



**MUSTARD
FOODS**

**2023 SPRING
CATALOGUE**

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Chilli Con Carne
Serve with rice, soft shell
tacos or baked potatoes

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**MUSTARD
FOODS**



With 14 years experience supplying over 450 foodservice establishments, the Mustard Foods wholesale range is your solution for high quality prepared dishes and staff meals within hotels, pubs, restaurant groups and independents. Our products, developed by chefs and prepared by experienced cooks, are made in small batches for optimal quality and consistency. Our kitchen and warehouse is SALSA approved and maintains the highest standards of hygiene and food safety.

Chicken Teriyaki
Serve with rice, noodles,
or vegetable stir fry



POULTRY

Caribbean Chicken Curry DF GF Higher welfare boneless chicken thigh in a spicy Caribbean curry with potatoes	3 x 1.2 kg
Chicken Penang Curry DF GF Higher welfare chicken breast in a mild Thai curry with red pepper, bamboo shoots and green beans	3 x 1.2 kg
Chicken Satay DF GF Higher welfare chicken breast in a spiced peanut and coconut sauce	3 x 1.2 kg
Chicken Tikka Masala GF Higher welfare chicken breast in a spiced tomato curry, finished with creamy yoghurt	3 x 1.2 kg
Chicken, Lemon & Chickpea Tagine DF GF Higher welfare boneless chicken thigh in a Moroccan-spiced sauce with chickpeas and preserved lemon	3 x 1.2 kg
Coq au Vin DF GF Higher welfare boneless chicken thigh braised in red wine with pancetta, mushroom and carrots	3 x 1.2 kg
Makhani Butter Chicken Curry GF Higher welfare chicken breast in a creamy medium-spiced tomato curry	3 x 1.2 kg
Massaman Chicken Curry DF GF Higher welfare chicken breast in a mild Thai curry with potato	3 x 1.2 kg
Provencale Chicken DF GF Higher welfare boneless chicken thigh in a tomato sauce with kidney beans, courgettes and fresh basil	3 x 1.2 kg
Teriyaki Chicken DF GF Higher welfare chicken breast in a sweet Japanese teriyaki sauce with carrots and edamame beans	3 x 1.2 kg
Thai Green Chicken Curry DF GF Higher welfare chicken breast in a Thai green curry with sugar snap peas and aubergine	3 x 1.2 kg
Truffle Chicken & Porcini Sauce GF Higher welfare chicken breast in a cream sauce with porcini and black summer truffle	3 x 1.2 kg
Turkey Chilli DF GF Turkey mince in a mild ancho chilli sauce with black beans and peppers	3 x 1.2 kg



BEEF

- Beef Massaman Curry** DF | GF 3 x 1.2 kg
British beef in an aromatic Thai curry with potato, red peppers and bamboo shoots
- Beef Stroganoff** GF 3 x 1.2 kg
British beef in a creamy brandy sauce with mushroom and gherkins
- Boeuf Bourguignon** DF | GF 3 x 1.2 kg
British beef slow-cooked in red wine with pancetta, mushrooms and baby onions
- Bolognese Sauce** DF | GF 3 x 1.2 kg
British beef mince slow-cooked in a rich tomato ragu
- Chilli Con Carne** DF | GF 3 x 1.2 kg
British beef mince slow-cooked in a mild ancho chilli mole with black beans
- Cottage Pie** DF | GF 3 x 1.2 kg
British beef slow-cooked in a rich ragu, ready to be topped with mashed potato

LAMB

- Lamb & Rosemary** DF 3 x 1.2 kg
West Country lamb braised in a redcurrant and rosemary sauce, with parsnips and baby onions
- Lamb Rogan Josh** GF 3 x 1.2 kg
West Country lamb in a mild spiced curry, finished with yoghurt

PORK

- Salsiccia Ragu** DF | GF 3 x 1.2 kg
Pork mince slow-cooked in a rustic Italian ragu with N'duja and white wine

Pictured: Lentil Dhal, Makhani Butter Chicken Curry, Lamb Rogan Josh
Serve with basmati rice, naan bread, and cucumber raita



