p>The sewn-in loops construction has been designed for muscle length training. The loops in the band allow you to customise your training depending on your ability. Small & compact: ideal for the office and travelling. Skin-friendly and robust textile material. Suitable for allergy sufferers. Made in Germany from recycled material. Oeko-tex® standard 100 certified. Washable up to 60° c.</p>

Functional, meaningful, pain free lives



Blackroll

	<p>BLACKROLL® Twister</p> <p>The BLACKROLL® TWISTER is your new secret weapon in fascial training, adding a new training tool to our line of foam rollers for the effective treatment of fascial adhesions. The TWISTER is relatively small and easy to transport, so it can be with you every day. Its effects on fascial treatment, however, are immense. The special knobby surface of the TWISTER and its ergonomically precise convex shape make the novel, point-by-point stimulation of the tissue and fascial adhesion possible.</p> <ul style="list-style-type: none"> • The revolutionary method of stimulating trigger points and connective tissue. • The combination of pressure and rotation with the BLACKROLL® TWISTER releases fascial adhesions. • The BLACKROLL® TWISTER is perfect for deep stimulation of targeted points. <p>CODE: BRTWBKC / SIZE: 7 x 5CM / COLOUR:</p> 
	<p>BLACKROLL® Yoga Block</p> <p>The BLACKROLL® BLOCK complements and extends the application possibilities of BLACKROLL® products. The BLACKROLL® BLOCK is a multipurpose tool with an open bottom, perfect for stowing a BLACKROLL® MINI or a BLACKROLL® DUOBALL 08 and a BLACKROLL® BALL 08.</p> <p>The BLACKROLL® BLOCK permits more intensive myofascial self-massage with the smaller tools from BLACKROLL®. Depending on your needs, you can use the BLOCK with the smaller BLACKROLL® products to exert more pressure and penetrate further into the tissue.</p> <ul style="list-style-type: none"> • Versatile functional training tool • The ideal yoga block. • Perfect complement to the smaller BLACKROLL® tools. • Stable basis for more applications. <p>CODE: BRBLEK SIZE: 30 x 15 x 10CM COLOUR:</p> 
	<p>BLACKROLL® Booster</p> <p>Combined with the travel-friendly BLACKROLL® SLIM, the BOOSTER can be used anywhere and is extremely effective. You can exercise with the roll as usual and enjoy the added advantages of deep reaching vibrations. You can also use the BOOSTER with its oscillating vibrations without the SLIM to loosen tight muscles.</p> <ul style="list-style-type: none"> • BOOSTER together with SLIM for the price of the BOOSTER – two powerful tools for the price of one. • Perfect combination of massage and vibration. <ul style="list-style-type: none"> • Ideally suited to activate and regenerate muscles and tissue. • Pressure and oscillating vibrations to stimulate fascia and muscle tissue. • Frequency range from 12–56Hz with precise, continuous intensity (Amplitude). <p>CODE: XXXXXXX / SIZE: XXCM / COLOUR:</p> 
	<p>BLACKROLL® Duoball – Small & Large</p> <p>The BLACKROLL® DUOBALL is the perfect complement for the BLACKROLL® foam roller. The DUOBALL 12 is particularly good for massaging parallel lines of muscles, for example next to the thoracic and lumbar vertebrae. It can also be used to target the upper thighs and sides. The DUOBALL 08 is particularly good for massaging parallel lines of muscles, for example next to the thoracic and neck vertebrae.</p> <p>We recommend the DuoBall 12cm for taller people with wider backs whereas the DuoBall 8cm would suit smaller people.</p> <ul style="list-style-type: none"> • Ideal for the treatment of the thoracic and lumbar spinal column. • Ideal for therapeutic applications. • Also suitable for the massage of sides, arms, and legs. <p>CODE: BRDBBK08C / BRDBBK12C SIZE: 8CM / 12CM COLOUR:</p> 

Blackroll

	<p>BLACKROLL® Loop Band</p> <p>The BLACKROLL® LOOP BAND is ideal for training smaller muscle chains. It helps to get better body statics and will reduce the risk of injuries. Say goodbye to uncomfortable rubber bands – the new revolution is a skin-friendly textile interwoven with latex free natural rubber.</p> <p>The BAND offers all the advantages of a truly versatile, flexible training device for strength, power and mobility.</p> <ul style="list-style-type: none"> • Available as SET (3 bands) or as individual BAND <ul style="list-style-type: none"> • More durable and less likely to snap than common rubber bands. • Unique, patented skin friendly textiles employed. <p>CODE: BRLBBE (Hard) / BRLBGN (Medium) / BRLBOR (Soft) / BRSETLBOGB (Set) SIZE: 30 x 6CM COLOUR:</p> 
	<p>BLACKROLL® Resist Band</p> <p>The band is meant to meet the high demands of professional athletes, but is also suitable for amateurs. A farewell to uncomfortable rubber bands – the new revolution is a skin friendly elastic textile interwoven with latex free natural.</p> <p>The RESIST BAND is not only strong and tear-resistant, but also flexible and it touches comfortable at the same time – thanks to the revolutionary textile material. It does not cut into the skin and the Velcro at the two ends allows a fast fixation of the band around the hips.</p> <ul style="list-style-type: none"> • Ideal for mobilisation and for combined training for strength and flexibility. • No unpleasant pulling on the skin, thanks to patented, skin-friendly textiles. <p>CODE: BRBBBK (Extreme) / BRBBGY (Strong) SIZE: 178 x 6CM COLOUR:</p> 
	<p>BLACKROLL® Multiband</p> <p>The BLACKROLL® MULTI BAND (270 cm) is designed for relearning functional movement sequences by strengthening entire muscle groups, training movement coordination in a joint-friendly manner, and improving mobility. Up to four loops permit customized use, so the MULTI BAND can be used by all age groups and conditioning levels regardless of height or mobility.</p> <ul style="list-style-type: none"> • Perfect for mobility training & combined strength and flexibility training. • No unpleasant pulling on the skin, thanks to patented, skin-friendly textiles. <p>CODE: BRMBGN SIZE: 270 x 3CM (Medium) COLOUR:</p> 
	<p>BLACKROLL® Posture</p> <p>The BLACKROLL® POSTURE harness has been designed in Sweden and is a highly effective brace that supports and enables better posture in everyday life. No matter if you are at home, at work, driving a car, at the gym or during sports and rehab, the POSTURE brace will help you achieve healthy and upright upper body alignment.</p> <p>The BLACKROLL® POSTURE brace can:</p> <ul style="list-style-type: none"> • Increase oxygen uptake, giving you more energy. • Strengthen critical muscles in neck, back, shoulders, and chest. <ul style="list-style-type: none"> • Relieve neck and back pain. • Help muscles and joints recover and rehabilitate from injury. • Be used in pilates & general stretching. • Reduce discomforts due to bad posture. <p>CODE: BRPOBK / BRPOBKXXL SIZE: S/M/L / XL/XXL COLOUR:</p> 





Blackroll



BLACKROLL® Needle Roller

The stimulation of superficial fascial layers with the BLACKROLL® NEEDLEROLLER has a variety of effects. The nerve endings in the skin and upper layers of the fascia are stimulated. For chronic pain, this can break the pain feedback loops. The tissues will be optimally prepared for subsequent therapeutic treatments.

The tingling, perfusion-supporting effect is felt immediately, and pain sensitivity is significantly reduced after just a short period of use. The NEEDLEROLLER is particularly well-suited for stimulating the reflex and acupuncture zones.

- Stimulation of the superficial fascia layers.
- You'll feel the tingling, perfusion-supporting effect immediately.
- Pain sensitivity is reduced.
- Can regulate collagen & elastin production.

