



BE HERE

FARM + NATURE

THE SOLAR RETURN

LIVE IN HELLS CANYON
2024

JUNE 16TH THROUGH JUNE 22ND
HELLS CANYON
IDAHO/OREGON
STATE LINE

BE HERE

FARM + NATURE

The Solar Return: LIVE in Hells Canyon, is our second annual running of the Snake River through North America's deepest river gorge. Last year's trip is still alive within us as well as within the attendees, many of whom formed lasting bonds and remain in touch. There is something special that happens in this canyon, something which goes beyond words.

After enjoying last year's trip as much as we did, there was only one sensible thing to do: add an extra night. We will spend 4 full nights and 4.5 days on the river, where "away from it all" will take on new meaning. By the end of the trip you will NOT be ready to leave, even with the addition of an extra night.

In the face of new challenges, emboldened by your tussles with the wildlands, while being held gently, like a pearl in the palms of Mother Earth, you will peel back the layers and weight of daily stress until you find yourself, right there where you always were: *Here*.

Whether this is your first or second year on the trip, it is not likely to be your last.

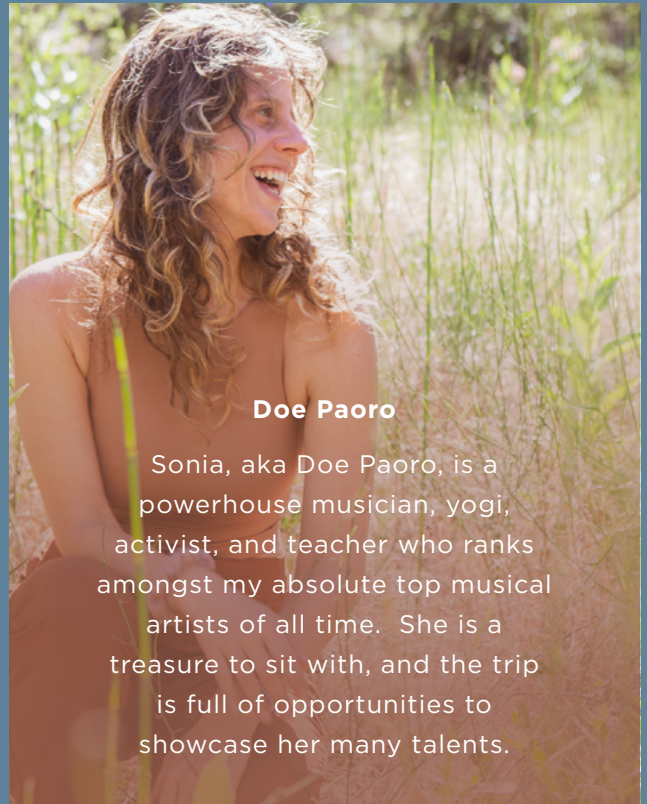
Jared and Velisa Pickard
Founders, Be Here





Jared Pickard

Jared Pickard is the founder of Be Here Farm + Nature, a biodynamic farm and experiential wellness brand located between Saint Helena, CA and Austin, TX. Be Here produces artisanal self care offerings and LIVE wellness experiences around the world, inspired by the seasons.



Doe Paoro

Sonia, aka Doe Paoro, is a powerhouse musician, yogi, activist, and teacher who ranks amongst my absolute top musical artists of all time. She is a treasure to sit with, and the trip is full of opportunities to showcase her many talents.



Eben Britton

Eben is one of the most compelling voices speaking on health and wellness today. Formerly an NFL starting lineman, Eben is now a yogi, performance coach and author most well known for his spiritually uplifting and critically acclaimed podcast, *The Eben Flow*, as well as his potent and precise book of the same title.



Aran Goldstein

Chef Aran Goldstein is a Michelin-trained chef with a deep connection to Nature, holistic health, and community building. Aran's unrelenting dedication to quality, vitality, nourishment, flavor, and enjoyment will likely linger on your mind and mouth as one of the most memorable components of the week.



