

FREEDOM **LEG**



Freedom Leg Fitting and Adjustment

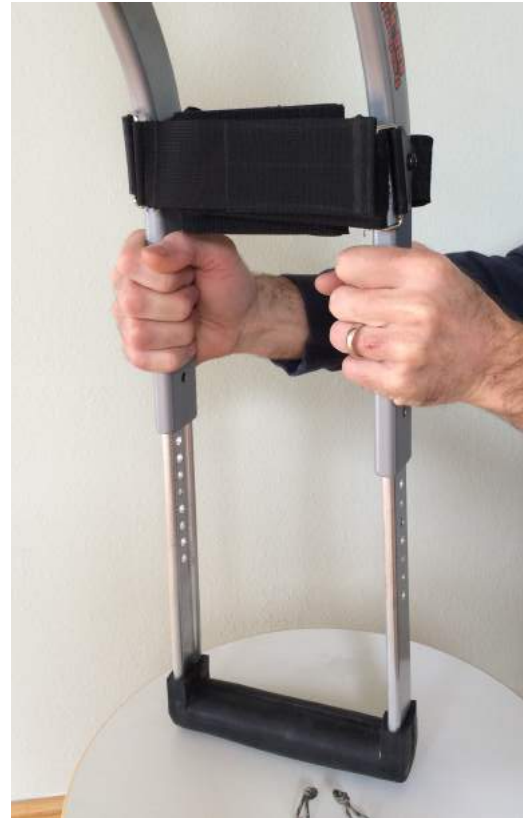
Additional Fitting and
Usage information and
videos can be found at
www.freedomleg.com
or call 1-888-816-8127

1. Initial brace length adjustment

While wearing the same footwear that will be used when wearing the brace (boot, cast, shoe) sit with your foot on the floor and measure from the floor to the top of the knee cap.

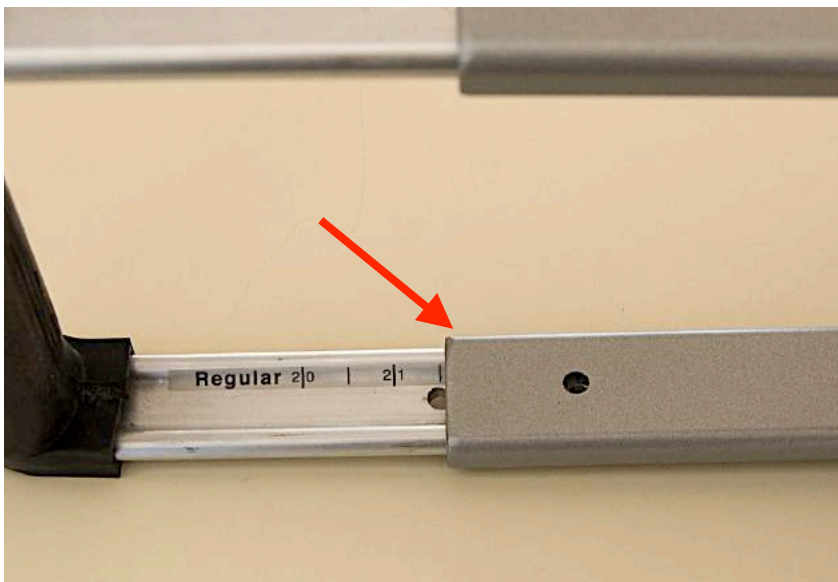


Remove Base Pins from each side of brace. Slide base inside both side rail at the same time.



Adjust the length of brace to match the measurement taken by lining up the corresponding number with the edge of the brace to the nearest hole on both side.

Base Pins can be reinstalled from either the inside or outside of brace whichever will be more secure.



2. Initial fitting

Open three thigh straps and two shin straps. Place leg into brace. Bend knee to roughly match the bend in the brace.



Attach upper and lower shin straps



Adjust upper and lower calf straps with moderate tension



Fasten three thigh straps with moderate tension around the thigh.

3. Standing check and Adjustment

Adjust brace height per doctor guidance. If non-weight bearing is prescribed ensure that the foot is floating above the brace.

Use same procedure as Initial Length Adjustment if needed to raise or lower foot.



3. Standing check and Adjustment (cont.):



To walk correctly hips should be level.
If hips are uneven do the following:
(Refer to "Hip Height Adjustment"
document for additional details)



Disengage
backside thigh
strap from Velcro
so adjoining strap
can slide.



Increase or decrease bend in
knee to raise or lower hip.

Once the hips
are level firmly
reattach back
thigh strap to
adjoining strap