

THE SATANIC TEMPLE'S ABORTION RITUAL

TENETS OF TST

Tenet III: *One's body is inviolable, subject to one's own will alone.*

Tenet V: *Beliefs should conform to one's best scientific understanding of the world. One should take care never to distort scientific facts to fit one's beliefs.*

PERSONAL AFFIRMATION

"By my body, my blood By my will, it is done."

The Satanic Temple's Abortion Ritual serves to cast off notions of guilt, shame, and mental discomfort that a patient may experience when choosing to have a medically safe abortion.

Even the most confident and unapologetic individual can experience uncomfortable feelings and anxiety when choosing to terminate their pregnancy. Laws in many states that impose waiting periods and state-mandated counseling can exacerbate these feelings, as can social condemnation and outright harassment by those who oppose abortion.

This ritual is designed to alleviate these stressors and empower the patient to be guided by an appreciation of their bodily autonomy and knowledge of best scientific information about the process. The purpose of the ritual is not to persuade someone to have an abortion if they are undecided. Rather, the ritual assists in affirming their decision.

The ritual, which includes the abortion itself, spans the entirety of the pregnancy termination procedure. There are steps to be performed before, during, and after the medical or surgical abortion.

The ritual can be personalized based on preferences and the availability of materials. There is no need to purchase anything special or adhere to every word. What is essential is the spirit and general intent.

To perform the ritual, you will need:

- A quiet space where you feel comfortable
- Something that allows you to see your reflection
- A copy of The Satanic Temple's Third and Fifth Tenets and a personal affirmation