



Yarn Circles

Wellbeing Cards

30
Wellbeing
cards

Social and Emotional
Skills Development!

Indigenous Perspectives!

Wellbeing! Literacy Activities!

Oral Language!



Yarn Circles Wellbeing Cards have been designed to provide opportunities for students to talk about their feelings, emotions, thoughts and ideas in a safe, positive and collaborative environment. This process reflects the traditional Yarn Circles time that was such an important part of the culture of our First Nations' people. We see it as an extremely important ancient practice that is now fulfilling a very modern need.

Curriculum information:

ACARA F-10 General Capabilities supported by these cards: Personal and Social Capability; Literacy (interpret and use language confidently for learning and communicating); Aboriginal and Torres Strait Islander Cross Curriculum Priority (diversity of language, ways of life and experiences).

Yarn Circles Wellbeing Cards will provide opportunities for students to express themselves through oral language and therefore increasing the learning experiences. The activities are designed to help you draw on students' prior knowledge, circumstances, imagination, visual, aural, oral and written capacity to bring about increased understanding, acceptance, empathy, self awareness, self-worth and the opportunity for positive change.



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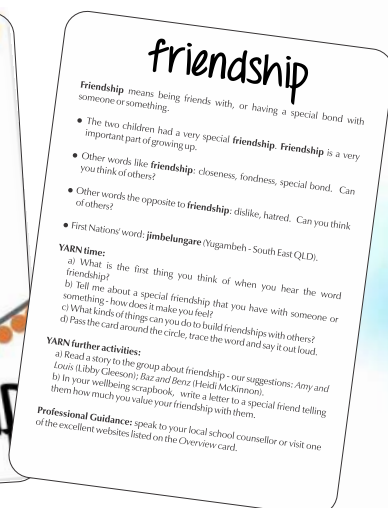


Krystal Randall is a proud Yaegl and Bundjalung woman. Krystal's father is a Bundjalung man and her mother is a Yaegl woman.

Krystal's passion is culture and art. She teaches traditional dance, art and music. Krystal has shown a love of passing on knowledge to the younger generation through her many activities. The development of these **Yarn Circles Wellbeing Cards** is part of her continuing contribution.



'My favourite strength and the one which best describes me is connection! Being an Indigenous person, it is important to have connection - to land, culture, community, family, language and most importantly, yourself! When you are connected with all of these elements your spirit is happy!' **Krystal Randall**



ISBN	Title	Author	Price	Qty
9781925714852	Yarn Circles Wellbeing Cards	Krystal Randall	\$59.95	
9781925714869	Yarn Circles Wellbeing Cards Teaching Resource	KBS	\$39.95	

TOTAL

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