

What I Think

Carole Crimeen Suzanne Fletcher





Content Information

Text Type: Non-Fiction **Genre:** Description Word Count: 95 **ACARA F-1 References** Learning Areas: English, Health and Physical Education **General Capabilities:** Literacy • **Ethical Understanding:** • * exploring values, rights and responsibilities. Personal and Social Capability: com.au * recognise emotions * self management * social awareness Suggested Reading Level * **Guided Readina** Reading Stage Level Early D ww. Living Things Staying Healthy **Healthy Living**

* Texts have been developed using *Fountas and Pinnell's Ten Characteristics of Texts for Guided Reading.* The levels are suggested only and have not been field tested.

What I Think

SAMPEON.3

Healthy Living

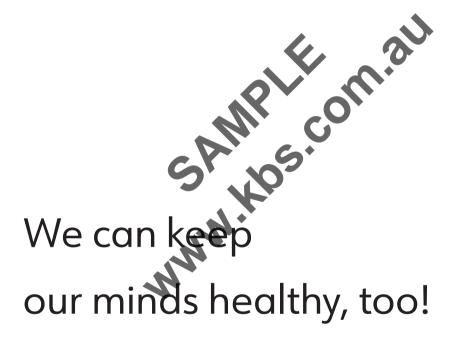
We can stay healthy.







We can keep our bodies healthy.







What can you do?



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Credits

Fountas, I.C., & Pinnell, G.S. (2017). Literacy Continuum: A Tool for Assessment, Planning and Teaching, PreK-8. Portsmouth, NH: Heinemann.

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What I Think

What I Think is a simple informational text that focuses on the importance of mental health. By highlighting the importance of things such as play, journaling and maintaining connections with friends and family, the text reinforces how children can stay happy and engaged with life during stressful times.

The Authors

Carole and Suzanne are sisters and educators. Carole has over 30 years teaching experience. The last 15 years have been spent specialising in early literacy acquisition, training teachers and designing and delivering early reading and writing interventions. Carole has a Master of Education and a Master of Teaching English to Speakers of Other Languages. Suzanne has 15 years teaching experience 13 of which have been spent teaching ESL students. She has a Master of Education (IT in

Education) and a Bachelor of Vocational Education and Training.







MMM

Healthy