CODE: **BRNRBK**
 SIZE: **26 x 9 x 6.5CM**
 COLOUR: **WOODEN**



BLACKROLL® Mat

The structured surface of the BLACKROLL® MAT offers first-class grip and comfort – without slipping. The special crosshatch structure on the bottom makes the MAT the perfect non-slip base for any exercise. Whether you're working on mobility, strength, agility or taking a yoga class, the special length and width of the mat makes a variety of exercises possible. The optimized 5 mm thickness provides the sweet spot for joint friendly training, while still making contact with the floor perceptible. With a length of 1.85 m, a wider variety of exercises are possible.

- Suitable for advanced athletes and yogis.
- Non-slip, with optimum grip.
- Structured surface for comfortable training that is low-impact on joints.
- Easy to clean, ideal for commercial use.

CODE: **BRMABK**
 SIZE: **65 x 185 x 0.5CM**
 COLOUR: **BLACK**



BLACKROLL® Peg Board Display Large

The wall mounted varnished ply wood peg board comes with 20 pegs and our suggested set up uses 12 pegs for storage of Rollers or Bands and four to attach two hanger baskets for storage of smaller gear like BALLS, MINIS or DUOBALLS. The hanger baskets are made out of recycled durable sail sheets.

Available with or without stock.
Includes: 20 pegs & 2x BLACKROLL® baskets.

- Features:**
- A stylish and neat way to organise or display your fascia training tools.

CODE: **BPEGL**
 SIZE: **120 x 8 x 180CM**
 COLOUR: **WOODEN**



ONEUP Peg Board Display

The OneUp wall mounted Peg board is a minimal look designed feature for clinics and sporting facilities.

It comes assembled with 6 pegs for storage of ROLLERS and BANDS. The lower section comprises of a shelf for easy and visible storage of any further items.

Available with or without stock.
 Have different needs? Boards can be made to suit your clinics needs. Pricing may differ.

Normatec

	<h3>NORMATEC Leg – Pair</h3> <p>Lower body upgrade Whether your looking to do more or feel your best, the Normatec 2.0 Pro Lower Body's leg and hip attachments will leave you feeling as fresh as ever.</p> <p>Feel the potential Meet the gold standard for warm up and recovery. The Normatec 2.0 Lower Body will help you warm up faster, recover quicker, and leave your legs and hips feeling lighter, faster, and stronger.</p> <p>You are in control Get in the zone with a warm up and recovery system made to help your legs and hips feel good and move even better. The Normatec 2.0 Lower Body's patented and proven technology offers touchscreen controls and preprogrammed recovery, rehab, and custom modes, giving you complete control.</p> <p>SKU: 60086 003-00</p>
	<h3>NORMATEC Arm Attachment – Pair</h3> <p>NormaTec Arm Attachment Arm recovery has never been this good. Our full-length arm sleeves feature five overlapping zones for gapless compression and premium materials.</p> <p>Feel the potential Meet the gold standard for warm up and recovery. The normatec 2.0 upper body will help you warm up faster, recover faster leaving your arms and shoulders feeling lighter, faster and stronger.</p> <p>SKU: 60070 001-00</p>
	<h3>NORMATEC Hip Attachment</h3> <p>Lower body upgrade Whether your looking to do more or feel your best, the Normatec 2.0 Pro Lower Body's leg and hip attachments will leave you feeling as fresh as ever.</p> <p>Feel the potential Meet the gold standard for warm up and recovery. The Normatec 2.0 Lower Body will help you warm up faster, recover quicker, and leave your legs and hips feeling lighter, faster, and stronger.</p> <p>You are in control Get in the zone with a warm up and recovery system made to help your legs and hips feel good and move even better. The Normatec 2.0 Lower Body's patented and proven technology offers touchscreen controls and preprogrammed recovery, rehab, and custom modes, giving you complete control.</p> <p>SKU: 60060 001-00</p>
	<h3>NORMATEC Pulse 2.0 & Pro Leg System</h3> <p>Raise your game No matter what you love to do, do it more with Normatec 2.0 Legs. Warm up quickly, recover faster, and feel fully revived with Normatec's restorative massage.</p> <p>Customize each session with 7 intensity levels and give yourself a little extra attention wherever you need it most with ZoneBoost™.</p> <p>Get the same patented and proven technology that the pros love, and tap into a HyperSmart™ app experience.</p> <p>Cutting Edge Compression Warmup and recover like never before. The Normatec 2.0 uses dynamic air compression to create a restorative massage that is shown to increase circulation & help you feel refreshed faster.</p> <p>Custom Calibration The Normatec patented Pulse massage pattern includes a unique digitally controlled calibration phase that molds the attachments to your body, guaranteeing a custom fit and perfectly precise pressure each session.</p>





Venom

	<p>VENOM BY HYPERICE Back</p> <p>Wrap with warmth The Venom Leg is made for recovery on-the-go. Walk, bend, and stretch with it on, or sit back and relax. Wherever you go, the Venom Leg will be there to heal you along the way. Digital touch screen to control three distinct vibration patterns — wave, pulse and constant as well as three heat settings and a timer. Nanotechnology heat Level 1, 55C / Level 2, 63C / Level 3, 72C. Battery life 3 hours. SKU: 21000 001-10</p>
	<p>VENOM BY HYPERICE Leg</p> <p>Wrap with warmth Venom Back amplifies the soothing power of heat with compression and vibration to melt away stress and tension on your core — it's the best of both worlds. Digital touch screen controls, adjustable temperature levels, and three distinct vibration patterns allow you to have full control, so you can get the perfect treatment every time. Nanotechnology heat Level 1, 55C / Level 2, 63C / Level 3, 72C. Battery life 3 hours. SKU: 20000 001-10</p>
	<p>VENOM BY HYPERICE Shoulder</p> <p>Wrap with warmth Venom Shoulder features nanotechnology heating elements that generate up to 160 degrees of soothing heat in under 90 seconds. Available in right and left. The Venom Shoulder will get you on the road to recovery. Whether you're an elite athlete, a weekend warrior, or dealing with a chronically stiff or sore shoulder, the combination of heat and vibration will provide much-needed relief. Level 1, 55C / Level 2, 63C / Level 3, 72C. Battery life 3 hours. SKU / Left: 21000 001-21 SKU / Right: 21000 001-22</p>
	<p>Hypersphere, Hypersphere Mini, Vyper</p> <p>Hypersphere Power and versatility work together to make the Hypersphere convenient and efficient, the perfect blend to enhance your warmup and recovery routine. Battery life 2 hours. High-torque 30W motor. Size 5X5X5 inches. SKU / Green: 32000 010-00 SKU / Black: 32000 001-00</p> <p>Hypersphere Mini The Hypersphere Mini is a massage ball that fits into the palm of your hand. With three speeds of vibration—low, medium, and high—you can roll it over your muscles, wherever they need some loosening up. Battery life 2 hours. High-torque 40W motor. Size 3X3X3 inches. SKU: 34000 001-00</p> <p>Vyper All systems activated. Prime your body with a powerful vibrating massage. The Vyper accelerates your warm up speeds recovery time and keeps you moving better. Battery life 2 hours. High-torque 34W motor. Size 13X5.4X5.4 inches. SKU: 31000 001-00</p>