SOUPS

Butternut Squash & Sage Soup DF GF V Ve	3 x 1.2 kg
Classic butternut soup with sage	
Carrot, Ginger & Turmeric Soup DF GF V Ve	3 x 1.2 kg
Creamy carrot and ginger soup with turmeric	
Cauliflower & Cheddar Soup GF V	3 x 1.2 kg
Creamy cauliflower and mature cheddar soup	
Celeriac & Apple Soup DF GF V Ve	3 x 1.2 kg
Smooth celeriac and apple soup	
Leek & Potato Soup GF V	3 x 1.2 kg
Rich and creamy leek and potato soup	
Minestrone Soup DF GF V Ve	3 x 1.2 kg
Hearty Italian vegetable soup with fresh basil	
Moroccan Tomato Soup DF GF V Ve	3 x 1.2 kg
Lightly spiced tomato soup with Ras el Hanout	
Parsnip & Apple Soup GF V	3 x 1.2 kg
Smooth and creamy parsnip and apple soup	
Pea & Mint Soup DF GF V Ve	3 x 1.2 kg
Fresh garden pea and mint soup	
Spiced Pumpkin Soup DF GF V Ve	3 x 1.2 kg
Lightly spiced pumpkin soup with ginger	
Tomato & Basil Soup DF GF V Ve	3 x 1.2 kg
Classic tomato soup with fresh basil	

Pea & Mint Soup

Serve with a dollop of Greek yogurt and freshly ground pepper

SAUCES

Bang Bang Sauce DF V Ve	3 x 1.2 kg
Sweet and spicy peanut sauce with sesame oil	
Cheese Sauce GF V	3 x 1.2 kg
Creamy mature cheddar cheese sauce	
Gravy DF GF	3 x 1.2 kg
Rich beef gravy with white wine and sherry vinegar	
Katsu Curry Sauce DF GF V Ve	3 x 1.2 kg
Mild Japanese coconut curry sauce	
Peppercorn Sauce GF	3 x 1.2 kg
Creamy peppercorn and brandy sauce with green, pink and white peppercorns	
Red Wine Sauce DF GF	3 x 1.2 kg
Rich red wine sauce with port and thyme	
Spicy Korean Sauce DF GF V Ve	3 x 1.2 kg
Spicy and sweet gochujang Korean sauce	
Vegan Gravy DF GF V Ve	3 x 1.2 kg
Rich gravy with white wine, soy sauce and thyme	
Wild Mushroom Sauce GF V	3 x 1.2 kg
Creamy mushroom sauce with shallots and white wine	

BASE SAUCES

Massaman Curry Sauce DF GF V Ve	3 x 1.2 kg
Mild Thai curry sauce with coconut milk	
Rustic Tomato Sauce DF GF V Ve	3 x 1.2 kg
Rustic tomato sauce with garlic and oregano	
Thai Green Curry Sauce DF GF V Ve	3 x 1.2 kg
Thai green curry sauce with coconut milk and green chilli	
Thai Red Curry Sauce DF GF V Ve	3 x 1.2 kg
Thai red curry sauce with coconut milk and red chilli	

Spicy Korean Sauce
Glaze chicken wings and fried tofu
or use as a dipping sauce



VEGAN & VEGETARIAN

Caribbean Sweet Potato Stew DF GF V Ve	3 x 1.2 kg
Sweet potatoes in a Caribbean coconut stew with carrots, kale and lime	
Cauliflower Tikka Masala DF GF V Ve	3 x 1.2 kg
Cauliflower in a spiced tomato sauce with potato, peas and spinach	
Keralan Vegetable Curry DF GF V Ve	3 x 1.2 kg
Mild South Indian curry with cauliflower, carrots and chickpeas	
Lentil Dhal DF GF V Ve	3 x 1.2 kg
Lentils slow-cooked with tomato, coconut, ginger and turmeric	
Mac & Cheese V	3 x 1.2 kg
Macaroni pasta in a creamy cheddar cheese sauce	
Massaman Vegetable Curry DF GF V Ve	3 x 1.2 kg
Aromatic Thai curry with potato, red peppers and green beans	
Mexican Bean Chilli DF GF V Ve	3 x 1.2 kg
Pinto and black beans slow-cooked in a smoky mole sauce with peppers	
Thai Red Vegetable Curry DF GF V Ve	3 x 1.2 kg
Fragrant Thai red curry with aubergine, green beans, red peppers and bamboo shoots	
Vegan Bolognese DF GF V Ve	3 x 1.2 kg
Chestnut mushroom and green lentil ragu in a tomato, thyme and red wine sauce	
Vegetable Katsu Curry DF GF V Ve	3 x 1.2 kg
Mild Japanese coconut curry with cauliflower, baby corn and edamame beans	

Keralan Vegetable Curry
Serve with rice or pilaf, and garnish with fresh coriander

ARANCINI

Mozzarella & Oregano Arancini V 2 x 1 kg
Classic arancini with mozzarella and oregano

Sundried Tomato & Mozzarella Arancini V 2 x 1kg
Sundried tomato and red pepper arancini with mozzarella and oregano