JUNE 16TH
Welcome Dinner

Be Here Team House
Boise, Idaho

Best to arrive early so this can be an early night to bed. We have much to do between checking in, meeting, greeting, dining, wining, and so on...all before sleeping a great night's rest and leaving before sunrise to reach the Canyon for the river launch.

JUNE 17TH
River Launch Day

6am bus departs
from Boise to Hells Canyon



JUNE 21ST
River Landing Day / Closing Ceremony Dinner

7pm bus returns from Hells Canyon to Boise

Our return time to Boise on June 21st is variable based on river and road conditions. Upon the return we will serve dinner in Boise at the Be Here Team House.

OPTIONAL

JUNE 22ND
Final Breakfast

Be Here Team House
Boise, Idaho

What does it cost per person?

\$8,200

Full price ticket / paid in full prior to February 2nd, 2023

\$7,700

Early bird pricing / paid in full prior to October 31, 2023

50% DEPOSIT REQUIRED TO SECURE SPOT FOR EITHER TICKET CATEGORY.

TICKETS SOLD AFTER FEB 2ND ARE TO BE PAID IN FULL.



What is included in the fee?

This is an all-inclusive experience from the time you arrive in Boise until the time you leave.

Two questions on page 6 are marked with asterisks, and these topics cover anything you need to “do or bring” besides sign up and enjoy the ride.

All accommodations, transportation, rafting, activities, experiences, gear, food and beverages are included from “Boise to Boise”.

How many participants will be on the trip?

15 guests and 4 Be Here facilitators (Jared, Sonia, Eben and Aran).

What sort of access will I have to the facilitators?

Our group of 15 guests will be completely embedded with our talented facilitators from sun up to sun down on each day and night we are together, as well as shoulder-to-shoulder all day in a raft.

Is alcohol included?

We will provide regeneratively grown wines produced on multi-generational vineyards around the World. You may also bring any beverage you would like to enjoy or share.

BYO: DISCUSS WITH JARED REGARDING BOTTLE CONSTRAINTS



*** Your itinerary starts and ends in Boise, how do I get there?**

Getting to/from Boise is the only aspect of our time together that is left up to you. We will coordinate transportation from the airport in Boise and also get you back at the end.

*** Do I need to bring anything?**

All guests will receive a complete “personal gear list” once they have been accepted to the event. All items on the list will most likely be in your possession or can easily and affordably be acquired. The major items such as tents and cots are provided.

How do I sign up?

Email love@beherefarm.com to express your interest and schedule an interview. We are only accepting 15 total guests, so part of our effort will be curating the group.

Does having an interview mean I am accepted?

The only way to reserve a ticket for this event is to place a 50% non-refundable deposit after your interview is complete and an invoice has been sent to your attention.

The remaining 50% is due by February 2nd, 2024.

In the event of guest cancellation, refunds will not be granted, so please be certain of your commitment.

Do you have flexibility on the fee amount or schedule?

No, but thank you for asking. This entire itinerary needs to be arranged long in advance.



Can the trip be canceled on me after I pay?

The only scenario we can fathom is if the river company cancels on *us*. It is very unlikely, and you have our 100% guarantee that if for any reason the river company cancels on us (for extreme weather events), we will refund any monies that you deposited or paid in full while also attempting to reschedule the event to a date we can all attend if possible.

Are the facilitators guaranteed to be there?

All facilitators are currently confirmed for this event, however, in the unlikely event any of the facilitators must be replaced due to reasons outside of our control, the facilitator will be substituted without diminishing the overall quality of the event.



What is the drive like from Boise to the river and back?

Long...and as any attendee from last year can tell you...potentially very eventful. For reasons we can marvel at later in person, last year's return bus ride took 2+ hours more than we would have anticipated.

Absent of any such eventfulness, it is 3.5 hours from Boise to the river launch (on a good day), and it is a bit more on the way back (the river runs North, away from Boise).

I will add, the unexpected delay on the trip home simply became more fuel for the fire of enjoyment that we were all basking in. Sing-a-longs took up most of this journey, and rich conversations the rest of it.

What happens when we arrive on June 16th?

Guests will check into the hotel on their own schedule, and we will provide transportation to the Be Here Team House for an early dinner and back. Arriving into town in time for a 5:30pm dinner will set you on a smooth course.