Hyperice

	<h3>HYPERICE Back</h3> <p>Ice with an upgrade The product that started it all. A machine washable premium Plush™ neoprene wrap uses pro-level compression to hold an ultra-thin antimicrobial ice cell wherever you need it most. The ice cell features a patented air-release valve to keep the ice in place for extra cold surface contact. Designed in collaboration with the world's best athletes, the Hyperice takes this recovery staple into the future.</p> <p>Benefits</p> <ul style="list-style-type: none"> • Portable Ice Compression Device Featuring Patented Air-Release Valve • Designed in collaboration with the world's best athletes, the ICT Back is a portable ice compression device that harnesses the power of real ice + compression to reduce inflammation and relieve back pain better than traditional methods.
	<h3>HYPERICE Knee</h3> <p>Ice with an upgrade The product that started it all. A machine washable premium Plush™ neoprene wrap uses pro-level compression to hold an ultra-thin antimicrobial ice cell wherever you need it most. The ice cell features a patented air-release valve to keep the ice in place for extra cold surface contact. Designed in collaboration with the world's best athletes, the Hyperice takes this recovery staple into the future.</p> <p>Benefits</p> <ul style="list-style-type: none"> • Portable Ice Compression Device Featuring Patented Air-Release Valve • Designed in collaboration with the world's best athletes, the ICT Back is a portable ice compression device that harnesses the power of real ice + compression to reduce inflammation and relieve back pain better than traditional methods.
	<h3>HYPERICE Shoulder – Left & Right</h3> <p>Reusable ice compression device featuring patented air-release valve Designed in collaboration with the world's best athletes, the ICT Shoulder is a portable ice compression device that harnesses the power of real ice + compression to reduce inflammation and relieve shoulder pain better than traditional methods.</p> <p>Icing reinvented</p> <ul style="list-style-type: none"> • Non-restrictive, ergonomic design with Premium Plush™ neoprene • Ultra-thin antimicrobial ice cell with water tight seal • Machine washable compression sleeve to protect against bacterial growth/exchange
	<h3>HYPERVOLT GO, Bluetooth® & Plus</h3> <p>Hypervolt GO Portable percussion at 1.5 pounds, the GO was designed for an active lifestyle. With surprising power and quiet operation, the GO provides relief at home or on the road.</p> <ul style="list-style-type: none"> • Hypervolt GO & 18V charger • Additional plug adapters (3) • Head attachments: Flat, Bullet <p>Hypervolt Bluetooth® The Hypervolt Bluetooth® features three speeds of rapid percussion that can be changed with a single button, so you can cycle through without interruption.</p> <ul style="list-style-type: none"> • Hypervolt & 24V charger • Pouch & head attachments: Fork, Ball, Cushion, Flat, Bullet <p>Hypervolt Plus Bluetooth® The Hypervolt Plus Bluetooth® allows you to warm up and recover like the pros with this iconic ultra-premium percussion device. Seriously strong, aesthetically sleek, and unbelievably quiet: the best of the best.</p> <ul style="list-style-type: none"> • Hypervolt Plus & 24V charger • Additional plug adapters (3) • Pouch & head attachments: Fork, Ball, Cushion, Flat, Bullet





02 Physio Supplies

➔ Sanctband

Sanctband transforms your experience seamlessly from physiotherapy, through to fitness and sports enhancement.



A trusted brand since 2008, Sanctband prioritises quality and optimization of users' performance. Our exercise bands are known for being powder free with reduced protein content, providing great user experience and comfort.

Sanctband signature colours— Peach, Orange, Lime Green, Blueberry, Plum and Gray — correspond with our progressive resistance chart.



Sanctband

Products

	<h3>SANCTBAND 46m Resistive Band Rolls</h3> <p>Sanctband Resistive Band is a natural latex resistive exerciser and resistance training device. It is suitable for all fitness levels and can be incorporated in many exercise regimes.</p> <p>Sanctband Resistance Exercise Bands are colour-coded to indicate the resistance levels and strengths for physiotherapy, rehabilitation, sports therapy and training. The resistive exercise band is an effective and integral part of the concept resistance training.</p> <p>Resistance training is a concept adopted in areas of physiotherapy, rehabilitation, sports training, yoga and Pilates. It is also an effective training method used in sports training and rehabilitative exercises programs. Can be cut down to required size.</p> <p>CODE: SBBPE46 SIZE: 0.15MM x 15CM x 46M COLOUR: X-Light Peach</p> <p>CODE: SBBOR46 SIZE: 0.20MM x 15CM x 46M COLOUR: Light Orange</p> <p>CODE: SBBLG46 SIZE: 0.30MM x 15CM x 46M COLOUR: Medium Lime Green</p> <p>CODE: SBBBL46 SIZE: 0.38MM x 15CM x 46M COLOUR: Heavy Blueberry</p> <p>CODE: SBBPL46 SIZE: 0.38MM x 15CM x 46M COLOUR: X-Heavy Plum</p> <p>CODE: SBBGY46 SIZE: 0.43MM x 15CM x 46M COLOUR: Super Heavy Grey</p>
	<h3>SANCTBAND 30 Piece Dispenser Pack</h3> <p>Dispenser packs clearly indicate the resistance level of a band and eliminate the need for scissors as bands are individually wrapped. Each pack contains 30 x 1.5m Sanctband Exercise Bands.</p> <p>Sanctband Resistive Band is a natural latex resistive exerciser and resistance training device. It is suitable for all fitness levels and can be incorporated in many exercise regimes.</p> <p>Sanctband Resistance Exercise Band is colour-coded to indicate the resistance levels and strengths for physiotherapy, rehabilitation, sports therapy and training.</p> <p>CODE: SBBPE30D SIZE: 0.15MM x 15CM x 1.5M COLOUR: X-Light Peach</p> <p>CODE: SBBOR30D SIZE: 0.20MM x 15CM x 1.5M COLOUR: Light Orange</p> <p>CODE: SBBLG30D SIZE: 0.30MM x 15CM x 1.5M COLOUR: Medium Lime Green</p> <p>CODE: SBBBL30D SIZE: 0.38MM x 15CM x 1.5M COLOUR: Heavy Blueberry</p> <p>CODE: SBBPL46 SIZE: 0.38MM x 15CM x 1.5M COLOUR: X-Heavy Plum</p>
	<h3>SANCTBAND 3-in-1 Dispenser Pack</h3> <p>Sanctband 3 in 1 Dispenser pack includes: 15 x orange, 15 x lime green, 15 x blueberry (1.5m packs).</p> <p>The 3-in-1 Dispenser is ideal for counter sales at the doctor's practice or in the gym. The attractive and practical, individual packaging saves the cutting of the exercise bands from the roll. Furthermore, the 3 most important band strengths are visually appealing in the counter area and still protected against dirt and harmful UV light.</p> <p>Sanctband Resistive Band is a natural latex resistive exerciser and resistance training device. The content of powder and latex proteins which can cause allergies has been successfully reduced through a complex procedure. Due to this intensive production method, the allergenic potential can be greatly decreased.</p> <p>CODE: SB3 SIZE: 0.18MM x 15CM x 1.5M 0.25MM x 15CM x 1.5M 0.30MM x 15CM x 1.5M</p> <p>COLOUR: Orange Light Lime Green Medium Blueberry Heavy</p>

