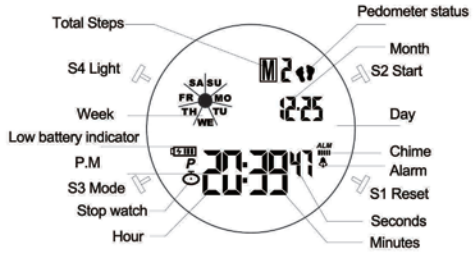


3D Pedometer Watch Manual

Note: This watch is equipped with many other LCD panels, for the sake of simplicity, the screen shots in this manual are shown using only one style.

Pedometer watch function display



RESET (S1) --Reset Button START (S2) --Start Button

MODE (S3) --Mode Button LIGHT (S4) --Light Button

Day of week abbreviation reference:

SU--Sunday MO--Monday TU--Tuesday WE--Wednesday

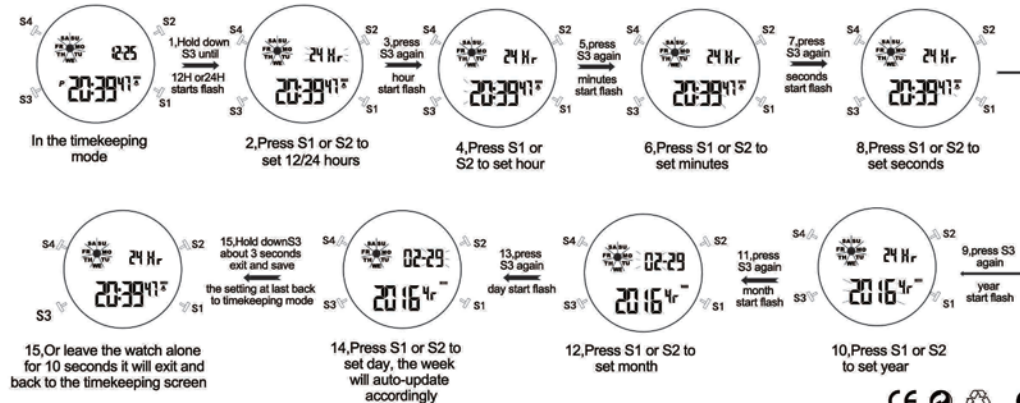
TH--Thursday FR--Friday SA--Saturday P-P.M indicator

☞--Alarm open ☐--Chime open

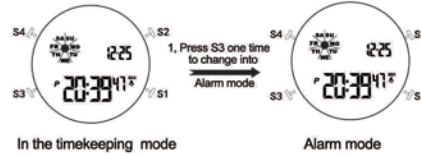
General Guide

- Whenever finish set the watch, press S3 to exit and save the set then back to timekeeping mode.
- When an alarm is turned on, the alarm tone sounds when the alarm time reached.
- Chime open cause the watch beeps every hour on the hour
- Animation area is only for decoration and has no other function.
- When the battery will use up there would be a battery symbol showing on the LCD panel.

How to set 12/24 hours and how to set time and date.



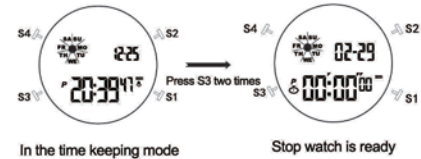
How to set the Alarm



- In the alarm mode, hold down S3 until hour start to flash, then press S1 or S2 to set alarm hour.
- Press S3 again then the minutes start to flash, press S1 or S2 to set minute, at last press S3 about 3 seconds to back to original alarm mode.
- In the original alarm mode press S2 to open or close the alarm.
- In the original alarm mode press S1 to open or close the hourly chime.
- After finish the alarm set up press S3 two times to exit and save the setting then back to the timekeeping mode.



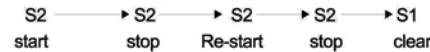
How to use Stop watch (1/100 second)



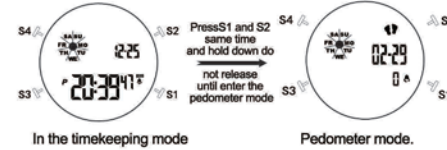
- When the stop watch is ready press S2 to start measure the elapsed time, the display range of the stopwatch is 99minutes 59.99seconds.
- Whenever press S3 you can back to timekeeping mode, but the stopwatch measurement operation continues.