What happens on the last night, June 22nd?

We will return back to Boise right around 7pm-*ish*. Accommodations and dinner will be provided, as well as a final breakfast the following morning for those who are still in town. Guests are more than welcome to skip this "layover night" and arrange flights home on the late evening of the 21st, however, this is highly discouraged due to potential for delay.



What level of difficulty should we expect in regards to whitewater rafting?

The Snake River is full of really exciting Class II, III and IV rapids. Those classifications can be read about at length online. I would describe these rapids as exhilarating, but on the whole, completely manageable for people of average fitness (or better). No prior skills or training are required beyond the pre-launch rundown that the river guides will provide. Jared's 85-year-old uncle Norm has done this route. Just sayin'.

What are the rafts like? Am I in control?

You will have two options for vessels. One option is the team paddle boat. Anyone who wishes to ride in this boat has ample opportunity to do so.



↑ TEAM PADDLE RAFT

Last year a handful of brave souls were the obligatory paddlers as many guests opted for the second (and more plentiful) option, colloquially referred by our guides as the Champagne and Caviar raft.

These second boats are heavier, experience less dramatic turbulence, and are steered/paddled by the guides, with passengers relaxing and enjoying the ride.



↑ CHAMPAGNE AND CAVIAR RAFT

What are the weather conditions like?

We will be in the sun, without modern infrastructure, electricity, etc, and we will all need to stay hydrated and act smart (being well fed, however, will not be a concern). Paddling is a form of physical activity that does require you to exert yourself mildly, moderately, and at peak moments, intensely. That said, my 85 year old Uncle Norm did this trip.



The weather can shift dramatically from cool/cold to warm/hot. Although we escaped rain altogether last year, it is a daily possibility. The packing list should be followed precisely for optimal user experience on this trip. You will want to bring everything *on the list*, and you will not have space to bring anything *off the list*.



I have something I want to bring but it is not likely to be on the list. What should I do?

What is it? Let's discuss. As a general rule, do not bring anything you are not okay damaging.

What level of difficulty should we expect from the wellness programming?

The wellness programming is optional and approachable for all to enjoy. It is personalized to your needs and desires. Guests who came last year will be excited to know that we will be spending two full nights at a single camp, allowing us to dive into this area of programming further.

What will our accommodations be like while camping on the river?

Camping is the key word. Once you have set your expectations to the level of camping, these expectations will easily be exceeded by the service, thoughtfulness, and elevated program we have put together. Last year's attendees were abundantly satisfied, with many claiming it was the greatest *expletive deleted* camping experience of their life.

This is a zero impact, leave no trace, wild Nature immersion at its finest.



What will the tents be like?

Each person (or traveling pair) will be assigned a private “4-person tent”, and each person will enjoy a sleeping pad resting on a raised cot (ideal for comfort, staying off the lumpy ground, and removing or lacing shoes, etc.).

Will I have to set up or break down my tent? Cook food or do dishes?

No way! Every aspect of your care will be handled by the river guides or the Be Here team. Your only role will be to enjoy yourself. I guarantee you will marvel at the symphonic orchestration of our daily meals. There is no “behind the scenes” out in Nature, so watching the production becomes part of the fun.

What are the bathroom facilities like while camping on the river?

Avid rafters will already know, but bathroom facilities on a river trip are known as “the groover”, due to groove marks the original design would leave on your bum “back in the day”. Our groover will be set up in a private location (usually one with stunning beauty), and despite it being “what it is”, the groover somehow becomes a fun/funny part of the journey. It is 100% open air, and you may even miss it when you return back home (I said may....).

Is this a luxury trip?

In the standard sense of the word, the most straightforward answer to this question is “no”. There are no luxury hotels, for example, advertising groovers. That said, this trip redefines luxury in ways that you will feel for a long time after the trip comes to an end, and in ways that I value above practically anything else that has ever come my way.

What if my question is not on this list?

You are inquisitive.

Please reach out to Jared directly at love@beherefarm.com. We can speak over email, phone, text, or zoom.