	<h3>SANCTBAND 2m Resistive Band Exercise Kit (+ Door Anchor)</h3> <p>Kit includes 2m Length of Band, Door Anchor and Exercise Guides.</p> <p>Sanctband Resistive Band is a natural latex resistive exerciser and resistance training device. It is suitable for all fitness levels and can be incorporated in many exercise regimes. Sanctband Resistance Exercise Band is colour-coded to indicate the resistance levels and strengths for physiotherapy, rehabilitation, sports therapy and training.</p> <p>The resistive exercise band is an effective and integral part of the concept resistance training. Resistance Training is an effective training method used in sports training and rehabilitation.</p> <p>CODE: SBBPEEK SIZE: 0.15MM x 15.2CM x 2M COLOUR: X-Light Peach</p> <p>CODE: SBBOREK SIZE: 0.20MM x 15.2CM x 2M COLOUR: Light Orange</p> <p>CODE: SBBLGEK SIZE: 0.30MM x 15.2CM x 2M COLOUR: Medium Lime Green</p> <p>CODE: SBBBLEK SIZE: 0.38MM x 15.2CM x 2M COLOUR: Heavy Blueberry</p> <p>CODE: SBBPLEK SIZE: 0.38MM x 15.2CM x 2M COLOUR: X-Heavy Plum</p> <p>CODE: SBBGREK SIZE: 0.43MM x 15.2CM x 2M COLOUR: Super Heavy Grey</p>
	<h3>SANCTBAND Resistive Loop Band 9&13"</h3> <p>Sanctband loop bands are made from natural rubber latex material. It is a continuous loop band that has a width of 2 inches and comes in 2 sizes, 9 inches and 13 inches. Sanctband loop bands are formulated to allow linear increases in resistance as the bands are stretched. Sanctband loop bands are used for a variety of applications and is ideal for lower body exercises, designed to increase balance, strength and flexibility.</p> <p>It is widely used in sports performance enhancement training, physiotherapy, rehabilitation and in yoga and pilates. With the low powder and reduced protein features, sanctband loop bands are formulated to reduce the sensitivity to latex protein allergy experienced by some people.</p> <p>CODE: LB002F / SBLBPE SIZE (WIDTH): 23CM COLOUR: X-Light Peach 9" / 13"</p> <p>CODE: LB002G / SBLBOR SIZE (WIDTH): 23CM COLOUR: Light Orange 9" / 13"</p> <p>CODE: LB002H / SBLBLG SIZE (WIDTH): 23CM COLOUR: Medium Lime Green 9" / 13"</p> <p>CODE: LB002J / SBLBBL SIZE (WIDTH): 23CM COLOUR: Heavy Blueberry 9" / 13"</p>
	<h3>SANCTBAND 1.2m Resistive Tubing Kit</h3> <p>Sanctband Tubing with Handles are specially designed for user's ease of use whilst performing a complete workout. The attached handles are comfortable and suitable for any level fitness for your daily workout. Sanctband Resistive Tubing (Latex Dipped Tubes) is produced with multi dipping Latex manufacturing technology to attain the highest possible quality.</p> <ul style="list-style-type: none"> • Stimulation of superficial fascia layers. • You'll feel the tingling, perfusion-supporting effect immediately. • Pain sensitivity is reduced. • Can regulate collagen & elastin production. <p>CODE: SBTOK SIZE: 1.2M COLOUR: X-Light Peach</p> <p>CODE: SBTOK SIZE: 1.2M COLOUR: Light Orange</p> <p>CODE: SBTLGK SIZE: 1.2M COLOUR: Medium Lime Green</p> <p>CODE: SBTBLK SIZE: 1.2M COLOUR: Heavy Blueberry</p> <p>CODE: SBTPLK SIZE: 1.2M COLOUR: X-Heavy Plum</p> <p>CODE: SBTOK SIZE: 1.2M COLOUR: Super Heavy Grey</p>




Sanctband

	<h3>SANCTBAND 30m Resistive Tubing</h3> <p>Sanctband Resistive Tubing (Latex Dipped Tubes) is produced with multi dipping Latex manufacturing technology to attain the highest possible quality. Latex Dipped Tubing is a proprietary technology with delicate process of multiple dips on each tube formation.</p> <p>Such technology brings forth consistent product dimensions, colour vibrancy and specifications safety. Sanctband Resistive Tubing is known for its exceptionally good breakage resistance.</p> <p>It is widely used in resistance training for various sports performance enhancement, muscle toning and strengthening, as well as in rehabilitation and physiotherapy after surgery or injury. It allows more variation of exercises for Pilates, fitness, and yoga classes.</p> <p> CODE: SBTPE30 SIZE: 1.3KG COLOUR: X-Light Peach CODE: SBTOR30 SIZE: 1.9KG COLOUR: Light Orange CODE: SBTLG30 SIZE: 2.6KG COLOUR: Medium Lime Green CODE: SBTBL30 SIZE: 3.1KG COLOUR: Heavy Blueberry CODE: SBTPL30 SIZE: 4.4KG COLOUR: Extra Heavy Plum CODE: SBTGY30 SIZE: 5.1KG COLOUR: Super Heavy Grey </p>
	<h3>SANCTBAND Super Resistive Loop Band</h3> <p>Sanctband Super Loop Bands are made from natural rubber latex material. It is a continuous Loop Band that has a total lay-flat-length of 41 inches.</p> <p>Sanctband Super Loop Bands are developed for the professional athletes. Its resistance levels are much higher, providing greater efficiency in professional training. Sanctband Super Loop Bands are commonly used for strength and speed training for athletes. It heightens the challenge in resistive training, for athletes to scale higher goals in their performance.</p> <p>Sanctband Super Loop Bands are available in 4 resistance levels. To boost fun-filled sentiments onto resistance training, Sanctband Super Loop Band comes in a range of vibrant colours to differentiate its strength.</p> <p> CODE: SBSLOR SIZE (WIDTH): 12MM COLOUR: Light Orange CODE: SBSLCH SIZE (WIDTH): 25MM COLOUR: Medium Cherry CODE: SBSLBL SIZE (WIDTH): 44MM COLOUR: Heavy Blueberry CODE: SBSLPL SIZE (WIDTH): 57MM COLOUR: Extra Heavy Plum </p>
	<h3>SANCTBAND ACTIVE Balance Pad</h3> <p>The Sanctband Active Balance Pad is an essential functional training tool that improves balance, stability, coordination and strength. The unstable surface of the balance pad challenges the entire body as a unit, recruiting muscles from the feet through to the legs, back and core.</p> <ul style="list-style-type: none"> Increases strength, coordination and motor skills. May reduce back pain by improving posture. Versatile, can be used for general fitness by people of all ages. Rehab training. Sport specific conditioning. <p> CODE: BP058V SIZE: 51CM X 40CM X 6CM COLOUR: Black </p>



Sanctband

Products

	<h3>SANCTBAND Hand Exercisers</h3> <p>Sanctband Hand Exercisers are silicon-based, latex-free squeeze balls that are ergonomically designed in an egg shape. It comes in 4 vibrant colours that are coded in accordance to the strength level. Using Sanctband Hand Exercisers can help to lessen pain and rigidity of fingers and hands, relieve sore arm muscles, and train hand and arm strength. It is commonly used in resistive exercises and therapies for fingers, hand and wrist.</p> <p>Its egg-shaped design increases the effectiveness of the exercises. Sanctband Hand Exercisers are recommended for people that do extensive computer work to rest their hands, for example, working professionals and professional gamers, and elderly to train their hands, by doing grip strength exercises.</p> <p>CODE: SBHEPE COLOUR: X-Light Peach</p> <p>CODE: SBHEOR COLOUR: Light Orange</p> <p>CODE: SBHELG COLOUR: Medium Lime Green</p> <p>CODE: SBHEBL COLOUR: Heavy Blueberry</p>
	<h3>SANCTBAND Balance Cushions</h3> <p>Sanctband Balance Cushion is a small inflatable cushion/disc 33cm in diameter that adds an element of instability to any workout. It helps to achieve joint stabilisation (through improving proprioception) and train the core muscle groups with its unstable surface.</p> <p>The Sanctband Balance Cushion features 2 different surfaces, one with raised nodules and the other smoother. The raised nodules allow for greater sensory function and acts as a grip for stabilisation. By decreasing the amount of air within the cushion to increase instability, the difficulty can be heightened and vice versa. Sanctband Balance Cushions come inflated and can easily be adjusted using a normal air pump. Sitting on the Balance Cushion encourages dynamic sitting similar to a gym ball.</p> <p>CODE: SBBCLG DIAMETER: 33CM COLOUR: Lime Green</p> <p>CODE: SBBCBL DIAMETER: 33CM COLOUR: Blueberry</p>
	<h3>SANCTBAND Exercise Balls</h3> <p>Sanctband Anti Burst Exercise Ball is developed for professional use. Available in 3 sizes, Sanctband Anti Burst Exercise Ball has been tested for its anti burst properties at static weight up to 120kg. Widely used in exercise and rehabilitation for various conditions. Sanctband Anti Burst Exercise Ball is developed according to German safety standards.</p> <p>CODE: SBEBOR55CM SIZE (WIDTH): 55CM COLOUR: Orange</p> <p>CODE: SBEBLG65CM SIZE (WIDTH): 65CM COLOUR: Lime Green</p> <p>CODE: SBEBBL75CM SIZE (WIDTH): 75CM COLOUR: Blueberry</p>