The stopwatch continues to run, restarting from zero after it reaches its limit until you stop it

To measure the elapsed time with the stopwatch



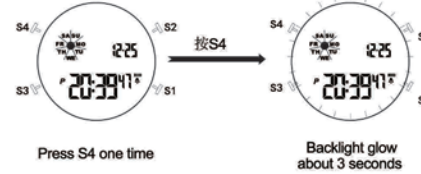
How to use Pedometer



- Hold down both S1 and S2 until a pair of feet appears indicates auto-record mode.
- Auto-record mode (There is a pair of feet display on the right corner of LCD)
- The sensor keeping on working exactly every step recorded, please note only over 10 lasting steps will activate the pedometer in case of slight body movement. Power-saving record mode: (Same feet display on the LCD)
 - In the timekeeping mode, hold down S1 for a long time until watch enters power-saving record mode;
 - This mode will save the consumption of battery.
 - The watch with 3D sensor inside smartly recorded any walk over 10 steps.
 - The watch will auto-record the total steps at 00: 00 o'clock every day, steps range limit: 999999 steps
 - You still can check the date and time press S2 in the pedometer mode
 - In the pedometer mode you can press S1 to clear the steps walked just now, however the cleared steps will still recorded in the total steps today.
 - When you are walking the feet on the LCD panel is flashing which indicate the sensor is working and recording.
 - The watch will back to timekeeping mode if over 5 minutes people stop walk, however the walked steps number is keeping in the pedometer.
 - You can press S3 anytime from pedometer mode to back to timekeeping mode



How to use EL backlight



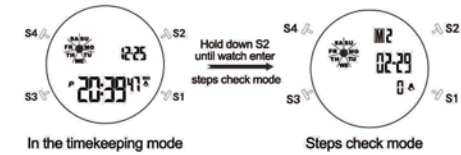
Warning: please don't frequently use backlight for power saving.

Reference:

- Never press any button when swimming or diving.
- Frequently using backlight over 3 times a day will waste much power. The backlight uses an EL (electro-luminescent) panel that cause the entire display to glow for easy reading in the dark.
- Wearing watch in conditions of strong electrical field, magnetical fields or electrostatical fields may cause damage to your watch
- This watch is very suitable to wear when you do sports. However falling and crashing will probably badly damage the watch.
- Never leave the used up battery in the watch, which will corrode the electrical parts inside
- If there is fog or mist inside watch case when using, pls go to repair at once in our authorized repairing services centers to avoid damaging or corroding watch parts inside.
- Avoid using watch in the circumstance of extremely hot or severe cold and keep using in normal temperature between -5 and 50 degree. The time error per month is +/-30 seconds which fitting for international standards.
- Don't clean watch surface by chemical washing liquid or soap liquid, which will damage and corrode the rubber ring inside and result to leakage. Dry soft cloth is recommended.
- Daylight will make the EL backlight hardly to see during day time, but the backlight will visible very good at night, please understand. The watch's water resistance level is 50 meters which tested in vacuum environment testing machine in the factory.
- We will continuously improve watch quality and some functions will be possibly added. If we can't update in time in the manual, please understand. Our watch conforms to national standards of GB/T 22780-2008 Top Class quality.
- All the watches need to be installed batteries in the factory to be tested before packing. So when you buy the watch, the battery was already consumed a part of power, means the lifespan of original batteries will be less than 2 years, please understand.
- Warning: The movement of this watch should be installed CR2032 battery only!



How to check steps record



- In the timekeeping mode press S2 and don't release until the letter Mo appears, which indicates the watch now in steps check mode
- In the steps check mode press S1 or S2 to toggle and check the passed 3day's steps record
 - M1 means the steps record of one day ago (yesterday), M2 means the steps record of two days ago.
 - M3 means the steps record of three days ago. The related week will flash and the date will also showing in the panel of LCD.
- Mo means today's total steps up to now.
- You can press S3 to back to time keeping mode after steps checking.

Guarantee Card

From the date you purchased, the guarantee valid time is one year. It will be effective only after this warranty card be signed & stamped by distributor. If watches occurred quality problems, we will fulfill the obligation of free repairing. In following situations, we will charge basic costs of repairing:

- Breakage and damage caused by operation not under the instruction of this manual.
- Battery used up.
- Watch strap or case color fading after long time wearing.



HEAD

HEAD is a registered trademark of HEAD Technology GmbH and HEAD Sport GmbH and is used under license by ELYSEE GROUP. For more information please visit www.headwatches.com