

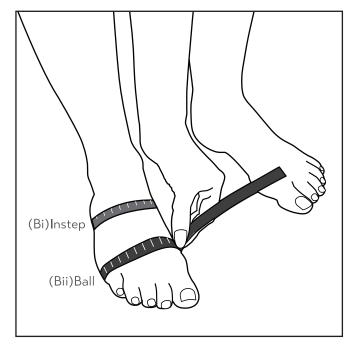
Men's Measuring Guide

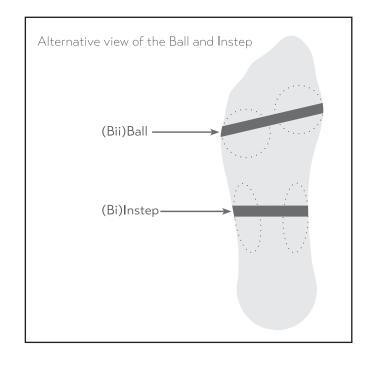
Preparation

- 1. Print page 3 and 4 of this document on A4 paper size. Ensure you select the highest quality for your particular printer.
- **2.** In the Print Dialog window, Page Scaling must be set to **'None'**. Do not select "Fit to Page" or any similar option. If selected the chart will be printed out smaller than its actual size, resulting in incorrect measurements.
- **3.** When printed, with a ruler or tape measure between the **red** arrows. It must measure **exactly 277mm**.
- 4. Cut along the dotted lines at the **bottom of page 3** and the top and **bottom of page 4**.
- **5.** With adhesive tape join together the **bottom of page 3 with the top of page 4**. They must butt together exactly. If they overlap the chart will be incorrect.
- **6.** You now have a correctly sized measuring chart, follow the instructions on **page 2** and measure both your feet separately. You may wish to leave on socks you normally wear with this type of shoe.

Instructions





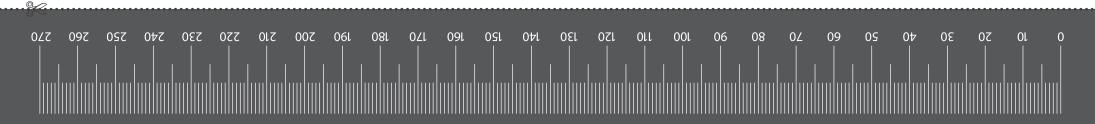


1. TO MEASURE LENGTH

- (A) Place this chart on the floor against a wall (or other vertical object) so that point is touching the wall.
- **(B)** Place each foot as shown and select the size from the first clear line above the longest toe. Your size is the largest of your feet.

2. MEASURE INSTEP AND BALL WIDTH

- (A) Cut out the tape measure along the dotted line.
- **(Bi)** Measure the **instep** circumference of your feet as shown above ensuring the tape measure goes across inside of your foot and is snug, not tight. To get the correct measurement ensure that your weight is fully on the foot.
- (Bii) Measure the ball circumference of your feet as shown above ensuring the tape measure goes across the big toe and little toe joint (the widest part of the foot). Your width measurement is the largest circumference of your feet. To get the correct measurement ensure that your weight is fully on the foot.



The distance between these two points must be exactly 277mm to ensure the chart is the correct size. You must check this with a ruler or tape measure. It is vital that the above measurement is correct to obtain your fitting. If its correct cut along the dotted line at the top and bottom of this page. If the measurement is less **DO NOT** proceed with the fitting measurement process as the scaling will be incorrect, resulting in a wrong foot measurement and wrong shoe size. Please refer back to the instructions page and start over.

US 16	 UK 15
US 15	 UK 14
US 14	UK 13
US 13	 UK 12
US 12	UK 11
US 11	UK 10
US 10	 UK 9
US 9	 UK 8
US 8	 UK 7
US 7	 UK 6



The distance between these two points must be exactly 277mm to ensure the chart is the correct size. You must check this with a ruler or tape measure. It is vital that the above measurement is correct to obtain your fitting. If its correct cut along the dotted line at the top and bottom of this page. If the measurement is less **DO NOT** proceed with the fitting measurement process as the scaling will be incorrect, resulting in a wrong foot measurement and wrong shoe size. Please refer back to the instructions page and start over.

PLACE FLUSH AGAINST WALL