ITALIAN

Bolognese Sauce DF | GF 3 x 1.2 kg
British beef mince slow-cooked in a rich tomato ragu

Minestrone Soup DF | GF | V | Ve 3 x 1.2 kg
Hearty Italian vegetable soup with fresh basil

Mozzarella & Oregano Arancini V 3 x 1.2 kg
Classic arancini with mozzarella and oregano

Rustic Tomato Sauce DF | GF | V | Ve 3 x 1.2 kg
Rustic tomato sauce with garlic and oregano

Salsiccia Ragù DF | GF 3 x 1.2 kg
Pork mince slow-cooked in a rustic Italian ragu with N'duja and white wine

Sundried Tomato & Mozzarella Arancini V 3 x 1.2 kg
Sundried tomato and red pepper arancini with mozzarella and oregano

Truffle Chicken & Porcini Sauce GF 3 x 1.2 kg
Higher welfare chicken breast in a cream sauce with porcini and black summer truffle

Vegan Bolognese DF | GF | V | Ve 3 x 1.2 kg
Chestnut mushroom and green lentil ragu in a tomato, thyme and red wine sauce

Wild Mushroom Sauce GF | V 3 x 1.2 kg
Creamy mushroom sauce with shallots and white wine

Mozzarella & Oregano Arancini
Serve with a dollop of pesto and freshly grated parmesan





INDIAN

- Cauliflower Tikka Masala** DF | GF | V | Ve 3 x 1.2 kg
Cauliflower in a spiced tomato sauce with potato, peas and spinach
- Chicken Tikka Masala** GF 3 x 1.2 kg
Higher welfare chicken breast in a spiced tomato curry, finished with creamy yoghurt
- Keralan Vegetable Curry** DF | GF | V | Ve 3 x 1.2 kg
Mild South Indian curry with cauliflower, carrots and chickpeas
- Lamb Rogan Josh** GF 3 x 1.2 kg
West Country lamb in a mild spiced curry, finished with yoghurt
- Lenti Dhal** DF | GF | V | Ve 3 x 1.2 kg
Lentils slow-cooked with tomato, coconut, ginger and turmeric
- Makhani Butter Chicken Curry** GF 3 x 1.2 kg
Higher welfare chicken breast in a creamy medium-spiced tomato curry

FRENCH

- Boeuf Bourguignon** DF | GF 3 x 1.2 kg
British beef slow-cooked in red wine with pancetta, mushrooms and baby onions
- Coq au Vin** DF | GF 3 x 1.2 kg
Higher welfare boneless chicken thigh braised in red wine with pancetta, mushroom and carrots
- Peppercorn Sauce** GF 3 x 1.2 kg
Creamy peppercorn and brandy sauce with green, pink and white peppercorns
- Provencale Chicken** DF | GF 3 x 1.2 kg
Higher welfare boneless chicken thigh in a tomato sauce with kidney beans, courgettes and fresh basil
- Red Wine Sauce** DF | GF 3 x 1.2 kg
Rich red wine sauce with port and thyme

Chicken Tikka Masala
Serve with rice and naan bread, and garnish with fresh coriander

THAI

Beef Massaman Curry DF GF	3 x 1.2 kg
British beef in an aromatic Thai curry with potato, red peppers and bamboo shoots	
Chicken Penang Curry DF GF	3 x 1.2 kg
Higher welfare chicken breast in a mild Thai curry with red pepper, bamboo shoots and green beans	
Chicken Satay DF GF	3 x 1.2 kg
Higher welfare chicken breast in a spiced peanut and coconut sauce	
Massaman Curry Sauce DF GF V Ve	3 x 1.2 kg
Mild Thai curry sauce with coconut milk	
Massaman Vegetable Curry DF GF V Ve	3 x 1.2 kg
Aromatic Thai curry with potato, red peppers and green beans	
Thai Green Chicken Curry DF GF	3 x 1.2 kg
Higher welfare chicken breast in a Thai green curry with sugar snap peas and aubergine	
Thai Green Curry Sauce DF GF V Ve	3 x 1.2 kg
Thai green curry sauce with coconut milk and green chilli	
Thai Red Curry Sauce DF GF V Ve	3 x 1.2 kg
Thai red curry sauce with coconut milk and red chilli	
Thai Red Vegetable Curry DF GF V Ve	3 x 1.2 kg
Fragrant Thai red curry with aubergine, green beans, red peppers and bamboo shoots	

Thai Green Curry Sauce
Use up leftover vegetables and proteins and serve with rice or noodles





**MUSTARD
FOODS**

**QUALITY
CONSISTENCY
INTEGRITY**

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