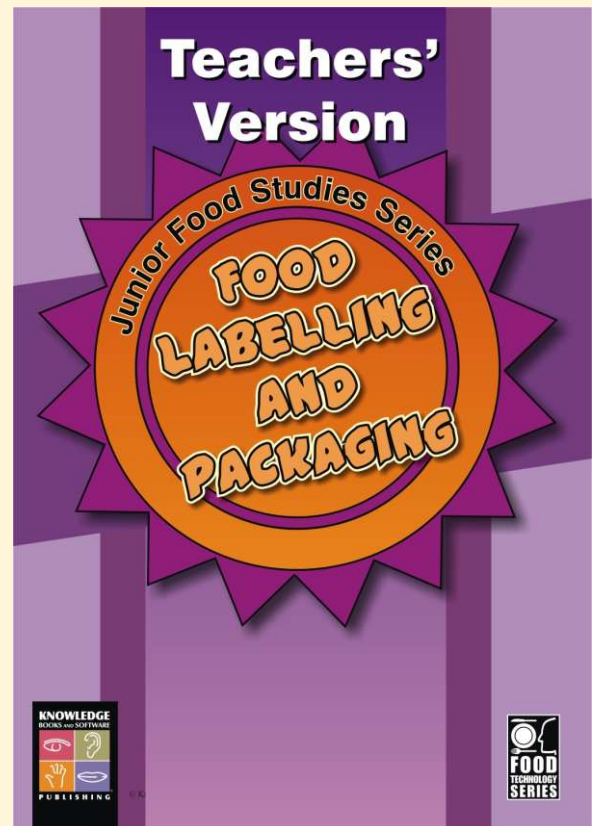
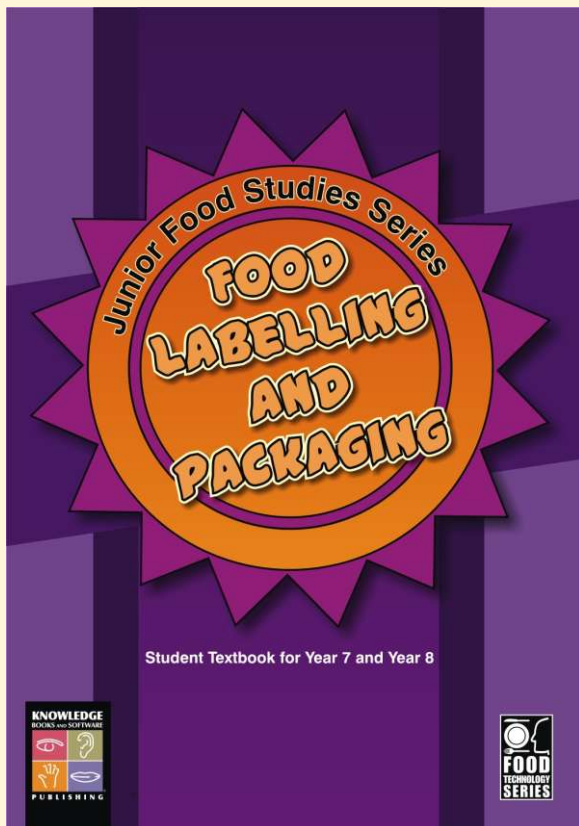


# FOOD LABELLING AND PACKAGING



## Food Labelling and Packaging

*Junior Food Studies Series*

Product Code Hec99

Lots of different packages with a focus on the labels of different food products or different foods in packages in a shopping cart, or snack foods for students at the canteen.

This new book specifically written for the junior students will enable the students to develop skills to evaluate the food they choose to eat. It is primarily a book to encourage health and nutrition literacy for the Year Seven and Eight level of the Australian Curriculum.

Food Labelling and Packaging has been written for the reading age specific for the teenage age group.

There are many examples of different types of foods that teenagers enjoy eating.

Students will increase their health and nutrition literacy. In this book they have the opportunity to analyse the different snack foods and evaluate the different patterns of eating and health information. Australian Guidelines for Healthy Eating help students to make healthy food choices. There are many activities to collect, analyse and evaluate foods.

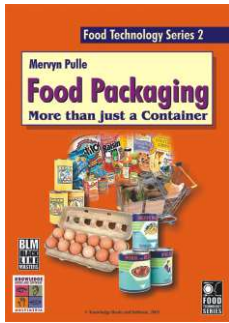
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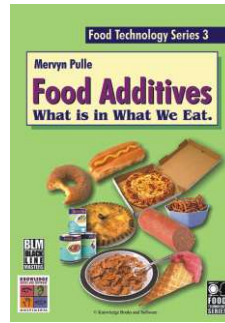
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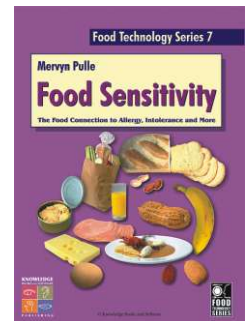
consumer issue. It contains chapters on why we need food additives, the difference between food components and additives, legislation, types of additives, potential harmful effects, and how to identify food additives.

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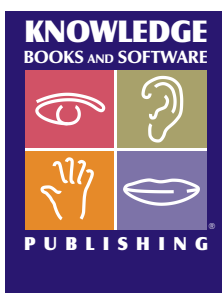
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