	<h3>SANCTBAND Stability Ball</h3> <p>Benefits:</p> <ul style="list-style-type: none"> • Total body conditioning. • Improve posture and core strength. • Promote balance, coordination and functional strength. • Perfect for balance training and enhanced stretch. <p>Features:</p> <ul style="list-style-type: none"> • Instructional manual. • 1x straw for easy inflation. <p>CODE: HDASBO SIZE (WIDTH): 22CM COLOUR: Lime Green</p> <p>CODE: JDASBO SIZE (WIDTH): 26CM COLOUR: Blueberry</p>
	<h3>SANCTBAND Exercise Putty</h3> <p>Sensory stimulation can significantly improve restlessness, hyperactivity and concentration in a person with an Autism Spectrum Disorder, ADD or ADHD or other sensory disorders. Playing with resistive putty is a great way for children to achieve sensory stimulation. Squeezing and working with resistive putty can also strengthen intrinsic hand and finger muscles. These muscles are necessary for fine motor activities, such as : holding utensils, including pencils and cutlery; manipulating scissors; and dressing and undressing.</p> <p>Resistive putty is also a wonderful tool to aid in hand and arm rehabilitation. It can be used to provide an individual, graded strengthening program for individual fingers or the entire hand and helps promote increased range of motion, strengthening and tendon gliding.</p> <p>CODE: PU001F COLOUR: Peach CONSISTENCY: X-Soft</p> <p>CODE: PU002G COLOUR: Orange CONSISTENCY: Soft</p> <p>CODE: PU003H COLOUR: Lime Green CONSISTENCY: Medium</p> <p>CODE: PU004J COLOUR: Blueberry CONSISTENCY: Firm</p> <p>CODE: PU005K COLOUR: Plum CONSISTENCY: X-Firm</p> <p>CODE: PU005L COLOUR: Grey CONSISTENCY: XX-Firm</p>
	<h3>SANCTBAND Exercise Putty 2KG</h3> <p>Sensory stimulation can significantly improve restlessness, hyperactivity and concentration in a person with an Autism Spectrum Disorder, ADD or ADHD or other sensory disorders. Playing with resistive putty is a great way for children to achieve sensory stimulation. Squeezing and working with resistive putty can also strengthen intrinsic hand and finger muscles. These muscles are necessary for fine motor activities, such as : holding utensils, including pencils and cutlery; manipulating scissors; and dressing and undressing.</p> <p>Resistive putty is also a wonderful tool to aid in hand and arm rehabilitation. It can be used to provide an individual, graded strengthening program for individual fingers or the entire hand and helps promote increased range of motion, strengthening and tendon gliding.</p> <p>CODE: PU001F COLOUR: Peach CONSISTENCY: X-Soft</p> <p>CODE: PU002G COLOUR: Orange CONSISTENCY: Soft</p> <p>CODE: PU003H COLOUR: Lime Green CONSISTENCY: Medium</p> <p>CODE: PU004J COLOUR: Blueberry CONSISTENCY: Firm</p> <p>CODE: PU005K COLOUR: Plum CONSISTENCY: X-Firm</p> <p>CODE: PU005L COLOUR: Grey CONSISTENCY: XX-Firm</p>

\$524M

The costs of all active ACC claims in 2021 (to 30 September)

341K

New claims via ACC in 2021, up to 30 September

Source: <https://www.acc.co.nz/newsroom/media-resources/sport-and-recreation-injury-statistics/>

Sanctband

	<p>SANCTBAND FlossBand</p> <p>Flossing can be used preventively before and after sports. It is also a useful treatment method in physiotherapy.</p> <p>The therapist "flosses", when pain restricts the movement of the athlete or patient. Flossing improves the body's power transmission pathways: it generates more power in the tissue, improves viscoelasticity and requires less energy for mobility because of axial transmission through the body leading to more efficiency.</p> <p>Due to the resultant pain relief, patients and athletes are able to move significantly better and faster, without resorting to pain relieving postures. The high fixation pressure enables an inhibitory effect on the pain receptors and underlying fascia and thus loosens up the adhesions and weak links.</p> <table border="0"> <tr> <td>CODE:</td> <td>COLOUR:</td> </tr> <tr> <td>FLOSSAN1L</td> <td>Lime Green</td> </tr> <tr> <td>FLOSSAN1B</td> <td>Blueberry</td> </tr> <tr> <td>FLOSSAN1P</td> <td>Plum</td> </tr> <tr> <td>FLOSSAN1G</td> <td>Grey</td> </tr> <tr> <td>FLOSSAN2L</td> <td>Lime Green</td> </tr> <tr> <td>FLOSSAN2B</td> <td>Blueberry</td> </tr> <tr> <td>FLOSSAN2P</td> <td>Plum</td> </tr> <tr> <td>FLOSSAN2G</td> <td>Grey</td> </tr> <tr> <td>FLOSSAN3B</td> <td>Blueberry</td> </tr> <tr> <td>FLOSSAN3G</td> <td>Grey</td> </tr> <tr> <td>FLOSSAN2B35</td> <td>Blueberry</td> </tr> <tr> <td>FLOSSAN3B35</td> <td>Blueberry</td> </tr> </table>	CODE:	COLOUR:	FLOSSAN1L	Lime Green	FLOSSAN1B	Blueberry	FLOSSAN1P	Plum	FLOSSAN1G	Grey	FLOSSAN2L	Lime Green	FLOSSAN2B	Blueberry	FLOSSAN2P	Plum	FLOSSAN2G	Grey	FLOSSAN3B	Blueberry	FLOSSAN3G	Grey	FLOSSAN2B35	Blueberry	FLOSSAN3B35	Blueberry
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	<p>SANCTBAND ACTIVE Super Loop 70"</p> <p>The Super Loop band is a highly versatile training tool. It is especially suitable for athletic training, sporting drills and also effectively simulates gym exercises done with the barbell. The heavier duty super loop bands allow the exerciser to simulate lifting a very heavy barbell.</p> <p>1X Super Loop Band (Lay Flat: 104 cm) 1X Instructional Manual Benefits of using Super Loop band:</p> <ul style="list-style-type: none"> • Strength and Flexibility Training • Advanced Resistance Training • Core Conditioning • Pull up assistance • Cross Training <table border="0"> <tr> <td>CODE:</td> <td>COLOUR:</td> </tr> <tr> <td>SBASKP</td> <td>Pink</td> </tr> <tr> <td>SBASLA</td> <td>Orange</td> </tr> <tr> <td>SBASLPUR</td> <td>Purple</td> </tr> <tr> <td>SBASLT</td> <td>Teal</td> </tr> <tr> <td>SBASLV</td> <td>Violet</td> </tr> <tr> <td>SBASLG</td> <td>Grey</td> </tr> <tr> <td>SBASS</td> <td>Black</td> </tr> </table>	CODE:	COLOUR:	SBASKP	Pink	SBASLA	Orange	SBASLPUR	Purple	SBASLT	Teal	SBASLV	Violet	SBASLG	Grey	SBASS	Black										
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	<p>SANCTBAND ACTIVE SpiderCord</p> <p>Sanctband Active SpiderCord, features a unique 4 loop tubing design with handles. This creates resistance from 8 lengths of tubing. The 4 loops naturally allow for easy anchoring between both hands and feet, making it especially ideal for compound movements involving both upper and lower body. The highly versatile joined X-Shape resistive tubing is able to provide dynamic resistance and variety of challenges to improve balance, stability and core strength.</p> <p>Benefits include body toning and firmness, muscle strengthening, increases flexibility, improves stability and encourages good posture.</p> <table border="0"> <tr> <td>CODE: SPDCORDA</td> <td>COLOUR: Amber</td> </tr> <tr> <td>SIZE: 19MM X 4.8CM X 1M</td> <td></td> </tr> <tr> <td>CODE: SPDCORDP</td> <td>COLOUR: Purple</td> </tr> <tr> <td>SIZE: 25MM X 4.8CM X 1M</td> <td></td> </tr> </table>	CODE: SPDCORDA	COLOUR: Amber	SIZE: 19MM X 4.8CM X 1M		CODE: SPDCORDP	COLOUR: Purple	SIZE: 25MM X 4.8CM X 1M																			
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Sanctband



SANCTBAND ACTIVE 2.5m Resistive Band

The Sanctband Active Resistive band is by far one of the most popular and versatile products. The widespread applications of the bands take them seamlessly from the rehab room to general fitness and athletic conditioning. The bands can be used at any length and can be gripped at any point, making it very easy to adjust tension levels to suit an unlimited variety of exercises. There are multiple options for toning the shoulders and arms by pulling the band apart. Performing these movements in different planes, targets and sculpts different areas of the shoulders and arms. Benefits include body toning and firmness, muscle strengthening, improves balance and it's a safe and effective form of strength training. Includes Door Anchor for effective upper body exercise.

CODE: SBABPK
SBABOK
SBABPUK
SBABBLK

COLOUR: Pink
Orange
Purple
Blue



SANCTBAND ACTIVE Resistive Loop Mini

The Sanctband Active Mini Loop band is the smallest and most portable piece of equipment. It has a smaller range of movement and can easily be used hand-held or looped around the feet, ankles or knees. It can be used to target smaller, isolated muscle groups in a more clinical setting or add intensity and variety to existing exercises that are already challenging for metabolic conditioning. Benefits include body sculpting, core conditioning, strength training and is effective for both upper and lower body.

SIZE: 50CM X 33CM
COLOUR: Pink
Amber
Purple
Teal
Violet
Grey



SANCTBAND ACTIVE Massage Balls

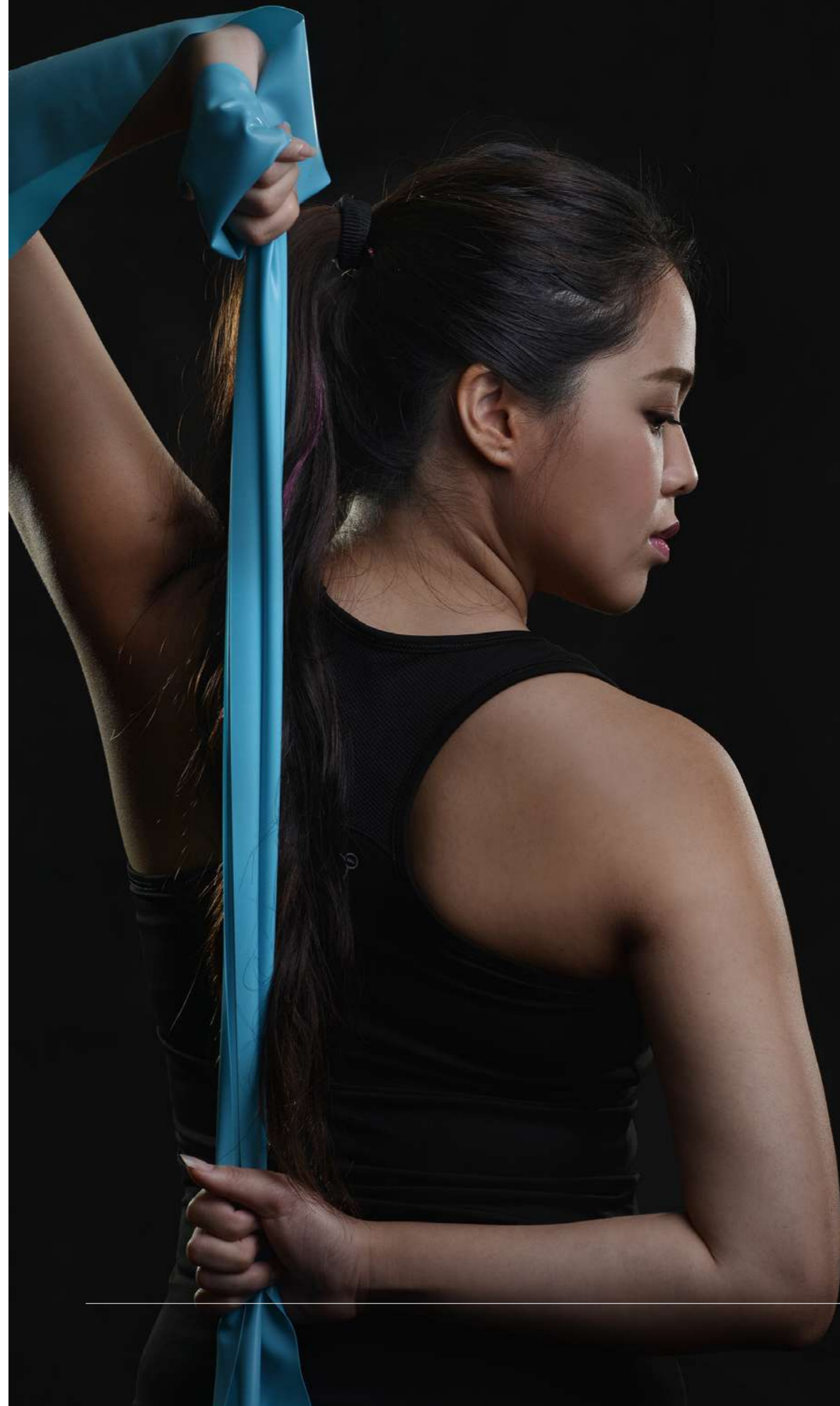
Sanctband Active Massage Ball is made of high-density silicon, solid and weighted for good control in self-massage and myofascial release. Durable with good grip traction providing regular pressure to trigger points in various parts of the body, relieving aches and soreness by providing release to deep muscle tissues. Ideal for treating soreness from prolonged sitting at work and recovery from sports and exercise.

CODE: LC015A
WEIGHT: 150G
DIAMETER: 6.5CM
COLOUR: Amber

CODE: LC015S
WEIGHT: 150G
DIAMETER: 6.5CM
COLOUR: Teal







- Releases trigger points in tight muscles and soft tissue.
- Improves mobility whilst increasing range of motion.
- Aids in tissue recovery.
- Improves blood flow & assists circulation.





Fasciq

	<p>FASCIQ® Sports Cupping</p> <p>Sports Cupping Set The FASCIQ Sports Cupping Set of four trigger point cups (2 large, 2 small) allow you to grab, pull and push fascia to treat mobility and movement dysfunctions. These cups are easier to keep clean and sterile than glass or plastic. They can apply two levels of suction: plunger and inversion.</p> <p>Features</p> <ul style="list-style-type: none"> • One piece design for treating different target areas • A set of 2 small cups – 2.25 inch (57 mm) + 2 large cups – 2.63 inch (67 mm) • Free 20 ML Fascia Cream included • FASCIQ EVA carry case with zipper • 100% food grade silicone • Weight: 200g • Dimensions: 17X8X6CM <p>SKU: FQSCSP</p>
	<p>FASCIQ® Cupping Set</p> <p>Cupping Set The diameters of these Therapy Cups are 4.5 cm / 6 cm / 7.5 cm and 10 cm. Easy to press cups for creating a vacuum and effortless moving on the skin. Suitable for a cupping massage of various body surface areas.</p> <p>Silicone Cupping Set of 4 different transparent cups, packed in a convenient, fabric FASCIQ® storage bag.</p> <p>SKU: FASCIQ® Silicon Cupping Set of 4: FQSC4 1 x Silicon Cupping (size S + L): FQSCLS Facial Cupping set : FQSCFC</p> <p>*Also available in:</p> <ul style="list-style-type: none"> • Facial Cupping • Small & Large Cups
	<p>FASCIQ® Mini Massage Gun</p> <p>Sports Cupping Set The FASCIQ® massage gun mini is a necessity post-workout tool designed by professionals. It is lightweight and comfortably handheld. This Fascia Gun has the same percussion strength at half the size compared to larger sized massage therapy guns. It will give you a full body massage recovery treatment, no matter where you are. Recover faster, and most importantly, train harder!</p> <p>Includes</p> <ul style="list-style-type: none"> • 1X Handheld Massage Gun • 4X Attachment heads • 1X Carry Case + box • 1X Certified Charger • 1X User Manual <p>SKU: FQMG</p>
	<p>FASCIQ® IASTM Tools</p> <p>IASTM Tools FASCIQ® IASTM Tools are made of high-quality stainless steel and used by the professional therapist for "soft tissue" and trigger point treatment. They are made of premium quality materials and carry Lifetime Guarantee (applies under normal usage). We offer a wide range of FASCIQ® IASTM tools.</p> <p>*Please enquire for sizes.</p>

03 Bracing

Bracing

Products

	<p>CMccare Thumb Brace</p> <p>CMccare Thumb Brace The CMccare is designed for optimum support of the thumb saddle joint and positions the metacarpal of the thumb in a stable, functional position with a good gripper function. The anatomical design with rounded edges, the simple locking system and materials ensure a good fit and optimum comfort.</p> <p>Features</p> <ul style="list-style-type: none"> • Anatomically shaped • Integrated shapeable aluminum core • Adjustable Velcro closure • Additional Velcro strap • Material: TPU plastic, aluminum, nylon • no Latex • Colour: gray/black
	<p>COMFORT COOL® CMC Restriction Splint</p> <p>Comfort Cool Wrist & Thumb CMC Restriction Splint Comfortable splint provides direct support for the thumb CMC joint while allowing full finger function.</p> <p>The same CMC thumb wrap-around orthosis as the Comfort Cool® CMC Restriction Splint, but with the addition of a firm, moldable insert inside the thumb strap.</p>
	<p>COMFORT COOL® Thumb Spica Orthosis</p> <p>Comfort Cool Thumb Spica Orthosis Universal support with mouldable thermoplastic stay provides a customized fit for your thumb.</p> <p>Features</p> <ul style="list-style-type: none"> • Thin, 1/16" (1.6mm), perforated neoprene provides cool, lightweight support and compression <p>Directions of use</p> <ul style="list-style-type: none"> • Neoprene can be trimmed and customized easily • Soft, terrycloth liner feels good against the skin • Use the special thumb strap to stabilize IP extension or trim the thumb tip below the IP joint for thumb IP motion.
	<p>SILVER RING Boutonniere</p> <p>SilverRing Boutonniere Splints Custom-made, sterling silver splints for PIP hyperextension (greater than 20°); flexion contractures (less than 25°); deviation (less than 25°).</p> <p>Features</p> <ul style="list-style-type: none"> • Designed and created by Cynthia Garris, OTR, SilverRing™ • Silver Ring Splints help provide joint stability and better alignment for any injured fingers • Ideal for correcting joint deformities due to arthritis or other joint contracture conditions.

	<p>CONWELL Finger Splint</p> <p>Conwell Finger Splint Plastic shell to provide superior protection and immobilisation to injured finger. Lightweight for comfort. Hook and loop fasteners design for easy application and stabilisation.</p> <p>Indications</p> <ul style="list-style-type: none"> • Protects and immobilises injured finger. <p>Sizes available</p> <p>SIZE: SMALL FINGER LENGTH: 5.7CM</p> <p>SIZE: MEDIUM FINGER LENGTH: 6.8CM</p> <p>SIZE: LARGE FINGER LENGTH: 8.3CM</p> <p>SIZE: X-LARGE FINGER LENGTH: 9.3CM</p>
	<p>CONWELL Plastic Thumb Wrist Splint</p> <p>Conwell Plastic Thumb Wrist Splint Plastic shell to provide excellent immobilisation. Lightweight splints with high quality soft foam for optimum comfort. Adjustable wrist wrap-around straps for ease of application.</p> <p>Indications</p> <ul style="list-style-type: none"> • Wrist and thumb support • Thumb sprain • Immobilisation of the wrist and thumb <p>Sizes available</p> <p>SIZE: SMALL/MEDIUM WRIST CIRCUMFERENCE: 13-19CM ORIENTATION: LEFT OR RIGHT</p> <p>SIZE: LARGE/X-LARGE WRIST CIRCUMFERENCE: 19-27CM ORIENTATION: LEFT OR RIGHT</p>
	<p>CONWELL Thumb with Wrist Splint</p> <p>Conwell Thumb with Wrist Splint Durable high quality mesh material produces excellent comfort and drying. Removable aluminium stays on the front and lateral provide wrist and thumb excellent immobilisation. Hook and loop wrist wrap-around strap offers extra stability that adjust for the most comfortable and easy fit.</p> <p>Indications</p> <ul style="list-style-type: none"> • Wrist and thumb support • Thumb sprain • Immobilisation of the wrist and thumb <p>Sizes available (Left or Right)</p> <p>SIZE: SMALL WRIST CIRCUMFERENCE: 13-15CM</p> <p>SIZE: MEDIUM WRIST CIRCUMFERENCE: 15-17CM</p> <p>SIZE: LARGE WRIST CIRCUMFERENCE: 17-19CM</p> <p>SIZE: X-LARGE WRIST CIRCUMFERENCE: 19-21CM</p>
	<p>Wrist Widget Smart Strap</p> <p>Wrist Widget Smart Strap</p> <ul style="list-style-type: none"> • One size fits all • Black smart strap

Conwell

Products

	<h3>CONWELL Adjustable ROM Elbow Brace</h3> <p>Conwell Finger Splint Simple rotate ROM setting design provides fast and easy ROM setting. Flexion limit of 0° to 120° and extension limit of 0° to 90°.</p> <p>The brace length is extendable from 14" to 16.5".</p> <p>Flexible hinge wings provide great stabilisation. Plush soft-foam wrap for maximum comfort.</p> <p>Hook and loop closures that adjust for the most comfortable and easy fit.</p> <p>Indications</p> <ul style="list-style-type: none"> • Elbow brace designed to handle post-op. • Elbow arthroscopy, severe elbow strains and ligament. <p>Sizes available</p> <p>CODE: RHCW-53270-L NAME: ROM ELBOW BRACE LEFT SIZE: ONE SIZE FITS ALL</p> <p>CODE: RHCW-53270-R NAME: ROM ELBOW BRACE RIGHT SIZE: ONE SIZE FITS ALL</p>
	<h3>CONWELL Defender ROM Knee Brace</h3> <p>Conwell Defender Mesh ROM Knee Brace 17" Long length design for additional support. Bilateral ROM hinges provide immobilisation to medial and lateral knee instability.</p> <p>Patented ROM hinge allows easy and fast range of motion setting, easy to use, tool-free. Extra extension buffer helps to relieve pain and discomfort by slowing down knee extension movement and avoid knee shock feel near full knee extension.</p> <p>Extension range setting from 0° to 90°, in 15° increments. Flexion range setting from 0° to 105°, in 15° increments.</p> <p>Indications</p> <ul style="list-style-type: none"> • Patella stabilisation. • Improve knee joint function. • Improve knee stability. • Protect cruciate and collateral ligaments. <p>Sizes available</p> <p>SIZE: SMALL / 33-38CM SIZE: MEDIUM / 38-43CM SIZE: LARGE / 43-38CM SIZE: X-LARGE / 48-53CM SIZE: 2X-LARGE / 53-58CM</p>
	<h3>CONWELL Adjustable ROM Knee Brace</h3> <p>One size fits all, fits either Left or Right leg Simple rotate ROM setting design provides fast and easy ROM setting. Flexion limit of 0° to 120° and extension limit of 0° to 90°. Quick lock design provides immediate knee flexion fixed at 0°, 15°, 30° and 45°.</p> <p>The brace length is extendable from 17" to 28". Flexible hinge wings allow custom fit to the leg and provide great stabilisation.</p> <p>Plush soft-foam wrap for maximum comfort. Hook and loop closures that adjust for the most comfortable and easy fit.</p> <p>Indications</p> <ul style="list-style-type: none"> • Patella stabilisation • Improve knee joint function • Improve knee stability • Protect cruciate and collateral ligaments <p>Sizes available</p> <p>SIZE: ONE SIZE FITS ALL LENGTH: 48-70CM THIGH CIRCUMFERENCE: UP TO 70CM CALF CIRCUMFERENCE: UP TO 40CM</p>
	<h3>CONWELL Ligament Knee Brace – Right</h3> <p>Conwell Ligament Knee Brace – Right Anatomic Frame allows the brace to conform to the leg's shape and provide good support to the patient.</p> <p>Aircraft grade aluminum frame made provides extra strength and durability.</p> <p>Light weight and user-friendly smooth edge for comfort and prevents unnecessary scratch and injury. High density foam and soft foam lining for excellent immobilization.</p> <p>Easy to use, tool free – Conwell's patented ROM hinge makes it easy and fast to set up.</p> <p>Easy adjustable and removable straps ensure a custom fit.</p> <p>Indications</p> <ul style="list-style-type: none"> • Mild to severe ACL and/ or PLC, MCL and LCL instabilities. <p>Sizes available</p> <p>SIZE: SMALL / 40-45CM (15CM > PATELLA) SIZE: MEDIUM / 45-52CM (15CM > PATELLA) SIZE: LARGE / 52-58CM (15CM > PATELLA) SIZE: X-LARGE / 58-63.5CM (15CM > PATELLA)</p>

	<h3>CONWELL Air Shield Walkers</h3> <p>Conwell Air Shield Walkers Air can be easily adjusted to achieve desired compression and custom fit.</p> <p>Front and back panels for superior protection. Soft-foam with breathable fabric lining keeps you dry and comfortable.</p> <p>Fits both Left and Right foot.</p> <p>Indications</p> <ul style="list-style-type: none"> • Stable fractures of foot and ankle • Acute ankle sprains • Post-op ankle surgery <p>Sizes available</p> <p>SIZE: SMALL MAX FOOT LENGTH: 25CM</p> <p>SIZE: MEDIUM MAX FOOT LENGTH: 28CM</p> <p>SIZE: LARGE MAX FOOT LENGTH: 30CM</p> <p>SIZE: X-LARGE MAX FOOT LENGTH: 31CM</p>
	<h3>CONWELL Night Splint</h3> <p>Conwell Night Splint Dorsiflexion hook and loop straps for easy adjustment. Lightweight design for comfort. Soft-foam padding for maximum comfort.</p> <p>Fits both Left and Right foot.</p> <p>Indications</p> <ul style="list-style-type: none"> • Heel spur syndrome • Plantar fasciitis • Night time immobilisation of the foot and ankle <p>Sizes available</p> <p>SIZE: SMALL MAX FOOT LENGTH: 24.5CM</p> <p>SIZE: MEDIUM MAX FOOT LENGTH: 26.5CM</p> <p>SIZE: LARGE MAX FOOT LENGTH: 29CM</p>
	<h3>CONWELL Cast Boot</h3> <p>Conwell Cast Boot Open toe & heel straps for easy application. Hook and loop closures that adjust for the most comfortable and easy fit.</p> <p>Indications</p> <ul style="list-style-type: none"> • For lower leg casted fractures <p>Sizes available</p> <p>SIZE: SMALL MAX FOOT LENGTH: 22CM</p> <p>SIZE: MEDIUM MAX FOOT LENGTH: 26CM</p> <p>SIZE: LARGE MAX FOOT LENGTH: 30CM</p> <p>SIZE: X-LARGE MAX FOOT LENGTH: 34CM</p>
	<h3>CONWELL Mesh Back Support</h3> <p>Conwell Mesh Back Support Durable high quality mesh material provides excellent comfortable and drying.</p> <p>Soft-foam pad inserted provides extra cushioning and comfort.</p> <p>Additional 3 inches elastic tension strap for extra support. Hook and loop closures that adjust for the most comfortable and easy fit.</p> <p>Indications</p> <ul style="list-style-type: none"> • Increase abdominal compression • Reinforce lumbar region • Low back pain <p>Sizes available</p> <p>SIZE: SMALL / 71-79CM SIZE: MEDIUM / 81-89CM SIZE: LARGE / 91-99CM SIZE: X-LARGE / 101-109CM SIZE: 2X-LARGE / 112-120CM</p>

A photograph showing a person in a wheelchair holding a blue dumbbell. A healthcare professional in a blue uniform is assisting them. The background is a bright, clinical setting.

04 Neuro Rehab

➔ StairTrainer

The StairTrainer from Liftup is a rehabilitation and training aid. If you have an injury it is important to commence your rehabilitation quickly, to give yourself the most chance of regaining as much of your prior mobility and fitness as possible.

StairTrainer is a mobile, fully adjustable staircase that is used to support patients in rehabilitation as they learn to use stairs again.

The StairTrainer from Liftup is used extensively by physiotherapists in rehabilitation clinics worldwide. Physiotherapists praise the high treatment success rate, safety standards and ease of use and relocation.

Specifications:

LENGTH: 1650MM
 WIDTH: 820MM
 HEIGHT: 1085MM
 PRODUCT WEIGHT: 105KG
 MAX PATIENT WEIGHT: 180KG



Neuro Rehab



LITEGAIT I 500/400D/200

LiteGait I Gait and Balance Treadmill Training System.

LiteGait is a gait training device that simultaneously controls weight bearing, posture, and balance over a treadmill or over ground. It creates an ideal environment for treating patients with a wide range of impairments and functional levels.

LiteGait provides proper posture, reduces weight bearing, eliminates concerns for balance, and facilitates the training of coordinated lower extremity movement.

I 500 Features

- 227kg Patient Capacity
- Double Actuated Powered Lift
- BiSym Tablet Included
- Integrated FREEDome Yoke

I 400D Features

- 181kg Patient Capacity
- Double Actuated Powered Lift
- BiSym Tablet Included
- Integrated FREEDome Yoke

I 200 Features

- 90kg Patient Capacity
- 183cm Maximum Patient Height
- 71cm Powered Lift
- 50cm Manual Lift
- FlexAble Yoke
- Optional Tablet BiSym Available
- Optional FREEDome Yoke Available



LITEGAIT 3P+

LiteGait 3P+ Clinic Gait And Balance Treadmill Training System.

LiteGait 3+ system encompasses the same mobile, fall-free environment with its unique double point suspension system as its counterparts. The one of a kind harness controls posture, balance, and weight-bearing while a patient walks over ground or over a treadmill.

Four independently adjustable overhead harness straps control posture/motion in three planes, making LiteGait ideal for patients with asymmetrical impairments.

3P+ Features

- 160kg Patient Capacity
- 210cm Maximum Patient Height
- 71cm Powered Lift
- BiSym Tablet Measurement
- Adult Harness with Postural Control Straps
- Integrated FreeDome Yoke
- Gaiter Stool

LiteGait AKS22 Treadmill is also available to purchase individual from the 3P+ system.



MOTOLIFE Active & Passive

Features

- Lower Body
- Active, Assistive, Passive
- 7-inch Colour Touchscreen
- 20 levels up to 100 RPM
- Standard Passive 60 RPM Motor Speed
- 100 RPM available for Parkinson
- Adjustable Frame & HandleBar Height
- Spasticity Control Function

Movement Therapy

MotoLIFE prevents, reduces and improves ailments related to mobility in the upper and lower limbs.

Passive Training

In Passive Training mode the motor can be set at speed and perform the movement without added force. This form of training is beneficial for people with zero or limited mobility in their arms or legs.

Active & Assisted Training

The Assisted Training setting automatically adjusts the resistance given by the pedals creating a heavier or lighter exercise based on the level of force exerted.

Active Training assists a person to relearn how to perform the cycling motion.

Product Disclosure Statement

OneUp Rehab Solutions provides possible suggestions based on publicly available information as a convenience to our customers.

We do not make claims, promises or guarantees as to the availability of reimbursement for any product.

It is within the sole discretion of the customer to determine the appropriate code for a product, as well as, whether the use of a product complies with medical necessity and requirements of the purchaser.



Active. Healthy. Pain-free.

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